

WEEK AT A GLANCE (more details inside)

Day	Group name	Location
MON	Cruse: Bereavement and social group	Claremont Centre
	Crib and Dominoes Group	Claremont Centre
	Hoskyn Community Centre	Hamilton House
	Simply Social	Barley Mow
	Sing Along Memory Café	Anya Court
	Stroke Support Group	Claremont Centre
TUES	Art for All	Claremont Centre
	HARCA 50+ Lunch Club	Court House
	Hill Street Over 50s Club	Hill Street
	Men in Sheds	Claremont Centre
	No1 Social Group	Claremont Centre
	Pins and Needles	Claremont Centre
	Pitstop Drop in	St Matthew's & St Oswald's Church
	Rugby Friendship Centre	Hoskyn Centre
	Singing by Heart	Rugby Salvation Army
	Third Tuesday Group	Rugby Baptist Church
WEDS	Hoskyn Community Centre	Hamilton House
	Oasis 50+ Club	Overslade Community Centre
	Rainbows Over 50s	Benn Partnership Centre
THURS	Bingo	Claremont Centre
	Bloom in Group	Claremont Centre
	Cameo Friendship Group	Rugby Salvation Army
	Claremont Singers	Claremont Centre
	Council for Older Residents	United Reform Church
	Hoskyn Community Centre	Hamilton House
	Men in Sheds	Claremont Centre
	Lunch Club	Rugby Salvation Army
	Rugby U3A	Rugby Methodist Church Centre
FRI	First Friday Group	Claremont Centre
SAT	None	None
SUN	Contact the Elderly	Various locations
	Afternoon tea	St Mark's Church

SOCIAL GROUPS FOR AGES 50+ IN RUGBY



Last updated: January 2019



cdwrugby@warwickshire.gov.uk



01788 533656



@RugbyCommunities



@RB_Communities

We also have a leaflet covering exercise classes for ages 50+ in Rugby – please ask for more info

Name (A to Z)	Where	When	Contact & info
Art for All	Claremont Centre (Age UK), 43 Clifton Road, Rugby, CV21 3QE	Every Tuesday 10am – 12pm.	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk Cost £3.00
Benn Hall Tea Dances	Benn Hall, Newbold Road Rugby, CV21 2LN	Various times and dates	02476 382331 £2 entrance fee. Refreshments are available to purchase.
Bingo	Claremont Centre (Age UK), 43 Clifton Road, Rugby, CV21 3QE	Every Thursday 10.30am – 12pm	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk Cost £5.00
Bloom-in Group	Claremont Centre (Age UK), 43 Clifton Road, Rugby, CV21 3QE	Every Thursday 12pm – 3pm	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk

The Community Development Team produces other information leaflets and posters which may be of interest:

- ❖ Drop-ins for Information, Advice or Support in Rugby
- ❖ Lunch Clubs, Community Cafes & Coffee Mornings in Rugby
- ❖ Job Clubs in Rugby
- ❖ Suggested Speakers for Older People's Groups in Rugby
- ❖ Exercise classes for those aged 50+ in Rugby
- ❖ Parent and toddler groups in Rugby
- ❖ Mental health and wellbeing support in Rugby
- ❖ Connect with English in Rugby
- ❖ Summer Holiday Activities in Rugby
- ❖ Activities and support for people living with dementia in Rugby
- ❖ Rugby Community Cooking Resources
- ❖ Rugby Community Event Resources

These leaflets and posters can be downloaded from our website
www.warwickshire.gov.uk/rugbyareainformation

Please email cdwrugby@warwickshire.gov.uk if you would like to sign up for any of our email information bulletins:

- **The Community Information Update** (six-weekly bulletin)
- **Welfare Reform Resources** (fortnightly welfare topics)
- **Family Support** (children, young people and family information five times per year)
- **Older People's Bulletin** (three times per year)
- **Community Food** (food budgeting, edible gardening, community cooking, healthy eating, three times per year)



Do you know about older people's social groups in Rugby?
If so, please email any details through to
cdwrugby@warwickshire.gov.uk or call 01788 533656.

Note: We provide the information for you in good faith and make every effort to keep it accurate and up to date but we cannot guarantee this and so it is your responsibility to check the accuracy of the information before use. Some of the information may be provided by a third party or have links to external sites. We are not responsible for this content and, again, you need to satisfy yourself that the information is correct. To see how we use your personal data and what your information rights are, please read our overall customer privacy notice at www.warwickshire.gov.uk/privacy which includes the contact details if you have a complaint about your information rights. For general enquiries, contact Warwickshire County Council customer services on 01926 410410

If you spot any errors or amendments to any of the details in this leaflet, please do email cdwrugby@warwickshire.gov.uk or call 01788 533656 to let us know. Thank you!

Name	Where	When	Contact & info
CAMEO Friendship Group for Over 55s	Rugby Salvation Army, West Leys Road, Rugby, CV21 3AS	Every Thursday at 1.30pm	01788 542347 rugby@salvation.org.uk Cost £1.00
Cruse: Bereavement and social group	Claremont Centre (Age UK), 43 Clifton Road, Rugby, CV21 3QE	Every Monday 7pm – 9pm.	Christine: 01788 573099 Chris: 01788 816255 Cost £2.00
Crib and Dominoes Group	Claremont Centre (Age UK), 43 Clifton Road, Rugby, CV21 3QE	Every Monday 2pm	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk
Claremont Singers	Claremont Centre (Age UK), 43 Clifton Road, Rugby, CV21 3QE	Every Thursday 2.30pm - 4pm	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk Cost £2.00

Name	Where	When	Contact & info
Contact the Elderly	Afternoon teas provided in our volunteer hosts' own homes in and around Rugby	Second Sunday of every month	<p>Elaine Cook: 07732 946155 elaine@astrodyne.co.uk</p> <p>Social activity for isolated people aged 75 plus, transport provided</p>
Council for Older Residents (Core)	The United Reform Church, Hillmorton Road, Rugby, CV22 5AD	First Thursday of every month at 10am	<p>Andrew Cowan: 01788 562252 rugbycore@talk21.com</p> <p>Aims to help make Rugby a safer environment for older people</p>
First Friday Group	Claremont Centre (Age UK), 43 Clifton Road, Rugby, CV21 3QE	1st Friday of the month 9am - 12.30pm	<p>Kathy Young: 07554 995081, kathy@ageukwarks.org.uk</p>
HARCA 50+ Lunch Club	The Courthouse, 23 North Street, Rugby, CV21 2FB	Third Tuesday of April, June, August, October & December at 12pm.	<p>John Watts: 01788 814631 jw_johnwatts.tds@btinternet.com</p>

Name	Where	When	Contact & info
Third Tuesday Club	Rugby Baptist Church, 7 Regent Place, CV21 2PJ	On the 3rd Tuesday of the month, 2pm until 4pm	<p>pauline.kimber@ntlworld.com</p> <p>Activities for older people over 50 (tea & cake served 50p).</p>
Wednesday Group	The United Reform Church, Hillmorton Road, Rugby, CV22 5AD	Wednesday 2pm – 4pm	<p>01788 535201 churchsec@rugbyurc.org.uk</p> <p>A variety of activities including scrabble, jigsaw puzzles, hot drinks and a visit to local places of interest.</p>

Name	Where	When	Contact & info
Simply Social	The Barley Mow, 64 Main St, Newbold, Rugby, CV21 1HW	Every Monday 8.30pm onwards	rugby@simply-social.org.uk or phone/text 07709 541641
Sing Along Memory Café	Anya Court, 286 Dunchurch Road, CV22 6JA	Third Monday of the Month 10.30am – 12pm	karen.handley@hallmarkcarehomes.co.uk An opportunity to make music, have fun and share experiences.
Singing by Heart	West Leys Road, Rugby, CV21 3AS	4th Tuesday of Every Month at 2pm	rugby@salvation.org.uk Group for Dementia sufferers and their carers
St Mark's Church	St Mark's Church Centre, Church Walk Bilton, Rugby, CV22 7LX	On the first Sunday of every month at 4pm	01788 810641 markbilt@tiscali.co.uk www.stmarksbilton.org.uk Sunday afternoon tea for those living alone.
Stroke Support Group	Claremont Centre (Age UK) 43 Clifton Road, Rugby, CV21 3QE	Every Monday 1.30pm	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk

Name	Where	When	Contact & info
Hill Street Over 50s Club	The Hill Street Centre, Hill St, Rugby, CV21 2NB	Second Tuesday of every month at 10.30am.	Daisy Howden: daisy@hillstreetcentre.org 01788 576041 Cost £2.00
The Hoskyn Community Centre	Hamilton House, 12 Bilton Road, Rugby, CV22 7AB	Day Centre 10am on Mondays, Wednesdays and Thursdays .	Irene Moore BCAC Manager: 01788 542397 irene@hoskyncentre.co.uk www.hoskyncentre.co.uk Freshly cooked meals, seated Keep Fit on Wednesdays. Dominoes, bingo, quizzes, sudoku, general social activities. £5 entrance fee, £6 for lunch and all drinks, £5 per journey if transport is required.
Men in Sheds	Claremont Centre (Age UK) 43 Clifton Road, Rugby, CV21 3QE	Tuesday and Thursday 9.30am – 3.30pm	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk

Name	Where	When	Contact & info
No 1 Social Group	Claremont Centre (Age UK) 43 Clifton Road, Rugby, CV21 3QE	Every Tuesday 1.30pm – 3.30pm.	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk Bingo, Chat and Quiz Cost: £2.00
Overslade Oasis 50+ Club	Overslade Community Centre, Buchanan Road, Rugby, CV22 6AY	First Wednesday of every month 11.30am – 2.30pm	01788 573640 ocamanager@hotmail.co.uk Cost: £3.00
Pins and Needles	The Claremont Centre, 43 Clifton Road, Rugby, CV213QE	Every Tuesday 1pm – 3pm	Kathy Young: 07554 995081, kathy@ageukwarks.org.uk Knit, sew, teach, learn and chat Cost £2.00
Pitstop drop-in	St Mathew's and St Oswald's Church	Tuesday 10.45am – 12pm	valburgon@ntlworld.com Speakers, activities, coffee and chat
Rainbows Over 50s	Benn Partnership Centre, Railway Terrace, Rugby, CV21 3HR	Wednesday 10am - 12pm	Sue Hillman: sue.hillman@talktalk.net Lynne Hodgson: lynnespada@yahoo.co.uk

Name	Where	When	Contact & info
Rugby Friendship Centre	The Hoskyn Centre (HC), Hamilton House, Bilton Rd, CV22 7AB.	Every second Tuesday of the month, 10.15am	Mrs Jo Major: 01788 543272 For retired people over 50. We have a speaker each month. Social activities include lunches, walks and the occasional quiz and skittles evening. There is also a small tenpin bowling group who meet weekly at the Coventry Bowling Centre.
Rugby Salvation Army Lunch Club	West Leys Road, Rugby, CV21 3AS	Every Thursday at 12.15pm	01788 542347 rugby@salvation.org.uk Cost: £3.50
Rugby U3A	Rugby Methodist Church Centre (RMCC), Russelsheim Way, CV22 7TB	Monthly meetings are held at 2pm on the Second Thursday of every month.	www.u3arugby.org.uk info@u3arugby.org.uk Speaker and refreshments at a total cost of £2 for visitors and £1 for members. Joining U3A at a cost of £11 per calendar year gives entry into over 100 different activity group meetings within the Rugby Area