Here is text for you to cut and paste into an email to send to parents in order to introduce the FREE online guide/s. There are separate attachments which can be inserted into such an email, with instructions about how to access the guide/s and a Frequently Asked Questions sheet.

Attachments: FAQ for parents see 2f.

Dear parents and school community,

'Understanding your child' and/ or 'Understanding your child with additional needs' Guides for Parents

Warwickshire County Council is offering at least NINE FREE award winning, quality marked Guides for parents and carers (these guides usually cost over £100 per person).

In recent research with over 1,127 Warwickshire mums and dads, they told us they wanted more opportunities to learn about being a parent and to increase their understanding of their children's development and behaviour.

These Guides are designed to help build the confidence of parents and carers and grow their relationships with their children. In turn, this will build the emotional strength of their children, so they're able to bounce back in life.

To get started visit <u>warwickshire.gov.uk/parentguides</u> and find Warwickshire's FREE registration codes for each Guide. Click through

to **inourplace.co.uk** to enter your code and begin learning.

Content of the 'Understanding Your Child' Guide:

Content of the O	inderstanding rour Child Guide.
Module 1	Welcome!
Module 2	How your child develops
Module 3	Understanding how your child is feeling
Module 4	Tuning into what your child needs
Module 5	Responding to how your child is feeling
Module 6	Different styles of Parenting
Module 7	Having fun together
Module 8	Rhythm of interaction
Module 9	Why sleep is important?
Module 10	Self-Regulation and Anger
Module 11	Communication and Tuning in
Module 12	Looking back and Looking forward