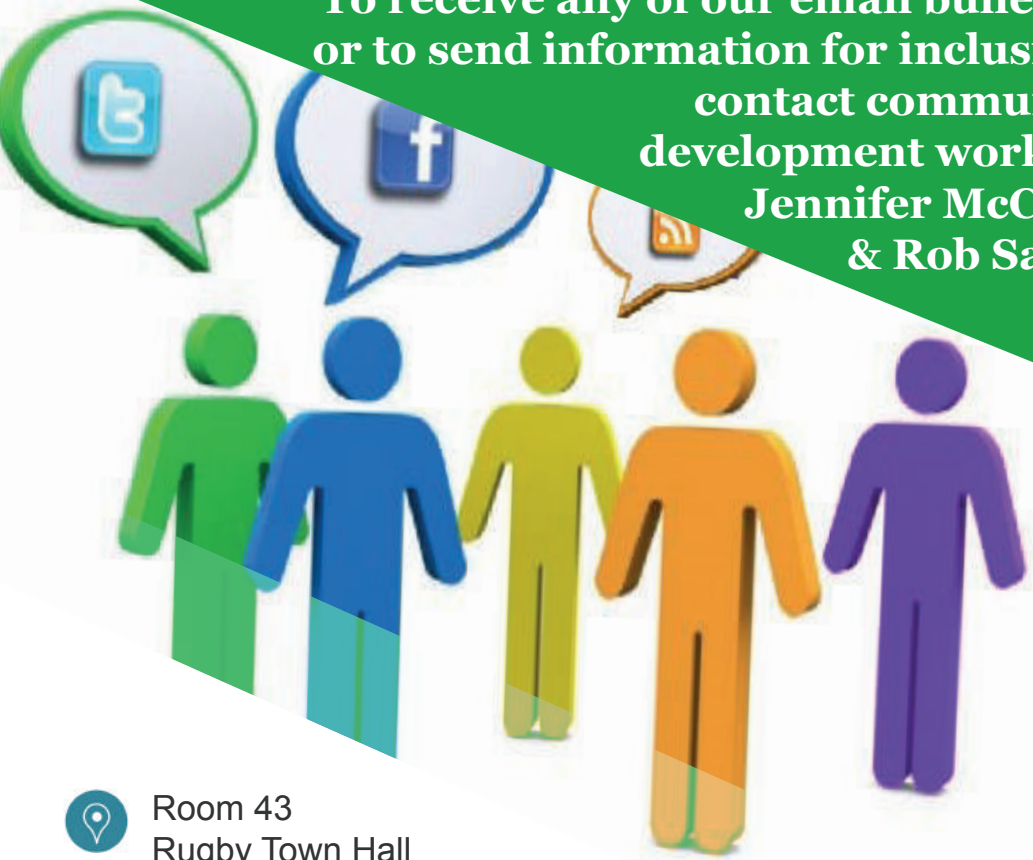


To receive any of our email bulletins
or to send information for inclusion,
contact community
development workers
Jennifer McCabe
& Rob Sabin



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01788 533656



www.warwickshire.gov.uk/rugbyareainformation



www.facebook.com/RugbyCommunities



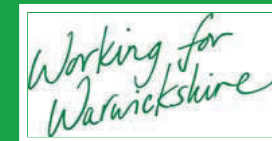
www.twitter.com/RB_Communities

Last updated January 2018

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Rugby Information Resources

*Email bulletins and leaflets & posters on
Rugby community news and information*



EMAIL BULLETINS

Community Information Update

A six-weekly bulletin on community development activity in Rugby's five priority neighbourhoods; news and activities in local communities; events, activities and training; useful organisations, resources, funding and consultations. Sent to 800 frontline workers and community leaders.

Welfare Reform Resources

A fortnightly email with posters and flyers attached on the topics of benefits, finances and budgeting; wellbeing, mental health and safeguarding; advice, advocacy and practical support; computers, jobs and training; housing and fuel poverty. Sent to 350 frontline workers and community leaders.

Family Support

An email with posters and flyers attached sent five times per year on the topics of news and events from around Rugby; youth news; news from further afield; resources. Sent to 320 frontline workers and community leaders.

Older People

An email with posters and flyers attached sent three times per year on the topics of news and events; training and resources; health and wellbeing. Sent to 150 frontline workers and community leaders.

Community Food

An email with posters and flyers attached sent three times per year on the topics of food budgeting; edible gardening; community cooking; healthy eating. Sent to 150 frontline workers and community leaders.

Please do send in any information you would like sharing - the email bulletins and information leaflets and posters are a great way to spread the word across Rugby's communities! See our contact information on the back page...

INFORMATION LEAFLETS

Drop-ins for Information, Advice or Support in Rugby

Photo leaflet updated in January, May and September

Lunch Clubs, Community Cafés & Coffee Mornings in Rugby

Photo leaflet updated in winter, spring, summer and autumn

Job Clubs in Rugby

Leaflet updated annually

Suggested Speakers for Older People's Groups in Rugby

List updated annually

Exercise classes for those aged 50+ in Rugby

List updated annually

Parent and toddler groups in Rugby

Photo poster updated annually

Mental health and wellbeing support in Rugby

Information sheet for community leaders and frontline workers, updated annually

Connect with English in Rugby

Details of ESOL providers in Rugby, updated annually

Summer Holiday Activities in Rugby

Family-friendly summer holiday activities, updated annually

Rugby Community Cooking Resources

Information leaflet about cooking resources available for free group loan

Rugby Community Event Resources

Information leaflet about event resources available for free group loan

These leaflets and posters can be downloaded from our website

www.warwickshire.gov.uk/rugbyareainformation