

Drop-ins at a glance...

Reference	Location	Finance	Housing	Employment & IT	Health, wellbeing & practical support	Drugs & alcohol	Young people	Legal
1	Hill Street Centre							
2	Rugby Town Hall							
3	WCAVA Rugby							
3	ConnectWELL							
4	Rugby Citizens Advice Bureau							
5	Rugby Baptist Church							
6	Moriarty's Café							
7	The Robbins Building							
8	RCCG House							
9	Rugby Credit Union							
10	New Life Church							
11	Rugby Christian Life Church							
12	Rugby Library							
13	Rugby Methodist Church Centre							
14	The Bradby Club							
15	The Benn Partnership Centre							
16	Claremont Children & Family Centre							
17	Claremont Centre							
18	Rugby Wellbeing Hub							
19	Myton Day Hospice							
20	Rent Mobility Ltd							
21	Dunchurch Community Library							
22	Boughton Leigh Children & Family Centre							
23	Christ Church							
24	The Chapel Newbold							
25	Police Surgeries (various locations)							

The Community Development Team produces other information leaflets and posters which may be of interest...

Lunch Clubs, Community Cafes & Coffee Mornings in Rugby

Photo leaflet updated in winter, spring, summer and autumn

Rugby Community Cooking Resources

Information leaflet about cooking resources available for free group loan

Suggested Speakers for Older People's Groups in Rugby

List updated annually at get together for leaders in spring

Exercise classes for those aged 50+ in Rugby

List including 'week at a view' updated annually

Parent and toddler groups in Rugby

Photo poster updated in November

Mental health and wellbeing support in Rugby

Information sheet for community leaders and frontline workers updated annually

Connect with English in Rugby

Photo poster listing providers of English classes for speakers of other languages

Job Clubs in Rugby

Photo leaflet updated annually

These leaflets and posters can be downloaded from our website www.warwickshire.gov.uk/rugbyareainformation

Please email cdwrugby@warwickshire.gov.uk if you would like to sign up for any of our email information bulletins:

- **Community Information Update** resource (six-weekly bulletin)
- **Welfare Reform Resources** (fortnightly welfare topics)
- **Family Support** (children, young people and family information five times per year)
- **Older People's Bulletin** resource (three times per year)
- **Community Food** (food budgeting, edible gardening, community cooking, healthy eating, three times per year)



Hill Street Centre (Hill Street, off Newbold Road, CV21 2NB)



1

Doorway

Age 16-25 housing

Runs fortnightly on
Tuesdays 1pm – 3pm

www.doorway.org.uk

New Bilton Community Association Work Club

Providing free computer use, help with CVs, job search support etc

Thursday 9.30am – 12:30pm

Computer and IT skills
10:30am – 12:30pm

Prospects

Offers support to 16-19 year olds not in education, employment or training

Wednesdays 9am – 1pm
Fridays 11am – 1pm

Contact Gill Reece (07702 862 259)
or Tim Robinson (07590 861690)
www.prospects.co.uk
www.hillstreetcentre.co.uk

Cocaine Anonymous

Fridays 8.30pm – 10pm

Weight Watchers

Sundays 10am – 12 noon

Rugby Borough Council (Rugby Town Hall, Evreux Way, CV21 2RR)



2

Housing Options Team

Drop-in service

By Appointment Only
<https://www.rugby.gov.uk/housing>
01788 533833
housingsupportteam@rugby.gov.uk

Warwickshire Community & Voluntary Action (19/20 North Street, CV21 2AG)



3

Volunteering, group support

Monday to Friday, 9am – 5pm
www.wcava.org.uk

ConnectWELL

Links you to a range of non-medical community activities and organisations to help improve your health and wellbeing

Monday to Friday
9am – 5pm

<https://www.wcava.org.uk/connectwell>
01788 539 572

Families First

For families who find themselves vulnerable through circumstances

Tuesday to Friday,
9.30am – 12 noon
(free legal service for family matters on the last Tuesday of the month, 10am – 12 noon)

<https://www.facebook.com/Charity-Families-first-1375204802806788/>

Rugby Citizens Advice Bureau (Chestnut House, 32 North Street, CV21 2AG)



4

Advice on benefits, debt, housing, disability, employment, consumer, immigration and legal matters

Monday, Tuesday, Wednesday and Friday 10am – 2pm

www.brancab.org.uk/rugby_citizens_advice_bureau.html

Warwickshire Vision Support* (Rugby Baptist Church, 7 Regent Place, CV21 2PJ)



5

*Formerly
Warwickshire
Association for
the Blind

Local access to equipment and information services

Wednesdays 10am – 12 noon

<http://warwickshire.vision/>

Moriarty's Café (28 Regent Street, Rugby, CV21 2PS)



6

Christians Against Poverty

Information on CAP debt support services and money courses

Tuesdays,
10am – 12 noon

<https://capuk.org/>

RISE

Understanding self-harm, anxiety and emotional support for children and young people.

Call 07917 504682 Various dates

risecommunity@covwarkpt.nhs.uk

P3 (Unit 5, The Robbins Building, Henry Street, Rugby, CV21 2QA)



7

Housing related support for over 25s

Mondays, Wednesdays & Fridays
9am – 5pm

www.p3charity.org

RCCG House (35-37 Albert Street, CV21 2SG)



8

Change, Grow, Live (CGL)

Advice and information about addiction and recovery services

Mondays, Tuesdays, Thursdays and Friday
10am – 4pm
Wednesday 10am – 6pm

www.changegrowlive.org

Rugby Credit Union (12 Albert Street, Rugby, CV21 2RS)



9

Information on easy savings accounts & low cost loans

Monday to Thursday,
10am – 3pm

<http://www.rugbycreditunion.co.uk/>

New Life Church (28-42 Railway Terrace, Rugby, CV21 3LJ)



10

National Energy Action

Fuel Debt Surgeries

Mondays:
May 6th & 20th
June 10th & 24th

all 12.30 to 3.00pm

www.nea.org.uk

Rugby CLC Church (Lawford Road, Rugby, CV21 2JE)



11

New Bilton Community Association Work Club

Providing free computer use, help with CVs, job search support etc

Mondays, 10am – 1pm,
Free IT drop-in for one-to-one help with internet and emails on Mondays
1.30pm – 3.30pm

<http://nbca.org.uk/>

Rugby Library (Little Elborow Street, Rugby, CV21 3BZ)



12

Rugby Family History Group

Free help and advice on the third Thursday of the month, 2pm – 4.30pm

Silver Surfers

One hour of free IT support for the over 50s

Mondays from
10.30am – 11.30am
and
11.30am – 12.30pm

Careers Service

Alternate Fridays – information, advice and guidance on learning, training and work

Call 0800 100 900 to make an appointment
<https://nationalcareersservice.direct.gov.uk/>

Free one-hour slots for internet access

Mon, Wed, Thurs, Fri,
9am – 5.30pm
Tues 10am – 7pm
Sat 9am – 4pm
Sun 12 noon – 4pm

<https://www.warwickshire.gov.uk/rugbylibrary>

Rugby Methodist Church Centre (Russelheim Way, Rugby, CV22 7TB)



13

National Energy Action

Fuel debt surgeries offering free advice on switching fuel suppliers, insulation, managing fuel debt and more

Wednesdays:
May 8th & 22nd
June 12th & 26th
all 12.30pm to 3.00pm

www.nea.org.uk

The Bradby Club (East Union Street, Rugby, CV22 6AN)



14

Sexual health, safe relationships, drug and substance misuse, job search advice for ages 8 - 25

Mon – Thurs 11.30am – 8.30pm
Fri 10am – 2pm

Call 01788 544344 or 07484 098965

Email: office@bradby.org.uk
Bradby Club (Brabs) on Facebook,
Twitter @thebradbyclub
www.bradby.org.uk

Benn Partnership Centre (Railway Terrace, corner of Craven Road, CV21 3HR)



15

Internet training (free use of computers to learn about job searching)

Mondays 1pm – 3pm and
Wednesday 10am – 3pm

BPC Work Club on Mondays,
Thursdays and Fridays,
10am – 1pm

www.bennpartnership.org.uk

National Energy Action

Fuel debt surgeries

Mondays:
May 6th & 20th
June 10th & 24th
all 10am to 12.30pm

www.nea.org.uk

Community Wellbeing Hub provided by Individual Support Solutions Ltd

Information, advice and signposting for adults with learning disabilities and/or their carers

Monday, Tuesday and
Thursday 9.30am – 4.30pm,
Wednesday 1pm – 4.30pm and
Friday 9.30am – 4pm

www.nwcommunityhubs.com

Change, Grow, Live

Advice on drug and alcohol addiction

Mondays 12 noon – 2pm,
Mutual Support,
Mondays, 3pm – 4.30pm

www.changegrowlive.org

Claremont Children and Family Centre, Claremont Road (Rugby, CV21 3LU)



16

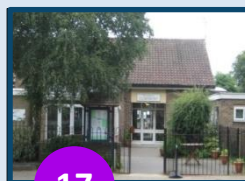
Refuge Warwickshire Domestic Violence Service

Drop-in for anyone concerned about abuse

First and third Tuesday of every month, 1.30pm – 3.45pm. Third Tuesday of every month, 10am – 12.30pm

01788 579488
0800 408 1552

Claremont Centre (43 Clifton Road, Rugby, CV21 3QE)



17

Information and advice drop-in service for people over 50 and their carers on topics including benefits, housing, care, form filling

Monday to Friday 10am – 1pm;
1-3pm by appointments only. Free legal surgery by appointment only on Wednesdays 1pm -3pm

Call 01788 552 542
www.ageuk.org.uk/warwickshire/services-near-you/claremont-centre-in-rugby/

Carers Trust

In the Claremont Café every Tuesday 9.30am – 12.30pm

<https://www.carerstrusthove.org.uk/>

Rugby Wellbeing Hub (28 Cromwell Road, Rugby, CV22 5LY)



18

Chat to a Coventry & Warwickshire MIND wellbeing practitioner or trained volunteer, browse the support resources available, or have a confidential 20-minute consultation with a trained practitioner

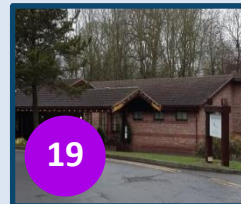
Saturdays, 10am – 1pm

Peer-led drop in sessions, including activities to promote resilience, friendship and learning

Tuesdays, 1pm – 4pm and Saturdays, 10am – 1pm

www.cwmind.org.uk/rugby

Rugby Myton Day Hospice (Entrance to St Cross Hospital, Barby Road, Rugby, CV22 5PY)



19

Monthly carer support drop-in, call in for a chat and a cup of tea with experienced staff, volunteers and other carers. You're welcome to bring the person you are caring for

*Second Monday of every month
10am – 12 noon*

Call 01788 550085 for more details

www.mytonhospice.org

Rent Mobility Ltd. (47 Cymbeline Way, Rugby, CV22 6JZ)



20

Day hire of scooters, plus map and information about the local area

*Monday to Saturday
10am – 3.30pm*

*Managed by Rentmobility
With Rugby Disability Forum*

Dunchurch Community Library (School Street, Dunchurch, CV22 6PA)



21

Royal Association for Deaf People

Information, advice and guidance for deaf people

*Every second Wednesday of
the month 10am – 2pm*

*advice@royaldeaf.org.uk
0300 6882525*

Brownsover Buddy Club (Next to Boughton Leigh Children's Centre, Wetherell Way, Brownsover, CV21 1LT)



22

Job-seeking support and advice

*Wednesdays 9.30am – 12.30pm,
Thursdays (term-time only)
9.30am – 12.30pm*

Boughton Leigh Children and Family Centre

Refuge Warwickshire Domestic Violence Service

For anyone concerned about abuse

*First Tuesday of every
month, 10.00am – 12.30pm*

*01788 579488
0800 408 1552*

**Brownsover BREW at
Christ Church
(Helvellyn Way,
Brownsover, CV21 1QG)**



Call in for a range of information on local activities and services and discuss getting involved in the local community

Community development worker Aqeel Kapasi will be at Brownsover BREW community café on the last Tuesday of every month from 1pm to 5pm.

Prospects

Offer support to 16-19 year olds not in education, employment or training

Tuesdays 2pm – 4pm

Contact Tim Robinson:
07590 861690

www.prospects.co.uk

Let's Talk Online Support

Tuesdays 2.00pm – 5.00pm

**Warwickshire
Police
(various locations)**



25

*Police surgeries are
held at various
locations*

<https://www.warwickshire.police.uk/article/2130/North-Warwickshire-policing-area>

**The Chapel Newbold
(Main Street, Newbold, CV21 1HH)**



The Chapel Newbold Café

*Wednesdays
4.45pm – 6pm
(alongside Children's activity
club for 3-13 year olds run by
RBC Play Rangers)*

*Fridays
12.15pm – 2.30pm*

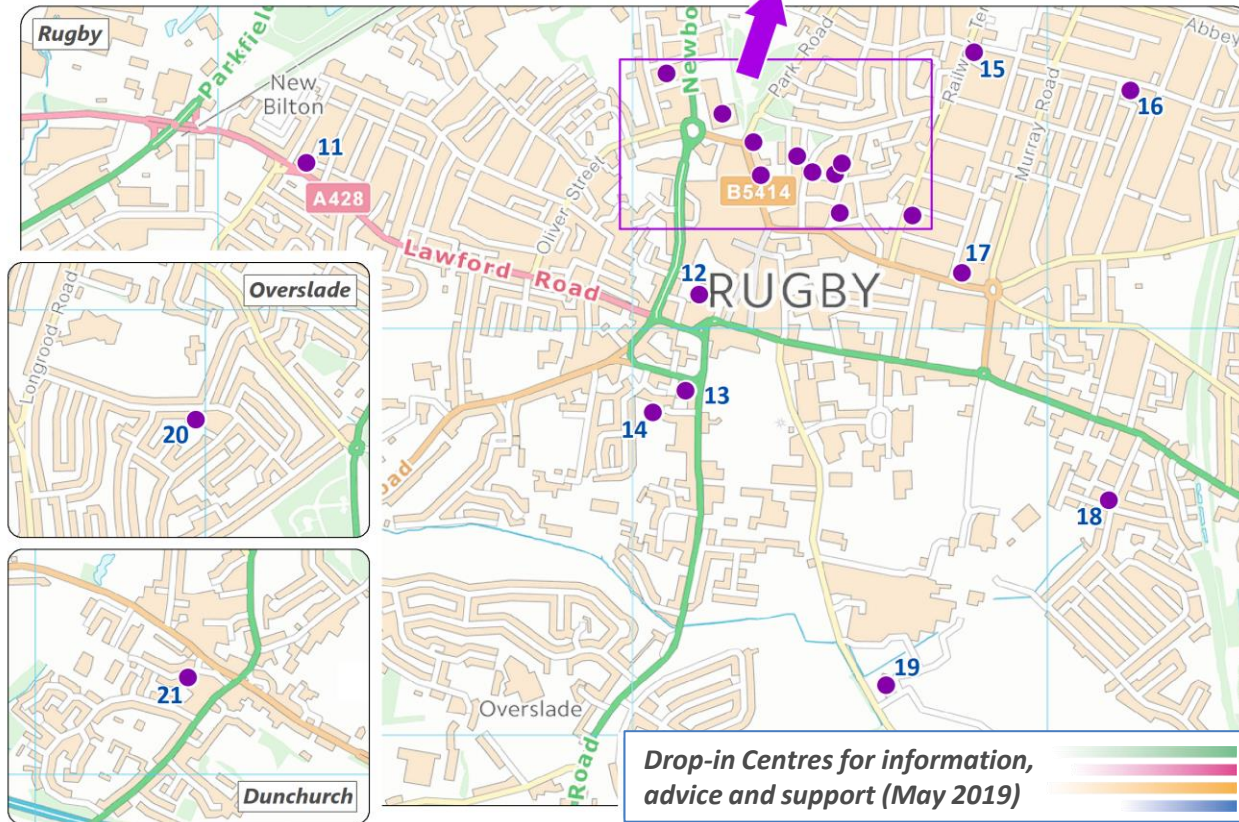
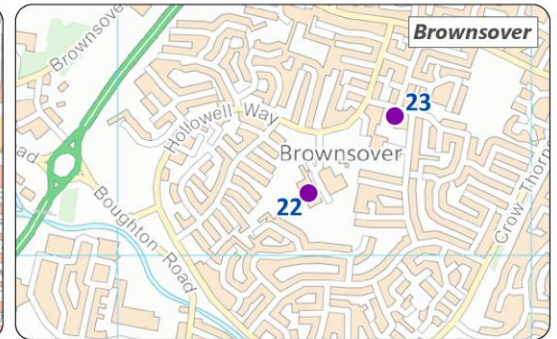
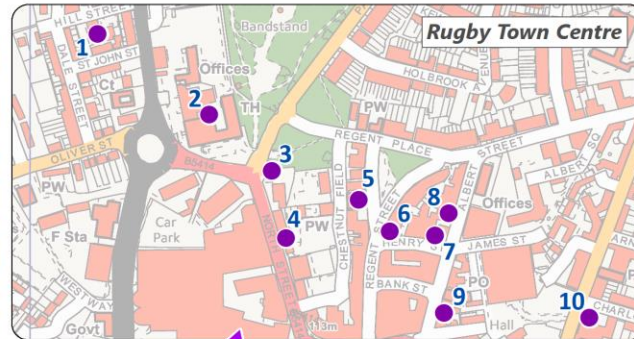
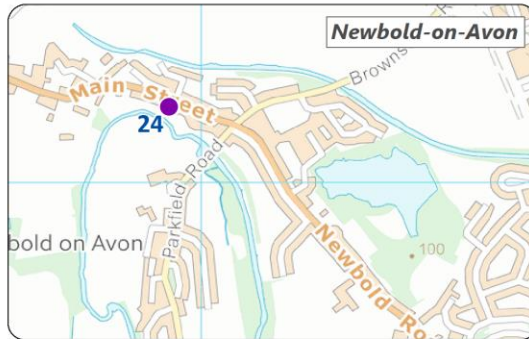
Newbold Food Pantry

*By membership only. If you are
interested please contact Lucy for
more information (e-mail below)
lucy@thechapelnewbold.org.uk*

*Community development worker
Aqeel Kapasi will be there every
Wednesday from 3pm – 4.30pm*

Newbold Job Club

Not Currently Running



- Drop-In Centres:**
- | | |
|-------------------------------------|--------------------------|
| 1 Hill Street Centre | - Hill Street |
| 2 Rugby Town Hall | - Evreux Way |
| 3 WCAVA Rugby | - 19-20, North Street |
| 4 Rugby Citizens Advice Bureau | - 32, North Street |
| 5 Rugby Baptist Church | - 7, Regent Place |
| 6 Moriarty's Café | - 28, Regent Street |
| 7 The Robbins Building | - Henry Street |
| 8 RCCG House | - 35-37, Albert Street |
| 9 Rugby Credit Union | - 10-12, Albert Street |
| 10 New Life Church | - 28-42, Railway Terrace |
| 11 Rugby Christian Life Church | - Lawford Road |
| 12 Rugby Library | - Little Elborow Street |
| 13 Rugby Methodist Church Centre | - Russelheim Way |
| 14 The Bradby Club | - East Union Street |
| 15 The Benn Partnership Centre | - Railway Terrace |
| 16 Claremont Children's Centre | - Claremont Road |
| 17 Claremont Centre | - 43, Clifton Road |
| 18 Rugby Wellbeing Hub | - 28, Cromwell Road |
| 19 Myton Day Hospice | - Barby Road |
| 20 Rent Mobility Ltd. | - 47, Cymbeline Way |
| 21 Dunchurch Community Library | - School Street |
| 22 Boughton Leigh Children's Centre | - Wetherell Way |
| 23 Christ Church | - 2, Helvellyn Way |
| 24 Newbold Chapel | - Main Street |

0 0.5 1
Kilometres

NOTE: This scale for all maps except town centre zoom-in.
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**Drop-in Centres for information,
advice and support (May 2019)**

Map produced by the
Data Innovation Team, Insight Service,
Commissioning Support Unit.
4 December, 2018.

