

Cancer Screening

Know your lumps and bumps



- **An update**

By

Louise Turner and **Rebecca Turner**

Community Learning Disability
Nurse Managers.

North and South Warwickshire



This was an event for adults with Learning Disabilities and their families / carers

Held on 22nd September 2015

at Bulkington Village Centre

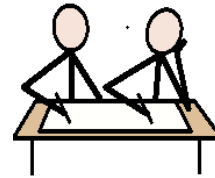
To help people know what cancer screens are and how important it is to do them to keep you healthy

The day was very good, there were



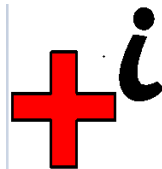
Guest speakers

Workshops



Interactive inflatable
Colon

Mini health check



Information stalls

The Team



People in Warwickshire

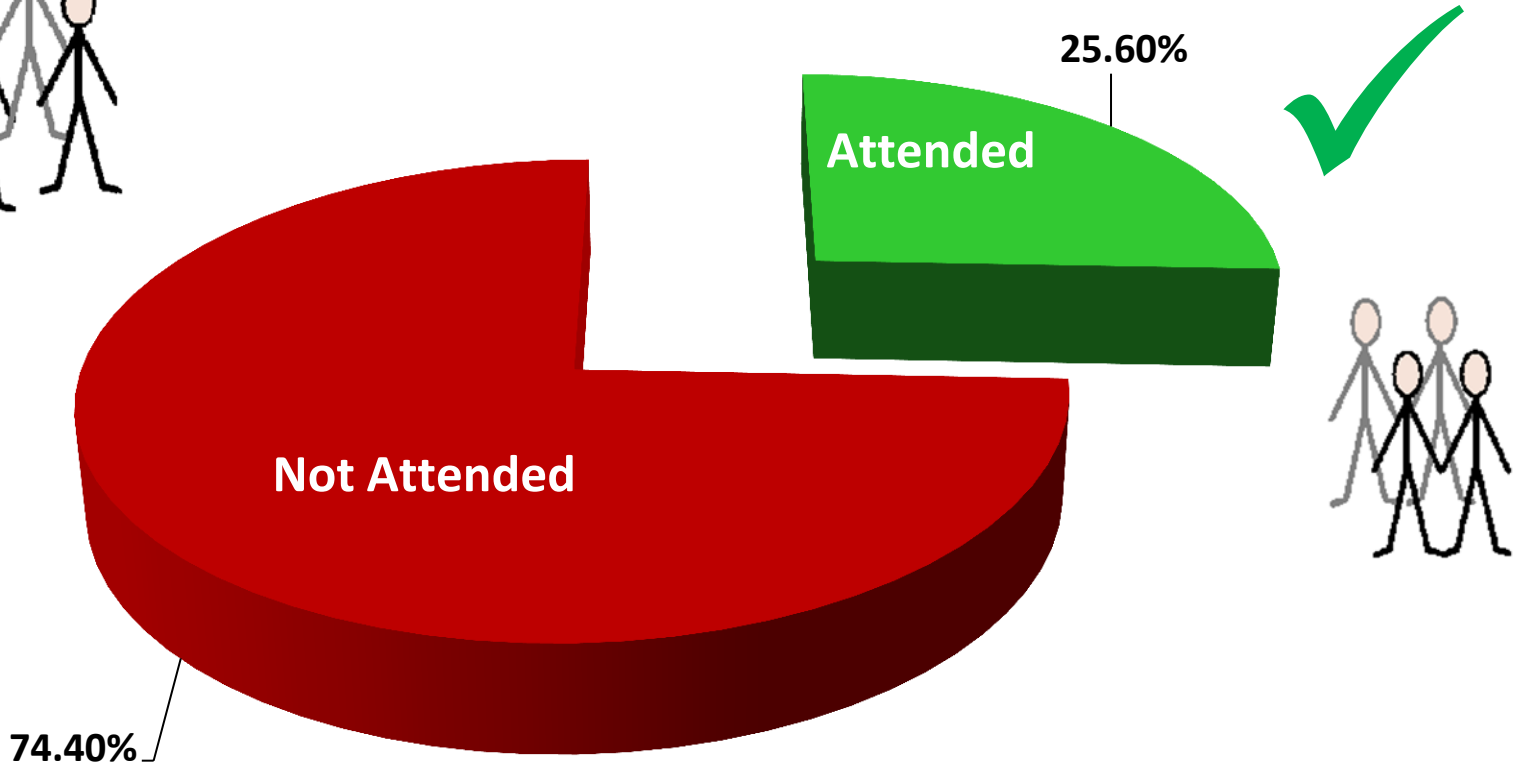
There are lots of people with Learning Disabilities who have not had any Cancer Screening.

The Lumps and Bumps Day was to try and help people understand and know what happens in cancer screening

Our Aim

- We want people to understand how to be healthy
- We want people to know what to expect when they are invited for a cancer screen
- We want people to know what to do if they find something on there body they are worried about

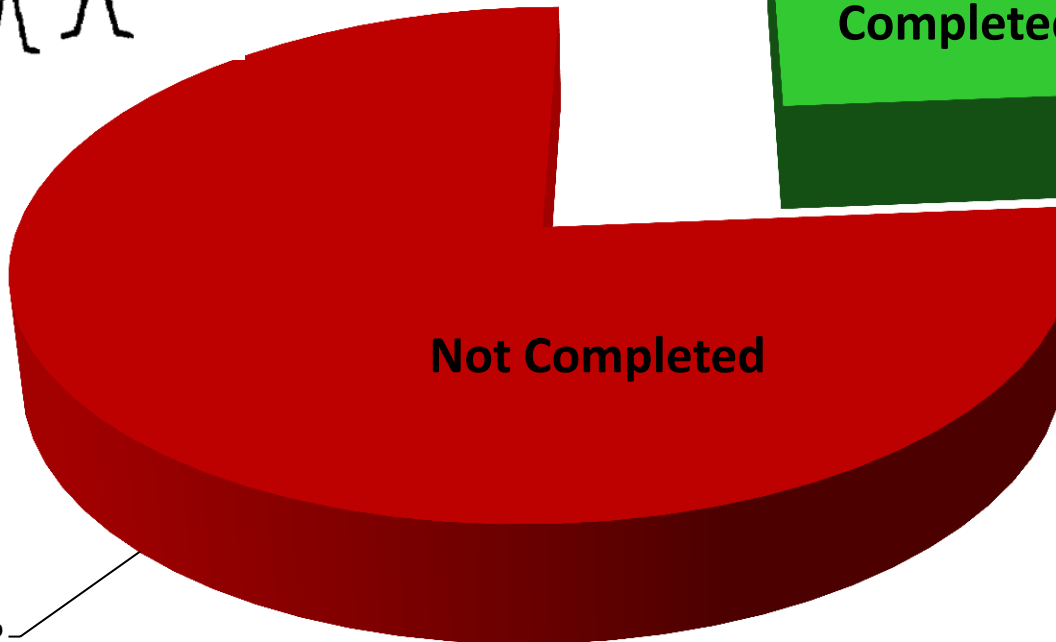
Cervical Screening in Warwickshire



Bowel Screening in Warwickshire



76.30%



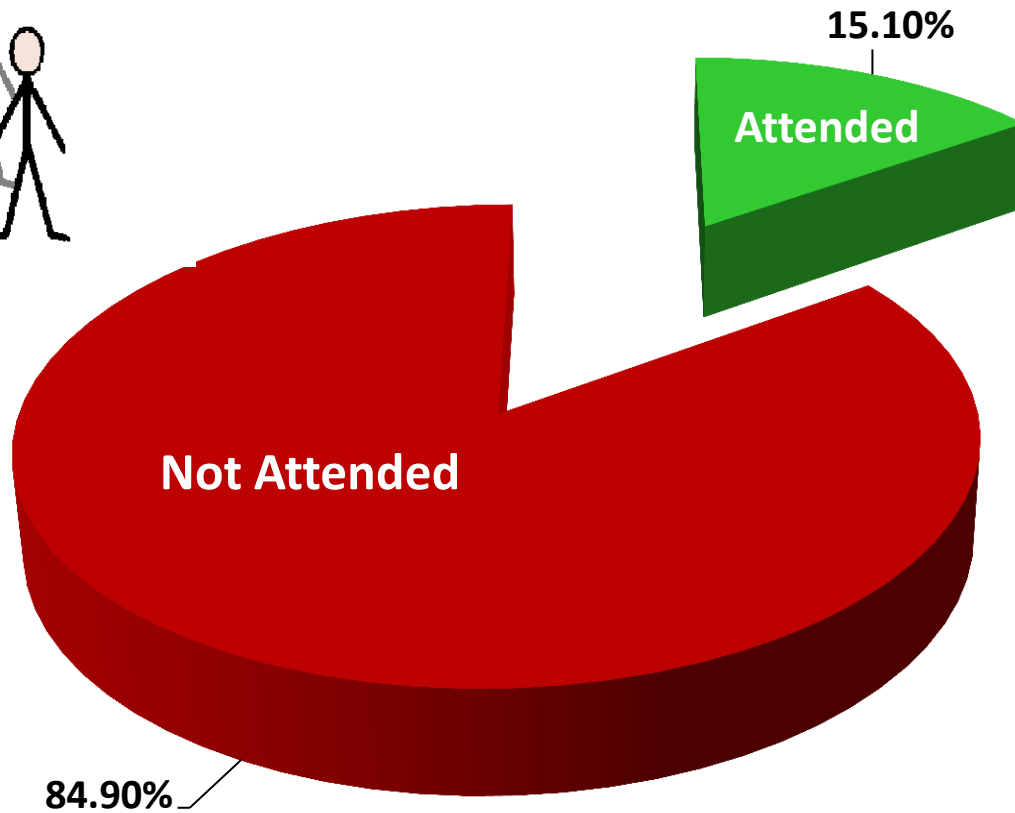
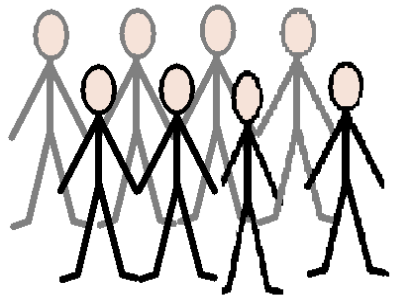
Not Completed

Completed

23.70%



Breast Screening in Warwickshire



What did we do next?

- We worked with the hospital breast care Nurse
- 6 ladies went to the mammogram clinic and George Eliot Hospital and were shown what happens
- Session completed within Warwick hospital previously. They provide very good support for women with learning disabilities.

What did we do next?


- In February at the Leamington Hub we held an information day. To give people information about lumps and bumps.
- In March at Stratford Hub and Studley Hub we held two mini workshops on cancer screening for men and women.

How Community Nurses can help

- We offer 8 week health awareness course

Top to Toe Health Group Which includes

Cancer screening

- We offer 10 week Relationship and Personal Safety Courses  which includes well women and well men checks

How Community Nurses can help

- We can give accessible information about what happens when people are invited for a cancer screen
- We can ask the GP or hospital to make 'reasonable adjustments'
- We can work with you if you are feeling anxious or worried about health appointments
- We run groups about being healthy

The Future

- We want to have Cancer awareness Workshops in the hubs
- We want to have another mammogram workshop in the hospital
- We will continue to offer groups about healthy lifestyles
- We will Work with the hubs and community navigators to improve everyone's knowledge on screening.
- We will provide training in hospitals and GP's for people to become Learning Disability health Champions

What we want future numbers to look like.

