

- | | | | |
|--|---|--|---------------------|
| | Traffic-free path | | School |
| | Proposed traffic-free path | | College |
| | Cycle lane on-road | | Hospital |
| | National Cycle Network Route (on-road section) | | Supermarket |
| | National Cycle Network route number | | Library |
| | Canal towpath | | Tourist information |
| | Advisory cycle route (Traffic volumes may vary according to time of day) | | Museum |
| | Bridleway (cycling permitted) | | Cycle parking |
| | 20 mph zone | | Toucan crossing |
| | Footpath (no cycling) | | Pelican crossing |
| | Main road | | Leisure centre |
| | Railway with station | | Bike shop |
| | Canal towpath access | | One way |

0 Kilometres 1/4 1/2 3/4 1 1 1/4 1 1/2
0 Miles 1/4 1/2 3/4 1

How long will it take?

3 minutes cycling
will take you this far or this far
If you cycle at about 6 miles an hour If you cycle at about 10 miles an hour

10 minutes walking
will take you about this far
If you walk at about 3 miles an hour

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Why cycle?

Cycling is a great way to travel for your local journeys in and around Warwick and Leamington Spa. Many of the everyday journeys that we make are less than 5 miles and could therefore potentially be made by bike.

There are many dedicated cycle routes in Warwick and Leamington Spa, both on-road and off-road, which provide links to workplaces, schools, stations and leisure destinations. Several routes go through green open spaces and are also enjoyable leisure cycle routes for all the family.

National Cycle Network routes 41 and 52 pass through Warwick and Leamington – see the map overleaf and the information on Sustrans below.

Warwickshire County Council continues to work to improve conditions for cycling to encourage and enable more people to cycle for local journeys. For more information, visit www.warwickshire.gov.uk/cycling

Here are some good reasons to try cycling for some of your journeys in and around town:

- Cycling can save you money
- Cycling improves your strength, stamina and aerobic fitness with little risk of over-exertion
- At 10-20mph door to door, it is the fastest travel mode in urban peak hours
- According to the British Medical Association (BMA), cycling five miles four times a week can cut risks of coronary heart disease by up to half. Regular activity also reduces chances of strokes, colon cancers and osteoporosis
- Riding your bike to work is a great way to make two aerobic workouts part of your daily routine
- Cycling produces no atmospheric pollution and virtually no noise
- Cycle instead of going by car and you'll help cut congestion
- Around three quarters of all journeys made in the UK are less than 5 miles. Many of these journeys could be made by bicycle.



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Leisure Cycling

There are plenty of opportunities for leisure cycling in the countryside surrounding Warwick and Leamington Spa, whatever your ability or fitness level.

Signed cycle routes include the **Warwick - Leamington Spa - Wellesbourne circular**, a 25 mile route using scenic country roads. There is also a mountain bike route which takes in the countryside around Ryton Pools Country Park. Visit countryparks.warwickshire.gov.uk for more information or email parks@warwickshire.gov.uk / phone 02476 305592 for route maps (50p each, plus postage).

The **Offchurch Greenway**, which forms part of the Sustrans National Cycleway Route 41 (see below), was formerly part of the Leamington to Rugby railway line. This flat, surfaced footpath and cycleway offers great views across South Warwickshire as users make their way along its one and a half miles.

For information on cycle routes further afield in Warwickshire, visit countryparks.warwickshire.gov.uk

Sustrans & the National Cycle Network

Sustrans is a leading UK charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make every day. Sustrans is behind many groundbreaking projects, including the National Cycle Network (NCN) which now covers more than 14,000 miles of safe, traffic-free, quiet lanes and on-road walking and cycling routes across the UK. The maintenance and development of the National Cycle Network and Sustrans' other projects relies on local authority partnerships, volunteer rangers and the kind donations of supporters.

The National Cycle Network in your area

National Route 41
Leamington Spa / Warwick – Rugby (The Lias Line) follows a mixture of quiet lanes, disused railway lines and canal towpaths via Long Itchingdon, Birdingbury and Draycote Water. The route includes the Offchurch Greenway, a traffic-free scenic 1.5 mile route along the former railway line near Leamington Spa.

National Route 41
Leamington Spa / Warwick – Stratford-upon-Avon mainly follows quiet lanes via Wellesbourne and Loxley.

National Route 52 will run north from Warwick through Coventry, Nuneaton and Coalville in Leicestershire. The route is now open between Warwick and Kenilworth and from Kenilworth to Warwick University. Sections of the route through Kenilworth and north Warwick are still to be completed.

For maps and further details on National Cycle Network routes and other Sustrans projects, visit www.sustrans.org.uk

Stay in touch with Sustrans on:

[facebook.com/Sustrans](https://www.facebook.com/Sustrans)

[@sustrans](https://twitter.com/sustrans)



Cycling advice

Out on the road

- Ride assertively but with care: ride well clear of the kerb and always look and signal before you pull out
- Keep your bike in good condition: check the brakes, tyres and other major components regularly
- Obey traffic and cycle signs and signals
- Ensure you are visible: wear bright clothing or reflective clothing, especially at night and always use lights after dark or when visibility is poor
- Do not cycle on pavements unless signs show it is allowed
- It is advisable to wear a helmet.

Cycle security tips

- Always use a good quality, solid lock and try to secure your bike's frame to a solid object
- If the wheels can be easily removed, take off your front wheel and lock it to the back wheel and frame, using a second lock if necessary
- Remove any accessories, such as lights or panniers, and take them with you
- Keep a record of the frame number, model, colour and other identifiable features of your bike
- Get your bike security marked or post-coded.



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Cycling on shared use paths

- Give way to pedestrians and wheelchair users and take care around horse-riders leaving them plenty of room, especially when approaching from behind
- Be courteous and patient with pedestrians and other path users who are moving more slowly than you – shared paths are for sharing, not speeding
- Slow down as needed when space is limited or if you cannot see clearly ahead
- Be particularly careful at junctions, bends, entrances onto the path, or any other 'blind spots' where people (including children) could appear in front of you without warning
- Keep to your side of any dividing line
- Carry a bell and use it or an audible greeting – avoid surprising people, or horses
- However, don't assume people can see or hear you – remember that many people are hard of hearing or visually impaired
- In dull and dark weather make sure you have lights so you can be seen
- For more information about cycling on canal towpaths, visit www.canalrivertrust.org.uk
- See Signs & lines panel for more information.

Advice for drivers

- Give cyclists plenty of space when overtaking
- Be particularly aware of cyclists at roundabouts and junctions
- Look out for cyclists when you are turning left or right
- Always check for cyclists before opening your car door
- Do not park your car in a cycle lane, cycle track or on the pavement.

Cycle signs & lines



Shared Use Paths (un-segregated)
for pedal cycles & pedestrians only



Shared Use Paths (segregated)
for pedal cycles & pedestrians only (please keep to the correct side)



Cycle path
(cyclists only)



Cycle lanes



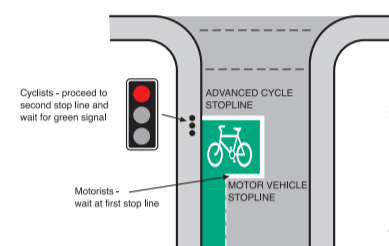
Cycle route crossing the footway
(warning sign for pedestrians)



No cycling



Cycle route ahead
(sign for motorists)



Cyclists – proceed to second stop line and wait for green signal

Motorists – wait at first stop line

Advanced Stop Lines

These provide cyclists with a safe, visible space to wait signalled junctions allowing them to move off in front of other vehicles.



Toucan crossing

Signalled crossing for use by both cyclists & pedestrians (cyclists must dismount to use other types of crossing).

Bikes and trains

For longer journeys, cycling and train travel is an ideal combination. Covered cycle parking facilities are available at Leamington Spa, Warwick and Warwick Parkway Station. Cycles can be carried on trains but each train operator has different policies.

- **Chiltern Railways** allow cycles on their trains, subject to space being available and at the discretion of their staff, with the exception of the busiest peak hour services. Visit www.chilternrailways.co.uk for more information.
- **Virgin Trains** carry bikes free of charge but reservations are required as spaces are limited. Visit www.virgintrains.co.uk for more information.
- **London Midland** carries cycles free of charge when accompanied by a valid ticket holder, subject to availability. However, there are restrictions into London in the morning peak and when leaving in the evening peak. Visit www.londonmidland.com for more information.

For train timetables, visit www.nationalrail.co.uk or www.warwickshire.gov.uk/travel. Telephone National Rail Enquiries on 08457 48 49 50.



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Useful contacts

Travel information

Visit www.warwickshire.gov.uk/travel for all the information you need on getting around in Warwickshire, whether by bike, on foot or using public transport. You can access a free online cycling journey planner from this site, which can provide you with the most suitable cycle route to your destination, including a predicted travel time.

Cycle training (child and adult)

A variety of cycle training for all ages and abilities is provided by Warwickshire County Council's Road Safety Unit. Bikeability cycle training for children is available through Warwickshire's schools during term time and through holiday courses held throughout the county during half-term holidays.

For adults, from novice to experienced, a wide range of bespoke cycling courses are available for small groups, organisations or on a one-to-one basis.

For further information visit www.warwickshire.gov.uk/cycletraining or call 01926 412776.

Problems on the roads or cyclepaths?

To report problems such as potholes or faulty street lighting, contact Warwickshire County Council Highways Tel: 01926 412515 or email: countyhighways@warwickshire.gov.uk

Local cycling groups

Cycleways

Cycling campaign group for Warwick, Leamington Spa and Kenilworth area
Visit www.warwickcycleways.org.uk

Warwick area cycle forum

Regular Warwickshire County Council liaison meeting with local cyclists and representatives from cycling organisations. Email: tpu@warwickshire.gov.uk for more information.

Royal Leamington Spa Cycling Club

Visit www.rlscyclingclub.com

Kenilworth Wheelers

Visit www.kenilworthwheelers.co.uk

Leamington Cycling and Athletics Club

Visit www.leamingtoncyclingandathletics.org.uk/

National cycling organisations

Sustrans

Sustainable transport charity (see opposite)
Visit www.sustrans.org.uk

CTC (Cyclists' Touring Club)

National cyclists' organisation which gives cyclists a louder voice locally and nationally on issues which are important to cyclists
Visit www.ctc.org.uk

British Cycling

Governing body of cycle sport in the UK.
Visit www.britishcycling.org.uk

Cycle shops

thebikeyard

75 Clarendon Street, Leamington Spa CV32 4PW
Tel: 01926 460089 www.thebikeyard.net

Broadribbs Cycles

56 Bedford St, Leamington Spa CV32 5DT
Tel: 01926 421428 www.broadribbs.co.uk

John Atkins Cycles

32A Clemens St, Leamington Spa CV31 2DN
Tel: 01926 430211 www.kineticrush.co.uk

Kelvin Cycles

61 Kelvin Rd, Leamington Spa CV32 7TG
Tel: 01926 423308 www.kelvincycles.co.uk

Halfords

The Shires Retail Park, Leamington Spa CV34 6RH
Tel: 01926 311322

Velo Esprit

40 Brook Street, Warwick, CV34 4BL
Tel: 01926 298898 www.velo-esprit.com

Unleashed Cycles (cycle repair service)

Unit 4, Rigby Close, Heathcote Industrial Estate Warwick CV34 6TH
Tel: 07450 744 340 www.unleashedcycles.co.uk

Warwick Cycles (cycle repair service)

Tel: 07872526521 www.warwickcycles.com



Welcome to your free Cycling Guide for Warwick & Leamington Spa

Cycling is a quick, economical and healthy way to travel for local journeys around Warwick and Leamington. It usually takes about 10 minutes to cycle two miles, which can be faster than using your car!

This Cycling Guide includes a map showing dedicated cycle routes in Warwick and Leamington Spa, as well as a network of advisory routes which provide useful links avoiding busy roads and difficult junctions as far as possible. There is also a range of other useful information about cycling to help you make more of your local journeys by bike.

For further information about travel in Warwickshire or to request further copies of this map, please contact:

Transport Planning Unit
Communities Group
Warwickshire County Council
PO Box 43, Shire Hall,
Warwick CV34 4SX
Telephone: (01926) 410410
Email: tpu@warwickshire.gov.uk
www.warwickshire.gov.uk/travel

Choose how you move
around Warwickshire



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Pedestrian footprint data © Drawliffe Ltd (t/a walkit.com) 2012 derived from
Cities Revealed aerial photography © The GeoInformation Group 2012



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