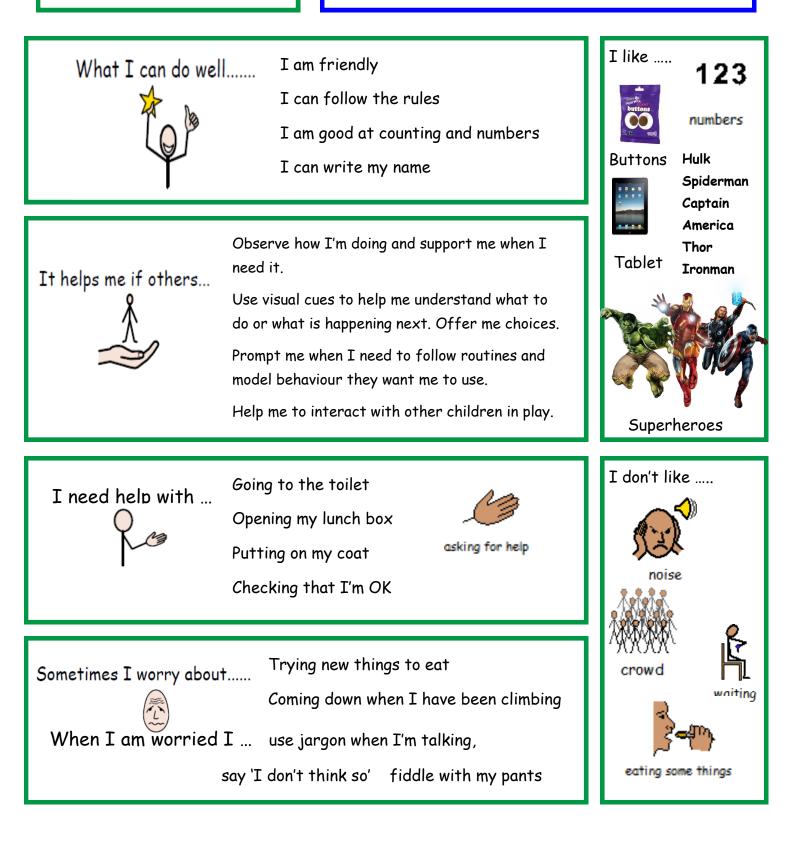
I am on the Autistic Spectrum. It helps me if people understand my individual social, communication and learning needs so that I can have a good day at school. I can become upset and anxious if things are not right.

Sofia helps me to feel safe and to follow routines in school. She helps me to listen and join in lessons. She helps me to play and talk to my friends.



My name is