

COMMUNITY INFORMATION UPDATE (CIU) – No. 76: mid-September to end of October 2019

Welcome to another Community Information Update (CIU), especially if you are a new reader. CIUs can be downloaded at www.warwickshire.gov.uk/rugbyareainformation. Please let us know at any time if you no longer wish to receive these Updates. The next CIU will cover **November to mid-December**. Please do send short paragraphs of 6-8 lines (plain text if possible) **on or before 28 October** to cdwrugby@warwickshire.gov.uk. This is a great way to get information out to 800 community leaders and frontline workers across Rugby so please do continue to send information through.

The next email bulletins to be sent out will be **Older People** and **Welfare Reform**. The next leaflet to be updated will be **Drop-ins** and **Connect with English**. If you have any information relevant which you would like including please email it to us.

Section One: Community Development Work in Priority Neighbourhoods in Rugby (Brownsover, Newbold, Rugby Town Centre, Cattlemarket, Overslade)

Community development worker **Aqeel Kapasi** will be leaving Warwickshire County Council on 13 September to join the National Union of Students (NUS) in their sustainability team. As soon as we have news about a replacement we will let you know but in the meantime please contact Sue for any community development matters in Rugby: cdwrugby@warwickshire.gov.uk or 01788 533656.

Given emerging trends in the community around sustainability and the environment, we have amended our **Community Food e-mail bulletin to also include sustainability topics**. Feel free to send any ideas or updates to include to this newsletter. We anticipate to send this new "Sustainability & Food" bulletin three times a year if we get sufficient information sent in from the community. To sign up (if you haven't already) please e-mail cdwrugby@warwickshire.gov.uk.

Communi-TEA Events took place in Overslade throughout August, involving a pop-up gazebo at different sites and hot drinks! These culminated in a community fun day, The Big Communi-TEA, at Buchanan Park on 31 August. It was an opportunity for Sue to speak with local residents and get some ideas about what people want to see and get involved in going forward. Sue's community engagement in Overslade will continue via various methods.

Summer **"Meet 'n' Eat"** get-togethers took place at **Christ Church Brownsover** over the holiday, doing activities and lunch with local families. Some weeks there were over 50 people and more people are attending mainly through word of mouth. The next one will happen during October half term.

Newbold Community Partnership organised a community trip to Hunstanton on 21 August. Uptake was so popular a second coach had to be booked!

Brownsover Community Day took place on 29 August. As well as the usual bouncy castle and food stalls, there were ones such as face-painting and sweet cones run by local residents. It was a positive day and gratefully received after two years of it being rained off.

For more information about any of the above, please email cdwrugby@warwickshire.gov.uk

If you're a community group or organisation from or working in one of our priority neighbourhoods and you have any information about activities, events, news etc you would like sharing with other groups and organisations across Rugby, please send it through to cdwrugby@warwickshire.gov.uk and we'll happily include it. Thank you!

Section Two: News & Events: Local Community Organisations and Neighbourhoods

Soroptimist International of Rugby is hosting a **Charity Fashion Show** on Wednesday 18 September from 7pm to 9pm at Dunchurch Village Hall, Rugby Road, Dunchurch, Rugby CV22 6PN. Tickets are £8 and

include a complimentary glass of 'fizz'. It is a fundraising event in aid of Target Ovarian Cancer. Tickets are available from Wanda Fashions, Dunchurch or by calling Suki on 07807 859209.

Christians Against Poverty will be putting a temporary pause on seeing new clients through their **CAP Debt Help service** throughout the UK due to a huge increase in the number and complexity of cases. They will temporarily close their helpline for new client enquiries (0800 328 0006) from 3:30pm on Friday 9 August, in order to provide their existing clients with the support they need to become debt free as soon as possible. All existing bookings will be honoured, and they will let you know when they begin to accept new Debt Help clients again. They thank you for your support and for referring clients to them & greatly value the relationship that they have with many organisations in Rugby and look forward to helping many more shared clients in the future. They will continue to offer CAP Money courses and will be pleased to see you and your clients at their Drop-In which will not be affected by this temporary change. This is at Moriarty's Cafe and Gallery, 28 Regent Street, CV21 2PS every Tuesday morning between 10am and midday. For any queries please contact Andrew Lewis, Centre Manager – Rugby, 07503 421096 or andrewlewis@capuk.org.

Rugby Methodist Church Centre is planning on hosting an **ECO Day** on Saturday 28th September from 9am to 2pm and hoping to involve different community groups - aiming to raise awareness of environmental issues. Their young people have put together a drama which they will also be performing.

Rugby Library has the following upcoming events:

- Sat 14 September, 10-11am – come along and find out more about composting with staff from Warwickshire County Council
- Sat 28 Sept, 10am-2pm – Switch & Save will run the next Bring your bill session to see if you can switch energy provider and save money
- Mon 7 October, 2-3pm - Vision Support will give a talk on their work supporting people with visual impairment locally
- Tues 19 Nov, 3-7pm – Switch & Save will run the next Bring your bill session to see if you can switch energy provider and save money
- Sundays 13 Oct, 10 Nov, 8 Dec, 2 to 3.30pm – free Family Film Club

Rugby Rokeby Lions are hosting a **Prostrate Cancer Awareness Morning** on Saturday 21 September from 9.30am to 12.30pm at Queen's Diamond Jubilee Centre, Bruce Williams Way, Rugby CV22 5LJ. No appointment required. The event is for men aged 45 and over to have a PSA (blood) test, which will provide an indication of the health of your prostate. A donation towards the cost of each test would be gratefully received. For more information contact Peter Smith on 02476 014207 or visit <https://e-clubhouse.org/sites/rugbyrokeby/page-6.php>

Benn Partnership Centre continues to run its free **Work Club** on Monday, Thursday and Friday as a drop-in session from 10am to 1pm. For more information visit Reception or call 01788 553033. It is also providing support for individuals applying for an **online Settlement or Re-Settlement Visa**. To book an appointment to get an application started, contact Gita on 01788 553033 or beyondbrexit@bennpartnership.org.uk. Address: Railway Terrace, Rugby CV21 3HR.

Fareham Youth Partnership are carrying out a survey to identify if a new community space at the GEC's changing rooms building in Hillmorton Road, Rugby, would be used by local community groups and organisations. If you think you might use such a space, could you please complete this short survey to let them know what your needs would be: <https://forms.gle/M7PN7h3M2eDjauhR7>

Age UK Claremont Centre is running a new **creative writing workshop** (subject to interest) called *This is Your Life!* Using fun writing exercises, you will learn how to write your own life stories with writer/novelist, Amanda Smyth. Please register your interest by contacting Kathy Young on 07554 995081 or Kathy@ageukcovwarks.org.uk. Address: The Claremont Centre, 43 Clifton Road, Rugby CV21 3QE.

P3 is hosting a **coffee morning** on Wednesday 18 September from 10am to 12.30pm. Address: The Robbins Building (Unit 5), Henry Street, Rugby CV21 2QA.

Citizens Advice will be at several **drop-in sessions** at Rugby Children & Family Centres:

- Boughton Leigh – every Tuesday from 1.15pm to 2.45pm
- Claremont – every Thursday from 1.30pm to 3pm
- Long Lawford – every Friday from 1pm to 2.30pm
- Christian Life Centre (Lawford Road) – 1st Tuesday of every month from 9.15am to 10.30am

Section Three: Other Events, Activities & Training in Rugby and beyond

EVENTS & ACTIVITIES

Warwickshire CAVA has its **2019 AGM** on Wednesday 25 September from 10.15am to 12.15pm (followed by a buffet lunch) at The Benn Hall, Newbold Road, Rugby, Warwickshire CV21 2LN. For more information: <https://mailchi.mp/wcava/wcava-e-grapevine-issue-404-annual-general-meeting-595437?e=ed3c309e89>

Better Connections for Better Lives will take place on Tuesday 24th September from 10am in Bedworth. This event is a development workshop and networking opportunity for voluntary and community sector groups and organisations who want to support people to flourish through connections to people and community. The event is open to groups and organisations across Warwickshire who are interested in learning more about local and national initiatives that promote community-led support to increase people's connections with others and the local community. For more information and to book your place, please visit: <https://www.eventbrite.co.uk/e/better-connections-for-better-lives-tickets-66320716047>

Barnardo's has opened its **Online Hub in Rugby** and has volunteering opportunities available such as listing donations onto eBay or in the warehouse to dispatch orders. For more information, contact 01788 561110 or jonathan.cage@barnardos.org.uk.

Mental Health Matters (MHM) launched the **Warwickshire Safe Haven Service** on 1st July. The service provides out of hours support for Warwickshire residents experiencing mental distress and can be accessed in person in Leamington and Nuneaton or via telephone or email between 6pm and 11pm. Rugby residents can access either hub. If people are unable to or do not wish to access the hubs in person they can contact the service via phone: 07483 991763 (Leamington) or 07887 627524 (Nuneaton).

As part of National Hate Crime Awareness Week 2019, the **Warwickshire Hate Crime Partnership** is hosting a free **Community 'Cake Not Hate' Get-Together** on Saturday 19th October from 11am to 2pm in at the Royal Spa Centre in Leamington. For more information and to book on: <https://www.eventbrite.co.uk/e/warwickshires-cake-not-hate-get-together-2019-tickets-68125949549>

The Woodland Trust is inviting schools and community groups in Warwickshire to apply for **free trees to improve their local area for people and wildlife – and to help combat climate change**. Groups can apply for between 15 and 420 free native trees along with stakes and tree protection. Trees are supplied in packs with a mixture of species designed to suit all sorts of spaces and circumstances. The next planting season is in March 2020. Applications for these tree open on 27th August 2019. The scheme is entirely free – you just need enthusiasm and some space to plant in. If you don't have space, they can work with you to try to find somewhere suitable in your local area. You can find out more at <http://www.woodlandtrust.org.uk/get-involved/schools/trees-for-schools/> You might also like to read more about their work here: <https://www.tes.com/news/why-every-school-should-branch-out-planting-trees-sponsored> For more information please contact Sally Ikeringill on SallyIkeringill@woodlandtrust.org.uk or 07443 779908. (see also funding opportunity in Funding section below)

Our Rugby, Our Future 2019 on Wednesday, 6th November 2019, 9.30am - 12.30pm, The Benn Hall, Newbold Road, Rugby CV21 2LN. The annual partnership event organised by **Warwickshire CAVA, Warwickshire County Council and Rugby Borough Council** returns for 2019. The format will be a drop-in marketplace and the focus of this year's event will be to showcase community services and activities available to those living in Rugby Borough and in particular focusing on health and wellbeing. As such, this is your opportunity to demonstrate what your group or organisation has to offer by having a stand at the event and by networking with other groups and front-line workers in Rugby who could signpost people to your services. Stands are free but limited and booking is essential at <https://www.eventbrite.co.uk/e/our-rugby-our-future-2019-stallholder-booking-registration-69851619073>. Please book one ticket to book a stand. If you have any questions please contact Pam Luck (WCAVA) on 01788 539574 or pam@wcava.org.uk.

EquiP is hosting a free event about **understanding issues regarding hate crime** Thursday 3rd October at The Benn Hall. It is a community event to express your views and engage with Warwickshire Police and Warwickshire County Council. For more information: <https://www.facebook.com/events/2412931918826504/>

Grandmentors is an award winning programme from the national charity **Volunteering Matters** - matching volunteer mentors aged 50+ with young people leaving care aged 16-24. Volunteers meet with a young person 1-2 hours every week for 6-12 months to boost their confidence and work towards goals they have planned together. You will receive full training, support and expenses from a dedicated Volunteer Manager throughout. To find out more, get in touch with Farzana on: 07808 549146 or Farzana.Topia@volunteeringmatters.org.uk.

Warwickshire County Council is recruiting for **two Time Banking Project Local Co-ordinators** to establish and maintain local community-led and person-centred support projects in priority neighbourhoods across Warwickshire. One role is covering north Warwickshire and the other south. For more information visit here: https://ce0242li.webitrent.com/ce0242li_webrecruitment/wrd/run/ETREC105GF?USESSION=3E27ADF8D59711E991CEC2EB377A9A4F&WVID=580773AtpY&LANG=USA

Warwickshire Primary Mental Health Team are offering **parents one-off 1:1 consultations** with a mental health professional in Rugby about their child/young person for 45 minutes. They also offer **free Parent Information Sessions and Coffee Chats** within the local community! At these sessions you will have the opportunity to meet other parents and learn about common emotional wellbeing concerns in children/young people and find out what you can do to help! Parent Information Sessions are more structured sessions on a particular topic and afterwards, Coffee Chats are more informal, where you can get to know other parents and have a 'chat' about your experiences! Location is Claremont Children's Centre, Claremont Rd Rugby, CV21 3LU. For available dates and more information visit here:

<https://cwrise.com/download.cfm?doc=docm93jjm4n4673.pdf&ver=6512>

TRAINING

Healthwatch Warwickshire has created a project called **Rights to Access Healthcare**. It's an 18 month project aimed at helping people experiencing different forms of Homelessness on their Rights to Access Healthcare (GP's). As part of this they are running several workshops in Rugby between August and October 2019. The two remaining Rugby ones are:

- Wed 18th Sep, 2pm-4pm at Hope 4: <https://www.eventbrite.co.uk/e/rights-to-access-healthcare-workshop-tickets-65246449888>
- Mon 23rd Sep, 10am-12pm at Overslade Community Centre: https://www.eventbrite.co.uk/e/rights-to-access-healthcare-workshop-tickets-65246159018?lang=en-gb&locale=en_GB&view=domo

Warwickshire's Primary Mental Health Team are providing free **Mental Health Awareness Workshops** for universal professionals within Warwickshire. These introductory workshops aim to raise awareness around four key areas of child and adolescent mental health (0-18 years): Eating Disorders, Mood, Attachment & Self-Harm. For more information and dates visit:

<https://cwrise.com/download.cfm?doc=docm93jjm4n4666.pdf&ver=6505>

Recovery & Wellbeing Academy are pleased to confirm that following website downtime for maintenance, their new enrolment site has been released and is now live for students to book on to:

<https://recoveryandwellbeing.covwarkpt.nhs.uk/> New dates have been released for this term's courses (September-October) and they are open to anyone over the age of 18 living in Coventry or Warwickshire. Timetables and prospectus can also be downloaded directly from the home page.

Section Four: Useful Organisations, Resources, Funding, Consultations

USEFUL ORGANISATIONS

Warwickshire Volunteering Forum have published their latest bulletin for September here: <https://mailchi.mp/wcava/wvf-bulletin-september-2019?e=ed3c309e89>

Rugby Art Gallery and Museum's September schedule can be found here: <https://mailchi.mp/ba269f9cfeec/whats-on-in-september-at-raqm?e=5681f32c02>

Sustainable Food Cities newsletters: August 2019 <https://mailchi.mp/f0b4fff87340/sustainable-food-cities-newsletter-july-2428061?e=310a9b5740>

Cyber Safe Warwickshire has published its latest September Cyber Scam Update here: <https://content.govdelivery.com/accounts/UKWARWICKSHIRE/bulletins/25bb138>

Warwickshire Recycles has published its September newsletter here with a theme of second-hand September: <https://content.govdelivery.com/accounts/UKWARWICKSHIRE/bulletins/25cf4d2>

Armed Forces Covenant has published its Summer 2019 newsletter here: <https://frama.link/vWP6Q7W0>

Community Catalysts latest newsletter can be found here: <https://mailchi.mp/4e4ca0ca21b5/enterprising-communities-project-call-for-pilot-sites-3333157?e=f7da8ec064>

RESOURCES

A booklet covering **outdoor wellbeing in Warwickshire** called 'A dose of nature' has been published as part of Coventry & Warwickshire's Year of Wellbeing: <https://www.bettercarecovwarks.org.uk/year-of-wellbeing-2019/resources/>

The latest version of **WCAVA's Mental Health Directory** has now been published. The directory, which covers the whole of the county, includes information about organisations, support groups and agencies for people affected by mental health issues. To download a copy, please visit: https://www.wcava.org.uk/sites/www.wcava.org.uk/files/mh_directory_may_2019_v2.pdf

FUNDING

The **second round** of the **Warwickshire County Council Councillors' Grant fund** will launch on 16th September 2019. The following county councillors in Rugby have money still to allocate through the fund:

- Councillor Peter Butlin (Admirals & Cawston) £3,590
- Councillor Kam Kaur (Bilton & Hillside) £2,930
- Councillor Maggie O'Rourke (New Bilton & Overslade) £3,334
- Councillor Howard Roberts (Dunsmore & Leam Valley) £5,452
- Councillor Jerry Roodhouse (Eastlands) £1,000
- Councillor Jill Simpson-Vince (Brownsover & Coton Park) £3,950
- Councillor Heather Timms (Earl Craven) £2,500
- Councillor Alan Webb (Benn) £1,750

The online application form and a copy of the application questions which you can view in advance of completing the form are both available at www.warwickshire.gov.uk/cllrgrants. The fund will close on Monday 21st October 2019. For more information about the fund please contact Jennifer McCabe, Rugby Localities & Communities Officer at Warwickshire County Council, on jennifermccabe@warwickshire.gov.uk or call 01788 533659 / 07887 650641.

The **Helping Hearts Award** scheme is run by **Heart of England Cooperative** to make awards to local charities, schools, community or self-help groups or similar organisations. All organisations must be based or operating within the Society's trading area. In deciding who best qualifies for a Helping Hearts Award priority is given if they can demonstrate how the group have helped themselves in relation to fundraising and participation. Awards are considered regionally on a monthly basis which may range from a raffle prize up to £1,000. For more information, visit <https://www.heartofengland.coop/society/helping-hearts-award-scheme/>. To apply, forms can be picked up in all their stores or contact Jo Dyke at 02476 382331 or jo.dyke@heartofengland-coop.co.uk.

The Woodland Trust is interested in developing **projects which help older and younger people to plant trees together**, to create new pockets of local woodland for future generations. Perhaps your school has links with a local care home or with people suffering from dementia? They are interested in finding out whether taking part in these kind of projects could increase feelings of well-being and reduce loneliness. If you would like to find out more, or you have an idea for a project, please contact Sally Ikeringill on SallyIkeringill@woodlandtrust.org.uk or 07443 779908.

Heart of England Community Foundation is a local independent grant making organisation established to support local voluntary and community groups working towards tackling disadvantage within Coventry and Warwickshire, by awarding grants for specific activities. To see the full range of funding opportunities visit their website: <https://www.heartofenglandcf.co.uk>

Community Business Bright Ideas Fund is open for applications until 30 September 2019. Funded by Power to Change, the £3.2m Bright Ideas fund offers tailored support and grants of up to £15,000 to develop their projects. The fund gives community groups the early stage finance they need to work with local people to develop a community business idea the community wants and needs. It also gives them support and tools to start setting up their community businesses. The funding programme is delivered by Locality in partnership with Co-operatives UK, the Plunkett Foundation and Groundwork UK. For more information: <https://mycommunity.org.uk/funding-options/bright-ideas-fund/>

CONSULTATIONS

Warwickshire Cyber Crime Survey 2019 is now open. This survey will help you see which cyber crimes are taking place in Warwickshire, covering issues relating to both cyber security (including viruses, frauds and hacking); and social media issues (such as hate speech, stalking and revenge porn). Closes 30th September 2019. <https://ask.warwickshire.gov.uk/insights-service/cyber-crime-survey-2019/consultation/subpage.2019-07-09.3539206576/>

Warwickshire County Council is carrying out Wave 3 of its **Joint Strategic Needs Assessments**. If you live or work in the **rural areas of Rugby Borough** please have your say by completing one of these questionnaires.

Resident survey: <http://bit.ly/JSNAResidents>.

Professionals survey: <https://ask.warwickshire.gov.uk/insights-service/warwickshire-joint-strategic-needs-assessment-prof/>

There will also be an engagement event (details TBC).

To see how we use your personal data and what your information rights are, please read our overall customer privacy notice at www.warwickshire.gov.uk/privacy which includes the contact details if you have a complaint about your information rights. For general enquiries, contact Warwickshire County Council customer services on 01926 410410

Community Information Update No. 77 will be for November to mid-December 2019. Please email any information (in the form of short paragraphs in plain text if possible) to cdwrugby@warwickshire.gov.uk **on or before 28 October**. Thank you.