

Drop-ins at a glance...

Reference	Location	Finance	Housing	Employment & IT	Health, wellbeing & practical support	Drugs & alcohol	Young people	Legal
1	Hill Street Centre							
2	Rugby Town Hall							
3	WCAVA Rugby							
4	Rugby Citizens Advice Bureau							
5	Rugby Baptist Church							
6	Moriarty's Café							
7	The Robbins Building							
8	RCCG House							
9	Rugby Credit Union							
10	New Life Church							
11	Rugby Christian Life Church							
12	Rugby Library							
13	Rugby Methodist Church Centre							
14	The Bradby Club							
15	The Benn Partnership Centre							
16	Claremont Children's Centre							
17	Claremont Centre							
18	Rugby Wellbeing Hub							
19	Myton Day Hospice							
20	Rent Mobility Ltd							
21	Dunchurch Community Library							
22	Boughton Leigh Children's Centre							
23	Christ Church							
24	Newbold Chapel							
25	Police Surgeries (various locations)							

The Community Development Team produces other information leaflets and posters which may be of interest...

Lunch Clubs, Community Cafes & Coffee Mornings in Rugby

Photo leaflet updated in winter, spring, summer and autumn

Rugby Community Cooking Resources

Information leaflet about cooking resources available for free group loan

Suggested Speakers for Older People's Groups in Rugby

List updated annually at get together for leaders in spring

Exercise classes for those aged 50+ in Rugby

List including 'week at a view' updated annually

Parent and toddler groups in Rugby

Photo poster updated in November

Mental health and wellbeing support in Rugby

Information sheet for community leaders and frontline workers updated annually

Connect with English in Rugby

Photo poster listing providers of English classes for speakers of other languages

Job Clubs in Rugby

Photo leaflet updated annually

These leaflets and posters can be downloaded from our website www.warwickshire.gov.uk/rugbyareainformation

Please email cdwrugby@warwickshire.gov.uk if you would like to sign up for any of our email information bulletins:

- Community Information Update resource (six-weekly bulletin)
- Welfare Reform Resources (fortnightly welfare topics)
- Family Support (children, young people and family information five times per year)
- Older People's Bulletin resource (three times per year)
- Community Food (food budgeting, edible gardening, community cooking, healthy eating, three times per year)

Drop-ins in Rugby

For information, advice & support

January to April 2019

Hill Street Centre
(Hill Street, off Newbold Road, CV21 2NB)



1

Doorway

Age 16-25 housing

*Runs fortnightly on Tuesdays
1pm – 3pm*

www.doorway.org.uk

New Bilton Community Association Work Club

Providing free computer use, help with CVs, job search support etc

Thursday 9.30am – 12.30pm

*Computer and IT skills
10:30am – 12:30pm*

Prospects

Offers support to 16-19 year olds not in education, employment or training

*Wednesdays 9am – 1pm
Fridays 11am – 1pm*

*Contact Gill Reece (07702 862 259) or Tim Robinson (07590 861690)
www.prospects.co.uk
www.hillstreetcentre.co.uk*

Cocaine Anonymous

Fridays 8.30pm – 10pm

Weight Watchers

Sundays 10am – 12 noon

Rugby Borough Council
(Rugby Town Hall, Evreux Way, CV21 2RR)



2

Housing Options Team

Drop-in service

*By Appointment Only
<https://www.rugby.gov.uk/housing>
01788 533833
housingsupportteam@rugby.gov.uk*

Warwickshire Community & Voluntary Action
(19/20 North Street, CV21 2AG)



3

Volunteering, group support and ConnectWell

*Monday to Friday, 9am – 5pm
www.wcava.org.uk*

Families First

For families who find themselves vulnerable through circumstances

*Tuesday to Friday, 9.30am – 12 noon
(free legal service for family matters on the last Tuesday of the month, 10am – 12 noon)*

<https://www.facebook.com/Charity-Families-first-1375204802806788/>

Rugby Citizens Advice Bureau
(Chestnut House, 32 North Street, CV21 2AG)



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Advice on benefits, debt, housing, disability, employment, consumer, immigration and legal matters

Monday, Tuesday, Wednesday and Friday 10am – 2pm

www.brancab.org.uk/rugby_citizens_advice_bureau.html

Warwickshire Vision Support*
(Rugby Baptist Church, 7 Regent Place, CV21 2PJ)



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**Formerly Warwickshire Association for the Blind*

Local access to equipment and information services

Wednesdays 10am – 12 noon

<http://warwickshire.vision/>

Drop-ins in Rugby

For information, advice & support

January to April 2019

Moriarty's Café
(28 Regent Street,
Rugby, CV21 2PS)



6

Christians Against Poverty

Information on CAP debt
support services and
money courses

*Tuesdays,
10am – 12 noon*

<https://capuk.org/>

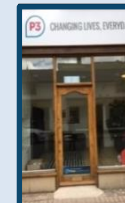
RISE

Understanding self-harm, anxiety and
emotional support for children and
young people.

Call 07917 504682 Various dates

risecommunity@covwarkpt.nhs.uk

**P3 (Unit 5, The
Robbins Building,
Henry Street,
Rugby, CV21 2QA)**



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*Housing related support
for over 25s*

*Monday to Friday
9am – 5pm*

www.p3charity.org

RCCG House
(35-37 Albert
Street, CV21 2SG)



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Change, Grow, Live (CGL)

Advice and information
about addiction and
recovery services

*Mondays, Tuesdays,
Thursdays and Friday
10am – 4pm
Wednesday 10am - 6pm*

www.changegrowlive.org

Rugby Credit Union
(12 Albert Street,
Rugby, CV21 2RS)



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*Information on easy
savings accounts &
low cost loans*

*Monday to Thursday,
10am – 3pm*

<http://www.rugbycreditunion.co.uk/>

New Life Church
(28-42 Railway
Terrace, Rugby,
CV21 3LJ)



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National Energy Action

Fuel Debt Surgeries

*Mondays, 12.30pm
to 3pm*

January: 14th & 28th

February: 11th & 25th

March 11th & 25th

April 8th & 22nd

May 6th & 20th

June 10th & 24th

www.nea.org.uk

Rugby CLC Church
(Lawford Road,
Rugby, CV21 2JE)



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New Bilton Community Association Work Club

Providing free computer use,
help with CVs, job search
support etc

*Mondays, 10am – 1pm, Free
IT drop-in for one-to-one help
with internet and emails on
Mondays 1.30pm – 3.30pm*

<http://nbca.org.uk/>

Rugby Library
(Little Elborow Street,
Rugby, CV21 3BZ)



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Rugby Family History Group

*Free help and advice on the
third Thursday of the month,
2pm – 4.30pm*

Silver Surfers

One hour of free
IT support for
the over 50s

*Mondays from
10.30am – 11.30am
and
11.30am – 12.30pm*

Careers Service

*Alternate Fridays –
information, advice and
guidance on learning,
training and work*

*Call 0800 100 900 to make
an appointment*

<https://nationalcareersservice.direct.gov.uk/>

Free one-hour slots for internet access

*Mon, Wed, Thurs, Fri,
9am – 5.30pm
Tues 10am – 7pm
Sat 9am – 4pm
Sun 12 noon – 4pm*

<https://www.warwickshire.gov.uk/rugbylibrary>

Drop-ins in Rugby

For information, advice & support

January to April 2019

**Rugby Methodist Church
Centre (Russelheim Way,
Rugby, CV22 7TB)**



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National Energy Action

Fuel debt surgeries offering free advice on switching fuel suppliers, insulation, managing fuel debt and more

*Wednesdays, Jan 16th & 30th, Feb 13th & 27th,
Mar 13th & 27th, Apr 10th & 24th, May 8th &
22nd, June 12th & 26th
all 12.30pm to 3.00pm
www.nea.org.uk*

**The Bradby Club
(East Union Street,
Rugby, CV22 6AN)**



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Sexual health, safe relationships, drug and substance misuse, job search advice for ages 8 - 25

*Mon – Thurs 11.30am – 8.30pm
Fri 10am – 2pm*

Call 01788 544344 or 07484 098965

*Email: office@bradby.org.uk
Bradby Club (Brabs) on Facebook,
Twitter @thebradbyclub
www.bradby.org.uk*

**Benn Partnership Centre
(Railway Terrace, corner of
Craven Road, CV21 3HR)**



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Internet training (free use of computers to learn about job searching)

*Mondays 1pm – 3pm and
Wednesday 10am – 3pm*

*BPC Work Club on Mondays,
Thursdays and Fridays,
10am – 1pm*

www.bennpartnership.org.uk

National Energy Action

Fuel debt surgeries

*Mondays Jan 14th & 28th
Feb 11th & 25th, Mar 11th &
25th, Apr 8th & 22nd, May 6th
& 20th, June 10th & 24th
all at 10am to 12.30pm*

www.nea.org.uk

Community Wellbeing Hub provided by Individual Support Solutions Ltd

Information, advice and signposting for adults with learning disabilities and/or their carers

*Monday, Tuesday and
Thursday 9.30am – 4.30pm, Wednesday
1pm – 4.30pm and Friday 9.30am –
4pm*

www.nwcommunityhubs.com

Change, Grow, Live

Advice on drug and alcohol addiction

*Mondays 12 noon – 2pm,
Mutual Support, Mondays,
3pm – 4.30pm*

www.changegrowlive.org

**Claremont Children's Centre,
Claremont Road,
(Rugby, CV21 3LU)**



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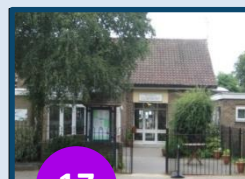
Refuge Warwickshire Domestic Violence Service

Drop-in for anyone concerned about abuse

*First and third Tuesday of every month,
1.30pm – 3.45pm. Third Tuesday of every
month, 10am – 12.30pm*

www.refuge.org.uk/what-we-do/our-services/refuge-warwickshire-domestic-violence-service/

**Claremont Centre
(43 Clifton Road,
Rugby, CV21 3QE)**



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Information and advice drop-in service for people over 50 and their carers on topics including benefits, housing, care, form filling

*Monday to Friday 10am – 1pm;
1-3pm by appointments only. Free legal
surgery by appointment only on
Wednesdays 1pm - 3pm*

Call 01788 552 542

www.ageuk.org.uk/warwickshire/services-near-you/claremont-centre-in-rugby/

Carers Trust

*In the Claremont
Café every Tuesday
9.30am – 12.30pm*

<https://www.carerstrusthove.org.uk/>

Drop-ins in Rugby

For information, advice & support

January to April 2019

Rugby Wellbeing Hub
(28 Cromwell Road,
Rugby, CV22 5LY)



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Chat to a Coventry & Warwickshire MIND wellbeing practitioner or trained volunteer, browse the support resources available, or have a confidential 20-minute consultation with a trained practitioner

Saturdays, 10am – 1pm

Peer-led drop in sessions, including activities to promote resilience, friendship and learning

Tuesdays, 1pm – 4pm and Saturdays, 10am – 1pm

www.cwmind.org.uk/rugby

Rugby Myton Day Hospice (Entrance to St Cross Hospital, Barby Road, Rugby, CV22 5PY)



19

Monthly carer support drop-in, call in for a chat and a cup of tea with experienced staff, volunteers and other carers. You're welcome to bring the person you are caring for

*Second Monday of every month
10am – 12 noon*

Call 01788 550085 for more details

www.mytonhospice.org

Rent Mobility Ltd.
(47 Cymbeline Way,
Rugby, CV22 6JZ)



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Day hire of scooters, plus map and information about the local area

*Monday to Saturday
10am – 3.30pm*

*Managed by Rentmobility
With Rugby Disability Forum*

Dunchurch Community Library
(School Street,
Dunchurch, CV22 6PA)



21

Royal Association for Deaf People

Information, advice and guidance for deaf people

Every second Wednesday of the month 10am – 2pm

*advice@royaldeaf.org.uk
0300 6882525*

Brownsover Buddy Club
(Next to Boughton Leigh Children's Centre, Wetherell Way, Brownsover, CV21 1LT)



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Job-seeking support and advice

*Wednesdays 9.30am – 12.30pm, Thursdays
(term-time only)
9.30am – 12.30pm*

Boughton Leigh Children's Centre

Refuge Warwickshire Domestic Violence Service

For anyone concerned about abuse

First Tuesday of every month, 10.00am – 12.30pm

www.refuge.org.uk/what-we-do/our-services/refuge-warwickshire-domestic-violence-service/

**Brownsover BREW at
Christ Church
(Helvellyn Way,
Brownsover, CV21 1QG)**



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Call in for a range of information on local activities and services and discuss getting involved in the local community

Community development worker Aqeel Kapasi will be at Brownsover BREW community café on the last Tuesday of every month from 1pm to 5pm.

Prospects

Offer support to 16-19 year olds not in education, employment or training

Tuesdays 2pm – 4pm

Contact Tim Robinson:
07590 861690

www.prospects.co.uk

Let's Talk Online Support

Tuesdays 2.00pm – 5.00pm

**The Chapel Newbold
(Main Street, Newbold, CV21 1HH)**



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Newbold Chapel Café

Three-course lunch – second and fourth Mondays of the month, 12:30pm to 2pm

Cost: suggested donation £3.

Community development worker Aqeel Kapasi will attend on the second Monday of every month

Newbold Food Pantry

By membership only. If you are interested please contact Lucy for more information (e-mail below)

lucy@thechapelnewbold.org.uk

Community development worker Aqeel Kapasi will be there on the last Wednesday every month

Newbold Job Club

Wednesdays 1pm – 3pm

Search for 'TheChapel Newbold 'On Facebook

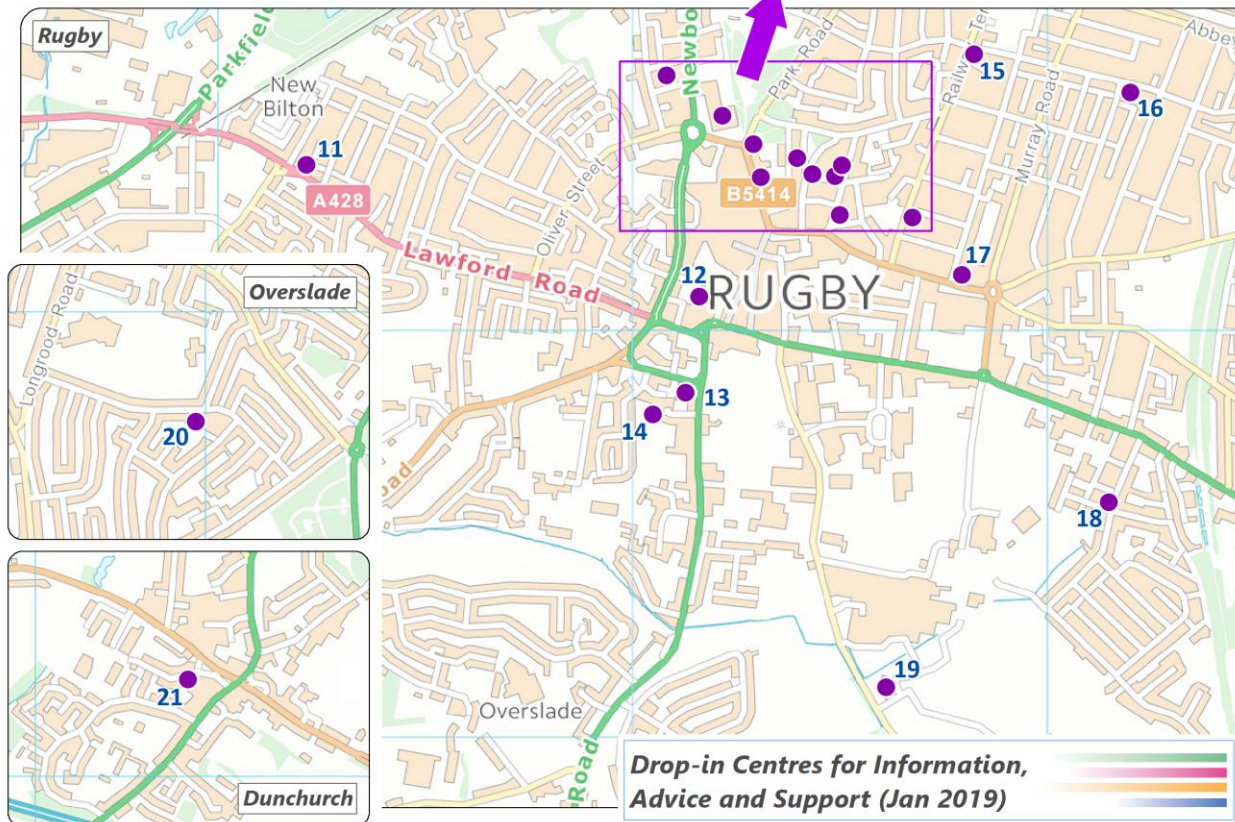
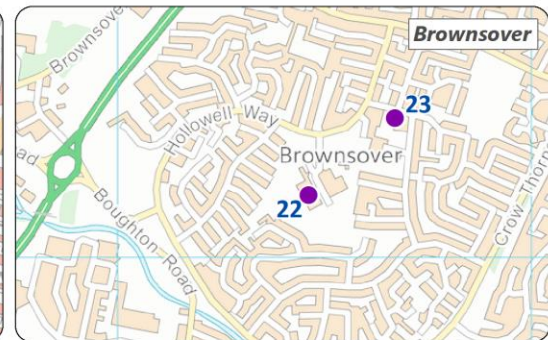
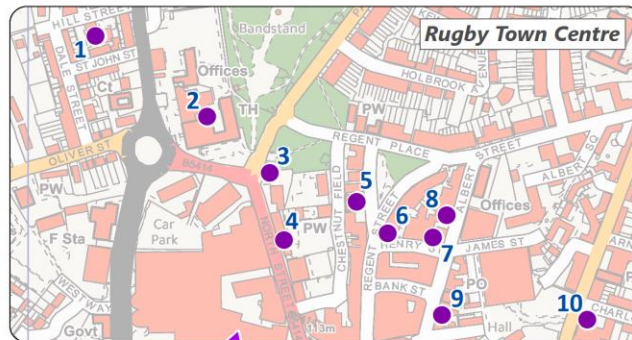
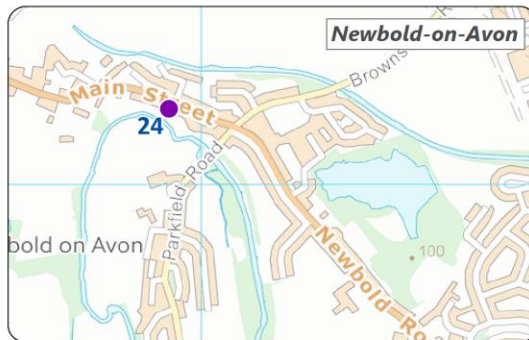
**Warwickshire
Police
(various locations)**



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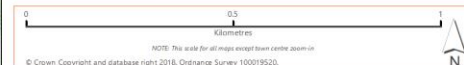
Police surgeries are held at various locations

<https://www.warwickshire.police.uk/article/2130/North-Warwickshire-policing-area>



Drop-In Centres:

- | | |
|-------------------------------------|--------------------------|
| 1 Hill Street Centre | - Hill Street |
| 2 Rugby Town Hall | - Evreux Way |
| 3 WCAVA Rugby | - 19-20, North Street |
| 4 Rugby Citizens Advice Bureau | - 32, North Street |
| 5 Rugby Baptist Church | - 7, Regent Place |
| 6 Moriarty's Café | - 28, Regent Street |
| 7 The Robbins Building | - Henry Street |
| 8 RCCG House | - 35-37, Albert Street |
| 9 Rugby Credit Union | - 10-12, Albert Street |
| 10 New Life Church | - 28-42, Railway Terrace |
| 11 Rugby Christian Life Church | - Lawford Road |
| 12 Rugby Library | - Little Elborow Street |
| 13 Rugby Methodist Church Centre | - Russelheim Way |
| 14 The Bradby Club | - East Union Street |
| 15 The Benn Partnership Centre | - Railway Terrace |
| 16 Claremont Children's Centre | - Claremont Road |
| 17 Claremont Centre | - 43, Clifton Road |
| 18 Rugby Wellbeing Hub | - 28, Cromwell Road |
| 19 Myton Day Hospice | - Barby Road |
| 20 Rent Mobility Ltd. | - 47, Cymbeline Way |
| 21 Dunchurch Community Library | - School Street |
| 22 Boughton Leigh Children's Centre | - Wetherell Way |
| 23 Christ Church | - 2, Helvellyn Way |
| 24 Newbold Chapel | - Main Street |



**Drop-in Centres for Information,
Advice and Support (Jan 2019)**

Map produced by the
Data Innovation Team, Insight Service,
Commissioning Support Unit.
4 December, 2018.

