

# Minutes from the Learning Disability Partnership Board Meeting, Friday, 20<sup>th</sup> January, 2017, at Hatters Space, Upper Abbey St, Nuneaton CV11 5DN

Colin Twidale (ISS), co-chaired the meeting with Joanne Finney, LD Rep for Rugby

## Who came to the meeting?



- Jo-An Golding, Tactical Equality and Diversity Adviser, Warwickshire Police
- Lina Patel, Commissioning Officer for LD, WCC
- Ian Alsop, LD Rep, Nuneaton and Bedworth
- Emma Mold, Grapevine
- Dawn Nicholls, Grapevine
- Maria Marlow, Commissioning Support Officer, WCC (minutes)
- Deborah Abrahams, Adult Services, WCC
- Helena Wallis, HoE Mencap
- Rebecca Turner, Community Learning Disability Nurse Manager (North), Coventry and Rugby CCG
- Sherryl Gaskell, Clinical Services Manager Complex Care, Coventry and Rugby CCG
- Kim Ford, Brandon Trust
- Sue Green, Service Manager All Age Disability, WCC
- Mike Lee, Independent Advocacy



## Apologies:

Cllr Jose Compton, David Price, John Webberley, Andrea Randall, Mary Overton, Becky Thompson, Louise Pooler, Tom Guest, Sammy King (new LD Rep), Danny Parrott, Lucy Gillings, Philomena Humphries, Cathy Watt, Hannah Delaney, Louise Turner



## **People who shared information:** Michelle Cresswell, Karyn Ross, Roxanne McKay, Scott Denny

#### Minutes from the previous meeting and feedback from actions:



On Page 7, Suzanne Dutton should read Suzanne Hotten.

The minutes were agreed as an accurate record of the meeting.

If you want to see the minutes click on this link: <a href="http://www.warwickshire.gov.uk/LDPBPapers">http://www.warwickshire.gov.uk/LDPBPapers</a>

## Ice breaker



The ice breaker was to talk about everyone's favourite Xmas present.

## Delivery Plan update - Lina Patel (WCC)



Maria has made the delivery plan easier to follow and it shows how well we are doing for each theme.

Ian asked who decides which actions are taken out of the Plan. Lina said that if an item has been completed or it is out of date, she has taken it out or changed the action. She has also added new actions to keep it up to date. Other actions to be removed would be discussed at the LDPB.

Lina talked about producing an annual report and asked LDPB what they would like included.

The LD reps said they would like the report to:

- Have pictures and information about people doing good things
- Be easy to read
- Be short and to the point
- Have individual stories
- Include what has or hasn't been done yet.

Lina will discuss the ideas further with the LD reps as she would like them to co-produce the report.

There will be a greater choice of support for supported living as the number of providers we have a contract with has increased from 37 to 62.

There are now 25 providers who have a contract to provide community day opportunities support. Lina will invite someone from the Quality Team which is part of the Council's Strategic Commissioning Team, to talk about their work at the 'My Home Life' meeting. The Quality Team want to work with providers to improve the quality of services before things go wrong. They think it is important to hear from people who use the services and family members. Colin was glad that the Quality Team had visited ISS and had found it helpful.

Napton House opened in January 2017 and there are 15 flats. Three customers have moved in.

There is a new website for Assistive Technology. It is really good as it includes videos instead of using lots of words and you can find things on it very easily. Please take a look and let Julia Murphy have any comments.

http://www.warwickshire.gov.uk/assistivetechnol ogy



If you want to see Lina's presentation please click on the link below:

http://www.warwickshire.gov.uk/LDPBPapers



## LD Reps feedback

Grapevine and the LD reps wanted to find out what services families know about and what they think of them. They asked some families to fill in a questionnaire. Some people were still caring for their relative at home. Some of their relatives now live in their own house or supported living. All the families said they have good information about the services that are available to them as carers. They had all heard of respite, carer's assessments and Guideposts. Not everyone had heard of the Shared Lives scheme. All the families agreed that they feel involved in planning support with their relative. One family said they had been on a course to learn more about support planning.

If you want to see the LD Rep's presentation please click on the link below: <a href="http://www.warwickshire.gov.uk/LDPBPapers">http://www.warwickshire.gov.uk/LDPBPapers</a>

#### Short Breaks and Respite Care, Michelle Cresswell (WCC)



In 2014, Michelle talked to customers, carers and people who provided services and used this information to decide how services should look.



Michelle has asked providers supporting people with respite and short breaks for information and case studies. The case studies are stories about how someone has been helped by a service so that she can see if service providers are giving a good service to customers.

She is also looking at what respite and short breaks services will be needed in the future, for example, we need more services for people who have challenging behaviours.



Michelle is working on making it easier for children to move to adult services by asking adult services to start working with children as they get to ages 16 and 17. This is so they have the right support when they reach 18 years old.

Joanne asked how often Warwickshire County Council meets with the Care Quality Commission and it was confirmed that WCC meet with them every month.

A question was asked about whether the Peer Reviews still take place. The work of the peer reviewers will be included in the work of the Quality Team to improve the quality of services; this is still being decided. The Quality Team will give more information when they attend LDPB.

If you want to see Michelle's presentation please click on the link below:

http://www.warwickshire.gov.uk/LDPBPapers

#### Project for people with complex special needs, Helena Wallis

Helena apologised that this item was not ready for the meeting and asked if she could present this to the next meeting.

#### Shared Lives, Karyn Ross

Karyn Ross is from Coventry City Council and they have been providing Shared Lives for Warwickshire for two years.

Coventry's Shared Lives scheme has been running for over 30 years and used to be called 'Adult Placements'

Shared Lives is where a family asks someone with a learning disability to live in their home with them and join in with what the family are doing like going shopping or going on holiday. Families are all sorts of people, men and women, some have children, some have pets. People can stay all the time or every so often. Everyone who lives in a Shared Lives family has a Shared Lives officer of their own who visits them and the family to see how things are going. They are also offered an advocate to speak up for them.

There are Shared Lives schemes all over the country and the service is mainly for over 18's and they are all registered by the Care Quality Commission. If you want to see the website for Shared Lives please click on the link below:

http://sharedlivesplus.org.uk/

Joanne asked how people paid for their care. Karyn said the carer is paid about £350 a week

Joanne asked if the Carers have training on using Assistive Technology and Karyn said that they did.

Referrals come from social workers. Karyn and the team are very careful to make sure everyone is happy





before someone joins a family. As this takes a long time, the scheme doesn't take emergency referrals.

Shared Lives carers are recruited, agreed and trained and this can take up to 6 months.

There are vacancies in Rugby and Bedworth at the moment.



If you want to see Karyn's presentation please click on the link below:

http://www.warwickshire.gov.uk/LDPBPapers



The Group voted 'OK' on how the plan was going.

Grapevine gathers feedback from LD Reps

Laura Bartley has moved into Napton House and is very happy. Lina suggested Laura may want to come to the My Home Life meeting to talk about her experience at Napton House.

Sesame - Our Voice Group - Higher Support Needs, Emma Mold Joanne Finney and Emma Mold have been going to this group for a year now.

Instead of using words, they use arts and crafts to talk to people with high support needs.

By going to the group, Martin has learnt to help others and Nicky has learnt to look after other people and themselves.

Kim Ford said that everyone really enjoys the group session.

Emma asked if Maria could invite two people from the group to the next meeting.



Helena said she was working with 'Books beyond words' who provide books, services and training for people who find pictures easier to understand than words. Here is a link to their website:

<u>https://booksbeyondwords.co.uk/</u>

Emma said she would talk to Helena to get more information about what this was and how it works. Helena will send Maria a flyer about 'Books beyond words'

If you want to see Emma's presentation please click on the link below:

http://www.warwickshire.gov.uk/LDPBPapers

## Transforming Care update - Lina Patel, Roxanne McKay and Scott Denny



behaviours to avoid them having to go to hospital. The team have worked very hard and successfully with

The Intensive Support Team supports people with challenging

The team have worked very hard and successfully with service users and their families. One of the families reported a massive change in their son's behaviour.

Other improvements have been that medication has been reduced and that the service user is communicating better. One of the ways the team helped their service user was that they developed 'social stories' to help the service user understand what was happening. They also produced a 'memory book' for the service user so that they could remember their mother after their mother passed away.

Can Stoc

The team produces a very detailed care plan which meets the service users' needs more fully.



Referrals are made through the Community Learning Disability team to the Intensive Support team. The service user has to be on the 'at risk' register.



As Gosford Ward is closed we need to look at how we can look after people with behaviours that challenge.

Lina is on a working group that is looking at what training is needed for people who support people with behaviours that challenge so that they can live in the community. The training will help to provide better care and support. The group is looking at what training is used now and what might be needed in the future.



Warwickshire County Council, Solihull and Coventry will now be able to share information about people who are 'At Risk' of going into hospital and everyone who is on the 'At Risk' register will have a review. Sherryl Gaskell will tell LDPB how people can be referred to the Intensive Support team at the next meeting.



Roxanne and Scott talked about how the Intensive Support team has helped two people to stay out of hospital.

Roxanne said that they are helping 12 people who have been in hospital for over 5 years, to settle into the community.

They are trying to work with other groups who can help people who have behaviours that challenge.

Any other business



Colin told everyone that Mr Peter Jackson sadly passed away on Christmas Day. Mr Jackson would be remembered for trying to improve services for people with learning disabilities.

Helena asked if someone from the Care Quality Commission could be invited to the next 'Home Life' meeting to tell us about the work they do.



She also asked if someone from LD England could be invited to talk to us as they help people with LD across the country to have a voice. Helena will try and arrange this.



Helena announced that it is Learning Disability Week 19-25.6.17. The focus of the week is employment and employability. Helena said she would like to work with a provider in the North of the county and Colin and Emma agreed to speak to Helena. Helena will produce a draft document and share this with Lina and the providers.



The Community Team at the Loft are moving on the 6<sup>th</sup> February 2017 to Manor Court Road and are keeping their telephone number.



Laura Bartley and Hannah Delaney have set up a new radio station. If you'd like to listen in here is the link: <u>http://tunein.com/radio/Welcombe-Community-Radio-s274272/</u>



Date and place of next meeting: Weds 5<sup>th</sup> April, 10.15–2.15pm , Sydni Centre, Cottage Square, Leamington Spa, CV31 1PT

#### Actions

Colin to report on Sesame Sensory Room at the next meeting Helena's representative to present a report on a project for people with complex needs at the next meeting

Building Better Opportunities Project to be discussed at 'My Work Life' meeting

Lina to invite someone from the Quality Team to come and talk about their work at the 'My Home Life' meeting

Karyn to be invited to the next suitable meeting

Claire Hall to be invited to attend the next meeting to give an update on Carers

Two members of the Sesame Our Voice group to be invited to the next meeting

Sherryl Gaskell to talk about how people can be referred to the Intensive Support team

Helena to send Maria a flyer about 'Books beyond words'

Lina to invite someone from the Care Quality Commission to come and talk about their work

Helena will ask someone from LD England to come and talk to a future meeting

Emma to ask Laura Bartley if she can attend the 'My Home Life' meeting to talk about moving into Napton House