

Course four:

A 2-hour workshop focussing on transitions between educational and/or organisational settings, for families and/or professionals working with autistic individuals

What's in it for you:

- The workshop will be led by two qualified Act for Autism trainers.
- Share 20 years of knowledge, research, experience and parenting.
- Delivered with passion and drive.
- Will include the voice of autistic advocates.
- Will include time for reflection and discussion.

By attending this workshop, you will:

- Understand neurodevelopmental conditions including autism.
- Understand the science behind the challenges of transition periods.
- Gain skills to support the autistic individuals in your service.
- Help individuals transition through different education/organisational settings.
- Help improve attendance at school/college/work.
- Help reduce anxiety.
- Prevent potential escalation of mental health issues.
- Help manage life transitions.

Venue: This course is online

Cost: FREE

Dates:

January 2022	February 2022
Thur 27th January 10am–12 noon	Wed 23rd February 7–9pm

To book your place:

[Please register through Eventbrite](#) to get your 'free ticket'.



Funded by
Warwickshire County Council



FREE workshop series dedicated to supporting family members and carers of autistic adults and children

Act for Autism in collaboration with Coventry and Warwickshire Mind are offering a series of Warwickshire County Council commissioned workshops as part of the Community Autism Support Service (CASS). Act for Autism is a social enterprise providing unique insights into autism through specialist workshops and coaching.

These workshops are delivered as part of CASS – the Community Autism Support Service. For more information call (024) 7663 1835 or email autismsupport@cwmind.org.uk

Course one:

A 2-hour workshop exploring isolation and anxiety of autistic adults aged 18+ aimed at family members/partners/informal carers.

What's in it for you:

- The workshop will be led by two qualified Act for Autism trainers.
- Share 20 years of knowledge, research, experience and parenting.
- Delivered with passion and drive.
- Will include the voice of autistic advocates.
- Will include time for reflection and discussion.

This workshop will help explain why the person you live with or care for may be experiencing isolation and anxiety and how to support, build confidence and build motivation. This session is running alongside a second workshop exploring 'independence and advocacy'. Family members/partners/informal carers are invited to attend either, or both, of these sessions. The workshop will allow room for discussion and representation from experts by experience.

Venue: This course is online

Cost: FREE

Dates:

January 2022	February 2022
Tues 18th January 10am–12 noon	Thur 10th February 7–9pm
	Sat 26th February 10am–12 noon
March 2022	
Wed 2nd March 7–9pm	

To book your place:

[Please register through Eventbrite](#) to get your 'free ticket'.

Course two:

A 2-hour workshop exploring independence and advocacy of autistic adults aged 18+ aimed at family members/partners/informal carers.

What's in it for you:

- The workshop will be led by two qualified Act for Autism trainers.
- Share 20 years of knowledge, research, experience and parenting.
- Delivered with passion and drive.
- Will include the voice of autistic advocates.
- Will include time for reflection and discussion.

This workshop will explore the importance of, and give you ideas and strategies to help the person you live with or care for build independence, self-awareness and self-advocacy. This session is running alongside a second workshop exploring 'isolation and anxiety'. Family members/partners/informal carers are invited to attend either, or both, of these sessions. The workshop will allow room for discussion and representation from experts by experience.

Venue: This course is online

Cost: FREE

Dates:

February 2022	March 2022
Tues 2nd February 10am–12pm	Sat 5th March 10am - 12 noon
Thur 17th February 7–9pm	Wed 9th March 7–9pm

To book your place:

[Please register through Eventbrite](#) to get your 'free ticket'.

Course three:

A 2-hour workshop on autism in girls for families and/or professionals.

What's in it for you:

- The workshop will be led by two qualified Act for Autism trainers.
- Share 20 years of knowledge, research, experience and parenting.
- Delivered with passion and drive.
- Will include the voice of autistic advocates.
- Will include time for reflection and discussion.

By attending this workshop, you will have the opportunity to explore the difference in presentation and how to support autistic girls.

Venue: This course is online

Cost: FREE

Dates:

January 2022	February 2022
Thur 13th January 10am–12 noon	Tues 8th February 7–9pm

To book your place:

[Please register through Eventbrite](#) to get your 'free ticket'.