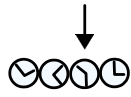




What do I do if I sneeze or cough?



Sometimes



I



sneeze



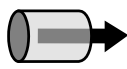
or cough.



Water



might



come out

of



my



mouth



When



I



sneeze

or



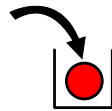
cough,



I



must



cough

into



tissue

or

cough into my elbow



If

I

use a

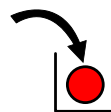


tissue



I

must

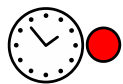


put

it in the



bin



After



I



sneeze

or



cough



I



must



wash my hands

or

use hand sanitiser.