

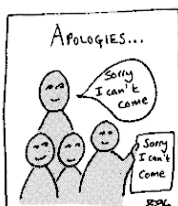
**Minutes from the Learning Disability Partnership Board Meeting,
Wednesday, 21st September, 2016, at the Sydni Centre, Cottage Square,
Leamington Spa, CV31 1PT**

Jo-An Golding, Warwickshire Police, co-chaired the meeting with Ian Alsop, LD Rep for Nuneaton and Bedworth

Who came to the meeting?



- Mary Overton, Carer Rep
- Colin Twidale, Individual Support Solutions
- Cllr Jose Compton, Portfolio Holder for Adult Social Care
- Becky Thompson, LD Operations Manager, WCC
- Lina Patel, Commissioning Officer for LD, WCC
- Joanne Finney, LD Rep, Rugby
- Louise Pooler, LD Rep, North Warwickshire
- Emma Mold, Grapevine
- Louise Spicer, Grapevine
- Tom Guest, LD Rep, Leamington Spa
- Maria Marlow, Commissioning Support Officer, WCC (minutes)
- Deborah Abrahams, Adult Services, WCC
- Helena Wallis, HoE Mencap
- Mick Curry, Carer Rep (Resigned)



Apologies:

Doris Sheridan, Liam Abraham, David Price, John Webberley,
Mike Lee, Andrea Randall, Roxanne McKay



People who shared information:

Joanne Bailey (University Hospital Coventry and Warwickshire NHS Trust), Marianne Smith (South Warwickshire CCG), Lauren Turner and Becky Turner on behalf of Roxanne McKay (Coventry and Warwickshire Partnership Trust), Lina Patel (WCC), Kim Ford (Brandon Trust), Suzanne Dutton (HoE Mencap)

Minutes from the previous meeting and feedback from actions:



The minutes were accepted as an accurate record of the meeting.

Lina had asked the new managers of the Safe Places scheme to come to the meeting to update everyone but sadly they were not able to at this point. They are reviewing and refreshing the scheme and once they have done this they will come to the meeting to tell everyone what is happening.

Helena was going to ask a key worker to do a presentation on a project working with people with complex needs but as he is away he will be invited to the next meeting instead.



Colin updated the meeting about the Hub Café which had been closed. He said it had been a very difficult decision to make but the café was not making enough money to carry on running it - in fact, it was losing profits every day. They have also decided to give more choices of jobs which include working in a shop, a library and in a nursery rather than only offering working in a café.

Colin said he would speak to Joanne separately about the Hub Cafes.

Mick asked about support for people with more complex needs and Colin recommended he approach Avon Support.

If you want to see the minutes click on this link:

<http://www.warwickshire.gov.uk/LDPBPapers>

Ice breaker



Ian asked everyone to go to the back of the room and write in one of the five Olympic circles - the choices were about sports and included what new sports you would like to do, where you do sports now and what support would you need to start doing a new sport.

Delivery Plan update - Lina Patel



Lina told the Board that she is meeting with people who have applied to provide care home places to discuss how much they want to charge and how much we can afford to pay. The new care home contracts will start in October 2016.

Lina is going to ask someone to come to a future meeting to talk about how we make sure that people are getting a good quality service. They will talk about the new model and the new team of Quality Assurance Officers.



The contract for supported lives which started at the beginning of August has gone back out to tender so that people who hadn't applied can get a second chance to apply. The same has happened for community day services.



Napton House will open in November 2016 and will provide supported living and extra care. If you are interested in living there please go to the Warwick District Council website called 'Home Choice' - please click on the link below.
<https://estates5.warwickdc.gov.uk/HomeChoice2015/Account/Login>



Lina and Maria are working on the delivery plan. This plan is kept up to date as old actions are removed and new ones added. We are trying to show how things have changed and our progress since July 2015 to the current date and also to show how far we have gone to achieving each action.

If you want to see Lina's paper please click on the link below:

<http://www.warwickshire.gov.uk/LDPBPapers>



Kim Ford - Brandon Trust

Brandon Trust provides day services for people with complex needs. They have two sites - one in Nuneaton and one in Rugby.



At Brandon Trust they know that it is hard for people with complex needs to get health and leisure services, particularly where people don't communicate by using words.

Hospital visits are particularly difficult so the Trust is coming up with an action plan to look at this along with 'hospital passports'



Brandon Trust has excellent relationships with the Health Service which includes the Health service training them so that they can support people instead of them having to see Health workers (only where it is safe to do so)

One of the things Brandon Trust does is to support people who need to get exercise but are wheelchair users or wheelchair bound. The Centre is trained to help people to get out of their wheelchairs to do exercise and they have special equipment they can use such as relaxer chairs and standing frames.

In Nuneaton and Bedworth they run 'Active4Life' which is a range of free activities which includes Walk for Life and Tiger Feet which is also available in Rugby.

Other support includes helping people to go to the GP and the dentist and to use gyms and outside gyms in the park.



There was a discussion about replacement wheelchairs and Mary and Mick were asked to go back to the people who they had been dealing with to ask them for information.

If you want to see Kim's paper please click on the link below:

<http://www.warwickshire.gov.uk/LDPBPapers>

Marianne Smith, Personal Health Budgets



Marianne is working closely with Health Authority partners across Warwickshire and Coventry to sort out how Personal Health Budgets will work.

People who can have a Personal Health Budget are the same people as those who can have continuing health care funding. Marianne and her partners are working together to see if other people can have a Personal Health Budget in the future.



The advantage of the Personal Health Budget is that it is flexible, so that you can decide how to spend it.

If you are eligible for a Personal Health Budget you will be offered this when you have your assessment.

Marianne and her partners in Health have been working closely with Warwickshire County Council to make it easier for people to move between getting a Personal Budget from the Council and a Personal Health Budget (PHB) from Health. If you need to change you will be told this by the Health service.



The next steps are that Health will work with people with a learning disability and with Grapevine to come up with easy to read information and to hold roadshows where everyone can learn about PHB's.

If you want to have a roadshow at your site please contact Marianne.

Marianne is going to make the slides more easy to read before they go on the website.

If you want to see Marianne's paper please click on the link below:

<http://www.warwickshire.gov.uk/LDPBPapers>

Joanne Bailey, Breast Screening Project

Joanne is working on increasing the number of people with a learning disability who go for breast screening.

One in eight women develop breast cancer in their life.



For Coventry, Solihull and Warwickshire only 13% of women with a disability who were asked to come along actually came to be checked and Joanne is aiming for this to be 70%. Routine checks are arranged every 3 years for everyone aged 47-73.

Joanne is trying to help women to be more confident if they have to have breast screening and also to help them understand more if they are told they have breast cancer.



Joanne asked some women to come along with their carer to the breast screening unit and they were able to touch the machine with their hands so that they could see what it felt like. Also the carer offered to be screened to show everyone what it was like and that it

didn't hurt.

Joanne has set up a 'care pathway' to help women with a learning disability to be supported as much as they can be.

Joanne is getting some new leaflets and easy to read letters printed which will go out with all the letters inviting women to come for breast screening.



She has DVD's and pictures to show how women should check their breasts and what to look for.

Anyone who is wheelchair bound will have to go to Coventry for breast screening at the moment but Joanne is buying some new units which will make it easier for wheelchair users.

Mary asked if an ultrasound would be better to be used than the breast screening machine and Joanne explained that the machine is better as it picks up more information.

If you want to see Joanne's paper please click on the link below:

<http://www.warwickshire.gov.uk/LDPBPapers>

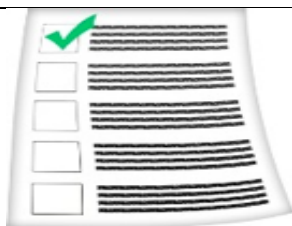
Suzanne Hotten - Feeling Healthy Project



This project started in April 2016 and is funded by a lot of different authorities to raise awareness about choosing healthy lifestyles.

People with learning difficulties are being looked at in particular.

HoE Mencap customers were given questionnaires about their health, their eating habits, and if they were able to relax. Courses were run for staff and customers to help think about mealtimes, what you eat, why and how.



The project has included Tiger Feet and Mindful Movement sessions, as well as relaxation sessions which help people to understand when they are feeling anxious and how they can help themselves to calm down.



So far, 55 people have taken part and the next aim is to get Carers to take part.

Grapevine asked if Suzanne could come and talk to them about her services.

If you want to see Suzanne's paper please click on the link below:

<http://www.warwickshire.gov.uk/LDPBPapers>

Grapevine gathers feedback from LD Reps



Tom asked how people can be helped to take part in new sports. Suzanne said that as long as the person knew what sport they would like to do, then the support workers would be able to help them.

Joanne wanted to know how she could get involved with Suzanne's project and Joanne said she would come and meet with Grapevine and the LD Reps to give them more information.

Louise asked if there was anything like this in Atherstone and Suzanne said she would speak to the trainer to see if they would be able to come to Atherstone too.

Louise Turner and Becky Turner - Lumps and Bumps

Becky and Louise had held a workshop a year ago where people could see the types of tests they could have to check



for cancer for example, smear tests, what a healthy bowel looks like.

They want to help people with a learning disability stay healthy and to help them to know what will happen if they go for a cancer screening test and what to look for and what to do if they are worried about anything they find.

They have found that only a quarter of people with a learning disability had gone for a cervical or bowel screening test. They want to improve this figure to 75%.

They can offer an eight week health awareness course and a ten week relationship and well-woman course.



The next steps are to work with the Hubs to improve cancer awareness and to train GP's and hospitals and make some LD Champions.

If you want to see Laura and Becky's paper please click on the link below:

<http://www.warwickshire.gov.uk/LDPBPapers>

Feedback from LD Reps

Welcome back to Ian who has returned to LDPB as a Rep for Nuneaton and Bedworth.



He has been involved in the Transforming Care work and went to Shire Hall to talk about this in front of a lot of people who said he had done really well. The main thing is that people with learning disability should be at home and not in hospital.



Welcome to Louise who is a new Rep for North Warwickshire. Louise had worked with Grapevine to hold a workshop where they used the five Olympic Rings to talk to people about sports.

Tom had been involved in consultation about WEST and had had gone to 'Speaking up' groups where they had made up

some hand signs to describe the themes including 'My Social Life', 'My Family' and so on.

He had also helped at a session for people with high support needs where they used art to ask people about their diet and what support they needed to stay healthy.



Joanne had been to the Sesame Street Centre where she told a group about the training sessions she had been going to in the gym with her personal trainer. She had bought all her own props to help her to talk to the group using as many senses as she could. The group really enjoyed it.



She improved her leadership and presentation skills by going to Rugby College for peer training. She had also talked about Safe Places in Rugby and had been to the Bedworth social work team to tell everyone about Grapevine.

If you want to see the LD Rep's paper please click on the link below:

<http://www.warwickshire.gov.uk/LDPBPapers>

Transforming Care update - Lina Patel



Ian has agreed to do joint feedback with Roxanne McKay at future meetings including talking about people's real life stories.

Ali Cole has agreed to come and talk to the group every six months to give a Transforming Care update.

Any other business



There will be drop-in sessions at Shirley House and Ashton House to show people the emergency beds which can be used rather than going to hospital as part of the Transforming Care plan. Maria to put flyer on the LDPB website.

A concern was raised about the delays in getting

emergency support required by some customers in relation to Transforming Care. Lina suggested contacting Ali to let her know of any concerns with the Plan. Lina said Roxanne McKay from the Intensive Support team should be attending the next meeting.



The next meeting will be not be in November as it will be held on a quarterly basis from now on. Maria will advise members of the new meeting dates.

Helena will present a report on a project supporting people into employment over an 18 month period using a job coach at the next meeting covering 'My Work Life'.

A sensory room has been installed at ISS Nuneaton, Powell House in Church Street in the town centre. This has been funded by WCC and there will be a launch and open afternoon to promote this. The room will be available to hire by individuals or groups for a basic rate.

Helena said a new Sensory service is being installed in Fordsfield Centre, a complex day services centre in Leamington Spa. This was possible following funding given from WCC. The planned opening will be the end of October (update now the 7th November).

Members of the LDPB will be invited to the official launch when the date is agreed early in 2017. The plan is that the services will be available to the community groups and are hoping that eventually this will become a service that is available to access 7 days a week.



Date and place for next meeting:

TBC, Hatters Space, Upper Abbey St, Nuneaton,
Warwickshire CV11 5DN

Actions

Maria to add flyer for Shirley House and Ashton House to the website
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Maria to add flyer for launch of Mencap Sensory Space to the website
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Helena's rep to present report on project for people with complex needs to next meeting

Helena to present report on project for supporting people into employment at next 'My Work Life' meeting
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