

# My Transition Plan

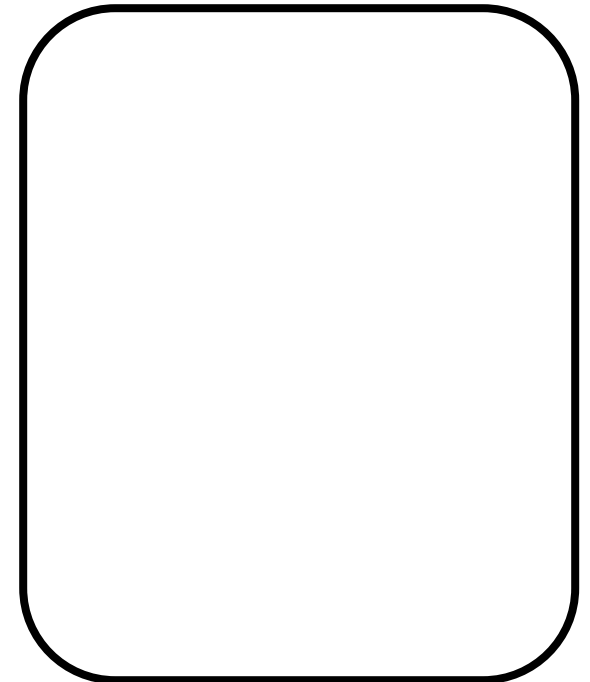


My name is \_\_\_\_\_

My date of birth is \_\_\_\_\_

I wrote this plan on \_\_\_\_\_

I was helped with this plan by \_\_\_\_\_



You can save this plan as a Word Document, and type into the tables.

If you need more space then the tables will expand.

You can insert a photo into the photo frame, or delete the frame if it's not needed.

# My One Page Profile

What do people like about me?  
What am I good at?

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What is important to me for the future?  
What will make me really happy?

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What is important to me now?  
What makes me really happy?

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What is important for me?  
What support do I need?



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## More about me

<p><b>School</b> <b>College</b> <b>University</b></p> 	<p>What is important to me now and in the future</p>	<p>What support do I need</p>
<p>What do you want to learn? Which courses could you do? - support needs - travel - funding - holiday options - college workshops - community education - taster courses - contingency plan needed?</p>		
<p><b>Work</b> <b>Training</b> <b>Day time Activities</b></p> 	<p>What is important to me now and in the future</p>	<p>What support do I need</p>
<p>What do you want to do in the daytime- interests - types of work - supported employment - voluntary work - work experience - support in day and community activities</p>		

**Having fun**



What is important to me now and in the future

What support do I need

Leisure - hobbies - holidays - where to go - who to contact - support needs - how to get there

**Communication**

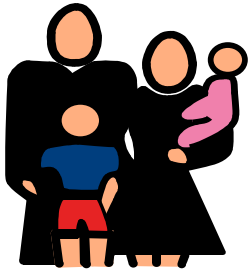


What is important to me now and in the future

What support do I need

How should people communicate with you? Do you have a communication chart?  
Do you need an interpreter? Do you need any help to use a phone, computer, or written words?

**My family**



What is important to me now and in the future

What support do I need

What help do you get from your family? What help would you like to get from your family?

Religion & Culture - Short breaks

**Friends**

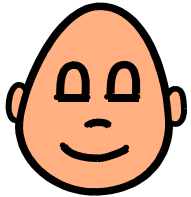


What is important to me now and in the future

What support do I need

Who are my friends - how to keep in touch - who can help - making friends

**Keeping Safe and Healthy**



What is important to me now and in the future

What support do I need

Health needs - medication - allergies - diet - personal safety - support - personal care - feeling good sex education - any worries - health appointments (doctor, dentist, optician, hospital)

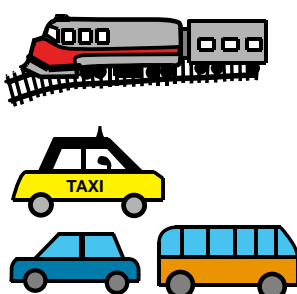

**Where I live**



What is important to me now and in the future

What support do I need

Where and how you live - who you live with - how you are supported - who will support you - funding - getting a home of your own - renting - housing benefit - independent living skills

<p><b>Transport</b></p> 	<p>What is important to me now and in the future</p>	<p>What support do I need</p>
<p>Independent travel - travel training - funding - support - bus pass - train pass - DLA Mobility - Motability - driving lessons</p>		
<p><b>Money</b></p> 	<p>What is important to me now and in the future</p>	<p>What support do I need</p>
<p>Coping with money - budgeting - opening a bank account - Direct Payments - Education Maintenance Allowance - Student loans - Getting benefits advice (DLA, ESA, other benefits, tax credits)</p>		

# Action Plan

What needs to happen	Who will do this?	By when?	Completed Date



People who can support me with this transition plan:

Name	Job/Role	Contact details

Written information that can be linked with this transition plan

Name of Document	Written by	Date

## Consent to share information

If you agree to other people reading this plan, please sign below:

Signed by  
Young Person:

Signed by  
Parent(s):

Date:

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Please record any comments on the young person's capacity to consent to sharing of information, or any comments on the Transition Plan:

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