

DIRECTORY OF BEREAVEMENT SUPPORT AND COUNSELLING SERVICES

National Organisations

<p>ACT HELPLINE ACT, Brunswick Court, Brunswick Square, Bristol, BS2 8PE</p> <p><i>ACT is the only organisation working nationally to achieve the best quality of life and care for all children and young people who have a life-limiting or life-threatening condition and their families</i></p>	<table> <tr> <td>Helpline</td><td>0845 108 2201</td></tr> <tr> <td>Office</td><td>0117 916 6422</td></tr> <tr> <td>Email</td><td>info@act.org.uk</td></tr> <tr> <td>Web</td><td>www.act.org.uk</td></tr> </table>	Helpline	0845 108 2201	Office	0117 916 6422	Email	info@act.org.uk	Web	www.act.org.uk
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Office	0117 916 6422								
Email	info@act.org.uk								
Web	www.act.org.uk								
<p>THE ALDER CENTRE Royal Liverpool Children's Hospital NHS Trust Eaton Road, Alder Hey, Liverpool. L12 2AP</p> <p><i>Bereavement counselling for anyone affected by the death of a child</i></p>	<table> <tr> <td>Helpline</td><td>0800 282 986</td></tr> <tr> <td>Office</td><td>0151 252 5391</td></tr> <tr> <td>Email</td><td>aldercentre@yahoo.co.uk</td></tr> <tr> <td>Web</td><td>www.cancerbackup.org.uk</td></tr> </table>	Helpline	0800 282 986	Office	0151 252 5391	Email	aldercentre@yahoo.co.uk	Web	www.cancerbackup.org.uk
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Office	0151 252 5391								
Email	aldercentre@yahoo.co.uk								
Web	www.cancerbackup.org.uk								
<p>ASIAN FAMILY COUNSELLING SERVICE Suite 51, The Lodge, Windmill Place, 2-4 Windmill Lane, Southall, Middlesex. UB2 4NJ</p> <p><i>Confidential counselling service for families, couples and individuals of the Asian community. This service is provided in the Asian languages and offers many services including relationship counselling and family therapy, telephone counselling, self-help groups. In addition to counselling, the service includes a mental health support group for women</i></p>	<table> <tr> <td>Helpline</td><td>020 8571 393</td></tr> <tr> <td>Office</td><td>020 8813 9714</td></tr> <tr> <td>Email</td><td>afcs@btconnect.com</td></tr> <tr> <td>Web</td><td>www.asianfamilycounselling.org.uk</td></tr> </table>	Helpline	020 8571 393	Office	020 8813 9714	Email	afcs@btconnect.com	Web	www.asianfamilycounselling.org.uk
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Office	020 8813 9714								
Email	afcs@btconnect.com								
Web	www.asianfamilycounselling.org.uk								
<p>BLISS Offers a wide range of Family Support services that provide confidential advice, information and support to the families of premature and sick babies. These services are free of charge and are available to help and support the whole family. Includes bereavement support.</p>	<table> <tr> <td>Helpline:</td><td>0500 618 140</td></tr> <tr> <td>E-mail:</td><td>hello@bliss.org.uk</td></tr> <tr> <td>Web:</td><td>www.bliss.org.uk</td></tr> </table>	Helpline:	0500 618 140	E-mail:	hello@bliss.org.uk	Web:	www.bliss.org.uk		
Helpline:	0500 618 140								
E-mail:	hello@bliss.org.uk								
Web:	www.bliss.org.uk								
<p>CHILD BEREAVEMENT SERVICE c/o Macmillan Office Macmillan Office, Great Brammingham Lane, Luton</p> <p><i>Bereavement support for children and families following a death. Workshops for groups of children and young people, one to one support at home or in school and support for parents/carers.</i></p>	<table> <tr> <td>Tel</td><td>01582 497812</td></tr> </table>	Tel	01582 497812						
Tel	01582 497812								
<p>CHILD BEREAVEMENT CHARITY Aston House, High Street, West Wycombe, Buckinghamshire. HP14 3AG</p> <p><i>Training, information and support for professionals</i></p>	<table> <tr> <td>Helpline</td><td>01494 568900</td></tr> <tr> <td>Office</td><td>01494 568900</td></tr> </table>	Helpline	01494 568900	Office	01494 568900				
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Office	01494 568900								

<p><i>working with bereaved parents and children, especially baby death. Including support, information and advice for young people, bereaved families and schools.</i></p>	<table> <tr> <td>Email</td><td>support@childbereavement.org.uk</td></tr> <tr> <td>Web</td><td>www.childbereavement.org.uk</td></tr> </table>	Email	support@childbereavement.org.uk	Web	www.childbereavement.org.uk				
Email	support@childbereavement.org.uk								
Web	www.childbereavement.org.uk								
<p>CHILD DEATH HELPLINE Operated from Great Ormond Street Hospital and the Alder Hey Children's Hospital Liverpool</p> <p><i>A helpline for anyone affected by the death of a child, of any age, under any circumstances, however long ago. Answered by bereaved parents.</i></p>	<table> <tr> <td>Helpline</td><td>0800 282986</td></tr> <tr> <td>Office</td><td>0151 252 5391</td></tr> <tr> <td>Email</td><td>contact@childdeathhelpline.org</td></tr> <tr> <td>Website</td><td>www.childdeathhelpline.org.uk</td></tr> </table>	Helpline	0800 282986	Office	0151 252 5391	Email	contact@childdeathhelpline.org	Website	www.childdeathhelpline.org.uk
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Office	0151 252 5391								
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Website	www.childdeathhelpline.org.uk								
<p>THE COMPASSIONATE FRIENDS 53 North Street, Bristol. BS3 1EN</p> <p><i>A National self-help group of bereaved parents, offering support and friendship to bereaved parents and their families, including sibling support from other brothers and sisters (SIBBS).</i></p>	<table> <tr> <td>Helpline</td><td>0845 123 2304</td></tr> <tr> <td>Office</td><td>0845 120 3785</td></tr> <tr> <td>Email</td><td>helpline@tcf.org.uk</td></tr> <tr> <td>Website</td><td>www.tcf.org.uk</td></tr> </table>	Helpline	0845 123 2304	Office	0845 120 3785	Email	helpline@tcf.org.uk	Website	www.tcf.org.uk
Helpline	0845 123 2304								
Office	0845 120 3785								
Email	helpline@tcf.org.uk								
Website	www.tcf.org.uk								
<p>CRUSE BEREAVEMENT CARE Cruse House, 126 Sheen Road, Richmond-on-Thames, Surrey. TW9 1UR</p> <p><i>Offers a service of bereavement support, counselling, advice and opportunities for social contact. Good leaflets available on parents and children grieving. Publishes "Bereavement Care" journal three times per year.</i></p>	<table> <tr> <td>Helpline</td><td>0844 477 9400</td></tr> <tr> <td>Office</td><td>020 8940 1671</td></tr> <tr> <td>Email</td><td>info@rd4u.org.uk</td></tr> <tr> <td>Website</td><td>www.cruse.org.uk</td></tr> </table>	Helpline	0844 477 9400	Office	020 8940 1671	Email	info@rd4u.org.uk	Website	www.cruse.org.uk
Helpline	0844 477 9400								
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Website	www.cruse.org.uk								
<p>DAISY'S DREAM PO Box 4738, Twyford, Reading, Berkshire , RG10 9GT</p> <p><i>Support for bereaved children and their families. Advice and support by telephone (nationally). Advice/training for professionals</i></p>	<table> <tr> <td>Helpline</td><td>0118 934 2604</td></tr> <tr> <td>Office</td><td>0118 934 2604</td></tr> <tr> <td>Email</td><td>info@daisysdream.org.uk</td></tr> <tr> <td>Website</td><td>www.daisysdream.org.uk</td></tr> </table>	Helpline	0118 934 2604	Office	0118 934 2604	Email	info@daisysdream.org.uk	Website	www.daisysdream.org.uk
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Office	0118 934 2604								
Email	info@daisysdream.org.uk								
Website	www.daisysdream.org.uk								
<p>The Lullaby Trust, (as of April 2013) Formerly Foundation for the Study of Infant Deaths INFANT DEATHS (FSID) Artillery House, 11-19 Artillery Row, London. SW1P 1RT</p> <p><i>Offers a helpline to bereaved families, carers, professionals involved with bereaved families and anyone concerned about or affected by the death of</i></p>	<table> <tr> <td>Helpline</td><td>0808 802 6868</td></tr> <tr> <td>Office</td><td>020 7802 3200</td></tr> <tr> <td>Email</td><td>office@fsid.org.uk / support@thelullabytrust.org.uk</td></tr> </table>	Helpline	0808 802 6868	Office	020 7802 3200	Email	office@fsid.org.uk / support@thelullabytrust.org.uk		
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<p>a baby, including Cot Deaths. Promotes and sponsors research into causes and prevention. Publishes material on research, funding and counselling needs. Newsletter bi-annually.</p>	<p>Web www.fsid.org.uk / www.thelullabytrust.org.uk</p>
<p>ORGAN AND TISSUE TRANSPLANTS BODY – British Organ Donor Society Balsham, Cambridge. CB21 4DL</p> <p><i>Acts as a self-help and support group for donor and recipient families. Runs a commemoration tree scheme whereby donor and recipient families can adopt a tree after a bereavement. Publishes and information pack.</i></p>	<p>Helpline 01223 893636</p> <p>Office 01223 893636</p> <p>Email body@argonet.co.uk</p> <p>Website www.body.orpheusweb.co.uk</p>
<p>PARENTS EXPERIENCING ADULT LOSS (PEAL) St Swithuns Institute, The Trinity, Worcester WR1 2PN</p> <p><i>A support service for parents who have a child aged 16 years or over who dies. There is no upper age limit for the child and their death could have been very recent or some years ago.</i></p> <p><i>PEAL is also a support service for people bereaved of a sibling aged 16 years or more.</i></p>	<p>Helpline 01905 723001</p> <p>Office 01905 723001</p> <p>Email peal@pealcentre.org.uk</p> <p>Website www.pealcentre.org.uk</p>
<p>ST CHRISTOPHER'S CANDLE PROJECT FOR BEREAVED CHILDREN AND THEIR FAMILIES</p> <p>St Christopher's Hospice, 51-59 Lawrie Park Road, London. SE26 6DZ</p> <p><i>The project offers a national telephone advice service for parents, carers and professionals during office hours Monday to Friday. Resources for parents professionals and children are available. The service can work directly with children who live in the South East London area.</i></p>	<p>Helpline 020 8768 4586</p> <p>Office 020 8768 4500</p> <p>Email info@stchristophers.org.uk</p> <p>Website www.stchristophers.org.uk</p>
<p>SAMARITANS PO Box 90 90, Stirling FK8 2SA</p> <p><i>This organisation is available 24 hours a day, seven days a week, for people in emotional distress.</i></p>	<p>Helpline 08457 90 90 90</p> <p>Office 02476 678678</p> <p>Email jo@samaritans.org</p> <p>Web www.samaritans.org</p>

<p>SANDS (Stillbirth and Neonatology Death Society) 28 Portland Place, London. W1B 1LY</p> <p><i>Encourages research into causes of neonatal death. Self-help groups. Leaflets.</i></p>	<table> <tr> <td>Helpline</td><td>020 7436 5881</td></tr> <tr> <td>Office</td><td>020 7436 7940</td></tr> <tr> <td>Email</td><td>helpline(@uk-sands.org</td></tr> <tr> <td>Website</td><td>www.uk-sands.org</td></tr> </table>	Helpline	020 7436 5881	Office	020 7436 7940	Email	helpline(@uk-sands.org	Website	www.uk-sands.org
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Website	www.uk-sands.org								
<p>S.C.A.R.D. (SUPPORT AND CARE AFTER ROAD DEATH AND INJURY) PO Box No 62, Brighouse, West Yorkshire. HD6 3YY</p> <p><i>Support for people who have been bereaved, injured or affected by road death or injury.</i></p>	<table> <tr> <td>Helpline</td><td>0845 123 5542</td></tr> <tr> <td>Office</td><td>0845 123 5541</td></tr> <tr> <td>Email</td><td>info@scard.org.uk</td></tr> <tr> <td>Website</td><td>www.scard.org.uk</td></tr> </table>	Helpline	0845 123 5542	Office	0845 123 5541	Email	info@scard.org.uk	Website	www.scard.org.uk
Helpline	0845 123 5542								
Office	0845 123 5541								
Email	info@scard.org.uk								
Website	www.scard.org.uk								
<p>SURVIVORS OF BEREAVEMENT BY SUICIDE (SOBS)</p> <p>Survivors of Bereavement by Suicide The Flamsteed Centre, Albert Street, Ilkeston Derbyshire DE7 5GU</p> <p><i>Offers emotional and practical support to those bereaved by the suicide of a close relative or friend</i></p> <ul style="list-style-type: none"> • Confidential telephone helpline • Support information • Help by e-mail • Group meetings (in a number of locations) • One-day conferences • Residential events • Information relating to practical issues and problems 	<table> <tr> <td>Helpline</td><td>0844 561 6855</td></tr> <tr> <td>Office</td><td>0115 944 1117</td></tr> <tr> <td>Email</td><td>sobs.admin@care4free.net</td></tr> <tr> <td>Website</td><td>www.uk-sobs.org.uk</td></tr> </table>	Helpline	0844 561 6855	Office	0115 944 1117	Email	sobs.admin@care4free.net	Website	www.uk-sobs.org.uk
Helpline	0844 561 6855								
Office	0115 944 1117								
Email	sobs.admin@care4free.net								
Website	www.uk-sobs.org.uk								
<p>TAMBA Bereavement Support Group (Twins and Multiple Births Association) 2 The Willows, Gardner Road, Guildford, Surrey, GU1 4PG</p> <p><i>Tamba Bereavement Support Group is a befriending not a counselling service, giving encouragement and support to parents of twins, triplets or more. All Bereavement Support Group workers are volunteers and are bereaved parents themselves.</i></p>	<table> <tr> <td>Helpline</td><td>0800 138 0509</td></tr> <tr> <td>Office</td><td>0870 770 3305</td></tr> <tr> <td>Website</td><td>www.tamba-bsg.org.uk</td></tr> </table>	Helpline	0800 138 0509	Office	0870 770 3305	Website	www.tamba-bsg.org.uk		
Helpline	0800 138 0509								
Office	0870 770 3305								
Website	www.tamba-bsg.org.uk								

<p>WINSTON'S WISH Winston's Wish Head Office, Westmoreland House 80-86 Bath Road, Cheltenham, Gloucestershire, GL53 7JT</p> <p><i>Winston's Wish Family Line offers support, information and guidance to all those caring for a child or young person who has been bereaved. An interactive website is also available:</i></p> <p><i>Offers practical support and guidance to families, professionals and anyone concerned about a grieving child</i></p>	<table> <tr> <td>Helpline</td><td>08452 03 04 05</td></tr> <tr> <td>Office</td><td>01242 515157</td></tr> <tr> <td>Email</td><td>info@winstonswish.org.uk</td></tr> <tr> <td>Website</td><td>www.winstonswish.org.uk</td></tr> </table>	Helpline	08452 03 04 05	Office	01242 515157	Email	info@winstonswish.org.uk	Website	www.winstonswish.org.uk
Helpline	08452 03 04 05								
Office	01242 515157								
Email	info@winstonswish.org.uk								
Website	www.winstonswish.org.uk								
<p>CRY Unit 7, Epsom Downs Metro Centre, Waterfield, Tadworth, Surrey, KT20 5LR</p> <p><i>Offers help, support and counselling to families where there has been a sudden cardiac death of an apparently fit and healthy young person (sudden death syndrome).</i></p>	<table> <tr> <td>Helpline</td><td>01737 363 222</td></tr> <tr> <td>Office</td><td>01737 363 222</td></tr> <tr> <td>Email</td><td>cry@c-r-y.org.uk</td></tr> <tr> <td>Website</td><td>www.c-r-y.org.uk</td></tr> </table>	Helpline	01737 363 222	Office	01737 363 222	Email	cry@c-r-y.org.uk	Website	www.c-r-y.org.uk
Helpline	01737 363 222								
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Email	cry@c-r-y.org.uk								
Website	www.c-r-y.org.uk								
<p><u>Regional and Local Organisations</u></p>									
<p>BEYOND THE HORIZON Bereavement Counselling and Widening Horizons Project Holy Cross Community Centre, 29 Beauchamp Road, Billesley, Birmingham. B13 0NS</p> <p><i>Support for children, young people and families who have been bereaved by death or feeling unhappy after the divorce or separation of their parents through counselling and other activities for children and young people living in Birmingham.</i></p>	<table> <tr> <td>Helpline</td><td>0121 430 7529</td></tr> <tr> <td>Office</td><td>0121 430 7529</td></tr> <tr> <td>Email</td><td>jeanette@beyondthehorizon.org.uk</td></tr> <tr> <td>Website</td><td>www.beyondthehorizon.org.uk</td></tr> </table>	Helpline	0121 430 7529	Office	0121 430 7529	Email	jeanette@beyondthehorizon.org.uk	Website	www.beyondthehorizon.org.uk
Helpline	0121 430 7529								
Office	0121 430 7529								
Email	jeanette@beyondthehorizon.org.uk								
Website	www.beyondthehorizon.org.uk								
<p>BIRMINGHAM COUNCIL OF FAITHS Birmingham Council of Faiths, Lonsdale House, 52 Blucher Street ,Birmingham ,B1 1QU</p> <p><i>Information regarding faith and cultural care in the West Midlands.</i></p>	<table> <tr> <td>Helpline</td><td></td></tr> <tr> <td>Office</td><td>07717 268412</td></tr> <tr> <td>Email</td><td>info@bhamfaiths.org.uk</td></tr> <tr> <td>Website</td><td>www.bhamfaiths.org.uk</td></tr> </table>	Helpline		Office	07717 268412	Email	info@bhamfaiths.org.uk	Website	www.bhamfaiths.org.uk
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Email	info@bhamfaiths.org.uk								
Website	www.bhamfaiths.org.uk								

<p>BRAMBLE'S TRUST PO Box 1372, Bewdley, Worcestershire. DY12 2GT</p> <p><i>A bereavement support programme for children and young people who have experienced the death of a close relative. Working across North Worcestershire, South Shropshire and some parts of the West Midlands.</i></p>	<p>Tel 01299 402322</p> <p>Email brambletrust@clara.net</p>
<p>CRUSE BEREAVEMENT CARE King Edward Building, 205 Corporation Street, Birmingham. B4 6SE</p> <p><i>Promotes the well being of bereaved people and to enable anyone bereaved by death to understand their grief and cope with their loss.</i></p> <p><i>Provides guidance for young children and teenagers coping with the loss of a loved one</i></p>	<p>Helpline 0121 687 8010</p> <p>Office 0121 687 8011</p> <p>Email info@cruisebirmingham.org.uk</p> <p>Website www.cruisebirmingham.org.uk</p>
<p>HAMARA PO Box 9766, Oldbury, West Midlands. B69 4WB</p> <p><i>Counselling and support for young Asian Women.</i></p>	<p>Tel 0121 544 1711</p>
<p>ORGAN AND TISSUE TRANSPLANTS West Midlands Donor Transplant Coordinators</p>	<p>Tel 0121 627 2422</p>
<p>EDWARDS TRUST West Midlands, Shropshire, Staffordshire, Warwickshire, Hereford and Worcester</p> <p>Provision of information for families and individuals</p> <p>Interventions for children and families: telephone support, email, website, individual work with children 4-19; group work; social activities; complementary therapies and pre-bereavement support for individuals and families</p> <p>Interventions and training packages for professionals (e.g. Teachers, Health Visitors, G.P.'s etc)</p>	<p>Telephone: 0121 454 1705</p> <p>E-mail: admin@edwardstrust.org.uk</p> <p>Website: www.edwardstrust.org.uk</p> <p>Address: 43a Calthorpe Road Edgbaston Birmingham B15 1TS</p>

SOLIHULL BEREAVEMENT COUNSELLING SERVICE Ullswater House, Solihull Hospital, Lode Lane, Solihull. B91 2JL Covering Borough of Solihull (if live, work or attend school in the borough) Interventions offered to children and/ or families: One to one counselling for children. Interventions offered to professionals (e.g. teachers, health visitors): Training courses; Bespoke Training Experience in working with bereaved children with learning disabilities <i>A Team of highly qualified counsellors provides one to one support for both adults and children in the Solihull Borough, either at home or in rooms at Solihull Hospital. SBCS provide a full range of support services and can offer help to parents, teachers and others who are dealing with a bereaved young person.</i>	Helpline	0121 424 5103
	Helpline	0121 424 1476
	Website	www.solihullbereavement.org
GUY'S GIFT PO Box 5125, Kenilworth, CV8 9DA <i>Support for bereaved children and their families in Warwickshire</i> Interventions offered to children and/ or families: Telephone support and information; Email support and information; Resources; Family assessment; Individual work with child only; Closed group work with all family members with children aged 5-18; One off group events with all family members with children aged 5-18 Interventions offered to professionals (e.g. teachers, health visitors): Telephone support and information; Email support and information; Training courses; Bespoke Training Experience in working with bereaved children with learning disabilities	Tel	0845 467 3035
	Web	www.guysgift.co.uk
	Email	info@guysgift.co.uk
WARWICKSHIRE YOUNG CARERS PROJECT 8b Holly court, Holly Farm Business Park, Honiley, Kenilworth, CV8 1NP <i>Support for any young person aged between 8-18 years old, who cares or helps to care for someone in their family with an illness or disability</i>	Email	info@warwickshireyoungcarers.org.uk
	Tel	01926 485 486
	Web	www.warwickshireyoungcarers.org.uk

