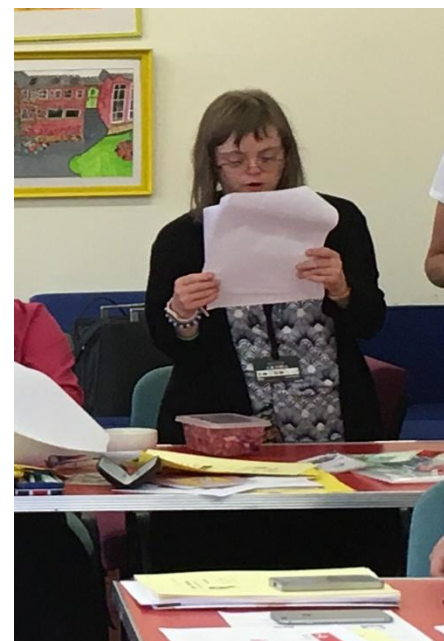




# The Reps' Presentation



# Tom's Feedback from Speaking Up Groups

What do you think makes a good social life?



- Having fun
- Going to the pub
- Dancing
- Going to Side by Side theatre group
- Keeping busy
- Spending time with family and friends

# What would you improve about your social life?

- To be able to go out independently
- To be able to cross the road independently
- Learn to drive a lorry





## How do you keep yourself safe and who do you trust?

- Once you get to know someone you know if you can trust them
- Be careful when you're out
- If you go out on your own look both ways when crossing the road
- Don't talk to strangers
- Trust friends and family
- Trust the police

# Sammy's Radio Interview

- In May I recorded a radio interview about Epilepsy.
- I wanted to help people understand more about Epilepsy.
- You can't see it in a person unless they have a seizure.



# Ian WCC Tackling System Barriers Workshop



Ian had really positive feedback from the consultation event.

The event organisers said “Ian is an absolute treasure - what a smashing man. Thank you for bringing him. I hope he felt he was able to contribute”.



# **Louise**

## **General Election workshop**



# Learning about politics

- Election film and quiz



- What would the different parties do?



- How to vote





# Connor Hate Crime event

- We went to an event at college about Hate Crime
- Trish Adudu told a story
- Sophie Lancaster's story



# Feeding back to young people

- Visit to Rugby College



# Joanne Meeting her local MP



# What I found out at the Regional Forum

- Self advocacy groups in the West Midlands are losing their funding
- Make sure that people with high support needs get the voice they deserve

# Fantastic news: Citizen of the Year Award!

