

Travel by bike

Cycling is a quick and easy way to get around your local area. The map overleaf shows some advisory routes for cyclists, which provide useful links avoiding busy roads and difficult junctions as far as possible. For example, Farmer Ward Road is less busy than the main street, Warwick Road; and Rawnsley and Dencer Drives form a quieter alternative to Glasshouse Lane.

Cyclists should also consider the existence of numerous alleyways in the town. Cycling is prohibited in them by bylaw, but a combination of quieter roads and walking your bike through an alley can provide a quicker route to your destination. For example, from Albion Street, using The Blundells alleys (past St Nicholas' School) and Southbank Road provides a very direct route to and from the main shopping area. A useful short-cut between eastern Kenilworth and the town centre is to walk your bike over the ramped bridge from Farmer Ward Road to Clarendon Avenue. Also the ramped bridge over the railway from Farmer Ward Road to Clarkes Avenue provides a neat way to avoid the busy St John's gyratory.

Here are some good reasons to try cycling for some of your journeys in and around town:

- Cycling can save you money
- Cycling improves your strength, stamina and aerobic fitness with little risk of over-exertion
- At 10-20mph door to door, it is the fastest travel mode in urban peak hours
- According to the British Medical Association (BMA), cycling five miles four times a week can cut risks of coronary heart disease by up to half. Regular activity also reduces chances of strokes, colon cancers and osteoporosis
- Riding your bike to work is a great way to make two aerobic workouts part of your daily routine
- Cycling produces no atmospheric pollution and virtually no noise
- Cycle instead of going by car and you'll help cut congestion
- Around three quarters of all journeys made in the UK are less than 5 miles. Many of these journeys could be made by bicycle.

Leisure Cycling

There are plenty of opportunities for leisure cycling in the countryside surrounding Kenilworth.

Apart from the Greenway (Sustrans NCN route 52, see further Sustrans panel), minor roads like Rouncil Lane, Hollis Lane and Crewe Lane provide pleasant routes out of town to the west and south, to the north, and to the east respectively. The map overleaf shows how advisory routes in town can often be used to access these roads. For example, for Hollis Lane consider using Malthouse Lane, a pleasant residential road linking High Street/Castle Hill to Beehive Hill, avoiding Clinton Lane and Fieldgate Lane; take care on the short stretch of busier Beehive Hill to access Hollis Lane. A useful route out of eastern Kenilworth is Rocky Lane, bridging the A46 bypass (and thus avoiding the very busy Thickthorn gyratory), providing a route to Warwick by way of the B4115 (crossing the Learnington road by the lights-controlled crossing at the Chesford crossroads) and the NCN52 off-road cycle path alongside the A429 Coventry Road into Warwick.

A free online cycle journey planning service is available at www.warwickshire.gov.uk/travel where you can find the quickest, quietest or most recreational cycle route to your destination, including the predicted journey time.

For more information on cycling in nearby towns, WCC Cycling Guides for Warwick and Leamington and for Stratford-upon-Avon are available. Download copies from www.warwickshire.gov.uk/cycling or pick up copies from tourist information centres.





Advice for cyclists

Out on the road

- Ride assertively but with care: ride well clear of the kerb and always look and signal before you pull out
- Keep your bike in good condition: check the brakes, tyres and other major components regularly
- Obey traffic and cycle signs and signals
- Ensure you are visible: wear bright clothing or reflective clothing, especially at night and always use lights after dark or when visibility is poor
- Do not cycle on pavements unless signs show it is allowed
- It is advisable to wear a helmet.

Cycle security tips

- Always use a good quality, solid lock and try to secure your bike's frame to a solid object
- If the wheels can be easily removed, take off your front wheel and lock it to the back wheel and frame, using a second lock if necessary
- Remove any accessories, such as lights or panniers, and take them with you
- Keep a record of the frame number, model, colour and other identifiable features of your bike
- Get your bike security marked or post-coded.

Cycle parking in Kenilworth

Kenilworth has numerous locations with cycle stands (see map overleaf). Useful locations in the town centre are at Waitrose in Bertie Road and outside Wilkinsons in Station Road (both under cover), and in Talisman Square and by the Library. There is also cycle parking at the local shops at Oaks Precinct (Caesar Road), Whitemoor Road and Leyes Lane, and at the Swimming Baths and Castle Farm Recreation Centre.

Cycling on shared use paths

- Give way to pedestrians and wheelchair users and take care around horse-riders leaving them plenty of room, especially when approaching from behind
- Be courteous and patient with pedestrians and other path users who are moving more slowly than you – shared paths are for sharing, not speeding
- Slow down as needed when space is limited or if you cannot see clearly ahead
- Be particularly careful at junctions, bends, entrances onto the path, or any other 'blind spots' where people (including children) could appear in front of you without warning
- Keep to your side of any dividing line
- Carry a bell and use it or an audible greeting avoid surprising people, or horses
- However, don't assume people can see or hear you remember that many people are hard of hearing or visually impaired
- In dull and dark weather make sure you have lights so you can be seen.

Need to improve your cycling confidence and skills?

A variety of cycle training for all ages and abilities is provided by Warwickshire County Council's Road Safety Unit. Bikeability cycle training for children is available through Warwickshire's schools during term time and through holiday courses held throughout the county during half-term holidays.

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For adults, from novice to experienced, a wide range of bespoke cycling courses are available for small groups, organisations or on a one-to-one basis. For further information visit

www.warwickshire.gov.uk/ cycletraining or call 01926 412776.

Travel by train

Kenilworth lost its railway station in the 1960s, but one is planned to be built on the original Priory Road site in 2016, with a service run by London Midland providing links to Learnington, Coventry, Nuneaton and further afield.

Currently good bus services run from the town to the railway stations at Coventry and Learnington: see further, Travel by bus. Coventry is served by Virgin West Coast and London Midland, which between them provide travel to such destinations as Birmingham New Street, Birmingham International Airport, Rugby, Northampton, Milton Keynes and London Euston. Learnington is served by Chiltern Railways, running from Birmingham Snow Hill to London Marylebone, including stops at Banbury and Bicester.

For train timetables and rail enquiries, telephone National Rail Enquiries on **08457 48 49 50**

or visit www.nationalrail.co.uk or

www.warwickshire.gov.uk/travel

Bikes and Trains

For longer journeys, cycling and train travel is an ideal combination. Covered cycle parking facilities are available at Leamington Spa, Warwick and Warwick Parkway Station. Cycles can be carried on trains but each train operator has different policies.

• Chiltern Railways allow cycles on their trains, subject to



Travel by bus

The main bus-stops in Kenilworth are at The Clock Tower at Abbey End: southbound on the same side as the Abbey End shops, northbound outside the Holiday Inn. All bus routes go through here.

Stagecoach X17

The most frequent bus service in town, every quarter of an hour. Southbound to Learnington, Warwick, Warwick Hospital (and a few buses continue to Jaguar Land Rover at Gaydon). Northbound by way of the eastern Kenilworth residential area to Coventry. A limited peak service operates to Jaguar Land Rover at Whitley with the X19

Stagecoach X16

The bus to take for Stratford-upon-Avon, approximately hourly. Southbound via Randall and Dudley Roads, and Leek Wootton, to Warwick Hospital, Warwick and Stratford. Northbound via the University of Warwick to Coventry Rail Station and Coventry.

Stagecoach 86

Rugby to Kenilworth via Coventry every half an hour (with peak hour services to Jaguar Land Rover Whitley).

National Express 11

The most frequent service from Kenilworth to the University of Warwick, about every half-hour. Northbound via New Street to the University, Coventry Rail Station and Coventry. Southbound to Learnington.

Johnsons 539

Kenilworth to Coventry, via Stoneleigh, Bubbenhall and Baginton. Infrequent, but provides a service to numerous residential streets in eastern and western (Clinton Lane area) Kenilworth.

For up-to-date timetables or to find out about other buses in the area, please visit www.warwickshire.gov.uk/travel

Choose how you move around Warwickshire

Visit www.warwickshire.gov.uk/travel for an easy way to plan your journey and receive live travel updates on your smartphone or tablet.



space being available and at the discretion of their staff, with the exception of the busiest peak hour services. Visit www.chilternrailways.co.uk for more information.

• Virgin Trains carry bikes free of charge but reservations are required as spaces are limited. Visit **www.virgintrains.co.uk** for more information.

• London Midland carries cycles free of charge when accompanied by a valid ticket holder, subject to availability. However, there are restrictions into London in the morning peak and when leaving in the evening peak. Visit www.londonmidland.com for more information.

Travel on foot

Walking is free, simple and one of the easiest ways to fit regular exercise into your daily routine. Regular walking has been shown to reduce the risk of chronic illnesses, such as heart disease, type 2 diabetes, asthma, stroke and some cancers.

The map overleaf includes useful information to help you make journeys on foot, and particularly to take advantage of the town's extensive network of alleyways, which are shown here in their entirety on a map for the first time. Also note how the two pedestrian bridges over the railway line, from Farmer Ward Road to Waverley Road and to Clarendon Avenue, provide direct pedestrian routes from eastern Kenilworth to the town centre: the Clarendon Avenue bridge is ramped to assist parents with buggies, mobility scooters and the disabled.

For recreational walking, the town has the excellent facility of Abbey Fields and the many footpaths around the Castle, as well as the new off-road Greenway (shared use path with cyclists) from Bridge Street out to Burton Green and Berkswell, with an arm to the University of Warwick.



Visit **www.walkit.com** the urban walking journey planner to get a walking route map between any two points in your area, including your journey time, calorie burn, step count and carbon saving.

Travel by car the only option?

Car sharing

Car-sharing is a popular way to save money and reduce the stress of travelling alone. It's also ideal for people who don't have access to their own car.

The typical commuter who car-shares every day saves around £1,000 every year.

The County Council's lift-sharing community is available to all individuals and businesses in Warwickshire. To find out which businesses are already involved, and how to sign up your own employer, just visit www.carsharewarwickshire.liftshare.com. If you work for an organisation with more than 400 employees, just visit carsharewarwickshire.liftshare. **com/contactus.asp** - recommending your business for a scheme. If they set up a car share scheme

managed by Liftshare.com within six months of your recommendation, you will personally receive £200.

Fuel Saving Tips

Try to combine errands by car into a single trip (e.g. shopping and a visit to the recycling centre).

- Don't carry unnecessary weight. Remove roof top carriers when not in use
- Don't idle one minute of idling uses up more fuel than restarting your engine. Turn off the engine of you are waiting

• Ensure your tyres are inflated to the correct pressure. Unnecessarily soft tyres can dramatically reduce your car's fuel efficiency.

Advice for drivers

- Give cyclists plenty of space when overtaking
- Be particularly aware of cyclists at roundabouts and junctions
- Look out for cyclists when you are turning left or right
- Always check for cyclists before opening your car door
- Do not park your car in a cycle lane, cycle track or on the pavement.

Sustrans & the **National Cycle Network**

Sustrans is a leading UK charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make every day. Sustrans is behind many groundbreaking projects, including the National Cycle Network (NCN) which now covers more than 14,000 miles of safe, traffic-free, quiet lanes and on-road walking and cycling routes across the UK. The maintenance and development of the National Cycle Network and Sustrans' other projects relies on local authority partnerships, volunteer rangers and the kind donations of supporters.

The National Cycle Network in your area



Route 52 starts at Warwick and finishes just west of Loughborough, where it joins National Route 6, via

sustrans

Kenilworth, Coventry, Nuneaton and Coalville. There are some short gaps through Coventry and Kenilworth however new routes are being developed in Coventry that will provide links from the University of Warwick to the city centre.

From Kenilworth north the route runs through Kenilworth Common and over open fields providing a lovely rural link into south Coventry and the University of Warwick. The northern section of the Kenilworth Greenway, starting from Bridge Street, is 5 miles of off-road shared-use path on to Burton Green and Berkswell, although currently cyclists cannot exit the Greenway at Berkswell (access is currently being negotiated).

To the south the route links to Warwick via an off-road shared-use path to Castle Farm Recreation Centre, then by way of guiet residential roads and Rouncil Lane to Leek Wootton, where a short section on the busier road leads to the off-road cycle path alongside the A429 Coventry Road into Warwick.

For maps and further details on National Cycle Network routes and other Sustrans projects, visit www.sustrans.org.uk

Stay in touch with Sustrans on:



Useful contacts

Travel information

Visit www.warwickshire.gov.uk/travel for all the information you need om getting around Warwickshire, whether by bike, on foot or using public transport.

Kenilworth Tourist Information Centre

in the Library, Smalley Place, Kenilworth CV8 1QG Tel: 01926 852595

Visit www.warwickshire.gov.uk/kenilworthlibrary

Problems on the roads, cyclepaths or footpaths?

To report problems such as potholes or faulty street lighting, contact Warwickshire County Council Highways Tel: 01926 412515

or email: countyhighways@warwickshire.gov.uk

Local Walking groups

Kenilworth Rambling Club Phone chairman 01926 864624

Kenilworth Footpaths Preservation Group

The group has produced an excellent guide to 22 local

walks: Kenilworth and Beyond: Country Walks (revised edition, 2011), ISBN 0 9506891 49.

Visit www.www.kenilworthfootpaths.org.uk

Local cycling groups

Kenilworth Cycleways

Group of volunteers set up in 2013 with the support of Kenilworth Community Forum, to promote healthy and courteous cycling in the town. Organises and leads local bike rides. Visit www.kenilworthcycleways.org

Kenilworth Wheelers Cycling Club

Popular cycling club covering the Kenilworth, Warwick and Leamington areas, catering to recreational and racing cyclists of all disciplines. Visit www.kenilworthwheelers.co.uk

Cycle shops

Mike Vaughan Cycles 3 High Street, Kenilworth CV8 1LY Tel: 01926 853944 Visit www.mikevaughan.co.uk



Travel Guide Afrilworth

Welcome to your free Travel Guide for Kenilworth

This map has been produced to help you walk, cycle or use public transport for some of your journeys in and around Kenilworth.

For much of its area Kenilworth is relatively flat, making cycling a practical alternative form of transport to travel to local facilities and further afield. It usually takes less than 10 minutes to cycle two miles, which can be faster than using your car. Choosing an alternative to the car for some local journeys can help you save money, maintain an active life-style and reduce your carbon footprint.

The town also has an extensive network of alleyways, making walking an ideal choice to travel to the shops, schools and bus routes. Regular bus services connect to Coventry, the University of Warwick, Learnington, Warwick and Stratford-upon-Avon.

The map overleaf includes a series of advisory routes for cyclists, which provide useful links avoiding busy roads and difficult junctions as far as possible. There is also a range of other useful information about cycling to help you make more of your local journeys by bike.

For further information about travel in Warwickshire or to request further copies of this map, please contact:

Transport Planning Unit Communities Warwickshire County Council PO Box 43, Shire Hall, Warwick CV34 4SX Tel: (01926) 410410 Email: tpu@warwickshire.gov.uk www.warwickshire.gov.uk/travel





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