



## RUGBY

### COMMUNITY SUPPORT OVER CHRISTMAS PERIOD

Name of organisation and address	Details of support	Dates	Times
<b>Food</b>			
<b>The Chapel Newbold</b> Main Street, Newbold on Avon CV21 1HH	Food and company	25th December	10-11am
<b>Benn Partnership Centre</b> Railway Terrace, Rugby CV21 3HR	Event for community members who would otherwise be alone.  Advance bookings required: call 01788 553033 between 9am and 3pm to book, or e-mail <a href="mailto:centre.manager@bennpartnership.org.uk">centre.manager@bennpartnership.org.uk</a>	25th December	10.30am - 4pm
<b>Rugby Baptist Church</b> 7 Regent Place, Rugby, CV21 2PG	Christmas Day event. Lunch, games and lifts provided. 01788 570410 <a href="mailto:office@rugbybaptist.org.uk">office@rugbybaptist.org.uk</a>	25th December	12pm - 4pm
<b>Claremont Centre</b> , 43 Clifton Road, Rugby, CV21 3QE	Café is open 9.30-3.00pm Hot dinners served 11.45am until 1.30pm	24th December, 27th December, 28th December, 31st December, 2nd January onwards	9.30am - 3pm
<b>Food Bank</b> , New Life Church, 28-42 Railway Terrace, Rugby, CV21 3LJ	Foodbank works using a voucher referral system. In order to get help from our foodbank, you will need a voucher issued by local agencies contact Tel: 07557 680019 email: <a href="mailto:info@rugby.foodbank.org.uk">info@rugby.foodbank.org.uk</a> for more info	24th/31st December  28th December /4th January	12.30pm - 2.30pm  10am -12pm



<b>Food Bank</b> , Rugby Methodist Church, Russlesheim way, CV22 7TB	Foodbank works using a voucher referral system. In order to get help from our foodbank, you will need a voucher issued by local agencies contact Tel: 07557 680019 email: <a href="mailto:info@rugby.foodbank.org.uk">info@rugby.foodbank.org.uk</a> for more info	26th December 2nd January	1pm - 3pm
<b>Food Bank</b> , Christ Church, Helvellyn Way, CV21 1JF	Foodbank works using a voucher referral system. In order to get help from our foodbank, you will need a voucher issued by local agencies contact Tel: 07557 680019 email: <a href="mailto:info@rugby.foodbank.org.uk">info@rugby.foodbank.org.uk</a> for more info	28th December 4th January	1.30pm - 3.30pm
<b>Christ Church</b> , Brownsover, Helvellyn Way, CV21 1QG	Meet 'n' Eat session at Christ Church Brownsover will be during the Christmas holidays on Wednesday 2 <sup>nd</sup> January 2019 from 11.30am to 1.15pm, providing free activities and lunch for local families.	2nd January	11.30pm - 1.15pm
<b>Shelter</b>			
<b>Rugby Winter Shelter</b>	Opening on 1st December 2018 and run until 31st March 2019. It will be open seven nights a week at seven different Rugby churches from 7.30pm. For more information, visit: <a href="http://www.hope4.me.uk">http://www.hope4.me.uk</a> . Homeless people must have booked a bed at the Hope Centre on Newbold Road, Rugby before 2pm on the day they need the bed. If you would like to volunteer to help, visit <a href="http://www.hope4.me.uk/index.php/working-with-us/volunteering">http://www.hope4.me.uk/index.php/working-with-us/volunteering</a>	1st December - 31st March	7.30pm onwards

<b>Support</b>			
<b>Change Grow Live (CGL)</b> , RCCG House, 35 - 37 Albert Street, Rugby, CV21 2SG	Advice and information about addiction and recovery services. <a href="http://www.changegrowlive.org">www.changegrowlive.org</a>	24th December, 27th December, 28th December, 31st December, 2nd January onwards	Mon, Tues, Thur, Fr 10am - 4pm. Wed 10am - 6pm
<b>P3</b> , The Robbins Building, Henry Street, Rugby CV21 2QA	Support service is for adults over the age of 25 who need support to manage and maintain their accommodation if it is at risk.Tel: 01788222827	24th December 28th December 31st December 2nd January 4th January	10am - 2pm
<b>Big White Wall</b>	A safe online community of people who support and help each other by sharing what's troubling them, guided by trained professionals. Available 24/7 for people with a Warwickshire postcode and completely anonymous. Web: <a href="http://www.bigwhitewall.com">www.bigwhitewall.com</a>	On Going	
<b>Mental Health Matters</b>	Confidential emotional support and guidance – available 24 hours a day, 7 days a week. Tel: 0800 616171 From mobiles Tel: 0300 330 5487 Live support online via email: Email: <a href="mailto:timeonline@mhmm.org.uk">timeonline@mhmm.org.uk</a> or via the website Web: <a href="http://www.mentalhealthmatters.com/our-services/helpline-services/time-online/">www.mentalhealthmatters.com/our-services/helpline-services/time-online/</a>	On Going	
<b>Rugby Salvation Army</b> , Bennfield Road, Rugby, Cv21 2AS	Brand new toys they can donate to families in need this Christmas. For more information and if you have families in mind that may benefit from this opportunity please contact Family Information Service with the children's gender and age to offer an appropriate toy. They also offer one for all gift		

	cards to teenagers. Tel 01926 742274 email <a href="mailto:fis@warwickshire.gov.uk">fis@warwickshire.gov.uk</a> or contact Rugby Salvation Army on Tel: 01788 542347 email <a href="mailto:rugby@salvation.org.uk">rugby@salvation.org.uk</a>		
<b>Local Welfare Scheme</b>	The Warwickshire Local Welfare Scheme freephone contact number is 0800 408 1448. they offer supermarket vouchers to families who claim means tested Free School Meals (as opposed to universal free school meals that all children in reception, year 1 & 2 receive). Referrals are usually taken from the first day of the school holiday through to the last, families can self refer.	On Going	
<b>Family Information Service</b>	Will be contactable via their helpline 01926 742274 for advice and they're open Monday - Friday 9.00am - 5.00pm except for 24th, 25th, 26th December and 1st January. Their <a href="#">Facebook</a> page will also have information on free/low cost school holiday activity ideas across the county.	27th December 28th December 2nd January 3rd January 4th January	9am - 5pm
<b>MASH, Children Safeguarding concerns</b>	With Christmas upon us and many services shutting down over this period a reminder that if you have concerns about the welfare of a child or young person then the out of hours number for Warwickshire is 01926 886922	On Going	