

What is Parental Conflict and how does it impact upon the children?

Definition from the Department for Work and Pensions:

Conflict between parents is normal, but if exposure is frequent, intense and poorly resolved, this can have a damaging impact on children, resulting in long-term mental health issues and emotional, social, behavioural and academic problems as they grow up.

There is growing understanding and awareness of the need to address and reduce parental conflict that sits below domestic abuse.

Conflict between parents, rather than the event of parental separation or divorce, is a key factor in explaining why some children fare better than others when parental relationships break down.

