

Guidetoadjustingthe“Cambridge”Chair

All adjustments should be made whilst seated.



The overall height of the chair is adjusted by lifting the **front lever (1)**, located below the seat on the right hand side.

Lift your weight off the chair, allowing it to rise and release the lever at the desired chair height.

To lower the chair, simply lift the lever

The synchronised seat and back angle can be adjusted by lifting the **middle lever (2)** located below the seat on the right hand side

The seat and back can be locked at the required angle by releasing the lever

If you feel that your seat is tipping forward this is the lever to use to adjust

The angle of the seat back can be adjusted by lifting the **rear lever (3)**, located below the seat on the right hand side.

Lifting the lever up will allow the seat back to follow your movements.

Leaving the lever up leaves the seat in free-flow. It is not good practice to keep in this position on a permanent basis.

Pushing the lever down will lock the seat in its desired position.

The tension of seat back can be adjusted using the **knob (4)** located under the front seat

[P.T.O Forfurtherguidanceonadjustingyourchair](#)



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The back height of the chair is adjusted by lifting the **back (5)** one step at a time for correct positioning of the lumbar support

DO NOT ATTEMPT TO FORCE THE SEAT BACK DOWN.

ENSURE THAT YOU TAKE IT TO THE TOP OF THE TRAVEL ON THE RATCHET SYSTEM AND LET IT DROP BACK TO ITS START POSITION

The inflatable lumbar support is adjusted using the **hand bulb (6)** hanging under the side of the seat.

Squeeze the bulb to inflate the support and press the button on the bulb to deflate it

If the chair is fitted with a seat slider, the seat depth is adjusted by lifting the **lever (7)** located below the middle of the seat on the left hand side.

Slide the seat forwards and release the lever to lock it in the desired position

By sliding the seat forward it gives more support under the legs of taller people

The height adjustable arms have a centrally located **button (8)** on the outside of the arm rest.

Push the button to adjust the height of the arms

The arms may also be folded away by depressing the projecting **"nib" (9)** at the base whilst swivelling the arm through 90 degrees

This guide should be read in conjunction with the WCC Quick Set up Guide available on the intranet page below.

For further information regarding the use of Display Screen Equipment, please visit the W.C.C. Intranet;
[Intranet > Helping You Work > HR > Health, Safety and Workforce Wellbeing > Health & Safety > Health & Safety Topics A-Z > DSE \(Display Screen Equipment\)](#)