



CONNECTING
COMMUNITIES

Advice to stay safe when giving help

If you want to get involved in helping out people in your community get in touch with Warwickshire CAVA:
wcava.org.uk/volunteering



Don't enter the home of a person who is self-isolating due to coronavirus symptoms in the household



Wash hands before you make a delivery and when you return home



Place deliveries on the doorstep, ring the bell and step back to at least 2 meters



Stop helping out for 14 days if you or a household member become unwell with coronavirus symptoms



Ask a trusted neighbour for support if you can no longer help someone

Contact information

Emergencies – 999

COVID symptoms – NHS 111 online, or call 111 if serious symptoms

Call your GP Practice or pharmacy for health needs

Warwickshire County Council Contact centre: 01926 410410

Advice to stay safe when receiving help

Please do take up the offers of volunteers in your local Community if you need to do so

To help keep everyone safe as communities pull together to support each other, here are some guidelines that you might want to consider.

Do



Contact your community volunteer for a chat if you feel lonely or isolated



Ask to see ID - this can be placed on the doorstep for you to view whilst maintaining a safe (2m) distance



Ensure your dog has a secure lead fitted before handing it over to your community volunteer



If you can, make a shopping list of items for your volunteer to purchase



Agree with your volunteer what time they plan to visit or return, so you know when to expect them



If you are requesting a meal, tell your volunteer of any specific dietary needs or allergies



Provide your dog walker with a poo bag and agree a time when they will return your dog.

Don't



Invite people into your home



Hand your credit or debit card, or provide your PIN number to your volunteer



Give cash to your volunteer before you receive your items



Give cash to anyone who asks for it in return for helping you



Don't handover your dog to anyone other than the volunteer. Don't hand over your dog if they are aggressive or liable to attack anyone



Don't let the volunteer enter your home unless absolutely necessary, you trust them and can maintain a safe distance (2m)