

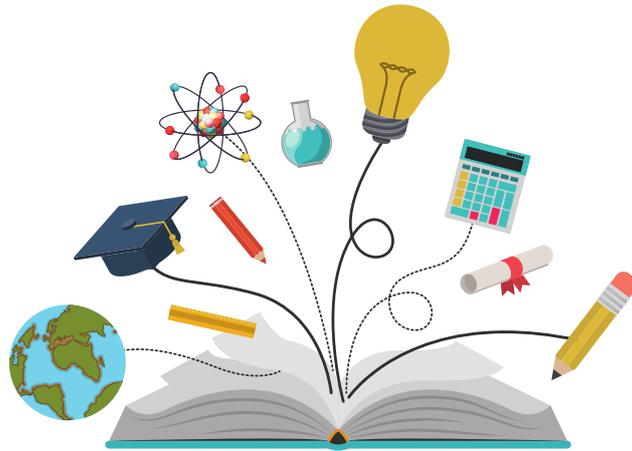
# **The Learning & Development Team's**

## Educational Resource Pack



*Fun and educational resources developed by leading experts to help inspire home learning for all ages*

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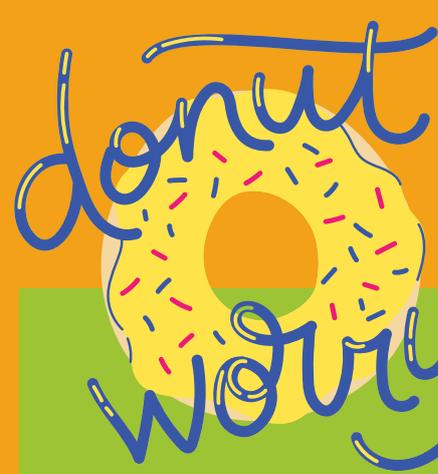
ACTIVITIES FOR 5-11 YEARS OLD

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IF YOU ARE STRUGGLING WE ARE HERE TO HELP



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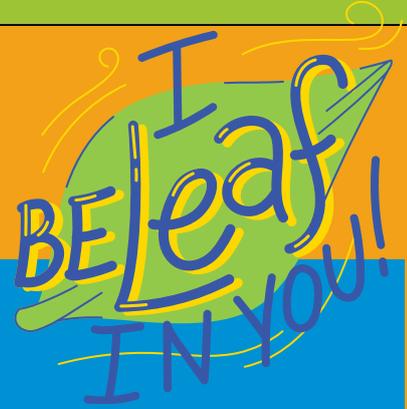
### Why do I feel worried?

Lots of children are telling us they are scared and worried about coronavirus. We understand this.

When we feel scared, it's our body's way of telling us we need to take extra care to protect ourselves. And there are some important things we all need to do to stay safe, like wash our hands and stay at home.

Feeling worried is one way our bodies remind us to do these things. So being worried is normal! But there's no need to worry too much. We want to help you understand what's going on and how you can do your bit to help.

But we also want you to know that this won't last forever. And while we are at home keeping each other safe, we can still enjoy life and do fun things – it's time to be creative!



### Where do I put my worry?

Feeling worried is normal. Don't bottle up your feelings. Talk to an adult you trust about how you feel.

#### Worry buster!

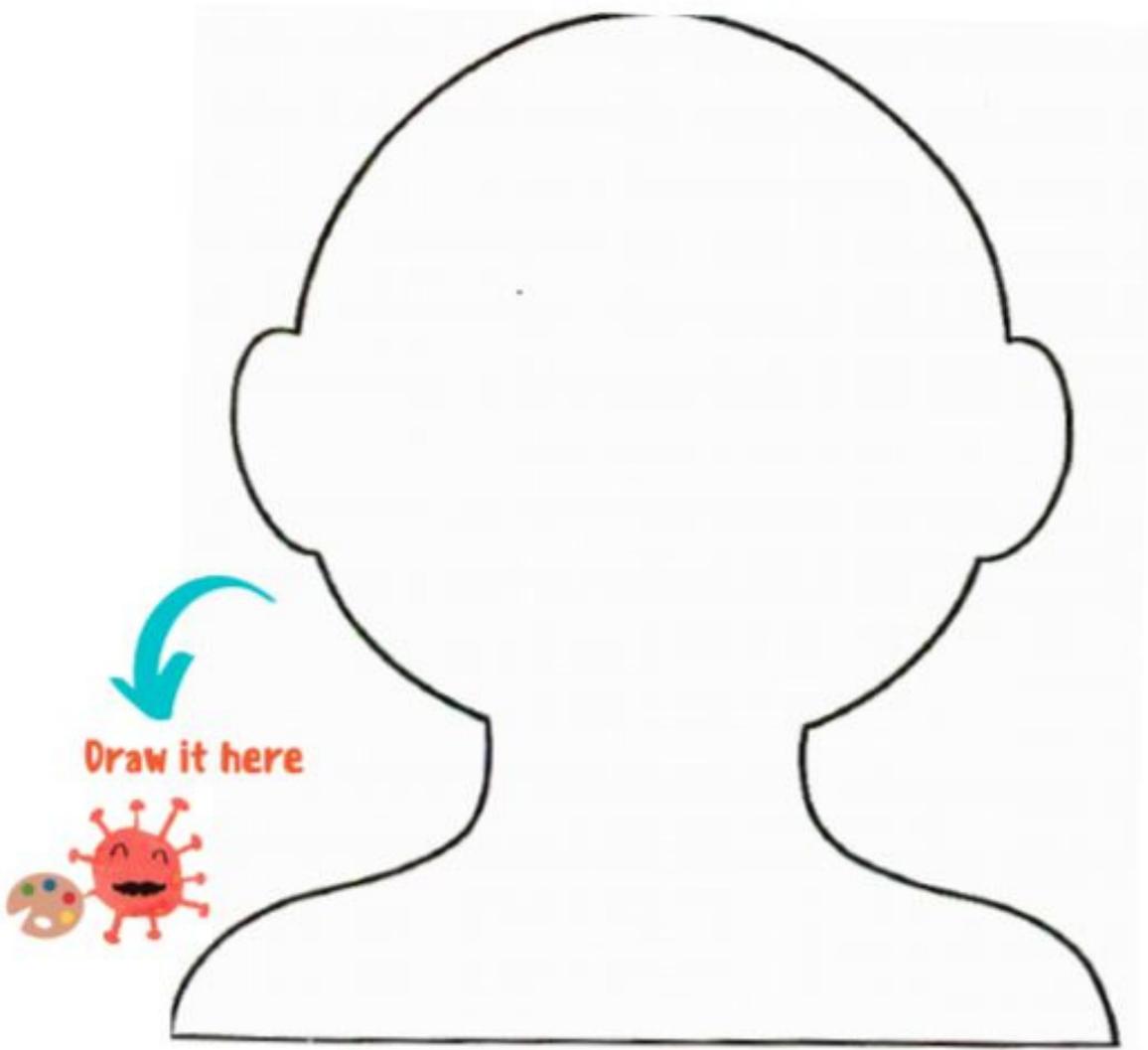
If you find it hard to talk to an adult, you could fill out our worry buster.

Print the next page

Write down or draw all your worries about coronavirus.

Show it to a trusted adult and ask them to talk to you about each of your worries.

**I can understand you  
feel...**



**...I would feel the same way**



## Keeping busy now life has changed

Life is really different right now because of coronavirus. Some of these changes are difficult and upsetting.

You might be

Feeling bored or lonely.

Sad that you missed your last day of school.

Worried about exams and school work.

Missing your friends.

Worried about mum and dad's jobs.

Sad you can't see grandma and granddad or worried that they may become seriously ill.

Unable to see your boyfriend or girlfriend.

So, there are lots of bad things about this virus and we need to take care and look after ourselves.

But it's important we don't spend all of our time worrying about it. Because it won't last for ever.

When we look back on this time we might find we have learned some really interesting things about ourselves and each other.

We can't change this situation. But we can find new and different ways to enjoy life and stay happy.



## So... it's time to get creative

**Talk about how you feel**

**Don't believe everything you hear from friends**

Get your information from a trusted place.

**Stay in touch with your friends and family online**

If you can't see grandma and granddad at the moment, stay in touch with them on Facetime or Skype.

And if you're missing your friends, arrange a Google Hangouts / Zoom at the same time everyday.

**Try and find the opportunities in this situation**

It feels a strange time, but you might be surprised at what you can achieve.

# Chapter 2: Activities for 0 to 5 Year Olds



Online Games and Quizzes, and lots more!  
<https://www.bbc.co.uk/cbeebies/games>



Sensory storytelling  
adventures [www.adventurebabies.co.uk](http://www.adventurebabies.co.uk)

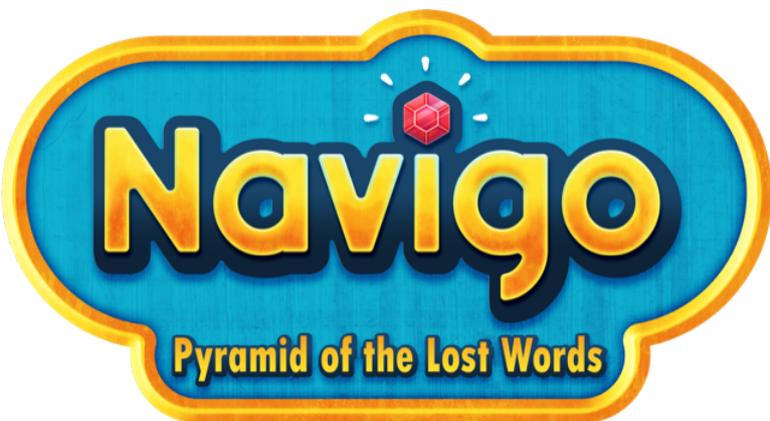
# kidadl

25 free online activities for Under 5s. Activities also  
for KS1 and KS2  
<https://kidadl.com/articles/free-online-activities-for-under-5s>



Created by Scholastic Resource Bank's team of educational experts, you'll find hundreds of engaging resources to help your child build key skills, develop their understanding and reach their full potential.

<https://resource-bank.scholastic.co.uk/homelearning>



Developed by University College London. The Navigo app aims to support beginner readers to develop reading skills (accuracy, fluency and comprehension) through engaging with the personalised content and activities.

<https://www.iread-services.eu/onlinePilot/en/main>

# TEACH YOUR MONSTER TO READ

Covers everything from letters and sounds to reading full sentences. Designed in collaboration with leading academics. Complements all synthetic phonics programmes used in schools. Computer version is 100% free.

<https://www.teachyourmonstertoread.com/>

"The secret of getting ahead is getting started".



Practise reading at home. Our free eBook library has been created to help children aged 3–11 to develop their reading skills at home. You'll find books from Oxford's most popular primary school brands including Oxford Reading Tree and Read Write Inc., as well as stories from our Read with Oxford range, all available for free. <https://home.oxfordowl.co.uk/reading/free-ebooks/>

## “Words for Life”

Words for Life is created by the National Literacy Trust, funded by the Department for Education, and supported by UK publishers. It provides parents, children and young people with activities and support to improve their language, literacy and communication skills from home. <https://wordsforlife.org.uk/>

Support from Your Friends at Sesame Street - Caring for Each Other! These are challenging times, and your friends at Sesame Street are here to help. Our new hub is filled with videos, playful learning activities, and ways to help families stay physically and mentally healthy.

<https://www.sesamestreet.org/>

under5s.co.nz

For babies & kids under 5 years old. Under 5s has all you need for babies, toddlers & preschool kids - all in one place! <https://www.under5s.co.nz/>



Arcade games, quizzes, puzzle games, action, activity, sports games and more are all right here for you to discover and have fun. <https://www.boomerangtv.co.uk/games>



"The world is as many times new as there are children in our lives"



Singing supports learning, personal and social development, promotes health and well-being and bonds communities of people like no other activity.

<https://www.singup.org/singupathome>



You'll find some short videos and simple, fun activities that you and your children can do together. We've broken down the activities by age, but no one knows your child better than you do. So you could pick and choose the ideas that feel right for you, adapt our suggestions or even come up with your own. And you can use whatever language you feel most comfortable with.

<https://hungrylittleminds.campaign.gov.uk/>

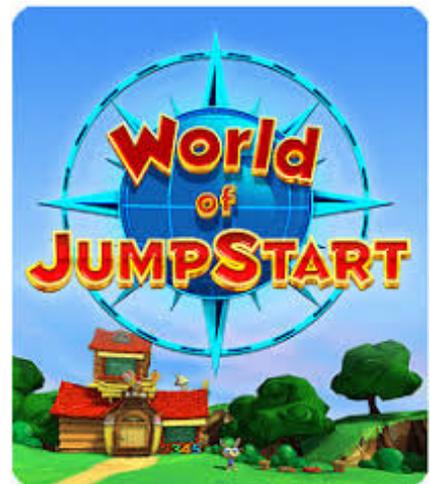
Our vision is of a world in which no parent is isolated and all parents are supported to build a strong society. Our mission is to support parents through the first 1,000 days, to have the best possible experience of pregnancy, birth and early parenthood.

<https://www.nct.org.uk/baby-toddler>



So you've got the Pampers Pack, but Pampers can offer so much more support to new parents, as well as support with a toddler's development.

<https://www.pampers.co.uk/>



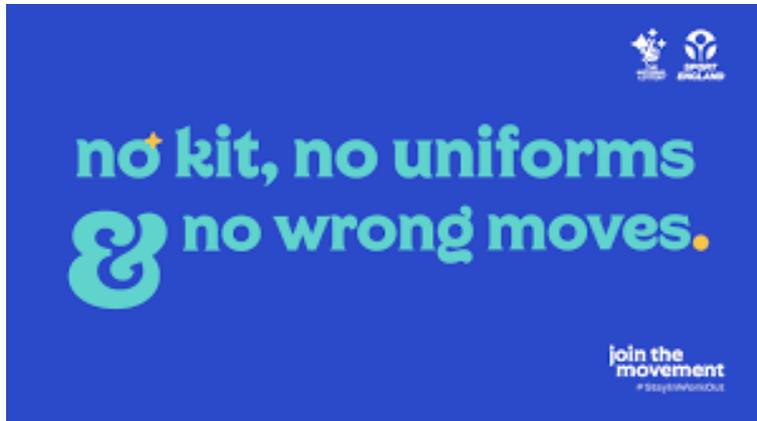
Check out JumpStart's large collection of baby activities – fun activities that you can do with your little one to promote developmental skills. These activities are a great way to spend time with your infant while contributing to the development of important skills.

<https://www.jumpstart.com/parents/activities/baby-activities>



# Get Up Off That THANG!

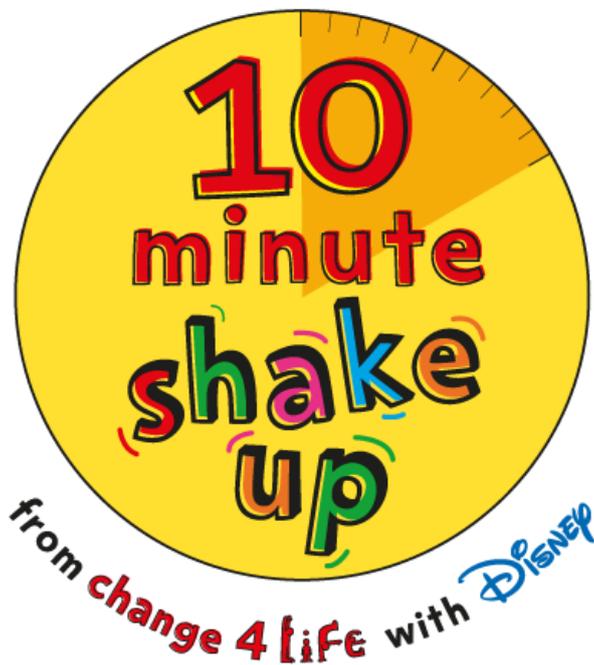
## Activities to get you moving



<https://www.sportengland.org/stayinworkout>  
[#get\\_active\\_at\\_home](#)



<https://www.nhs.uk/oneyou/for-your-body/move-more/home-workout-videos>



Change4Life and Disney have teamed up to bring you play-along games inspired by your favourite Disney and Pixar characters. These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day!

<https://www.nhs.uk/10-minute-shake-up/shake-ups>



There's no need for any equipment with Joe's lessons designed to be done in living rooms using only bodyweight. Joe's sessions will provide relief for parents who are indoors with children all day while they're off school.

<https://www.youtube.com/watch?v=Rz0go1pTda8> and  
<https://www.thebodycoach.com/>

# Chapter 3: Activities for 5-11 year olds

## Kaligo

Write the story, shape the future...Kaligo is the first handwriting application approved by the Department for Education, designed to teach students how to write using a stylus and tablet, built on an AI machine learning platform.

<https://www.kaligo-apps.com/>



PBS KIDS encourages children to interact as respectful citizens in a diverse society. By involving parents, teachers, caregivers and communities as learning partners, PBS KIDS helps to empower children for success in school and in life.

<https://pbskids.org/>



howstuffworks

HowStuffWorks got its start in 1998 at a college professor's kitchen table. From there, we quickly grew into an award-winning source of unbiased, reliable, easy-to-understand answers and explanations of how the world actually works.

<https://www.howstuffworks.com/>



A children's version of the Old Farmer's Almanac. Contains facts about weather, stargazing, history and more. free stories and links to fun activities for stuck-at-home families everywhere.

<https://www.almanac.com/kids>



FunBrain is an educational browser game website for children and adults. It was on this site that Diary of a Wimpy Kid was first published before being turned into a successful book series and movie franchise. <https://www.funbrain.com/>



Discover cool kids games that will test your skill & cunning. Play with your favourite characters like Spongebob Squarepants & Ben 10 & score points - cool!

<https://www.natgeokids.com/uk/category/play-and-win/games/> AND

<https://kids.nationalgeographic.com/games/>

"Creativity is intelligence having fun"



**Get FREE online coding resources!**

[codecampworld.com](http://codecampworld.com)

Code Camp World

Virtual coding sessions for kids (age 7-12) to keep kids coding at home. We're doing 4 per day and they're great fun and educational! You can sign up at [www.codecampworld.com/live/uk](http://www.codecampworld.com/live/uk) - please contact [hello@codecamp.co.uk](mailto:hello@codecamp.co.uk) with any questions



Minecraft has some free content  
<https://www.minecraft.net/en-us/article/free-educational-content-minecraft-marketplace->

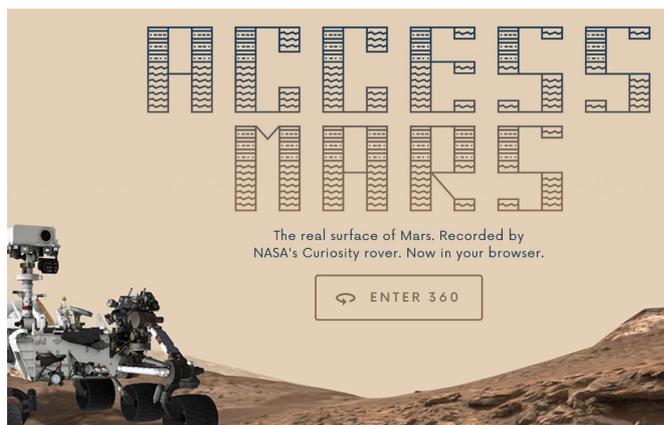


Learn how to draw with Rob!

<https://www.youtube.com/watch?v=pPeyVoZyBZY>



Tech saavy? Learn and hang with other tech geeks  
<http://www.geekgurldiaries.co.uk/>



Is there life on Mars? Take a virtual tour with the Rovers

<https://accessmars.withgoogle.com/>



skribbl.io is a free multiplayer drawing and guessing game. One game consists of a few rounds in which every round someone has to draw their chosen word and others have to guess it to gain points! The person with the most points at the end of game will then be crowned as the winner!

<https://skribbl.io/>

"Yesterday is history. Tomorrow is a mystery. And today? Today is a gift. That's why we call it the present."



Free primary school music, songs and resources for teachers, pupils and parents from BBC Bring The Noise.

<https://www.bbc.co.uk/teach/bring-the-noise>

Our primary school programmes are offered in two-lesson Taster, five-lesson Explorer and 10-lesson Immersive course versions. Our resources for later Key Stages are presented as stand alone learning units, packed with expert advice and insight. All our resources are produced by specialist practitioners in creative learning working with the Royal Opera House. <https://learning-platform.roh.org.uk/>



NASA's Vision: To discover and expand knowledge for the benefit of humanity.  
<https://www.nasa.gov/kidsclub/index.html>



## Historic Royal Palaces

Don't panic! We have lots of ideas and resources online to help your children continue exploring history and the wider world without having to step outside the front door. Here are five top history resources that will keep your kids learning AND smiling while you're staying home together. Parental participation optional!  
<https://www.hrp.org.uk/schools/five-brilliant-history-resources-for-home-schooling/#gs.r38k2b>



ROYAL  
OPERA  
HOUSE



Our website is home to thousands of free-to-access, quality-assured resources to support the teaching and learning of science, technology, engineering and mathematics (STEM) subjects.  
<https://www.stem.org.uk/resources>

# Chapter 4: Activities for the 11+



Stuff You Should Know, often abbreviated as SYSK, is a podcast and video series published by Stuff Media and hosted by Josh Clark and Charles W. "Chuck" Bryant, both writers at HowStuffWorks. The podcast is consistently ranked in the Top 10 on iTunes and is one of the most popular podcasts in the world.

<https://www.iheart.com/podcast/105-stuff-you-should-know-26940277/>



Audible has made many books available for free

<https://stories.audible.com/start-listen>



Wanna be a rockstar? Get 3 free months online with Fender!

<https://try.fender.com/play/playthrough/>



Come join us over at Tinker Minds where you can learn through 3D design. We will learn about loads of interesting topics ranging from plants to animals to space and beyond. We will then create a new object using a free 3d designing software based around the topic we just learnt.

<https://www.facebook.com/groups/1400231610159088>



Are you the next Skrillex? Learn to be a DJ

<https://www.bestdjgear.net/best-free-dj-software/>

**NETFLIX**

Start your own Netflix Party! You and your mates can watch and discuss your favourite shows even when apart.

<https://www.netflixparty.com/>

"Go confidently in the direction of your dreams. Live the life you have imagined."



Learn a new language! Rosetta Stone is offering 3 months free

<https://www.rosettastone.com/freeforstudents/>



Although a youth club, has become so much more than that offering a range of services and activities to support young people in their journey into adulthood. We still offer nightly open access youth club sessions 3 nights a week for the young people of Rugby and District. In addition to this we provide a Substance Misuse Service for young people and a Safer Relationships and Sexual Health Service with both supporting young people directly and also delivering workshops to Schools and other youth provisions.

Young carers in Rugby can access support here through Warwickshire Young Carers who deliver sessions every Tuesday at the Centre. Other services for young people include: Rugby Young Parents Group, Rugby Boxing Academy and community gym facilities.

<http://www.bradby.org.uk/>



Not for profit youth organisation that provides inclusive, inspirational arts activities and youth projects to young people across the Midlands

<https://www.facebook.com/aspireinarts/>

<http://www.aspireinarts.org/>

The Leys' Youth Project is funded by Arley and Ansley Big Local through Local Trust. The Youth project will offer young people: New opportunities, Activities, Trips, Educational and issue based sessions, Support and guidance, Relationship and sexual health support and signposting. Substance misuse support/ signposting and much, much more in a safe and welcoming environment. This page is for young people to access, to keep up to date with opportunities, sessions and to ask questions.

<https://www.facebook.com/leisyouthproject/>



"I don't love studying. I hate studying. I like learning.  
Learning is beautiful."



Developed by MIT, Scratch is a block-based visual programming language and website targeted primarily at children 8-16 as an educational tool for coding. <https://scratch.mit.edu/>

# Chatter Pack

Never be Bored!

[https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home?fbclid=IwAR3\\_aErEnOajB25g523KayYeBIRPAJPJorQmMbCbPxTjno9Vx5GIj5BHV9w](https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home?fbclid=IwAR3_aErEnOajB25g523KayYeBIRPAJPJorQmMbCbPxTjno9Vx5GIj5BHV9w)



Think you know it all? Join the largest online quiz community and see just are smart you are!  
<https://www.sporcle.com/>



Zoom Video Communications provides a remote chat, and mobile collaboration  
<https://zoom.us/>

**W**  
**h**  
**a**  
**t**  
**i**  
**s**

# KAHOOT?

How are ionic compounds formed?

53 | Skip | 0 Answers

▲ Electrons are transferred from the metal to the nonmetal. | ◆ Electrons are shared evenly.

● The nonmetal gives up electrons. | ■ They are glued together.

Kahoot! is a game-based learning platform. "Kahoots", are multiple-choice quizzes that are user-generated and can be accessed via a web browser or the Kahoot app.  
<https://kahoot.com/>



Party like it's April 2020... with a Virtual House Party!  
<https://houseparty.com/>

# Guidance and Support Services for Children and Young Adults

## Warwickshire is Here For You!

Below are all the ways you can reach us on social media.

Name	Facebook	Twitter	Instagram
Warwickshire County Council (corporate accounts)	<a href="https://www.facebook.com/WarwickshirecountyCouncil">@WarwickshirecountyCouncil</a>	<a href="https://twitter.com/Warwickshire_CC">@Warwickshire CC</a>	<a href="https://www.instagram.com/BestWarwickshire">@BestWarwickshire</a>
Warwickshire Family Information Service	<a href="https://www.facebook.com/WarwickshireFIS">@WarwickshireFIS</a>	<a href="https://twitter.com/WarksFIS">@WarksFIS</a>	N/A
Warwickshire County Council Fostering	<a href="https://www.facebook.com/Warwickshirefostering">@Warwickshirefostering</a>	N/A	N/A
Public Health	<a href="https://www.facebook.com/PublicHealthWarwickshire">@PublicHealthWarwickshire</a>	<a href="https://twitter.com/WCCPublicHealth">@WCCPublicHealth</a>	N/A
Warwickshire Fire and Rescue Service	<a href="https://www.facebook.com/Warwickshirefireandrescueservice">@Warwickshirefireandrescueservice</a>	<a href="https://twitter.com/Warksfirerescue">@Warksfirerescue</a>	<a href="https://www.instagram.com/Warksfirerescue">@Warksfirerescue</a>
Warwickshire Libraries	<a href="https://www.facebook.com/Warwickshirelibraries">@Warwickshirelibraries</a>	<a href="https://twitter.com/warkslibraries">@warkslibraries</a>	<a href="https://www.instagram.com/warwickshire_libraries">@warwickshire libraries</a>
Education	N/A	<a href="https://twitter.com/WCC_schools">@WCC schools</a>	N/A

Email one of the Designated Safeguarding Leads at school (these can usually be found on your school website)

Visit Family Information Service [www.warwickshire.gov.uk/childrenandfamilies](http://www.warwickshire.gov.uk/childrenandfamilies) or phone 01926 742274

If you feel unsafe or in danger call the council helpline on 01926 414144