

Key Question: L2.10 What does it mean to be a Buddhist in Britain today?

The **principal aim of RE** is to engage pupils in systematic enquiry into significant human questions which religion and worldviews address, so that they can develop the understanding and skills needed to appreciate and appraise varied responses to these questions, as well as develop responses of their own.

Strand / Questions / Religions	Learning outcomes (intended to enable pupils to achieve end of key stage outcomes) :	Suggested content for learning: Teachers can select content from these examples, and add more of their own
<p>Strand: Living</p> <p>Recommended Year 4 or 5</p> <p>Questions in this thread: KS1 What can we learn from the life of the Buddha? 3.5 Why is there suffering? 3.8 What is good and what is challenging about being a teenage Buddhist, Sikh or Muslim in Britain today? 3.9 Should happiness be the purpose of life? 3.10 Does religion help people be good?</p> <p>Religions and worldviews: Buddhism</p>	<p>Teachers will enable pupils to be able to achieve some of these outcomes, as appropriate to their age and stage:</p> <p>Emerging:</p> <ul style="list-style-type: none"> Recognise that Buddhists try to follow the Teachings of the Buddha which include the Four Noble Truths and the Noble Eightfold Path. Describe some examples of how a Buddhist lives their life. <p>Expected:</p> <ul style="list-style-type: none"> Name and reflect on the 3 main divisions of the Noble Eightfold Path. Suggest at least 2 reasons why being a Buddhist is a good thing in Britain today and 2 reasons why it might be hard. Recognise the difference between monks and lay Buddhists. Explain what the key elements of a Buddhist shrine mean. Consider why the Buddha Rupa is important to Buddhists. <p>Exceeding:</p> <ul style="list-style-type: none"> Suggest how the world would be a better place if more people kept the Five Precepts. Comment thoughtfully on the interdependent relationship between a lay Buddhist and a Buddhist monk or nun. Suggest their own ideas as to why 	<ul style="list-style-type: none"> Re-visit the story of the life of the Buddha with a particular focus on the Four Sights. Explore what suffering there is in the world and why people suffer. Find out about and consider the relevance of The Four Noble Truths <ol style="list-style-type: none"> Life involves suffering The cause of suffering is craving The End of Suffering: Enlightenment (Nirvana/Nibbana) The Way to the End of Suffering: the Noble Eightfold Path (which is divided into three main sections, Morality/Meditation/Wisdom) Discuss whether meditating and being free of craving reduces suffering. Learn about the items on a Buddhist shrine and what they signify: the Buddha image (Buddha Rupa); candles, incense, flowers. Explore why the Buddha Rupa is important to Buddhists. Learn about the life of a monk. Look at some of the rules they keep, such as: not using money, not eating after midday, shaving the head and wearing the robe, not watching television or listening to music, not getting married or having children, living only on food that is given to them. Consider what you would find both rewarding and difficult about being a monk or nun in Britain. Learn about the life of a lay Buddhist. If you were a Buddhist how would it improve your everyday life and what problems would you encounter? Consider the following: the key practices of giving, kindness, harmlessness (expressed in the Five Precepts) and meditation. Learn about how monks and Buddhist lay people live in mutual dependence. (Lay people providing monks with material support and monks providing lay people with spiritual support). If possible invite a Buddhist monk or Buddhist lay person into school to talk to the children, or arrange a visit to a monastery. http://foresthermitage.org.uk/about/contact

Key Question: L2.10 What does it mean to be a Buddhist in Britain today?

	meditation is an important part of a Buddhist's life.	<ul style="list-style-type: none">• Learn about how and why British Buddhists celebrate the festival of Wesak (the anniversary of the Buddha's Birth, Enlightenment and Final Passing). For Wesak many Buddhists will go to a temple/monastery and while there will do the following:<ol style="list-style-type: none">1. reaffirm their commitment to the Five Precepts2. offer food and requisites to monks and nuns3. practice meditation4. listen to teaching about the Buddha's life and teachings5. a circumambulation around a Buddha image or shrine (process three times in a circle while holding candles, flowers and incense, and chanting)• Discuss how the story of the life of the Buddha is relevant to the life of a Buddhist in Britain today.
--	--	---