

- | | | | |
|--|-----------------------------------------------------------------------------|--|---------------------|
| | Traffic-free path | | School |
| | Cycle lane on-road | | College |
| | National Cycle Network Route (on-road section) | | Hospital |
| | National Cycle Network route number | | Supermarket |
| | Canal towpath | | Library |
| | Advisory cycle route
(Traffic volumes may vary according to time of day) | | Tourist information |
| | Bridleway (cycling permitted) | | Bus station |
| | Pedestrian area | | Cycle parking |
| | Footpath (no cycling) | | Toucan crossing |
| | Main road | | Pelican crossing |
| | Railway with station | | Leisure centre |
| | Ramp canal towpath access / Steps | | Bike shop |
| | | | One way |

0 Kilometres 0.5 1 1.5
0 Miles 0.25 0.5 0.75 1

How long will it take?
3 minutes cycling
will take you this far or this far
If you cycle at about 6 miles an hour If you cycle at about 10 miles an hour
10 minutes walking
will take you about this far
If you walk at about 3 miles an hour

N
W E
S

Map updated 2015
© Crown copyright and database rights. Ordnance Survey 100019520, 2015.

Why cycle?

Cycling is a great way to travel for your local journeys in and around Nuneaton. Many of the everyday journeys that we make are less than 5 miles and could therefore potentially be made by bike.

There are many dedicated cycle routes in Nuneaton, both on-road and off-road, which provide links to workplaces, schools, stations and leisure destinations. Several routes go through green open spaces and are also enjoyable leisure cycle routes for all the family.

National Cycle Network routes 52, 521 and 524 pass through Nuneaton – see the map overleaf and the information on Sustrans below.

Warwickshire County Council continues to work to improve conditions for cycling to encourage and enable more people to cycle for local journeys. For more information, visit www.warwickshire.gov.uk/cycling

Here are some good reasons to try cycling for some of your journeys in and around town:

- Cycling can save you money
- Cycling improves your strength, stamina and aerobic fitness with little risk of over-exertion
- At 10-20mph door to door, it is the fastest travel mode in urban peak hours
- According to the British Medical Association (BMA), cycling five miles four times a week can cut risks of coronary heart disease by up to half. Regular activity also reduces chances of strokes, colon cancers and osteoporosis
- Riding your bike to work is a great way to make two aerobic workouts part of your daily routine
- Cycling produces no atmospheric pollution and virtually no noise
- Cycle instead of going by car and you'll help cut congestion
- Around three quarters of all journeys made in the UK are less than 5 miles. Many of these journeys could be made by bicycle.

Leisure Cycling

There are plenty of opportunities for leisure cycling in the countryside surrounding Nuneaton, whatever your ability or fitness level.

Whittleford Park

Whittleford Park has a tarmac shared use path through it connecting Nuneaton Town Centre to Hartshill. This route is part of National Route 54, but can also be used for leisure and for helping young children get confident on two wheels.

For more information on cycle routes further afield in Warwickshire, visit www.warwickshire.gov.uk/countryside

Sustrans & the National Cycle Network

Sustrans is a leading UK charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make every day. Sustrans is behind many groundbreaking projects, including the National Cycle Network (NCN) which now covers more than 14,000 miles of safe, traffic-free, quiet lanes and on-road walking and cycling routes across the UK. The maintenance and development of the National Cycle Network and Sustrans' other projects relies on local authority partnerships, volunteer rangers and the kind donations of supporters.

The National Cycle Network in your area



National Route 52 goes under the A5 near Higham then follows Weddington Walk,

Stoney Road and the canal towpath to Bedworth. This route also provides a pleasant way of cycling out of Nuneaton into the network of quiet country roads known as the 'Fen Lanes' between Hinckley, Atherstone and Market Bosworth.



National Routes 521 and 524 are regional routes that provide connections from NCN52 to the east and west sides of Nuneaton (signing to be complete by September 2014)

For maps and further details on National Cycle Network routes and other Sustrans projects, visit www.sustrans.org.uk

Stay in touch with Sustrans on:

[facebook.com/Sustrans](https://www.facebook.com/Sustrans)

[@sustrans](https://twitter.com/sustrans)



Cycling advice

Out on the road

- Ride assertively but with care: ride well clear of the kerb and always look and signal before you pull out
- Keep your bike in good condition: check the brakes, tyres and other major components regularly
- Obey traffic and cycle signs and signals
- Ensure you are visible: wear bright clothing or reflective clothing, especially at night and always use lights after dark or when visibility is poor
- Do not cycle on pavements unless signs show it is allowed
- It is advisable to wear a helmet.

Cycle security tips

- Always use a good quality, solid lock and try to secure your bike's frame to a solid object
- If the wheels can be easily removed, take off your front wheel and lock it to the back wheel and frame, using a second lock if necessary
- Remove any accessories, such as lights or panniers, and take them with you
- Keep a record of the frame number, model, colour and other identifiable features of your bike
- Get your bike security marked or post-coded.



Cycling on shared use paths

- Give way to pedestrians and wheelchair users and take care around horse-riders leaving them plenty of room, especially when approaching from behind
- Be courteous and patient with pedestrians and other path users who are moving more slowly than you – shared paths are for sharing, not speeding
- Slow down as needed when space is limited or if you cannot see clearly ahead
- Be particularly careful at junctions, bends, entrances onto the path, or any other 'blind spots' where people (including children) could appear in front of you without warning
- Keep to your side of any dividing line
- Carry a bell and use it or an audible greeting – avoid surprising people, or horses
- However, don't assume people can see or hear you – remember that many people are hard of hearing or visually impaired
- In dull and dark weather make sure you have lights so you can be seen
- For more information about cycling on canal towpaths, visit www.canalrivertrust.org.uk
- See Signs & lines panel for more information.

Advice for drivers

- Give cyclists plenty of space when overtaking
- Be particularly aware of cyclists at roundabouts and junctions
- Look out for cyclists when you are turning left or right
- Always check for cyclists before opening your car door
- Do not park your car in a cycle lane, cycle track or on the pavement.

Cycle signs & lines



Shared Use Paths (un-segregated)
for pedal cycles & pedestrians only



Shared Use Paths (segregated)
for pedal cycles & pedestrians only (please keep to the correct side)



Cycle path
(cyclists only)



Cycle lanes



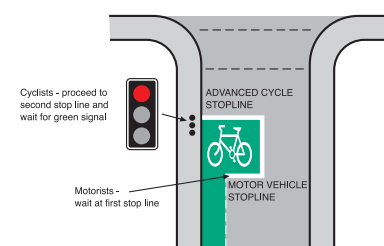
Cycle route crossing the footway
(warning sign for pedestrians)



No cycling



Cycle route ahead
(sign for motorists)



Advanced Stop Lines

These provide cyclists with a safe, visible space to wait signalled junctions allowing them to move off in front of other vehicles.



Toucan crossing

Signalled crossing for use by both cyclists & pedestrians (cyclists must dismount to use other types of crossing).

Bikes and trains

For longer journeys, cycling and train travel is an ideal combination. Covered cycle parking facilities are available at Nuneaton Station. Cycles can be carried on trains but each train operator has different policies.

- **Virgin Trains** carry bikes free of charge but reservations are required as spaces are limited. Visit www.virgintrains.co.uk for more information.
- **Cross County** allow bikes but you need to make a reservation when you buy a ticket www.crosscountrytrains.co.uk
- **London Midland** carries cycles free of charge when accompanied by a valid ticket holder, subject to availability. However, there are restrictions into London in the morning peak and when leaving in the evening peak. Visit www.londonmidland.com for more information.

For train timetables, visit www.nationalrail.co.uk or www.warwickshire.gov.uk/travel. Telephone National Rail Enquiries on 08457 48 49 50.

Folding bikes are carried on all trains with no restrictions



Useful contacts

Travel information

Visit www.warwickshire.gov.uk/travel for all the information you need on getting around in Warwickshire, whether by bike, on foot or using public transport. You can access a free online cycling journey planner from this site, which can provide you with the most suitable cycle route to your destination, including a predicted travel time.

Cycle training (child and adult)

A variety of cycle training for all ages and abilities is provided by Warwickshire County Council's Road Safety Unit. Bikeability cycle training for children is available through Warwickshire's schools during term time and through holiday courses held throughout the county during half-term holidays.

For adults, from novice to experienced, a wide range of bespoke cycling courses are available for small groups, organisations or on a one-to-one basis.

For further information visit www.warwickshire.gov.uk/cycletraining or call 01926 412776.

Problems on the roads or cycle paths?

To report problems such as potholes or faulty street lighting, contact Warwickshire County Council Highways
Tel: 01926 412515
or email: countyhighways@warwickshire.gov.uk

Local cycling groups

Nuneaton and Bedworth Cycle Forum

Local group meeting regularly to seek improvements for cyclists in Nuneaton and Bedworth.

Email: jo.manns@nuneatonandbedworth.gov.uk

Nuneaton Cycle Club

Visit: www.nuneatoncycleclub.co.uk

National cycling organisations

Sustrans

Sustainable transport charity (see opposite)
Visit www.sustrans.org.uk

CTC (Cyclists' Touring Club)

National cyclists' organisation which gives cyclists a louder voice locally and nationally on issues which are important to cyclists
Visit www.ctc.org.uk

British Cycling

Governing body of cycle sport in the UK.
Visit www.britishcycling.org.uk

Cycle shops

Halfords

Newtown Road, Nuneaton
Tel: 02476 642220
Visit www.halfords.com

Chris Dodd and Sons

8 Manor Court Road, Nuneaton
Tel: 02476 385160

Village Cycle Centre

3 The Square, Attleborough, Nuneaton
Tel: 02476 345237
Visit www.villagecyclecentre.co.uk



Welcome to your free Cycling Guide for Nuneaton

Cycling is a quick, economical and healthy way to travel for local journeys around Nuneaton. It usually takes about 10 minutes to cycle two miles, which can be faster than using your car!

This Cycling Guide includes a map showing dedicated cycle routes in Nuneaton, as well as a network of advisory routes which provide useful links avoiding busy roads and difficult junctions as far as possible. There is also a range of other useful information about cycling to help you make more of your local journeys by bike.

For further information about travel in Warwickshire or to request further copies of this map, please contact:

Transport Planning Unit
Communities Group
Warwickshire County Council
PO Box 43, Shire Hall,
Warwick CV34 4SX
Telephone: (01926) 410410
Email: tpu@warwickshire.gov.uk
www.warwickshire.gov.uk/travel

Choose how you move around Warwickshire



Cartography © Sustrans FourPoint Mapping
Pedestrian footpath data © Drawlive Ltd (t/a walkit.com) 2015 derived from Cities Revealed aerial photography © The GeoInformation Group 2015



Whilst every care has been taken in the production of this guide, Warwickshire County Council cannot guarantee the accuracy of the information contained herein and accepts no responsibility for any error or omission. It is intended only as a guide and users of the routes should exercise caution and be aware of their surroundings and conditions when using them. Warwickshire County Council shall not be liable for any death, personal injury or damage to property arising from the use of any of the routes indicated within this guide except to the extent that any liability may have arisen from negligence on the part of Warwickshire County Council or under general law.