

By the age of sixteen 42% of children do not live with both their biological parents

18% of people are in relationships which would be characterised as "distressed"

40% – 70% of couples experience a decline in relationship quality in their first year of parenthood

Parents in hostile and distressed relationship, are more likely to be hostile and aggressive towards their children and are less emotionally responsive to their children's needs

Children as young as sixmonths show distress such as increased heart rate in response to hostile parental exchanges

More than 1 in 10 children live in households where one of the main carers reports relationship distress

52% of children in separated families see their nonresident parent at least once a fortnight

23% of children will experience relationship distress when the youngest parent is under 25

Children living in families where both parents have long-term ill health or a disability are at greater risk of experiencing Parental Conflict

Children living in workless families are three times more likely to experience parental conflict than families where both parents work

The effects of inter-parental conflict is thought to be more likely to 'spill over' into the father-child relationship than the mother-child relationship

The quality of the parental relationship, plays a significant role in affecting children's long-term emotional, behavioural and academic outcomes

Medical research shows that a child's brain development can be affected by Parental Conflict

All forms of conflict have a lasting negative effect on children

Arguing between couples would indicate a relationship in distress

Divorce or separation is always detrimental to the well-being of the child

Children are unaware of relationship distress when they don't experience the conflict directly.

Every child experiencing conflict between parents shows signs of distress.

All children exposed to conflict are damaged as a result of their experiences.

As long as children experienced positive parenting, outcomes will improve, regardless of wider family problems.

Boys and girls generally interpret parental conflict in the same way