

Suggested Speakers for Older People's Groups in Rugby for 2018

Finances, Legal, Housing, Energy . . .

Barry Collier	Promotions Officer, Age UK Warwickshire Claremont Centre
Tel: 01926 458100	
Services provided by Age UK Warwickshire	

Rugby Citizen's Advice	
Tel: 01788 541031 or 02476 643206	
They will give money saving tips to groups, and can also provide money matters workshops on benefits changes, budgeting, energy deals, saving money on food etc	

Roy Watson	Estate planning
Tel: 07790 035523	Email: esfpadvice@gmail.com
Making sure care options and other arrangements are in place if someone becomes too ill to manage their own affairs	

Rachel Jones	Act On Energy
Email: rachel@actonenergy.org.uk	
Can provide talks for community groups about energy efficiency and saving money on fuel	

Judy Best	National Energy Action
Tel: 02476 559191	
Advice on saving money on energy and sorting out problems with energy suppliers, fuel debt and switching	

Rugby Credit Union	
Tel: 01788 577900	Email: rugbycreditunion@btconnect.com
Local savings and affordable borrowing scheme	

Katey Stoneman	Love Food Hate Waste, Warwickshire County Council
Email: kateystoneman@warwickshire.gov.uk	
Money saving tips to reduce food waste	

Sarah Faulks	HEART (Home Environment Assessment & Response Team)
Tel: 02476 376800 ext 6367	Email: sarah.faulks@nuneatonandbedworth.gov.uk
Information on the service to provide advice and assistance to deliver disabled adaptations and home improvements to keep homes safe, secure and warm.	

Caroline Harmon	Severn Wye Energy Agency
Email: caroline.harmon@mea.org.uk	
Advice on staying warm at home during winter, saving on your energy bills, dealing with fuel debt, energy efficiency, and renewables in the home.	

Environment, Culture, History . . .

Chris Worman MBE	Rugby Borough Council Parks & Grounds Manager
Tel: 01788 533653	Email: chris.worman@rugby.gov.uk
Talks on Rugby's green spaces and community edible garden projects	

Trevor Hoyte	Rugby Borough Council
Tel: 01788 547621	Email: trevor.hoyte@rugby.gov.uk
The work of Caldecott Park's rangers	

Caroline Faulkner/Ruth Payne	Warwickshire County Council
	Email: carolinefaulkner@warwickshire.gov.uk or ruthpayne@warwickshire.gov.uk
Home composting workshops with the opportunity to get started with a compost bin for £5	

Sandy & John Young	Master Composters
	Email: johnsandyyoung@btinternet.com
Growing, composting and much more	

Bronwen Williams	Warwickshire County Council Heritage & Culture
Tel: 01926 736240	Email: bronwenwilliams@warwickshire.gov.uk
A programme of talks available - celebrating the heritage and culture of Warwickshire	

Vic Minett	BBC Coventry & Warwickshire
	Email: viconair@bbc.co.uk
The mid-morning show presenter gives talks about her job at the radio station	

Debbie Wright	Hedgehog Officer, Warwickshire Wildlife Trust
	Email: deborah.wright@wkwt.org.uk
Information and practical tips on how to make Rugby more hedgehog-friendly	

Health, Disability, Carers . . .

Philip Hanrahan	Healthwise Co-ordinator, Queen's Diamond Jubilee Centre
Tel: 01788 565369	Email: Philip.hanrahan@gll.org
What's available at your local leisure centre and the GP referral scheme	

Felicity Stratton	Guide Dogs Association
Tel: 0118 983 8882	Email: Felicity.Stratton@guidedogs.org.uk
The work of the Guide Dogs Association. See www.guidedogs.org.uk	

	Warwickshire Carers Wellbeing Service
Tel: 024 7610 1040	Email: carerssupport@carerstrusthofe.org.uk
Talks about support they have to offer carers	

	Friends of St Cross
Tel: 01788 663754	Email: Office@fsx.org.uk
An experienced team can talk about the work of the Friends and the history and current services at St Cross	

Fiona Palmer	Coventry & Warwickshire MIND
Tel: 01788 544015	Email: rugbywbs@cwmind.org.uk
Wellbeing issues and services on offer at the Rugby Wellbeing Hub	

Pamela Walker	Contact the Elderly
Tel: 0121 603 1331	
Talks about regular Sunday afternoon tea parties for people aged over 75 with little social support. See www.contact-the-elderly.org.uk	

Ray Pickering	Rugby Dementia Support Group
Tel: 01788 551416	Email: r_pickering@sky.com
The work of the group in Rugby	

Clare King	British Red Cross
	Email: clareking@redcross.org.uk
Basic first aid – slips, trips and falls	

Suzanna Vandervelden	Rentmobility
Tel: 01788 810666	Email: rentmobility@hotmail.co.uk
Mobility aids	

Stephen Kelly	Wiltshire Farm Foods
Tel: 07532 274024	
Meals delivered to your door	

Vina Fatania	Healthwatch Warwickshire
Tel: 01926 422823	Email: vina@healthwatchwarwickshire.co.uk
Independent consumer champion, representing the views of the Warwickshire public on health and social care issues	

Gemma Barrow	Rugby First Responders
	Email: gemma.barrow@yahoo.co.uk
Talks about their work and offers an introduction to basic life-saving skills	

David Soley	Warwickshire County Council
	Email: davidsoley@warwickshire.gov.uk
Principal Adult Social Worker, talking about adult social care at Warwickshire County Council	

John & Dee Franks	Quilts for Injured Servicemen
Tel: 01455 554619	Email: johndeefranks@yahoo.co.uk
See www.q4is.co.uk	

Katie Herbert	Warwickshire County Council
Tel: 01926 742464	Email: katherineherbert@warwickshire.gov.uk
Assistive technology – equipment which can help people to stay safe and independent	

Olivia Bowskill	Myton Hospice
Tel: 01926 838879	Email: Olivia.bowskill@mytonhospice.org
The community engagement manager can give talks on the wide range of services available from Myton Hospice, which has a day support service at St Cross	

Aimee Packwood	Alzheimer's Society
	Email: aimee.packwood@alzheimers.org.uk
Dementia Friends is a national initiative that aims to change the way people think, act and talk about dementia. Dementia Friends Information Sessions last for 45-60 minutes and can be delivered to groups free of charge.	

Rugby Town Centre . . .

Aftab Gaffar	Rugby First
Tel: 01788 569436	Email: aftab@rugbyfirst.org
The town centre and the BID rangers	

Michael Beirne	Rugby Borough Council
	Email: Michael.beirne@rugby.gov.uk
Future vision for the town centre	

Safety, Equality, Crime Prevention . . .

Local PCSOs	Warwickshire Police Safer Neighbourhoods Teams
	Email: Each team has its own, available by searching for your local team (link below)
See https://www.warwickshire.police.uk/article/5786/Your-local-policing-team-SNT	

Ian King	Warwickshire Police
Tel: 01926 684279	Email: ian.king@warwickshire.pnn.police.uk
Personal safety and home security talks	

	Rugby Borough Council Community Safety Wardens
Tel: 0800 096 8800	
Advice on community safety e.g. door alarms, home safety checks etc.	

Lee McCarthy & Dave Sinclair	Rugby Borough Council
	Email: lee.mccarthy@rugby.gov.uk / dave.sinclair@rugby.gov.uk
Lifeline services offered by Rugby Borough Council	

Suki Rai	Equality and Inclusion Partnership (EQuIP)
	Email: suki@equipequality.org.uk
The community engagement officer can give talks about the service EQuIP offers	

Linda Walton	Coventry, Warwickshire & Solihull Resilience Team
	Email: linda.walton@coventry.gov.uk
Handling emergencies and fire safety in the home	

Marie Rowland	Warwickshire Trading Standards
	Email: marierowland@warwickshire.gov.uk
Rogue traders	

Jo-An Golding	Warwickshire Police
	Email: jo-an.golding@warwickshire.pnn.police.uk
Equality and diversity	

Janet Hodgson	Rugby Soroptomists
	Email: janet.hodgson36@gmail.com
Talks on the organisation and its work and can bring along Datalinks for your group	

Philip Seccombe	Police and Crime Commissioner for Warwickshire
	Email: opcc@warwickshire.gov.uk
The Commissioner's role is to hold the Chief Constable to account and listen to the views of the public on policing matters	

Helene Heath	Warwickshire County Council
Tel: 01926 412432	Email: heleneheath@warwickshire.gov.uk
Workshops to raise awareness of Prevent can be arranged for any community group which would like to understand more about all types of extremism, grooming, radicalisation and terrorism, and an understanding of how to identify someone vulnerable.	

Want to be included?

If you're available to give talks to groups and would like to be included on this list, or you're aware of any amendments, please contact community development workers Jennifer McCabe and Rob Sabin at cdwrugby@warwickshire.gov.uk or call the office on 01788 533656. Many thanks.

Please visit www.warwickshire.gov.uk/rugbyareainformation to view all of our other information leaflets:

- Drop-ins for Information, Advice or Support in Rugby
- Lunch clubs, Community Cafes and Coffee Mornings in rugby
- Exercise Classes for ages 50+ in Rugby
- Rugby Community Cooking Resources
- Parent and Toddler Groups in Rugby
- Mental Health & Wellbeing Support in Rugby
- Connect with English in Rugby
- Job Clubs in Rugby

Background information:

This list is made up of suggestions from volunteer leaders from local clubs for older people who are always looking for interesting free talks by recommended speakers to fill their weekly or monthly programmes.

It was first compiled at a Rugby 50+ Ideas Swap held in the Claremont Centre and at an Older People's Group Leaders event, both in 2011. It is now updated annually after each Get Together for the Leaders of Older People's Groups in Rugby. Last update: February 2018.

Our leaflets provide useful information about local organisations, groups and agencies that provide activities, advice, and services which may support you. We provide the information for you in good faith and make every effort to keep it accurate and up to date but we cannot guarantee this and so it is your responsibility to check the accuracy of the information before use. Some of the information may be provided by a third party or have links to external sites. We are not responsible for this content and, again, you need to satisfy yourself that the information is correct.

