

SETTING UP YOUR YOUNG PERSON'S FIRST PHONE



CHECKLIST

When you decide that the time is right to give your young person a phone, it can be a daunting time. Here is a checklist to help you get started and keep your young person safe.



Talk about **expectations**

Before you give your young person a phone, you should talk to them about open communication with using the phone; where the phone will be kept at night; and whether it is allowed in the bedroom or kept elsewhere in the home. Encouraging your child to talk straight away about anything they see which is upsetting helps them to feel safer while online.



Parental **controls**

Each phone will have its own settings installed within the device which will allow you to protect and monitor the use of apps, allow time limits and restrict inappropriate content.



Location apps

Enable location activity. iPhones have the built-in capability of 'Find My'. This allows users who have iPhones to find one another and keep track of each other's locations. Androids, on the other hand, do not have the same built in ability so another app would need to be downloaded onto the devices.



What apps are **allowed** on the device

Depending on the age of your young person, it is important to know what apps they are old enough to use. Most social media apps are 13+. Before allowing certain apps on the device, make sure you are aware of what each app is used for.

For further information visit
www.safeinwarwickshire.com