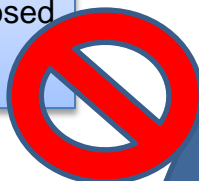


# Adult Neurodevelopmental Service ASD Intervention Pathway

External Referrals  
for individuals  
already diagnosed  
with ASD



ASD Diagnosis given by Neurodevelopmental  
Service. Internal referral for intervention only

Post Diagnosis- 1:1 /Group 'What is ASD, what support is available?'

Emotional Regulation  
Education Session  
Face to face or Online

Sensory Difficulties  
Education Session  
Face to Face or Online

Communication Difficulties  
Education Session  
Face to Face or Online

Psychoeducation sessions  
open to all

Managing Anxiety  
Group

Managing Anger

Social  
Communication

Group Intervention Limited  
Access

Specialist Intervention

Occupational  
Therapy  
Assessment/input

Speech and  
Language  
Therapy  
Assessment  
/Intervention

Psychological  
Therapy

Time Limited Intervention  
Limited Access

