WARWICKSHIRE COUNTY COUNCIL

Market Position Statement for Working Age Adults 16 - 64

FEBRUARY 2024



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Foreword



As As the Portfolio Holder for Adult Social Care and Health, it gives me great pleasure to extend a warm welcome to you as we present our updated Market Position Statement for Working Age Adults in Warwickshire.

It presents our commissioning intentions and emphasises the importance of collaboration with partners, including the

Coventry and Warwickshire Integrated Commissioning Board (ICB) and public, private and voluntary sector providers in developing services that prioritise choice and independence for our citizens.

The Market Position Statement serves as a valuable resource, providing information and identifying opportunities for the market to evolve in a suitable manner while ensuring its diversity and sustainability. The Council plans to work closely with providers to explore service delivery options that meet the challenges of delivering agreed and appropriate outcomes for customers during these challenging times, marked by limited resources, complex needs, increasing demands, and shifting expectations. I hope you will find it both useful and informative.

Cllr Margaret Bell Portfolio Holder for Adult Social Care & Health



Purpose of this Market Position Statement (MPS)

This document contains information and analysis that is of benefit to both current and prospective providers of Working Age Adults Community Provision within Warwickshire, for those that have eligible needs under the Care Act (or for 16-17 year olds, are likely to have eligible needs under the Care Act). It summarises supply and demand in the local authority area or sub-region, and signals business opportunities within the care market in that area. It also signals the strategic direction and our future commissioning intentions.

This MPS outlines how the Working Age adults' market may need to develop and adapt to meet future anticipated need/demand. It also sets out the key areas for market development by identifying where there are current or anticipated service gaps.

The test of a MPS is how well it is used by the provider market. Our aspiration for the future includes an interactive web-based version of the MPS, which will enable regular updates to be made and provide the market with up-to-date information that will assist providers when shaping their business decisions.



Our Commitment

We have established a set of commitments that guide our approach to commissioning services at the same time as ensuring positive outcomes for the people of Warwickshire. These commitments reflect the council's dedication to creating a thriving community.

We will only commission services that contribute to positive outcomes for Warwickshire people.

We will commission services that support a restorative and strength-based approach.

We will work within budget to commission safe and sustainable services that meet people's needs.

We will ensure learning from the COVID-19 pandemic response, restoration and recovery informs our commissioning approach.

We will work with providers to baseline the carbon impact of commissioned services and develop plans to reduce carbon emissions from our social care contracts.

We will ensure that our commissioned services will be developed using a robust evidence

base, including place-based Joint Strategic Needs Assessments.

We will focus on developing and strengthening relationships with internal and external partners, service providers and people that use our services. We will utilise their extensive knowledge to co-produce solutions and to plan, commission and review.

We will support development of the Coventry and Warwickshire Integrated Care System; taking action to maintain, progress and further develop integrated and place-based commissioning arrangements where they secure the best outcomes for our population and reduce health inequalities.

We will evaluate and review the impact of our commissioning activity on the Warwickshire population, ensuring flexibility and continuous improvement.

Adult Social Care Strategy

Our duties and responsibilities are determined by national legislation and the four important pieces of legislation which guide our work are the Care Act 2014, the Mental Capacity Act 2005, Health and Social Care Act, and the Mental Health Act 1983. Additionally, the Government has set out its plans and wide-ranging reforms for health and social care, through 'Build Back Better', 'People at the Heart of Care' and more recently 'Next steps to put People at the Heart of Care'.

We are currently in the process of writing our Adult Social Care Strategy. This document will both articulate what we are currently doing to deliver our Adult Social Care responsibilities, and areas which we need to strengthen to keep our population safe, well and independent for as long as possible. This section of our MPS will be updated Autumn 2024, once we have finalised this document by engaging with social care staff, providers and customers. Our draft document outlines our strengths and conversely where we should like to strengthen our offer.

Current Strengths

Strength-based practice has been identified as being particularly good in Warwickshire and was highlighted in our recent Peer review. This way of working builds on the established assets in people's lives, families and communities to deliver the best outcomes for our customers.

The WCC Learning and Development (L and D) team will continue to work closely with providers to support the training and development of the provider workforce. They offer training assessments to identify training needs amongst staff and work with providers to access the identified and required training. They both commission and deliver training for providers and utilise a web-based Learning and Development platform (Scils). This supports transferability of training, reduces re-training and concentrates on personal development needs. We have started work on improving our information offer and digital interface and we will be looking regionally and nationally at authorities who do this well. If potential customers, friends and relatives can access the information they need easily and can also self-serve to understand what is available to meet their needs, then they might access non statutory community resources to help themselves. This will help people stay well and independent for longer.

Partnership working both with other statutory bodies and within WCC between Adult Social Care and Social Care and Health Commissioning is strong.

We have an integrated Adult Mental Health service with the NHS that results in a joined-up service provision to our customers with Mental Health Needs.

Areas for Development across the wider social care market

We will develop our Information offer and digital interface. If potential customers, friends and relatives can access the information they need easily and can also self-serve to understand what support options are available to meet their needs, this will help people stay well and independent for longer.

We will continue to explore the role technology can play in supporting individuals to remain independent or obtain independence and take advantage of opportunities arising from the rapid advancements in technology.

During Covid and since its decline we have seen an increase in sustained care post hospital discharge, as such we are developing short term recovery and reablement support, both bedded and within the community, to help people to reduce their long-term needs for care and support.

We will continue to work closely with Housing Authorities in the county to progress the development of Housing with Care schemes to create good quality, affordable housing options as alternatives to residential care for those with some care needs. We will seek to encourage the development of a diverse market and promote opportunities for providers in the third sector, particularly social and micro-enterprises that can develop and offer alternatives to traditional support services. We will also look at ways of maximising community-based services and the voluntary sector to deliver services that support, and compliment commissioned services.

In line with Warwickshire's Health and Wellbeing Strategy, we will take a Health in All Policies approach to make health everyone's business, in particular helping people to improve their mental health and wellbeing and reducing inequalities in health outcomes and the wider determinants of health. It is recognised that all staff and services have a role to play in supporting good health and wellbeing. A Making Every Contact Count (MECC) approach is being rolled out across the Council and commissioned partners to deliver key messages and signposting to health and wellbeing support.

A Healthy Ageing Joint Strategic Needs Analysis (JSNA) has now been published which will outline the priorities for preventing ill health in later life.

A Joint Strategic Needs Assessment to better understand the needs of people with a learning disability in Warwickshire is being completed during 2024 and will be used to update this market position statement and inform future projections of needs across the County.

Working Age Adults Care and Support in Warwickshire

Warwickshire's adult social care system aims to deliver comprehensive support to adults aged 16-64 with diverse needs, encompassing learning disabilities, autism, mental health needs, and those requiring specialised behavioural support, physical disabilities, and sensory needs. This includes tailoring support to individual needs, addressing workforce stability concerns, and navigating budget constraints.

To achieve this aim, a collaborative effort is important, engaging a diverse array of stakeholders such as service providers, local authorities, and the community. Key strategies involve regular reviews, gaining feedback from service users, and strategic planning.

Supported Living

Supported living in Warwickshire for working age adults (16-64) who have eligible needs under the Care Act and with learning disabilities, physical disabilities, sensory needs, mental health needs and / or autistic people. Supported Living involves providing tailored assistance to help individuals live independently within their community. The focus is on empowering individuals to lead fulfilling lives while receiving the necessary support.



Key aspects of supported living include:

- **1. Tailored Support:** Personalised assistance is offered based on the unique needs of individuals and building on strengths.
- 2. Independence: The goal is to promote independence by offering support within the individual's own residence. This approach enhances autonomy and integration into the community.
- **3. Community Inclusion:** Supported living emphasises active participation in the community. It encourages social interactions, engagement in local activities, and integration into community life.
- **4. Holistic Care:** Individuals receive holistic care, encompassing various aspects of their well-being, including physical health, mental health, and social integration.
- **5. Flexibility:** Supported living services are flexible, adapting to the changing needs of individuals over time. This ensures that the support remains relevant and effective.

Overnight Respite

Overnight respite is essential for adults aged 16-64 with disabilities, mental health needs, and / or autism in Warwickshire. These services provide muchneeded support by offering overnight breaks to family caregivers, allowing them to recharge and attend to their own needs.

Under the Working Age Adults Framework, WCC aimed to commission more varied respite opportunities away from traditional building-based provision. Support of this nature must also recognise the needs of family/carers therefore, short breaks should be flexible.

Respite can also include support in the individual's home, a short-term residential setting and/or emergency short breaks to prevent carer breakdown.

Short breaks

Adult short breaks provides the opportunity for individuals to have a break away from the family, providing enjoyment for themselves, and respite for family carers.

Short breaks can vary in duration, from a few hours to several days, depending on the individual's and caregiver's needs. The frequency of short breaks may be determined based on the care plan and the specific requirements of the individual.

Community Provision

Community provision in Warwickshire caters to working age adults (16-64) with learning disabilities, physical disabilities and sensory needs, mental health needs and autistic adults. Community provision can involve providing structured support and activities for individuals during the day, promoting their well-being and community inclusion.

Community provision can include community-based day opportunities, building-based offers or a combination of both. Services should be accessible and personalised aligning with the evolving needs and preferences of individuals with diverse abilities and conditions.

Live in Care

Live-in care in Warwickshire for working age adults (16-64) with learning disabilities, physical disabilities and sensory needs, and mental health needs involves the provision of comprehensive support within the individual's own residence. This tailored service is designed to address specific needs and promote independence while ensuring a safe and comfortable living environment.

The live-in care model offers continuous assistance, including personal care, medication management, and emotional support. It enables individuals with diverse abilities and conditions to receive dedicated care within the familiarity of their home. This approach fosters a sense of autonomy and contributes to the overall well-being of the recipients.

Live-in care in Warwickshire emphasises a personcentred approach, recognising the unique requirements of each individual. This care option is a flexible and holistic solution, catering to the diverse needs of working age adults, thereby enhancing their quality of life.

Shared Lives

Shared Lives is a scheme in Warwickshire designed to provide working-age adults (16-64) with additional needs a flexible form of supported living. This program centres on carers who offer accommodation and support within their own homes, enabling a more personalised and inclusive approach to adult social care. The scheme aims to foster independence and community integration for service users by placing them in a family-like environment where they can develop lasting relationships and receive tailored care. Shared Lives represents a significant shift from traditional residential care models, emphasising the importance of individualised support and community-based living. This approach is particularly beneficial for individuals with disabilities and/or mental health needs, ensuring they receive the support necessary to lead fulfilling lives within their communities

Transforming Care

For people with the most complex behaviours, we will encourage the development of specialist services with a skilled workforce to work with individuals. Our Market Position Statement for Transforming Care is due to be published shortly.

Other Services

We are committed to improving the lives of adults with a disability, mental health needs and autistic adults by helping them to be independent, have healthier lives, build strong networks in their communities and have more choice and control over their care and support. We will continue to embed coproduction with experts by experience in the review and improvement of our provision to ensure it is responsive and personalised.

We are committed to ensuring that our Working Age Adults community provision supports individuals to access and autonomously move into mainstream social, leisure, educational, cultural activities and other opportunities in the wider community. We aim to ensure that our community support offer is person-centered, strength based and has the needs of the individual at the heart of everything they do to enable them to live as full a life as possible. Following feedback from Warwickshire residents, our commissioning intentions span five themes:

My Home Life

Through our Supported Living offer, we will support individuals to own or rent their home, maintain tenancies/ownership, and have control over the support they get, who they live with and how they live their lives. We are committed to aligning our service offer for Supported Living, with the Reach Standards. These standards encourage us to be curious and committed to discovering what a good, ordinary life looks like for each person we support.

We will work with providers to ensure that adults with physical disabilities and / or sensory needs and autistic adults receive personalised and responsive care and support offers to enable access to housing, transportation, and assistive technology which are key to enhancing independence and quality of life. We aim to ensure that Supported Living options include the provision of environments which meet physical or sensory disability needs.

We will support Supported Living providers to develop partnership arrangements with registered housing providers to support our customers to access suitable accommodation.

My Work Life

We are committed to enhancing employment support for working-age adults. Employment support encompasses a range of services aimed at assisting individuals in finding, securing, and maintaining employment opportunities. This includes job coaching, skills development, vocational training, and support in navigating the job market. We will collaborate with stakeholders, including service users, providers, and community organisation's, to innovative solutions and strategies that address the specific employment needs of this demographic. Through these efforts, we aim to create a robust and responsive system that promotes inclusivity, independence, and meaningful participation in the workforce for working-age adults with social care needs.

My Family Life

We want to support carers and ensure they have fulfilled lives. Through our Working Age Adults framework, we will ensure that individuals are supported to access appropriate opportunities for a planned break from their usual routine. This support will recognise the needs of carers and short breaks may be flexible to include support in the individual's home and/or emergency or planned short breaks or respite to prevent carer breakdown. During 2024/25, we will work with experts by experience and stakeholders to review and recommission the Complex Needs Day Services to ensure continuity of provision when the current contracts end.

We will develop provision and pathways which support people to move from the family home into independent living, in line with their wishes and needs, recognising this might include children and young people approaching adulthood or adults who currently live at home with elderly parents and may be transitioning into supported living for the first time. We will commission support which enables people to develop their independent living skills and will look for evidence that people are being supported to feel confident and happy in developing their independence and a full life in their community.



My Healthy Lifestyle

We will continue to work with providers to improve health and wellbeing and prevent ill health, including mental health, taking into consideration the recommendations from Warwickshire Joint Strategic Needs Assessments (JSNAs) and learning from lives and deaths – People with a learning disability and autistic people (LeDeR). Providers will support people with learning disabilities or severe and enduring mental illness to access their annual health checks via their GP and will ensure associated health action plans are delivered and hospital passports are kept up to date.

We have an expectation that providers are training staff to understand Learning Disabilities and Autism, this includes completion of Oliver McGowan training.

We aim to provide support for autistic working-age adults and those awaiting a diagnosis within adult social care. This support aims to address the unique needs of individuals awaiting assessment and diagnosis, ensuring they receive timely assistance and resources. Our commitment includes:

- Establishing dedicated services tailored to the specific needs of adults on the autism waiting list, offering support mechanisms such as counselling, vocational training, and social integration programs.
- 2. Collaborating closely with healthcare providers and relevant agencies to streamline the assessment process and reduce waiting times, ensuring individuals receive timely diagnosis and access to appropriate services.
- **3. Developing specialized transition programs** to facilitate the smooth transition from the waiting list to formal diagnosis and subsequent support services, focusing on continuity of care and individual empowerment.
- 4. Implementing ongoing training and awareness programs for social care staff to enhance their understanding of autism spectrum disorders and equip them with the necessary skills to provide effective support.

Through these initiatives, we aim to alleviate the challenges faced by individuals on the autism waiting list and empower them to lead fulfilling lives within their communities.

My Social Life

People have told us that they want to make or maintain friendships and have relationships. We will ensure that support encourages people to develop their interests and hobbies and to make friends, to have relationships and to spend time with the people that are important to them.

Our Working Age Adults Framework includes community provision, our expectation is that this provision supports individuals to develop or maintain a social life. During the course of the contract, we will continue to work with customers to understand what is working well and opportunities for our offer to improve.

Broader Commissioning Intentions

We will continue to work with providers to improve the quality and sufficiency of provision within Warwickshire:

We will commission based on evidenced need for capacity to meet service needs in areas where there is escalating demand or a lack of supply. We are committed to collaborating with providers to understand gaps in provision while developing appropriate solutions by assessing the total available provision and its distribution across the county.

We recognise the importance of consistency in the achievement of outcomes, and we will work with care and support providers to achieve this through constant and reliable staffing and support arrangements.

www.cqc.org.uk/guidance-providers/autisticpeople-learning-disability/right-support-rightcare-right-culture We remain committed to understanding why we place people outside Warwickshire. Our objective is to understand whether this is a result of complex needs or increasing needs beyond Warwickshire's capacity and to understand whether further market development is needed to address these needs. Collaborating with providers and our operational teams, we aim to gain deeper insights into service gaps and promptly communicate these observations to the market. Through ongoing collaboration with key stakeholders, our focus is on ensuring Warwickshire effectively addresses the diverse needs of its citizens, enabling them to reside locally.

We will commission services that support the council to manage its budgets within available resources and ensure that commissioned provision delivers good value for money.

We will continue to support more people to manage their own budget, giving them choice and control either via a Warwickshire County Council (WCC) and/or NHS Coventry and Warwickshire Integrated Care Board (CWICB) Managed Budget (commissioned service), Direct Payments and/or Individual Service Fund.

We are committed to supporting the care market in adopting appropriate digital solutions to improve the quality and safety of care for individuals. When supporting people or giving advice, we will ensure assistive technology is always considered, especially where it can aid mobility to communication devices, navigation assistance, hearing aids, and smart home technology, to empower individuals with disabilities for active community participation and inclusion to support the quality of care and safety for customers.

We are committed to acting decisively to tackle climate change and the biodiversity crisis. Taking action now, so that we are a County with a sustainable future, is one of the key strategic priorities in the Council Plan. We have already started work towards our goals of reducing carbon emissions to net zero across the Council by 2030 and to support us as a County to do the same by 2050 or earlier. We will be working with providers to assess and reduce the environmental impact of provision, with a view to agreeing a protocol/ambition which would then form part of our contracts from September 2026.

Resources

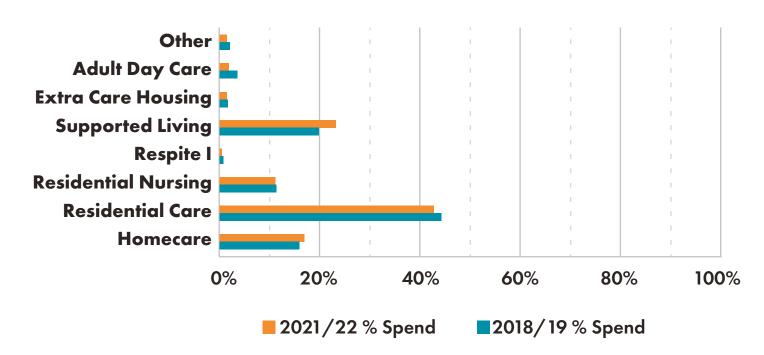
Adult Social Care Spending

This section specifically examines Adult Social Care expenditure for packages of care. It excludes expenses related to staffing or any other areas and does not incorporate income, including contributions made by eligible clients towards their care costs. This approach is designed to facilitate comparisons with other Local Authority Market Position Statements.

The total spends for adult social care services increased from £126m in 2018/19 to £155m in 2021/22, representing a £29m increase and a 23% growth in gross expenditure. Among the various types of care, Supported Living accounted for 20% of this expenditure in 2018/19 and 23% in 2021/22. Day care accounted for 4% of expenditure in 2028/19 reducing to 2% in 2021/22. Respite expenditure has remained constant at 1% between 2018/19 to 2021/22.

We have several statutory responsibilities, including setting a balanced budget. We recognise the need to remain within budget, but also to help maintain the quality, sustainability, and accessibility of adult social care services in Warwickshire.





Workforce

Recruitment in the adult social care sector remains a persistent challenge, particularly for working-age adults in Warwickshire. The allure of higher-paying job opportunities in alternative sectors poses difficulties in attracting and retaining skilled workers. In addition, specific recruitment challenges exist in the south and more rural parts of the county which impact potential service delivery. To address this, a concerted effort is essential to enhance the appeal for prospective care workers.

The council is committed to collaborating with providers and the NHS Integrated Care Board (ICB) in system-wide initiatives. These initiatives aim to highlight the intrinsic rewards of working in the care industry, emphasising the positive impact on people's lives.

Some providers have successfully utilised Home Office Sponsorship licenses to engage overseas workers. Acknowledging associated risks, the council is actively developing resources to assist the market in licence application and effective management, aiming to mitigate identified risks.

The commitment is ongoing to work closely with all partners, addressing the challenges for care service delivery and adapting services to meet future demands and pressures.

Warwickshire and its Population

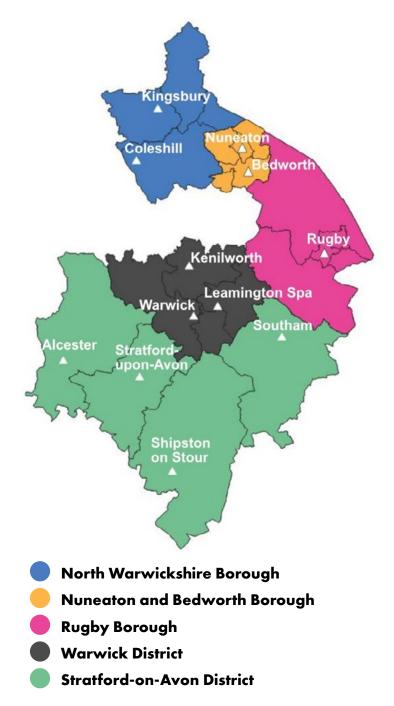
The county of Warwickshire is located in the West Midlands region. According to mid-2021 population figures published by the ONS, the population of Warwickshire was 599,153. Based on recent growth rates, it is estimated that the current population in 2023 has risen to around 623,000.

Warwickshire is at the heart of Britain's transport network and several key strategic routes pass through the county. Warwickshire currently has a two-tier Local Authority system in place with an upper-tier County Council and five lower-tier district and borough councils as follows:

- North Warwickshire
- Nuneaton and Bedworth
- Rugby
- Warwick
- Stratford-on-Avon

The population of Warwickshire is diverse, with a mix of urban and rural areas. In terms of demographics, the largest age group is those aged 45-64, followed by those aged 65 and over. There is a relatively low percentage of young people under the age of 16, which suggests that the population is ageing. The population is predominantly White British, with ethnic minorities making up a smaller proportion of the population.

It is estimated that the population in Warwickshire will continue to grow over the coming years. The current projected growth rate suggests that the population of Warwickshire will reach around 677,000 by 2041.



Population aged 18-64, projections to 2040

	2020	2025	2030	2035	2040
Population aged 18-64, projected to 2040.	341,000	351,400	359,000	366,200	374,400
People aged 18-64 predicted to have a mental health problem, projected to 2040	24,560	25,325	25,841	26,369	26,948
Total population aged 18-64 predicted to have a learning disability, projected to 2040	8,446	8,550	8,763	8,966	9,178
People aged 18-64 predicted to have a moderate or severe Learning Disability, projected to 2040	1,887	1,950	2,009	2,061	2,113
People aged 18-64 predicted to have a moderate personal care disability, by age, projected to 2040*	13,854	14,414	14,451	14,414	14,756
People aged 18-64 predicted to have a severe personal care disability, by age, projected to 2040*	3,045	3,150	3,172	3,183	3,260

Source: Projecting Adult Needs and Service Information (PANSI)

*Personal care disability encompasses challenges related to essential activities such as getting in and out of bed, moving in and out of a chair, dressing, personal hygiene, feeding, and toilet use.

The table above outlines anticipated changes in the population aged 18-64 and various related health indicators up to the year 2040. The total population in this age group is expected to steadily increase from 341,000 in 2020 to 374,400 in 2040. Additionally, the number of individuals aged 18-64 with a learning disability is expected to increase from 8,446 in 2020 to 9,178 in 2040, with individuals with moderate or severe learning disabilities is expected to increase from 1,887 in 2020 to 2,113 in 2040.. Furthermore, projections indicate varying trends in personal care disabilities. The number of individuals with moderate personal care disabilities is projected to remain relatively stable, with a minor increase from 13,854 in 2020 to 14,756 in 2040. Conversely, those with serious personal care disabilities are expected to experience a gradual increase from 3,045 in 2020 to 3,260 in 2040. These projections highlight the evolving landscape of healthcare needs within the adult population and emphasise the importance of proactive planning and resource allocation in the years ahead.

Mental Health

Of significant concern is the projected prevalence of mental health needs, which is expected to rise from 24,560 individuals in 2020 to 26,948 individuals by 2040.

The Coventry and Warwickshire Joint Strategic Needs Assessment (JSNA) reveals the profound impact of poor mental health in the region, emphasising pervasive challenges faced by local services. In certain demographics, accessing mental health services becomes difficult, requiring critical efforts to address barriers and ensure broader resource utilisation. Anticipated increases in mental health issues pose substantial challenges to the health system, emphasising the need for preventive strategies. The aftermath of the pandemic has intensified mental health concerns, particularly among young people and women. Recognising this, integrating mental health into recovery plans is crucial, underscored by national and local documents, including The Five Year Forward View for Mental Health and the NHS Long Term Plan, and the National Suicide Prevention Strategy.

The JSNA identifies that people with a Learning Disability and Autistic people have a higher prevalence of mental health problems, the barriers that can exist around accessing services and instances where conditions are not identified or misattributed to the persons' learning disabilities or as behaviours that challenge. The Oliver McGowan training is promoted across Warwickshire to increase awareness and understanding of learning disabilities and autism.

Mental Health and Wellbeing of 0-25-Year-Olds

Various factors impact the mental health of Warwickshire's children and young people. All local partners and organisations have a shared responsibility to enhance their mental health and wellbeing. To prevent adverse mental health outcomes, services and practitioners engaging with this demographic should actively contribute to positive mental health strategies.

The rise in mental health conditions, coupled with the anticipated population growth in the 0–25 age group, suggests a likely increase in mental health incidents. Consequently, recommendations from the JSNA should guide future commissioning activities, addressing capacity and demand concerns.

Recognising the strong link between physical and mental health, services should adopt a holistic approach, considering both aspects for optimal outcomes. The Millennium Cohort Study highlights the significance of addressing high Body Mass Index (BMI) in youth to prevent later mental health challenges.

To enhance mental health and wellbeing, emphasis should be on protective factors and proactive measures, intervening early to prevent deterioration. The 2022 NHS Mental Health of Children and Young People survey reveals a concerning 36.8% self-reported loneliness among 11-16-year-olds, underscoring the need to bolster social support networks.

Engagement mapping in Warwickshire identifies persistent social stigma around mental health among children and young people, necessitating targeted efforts to address and eliminate this stigma.

Warwickshire County Council Joint Strategic Needs Assessment (JSNA)

10 May 2023

Autistic People Projections to 2040

AUTISTIC SPECTRUM DISORDERS - ALL PEOPLE	2023	2025	2030	2035	2040
People aged 18-24 predicted to have autistic spectrum disorders	439	445	499	518	500
People aged 25-34 predicted to have autistic spectrum disorders	763	766	743	772	835
People aged 35-44 predicted to have autistic spectrum disorders	719	751	813	838	813
People aged 45-54 predicted to have autistic spectrum disorders	754	738	739	804	865
People aged 55-64 predicted to have autistic spectrum disorders	795	811	795	745	753
Total population aged 18- 64 predicted to have autistic spectrum disorders	3,471	3,511	3,588	3,677	3,766

Source: Projecting Adult Needs and Service Information (PANSI)

The above table provides predictions for the prevalence of autism spectrum disorders (ASD) in different age groups between the years 2023 and 2040. The table provides the total population aged 18-64 in Warwickshire with ASD, which is expected to grow from 3,471 in 2023 to 3,766 in 2040. These predictions highlight a changing landscape in the prevalence of ASD among different age groups, with variations over the years.

Autism is a lifelong developmental condition which affects how people communicate with others and perceive the world. Autistic people often have significant sensory differences which can lead to being overwhelmed by pattern, colour, sound, smell, texture and taste, which in turn can lead to increased anxiety exhibited in behaviours that can challenge. It is paramount to ensure that any housing location, size and environment is designed with the residents' needs at the heart.



Examples of good practice documents are listed below:

- a. the Department of Health and Social Care document 'Building the Right Support Action Plan' <u>link here</u>.
- b. Access to and Use of buildings: Approved Document link here.
- c. NHSE have put together a checklist which can be used by developers to ensure the housing schemes being developed are fit for purpose:
 - The NDTi summary on these considerations is available here
 - The full housing report, including a checklist, developed by NDTi on behalf of the Local Government Association (LGA) and the Association of Directors of Adult Services (ADASS) is available here
 - A NICE endorsed checklist for Autism-Friendly Environments is available <u>here</u>

Whilst Autism is, for some, associated with everyday challenges, it may also be associated with cognitive strengths and talents.

Early intervention plays a pivotal role in enhancing outcomes for autistic people. Timely diagnosis and targeted support, contribute to the development of essential life skills and overall well-being.

Promoting awareness, understanding and acceptance is key to creating environments where autistic people can thrive, and Warwickshire to be a place where our communities are more inclusive and welcoming for autistic people, supported appropriately by codesigned, commissioned services.

Warwickshire's Overall Health Outcomes

Warwickshire's overall health outcomes are above the national average; however, these outcomes vary among its residents. In more deprived regions, individuals experience shorter lifespans and spend a substantial portion of their lives in poor health. Contrarily, in less deprived areas of the county, males anticipate living over nine years longer, while females expect to live five years longer than their counterparts in the more deprived regions.

Notably, people are facing an extended duration of poor health in their extended lives, with men enduring 17.6 years and women 19.3 years in suboptimal health. These discrepancies in health outcomes are avoidable and closely tied to living and work conditions, alongside lifestyle choices encompassing smoking, alcohol consumption, nutrition, and physical activity.

While numerous individuals continue to enjoy a healthy, active, and independent lifestyle in their later

years, some face an escalating risk of frailty, longterm medical conditions, dementia, terminal illnesses, dependency, and disability, including falls, as they age. Furthermore, individuals from certain ethnic minority groups and lower socio-economic backgrounds are more likely to experience inequalities in aging well.

Evidence indicates that people with learning disabilities have poorer health than people without a learning disability and have differences in health status that are, to an extent, avoidable. The health inequalities faced by people with learning disabilities in the UK start early in life, and often result from barriers they face in accessing timely, appropriate and effective health care. Autistic adults similarly experience inequalities in terms of quality of life, physical health, mental health, employment and social relationships. All providers and carers have a role to play in supporting people with healthy lifestyles and access to healthcare, including reasonable adjustments where necessary.

	WARWICKSHIRE	WEST MIDLANDS	ADULT SOCIAL CARE SERVICE USERS 2022/23	DISABILITY CARE HOMES SERVICE USERS	DISABILITY CARE HOMES SERVICE USERS 2022/23 (ACCOUNTING FOR UNDECLARED)
Asian, Asian British or Asian Welsh (%)	6.3	13.3	3.0	4.0	4.1
Black, Black British, Black Welsh, Caribbean or African (%)	1.3	4.5	0.6	1.2	1.2
Mixed or Multiple ethnic groups (%)	2.3	3	0.5	1.7	1.8
White (%)	89.1	77	85.5	90.2	92.3
Other ethnic group (%)	1.0	2.1	0.5	0.6	0.6
Undeclared (%)			9.9	2.3	

Diversity of Population

Warwickshire is less diverse than the West Midlands region and England as a whole. The majority of the population in Warwickshire identifies as White, accounting for 89.1% of the population.

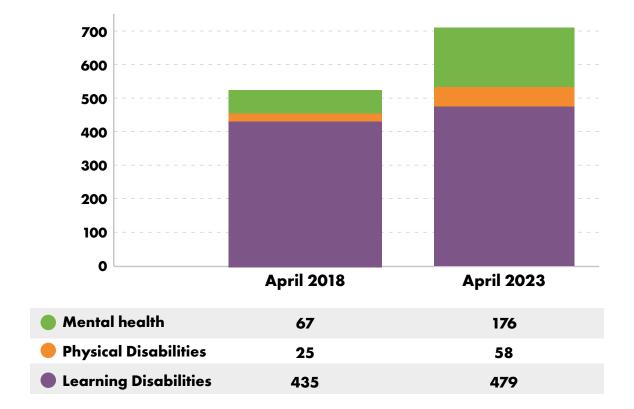
Our care records systems show that our working age adult care home population appears to have a different ethnic composition compared with the West Midlands. However, the ethnicity of 10% of our residents in care homes is undeclared. Because of this, work needs to be undertaken in this area to understand more accurately what the real diversity of care is in Warwickshire, and we will seek to work with providers and local communities to help ensure the care provided meets the specific needs of the wider community.

For additional information please use the links provided below.

Warwickshire Insights

Projecting Adult Needs and Service Information (PANSI), Oxford Brookes University Institute of Public Health (other data sources are available) **PANSI**

Current Capacity, and Forecasted Demand



Number of Individuals Receiving a WCC Commissioned Supported Living Package of Care

The above table illustrates the growth in the number of individuals receiving WCC funded packages of Supported Living which has been separated further into the different client groups, Mental health, Physical Disabilities and Learning Disabilities from April 2018 to April 2023.

For mental health packages we can see that the number of packages increased steadily over the years, reaching 173 in April 2023. Learning Disability packages of care have shown a consistent demand, with a total of 479 packages in April 2023, with Physical Disability highlighting a gradual increase in packages, reaching 58 in April 2023.

On the whole, the aggregate of Supported Living packages has increased significantly from 531 in April 2018 to 715 in April 2023, signifying a substantial 34% increase. This growth underscores the persistent demand for such services and the imperative for strategic planning to address the evolving requisites in adult social care, particularly in Supported Living. This strategic foresight is crucial to meet the needs of individuals in Warwickshire who depend on these essential services.

Out of County Placements

	APR-18	APR-19	APR-20	APR-21	APR-22	APR-23	
Supported Living Packages							
Mental Health	2	6	10	14	17	27	
Learning Disability	22	29	32	30	29	29	
Physical Disability	3	2	3	2	1	1	
Total	27	37	45	46	47	57	

Out-of-county placements involve individuals requiring social care services being situated in a local authority area different from their residence or origin. The rationale behind such placements varies, contingent on the specific care needs, local service accessibility and quality, and the preferences and well-being of the individuals.

The above table details the number of out-of-county placements for individuals receiving Warwickshire County Council (WCC) funded Supported Living packages from April 2018 to April 2023. Notably, the highest number of such placements are users of Mental Health and Learning Disability services. While there is a sustained number of Learning Disabilities individuals placed out of county, a significant increase in Mental Health placements is evident from April 2022 to April 2023.

This data underscores the need for ongoing collaboration with our service providers. It is essential to ensure adequate resources are in place to address the increasing demands, particularly for the local population requiring mental health services.

Supported Living Provision in Warwickshire

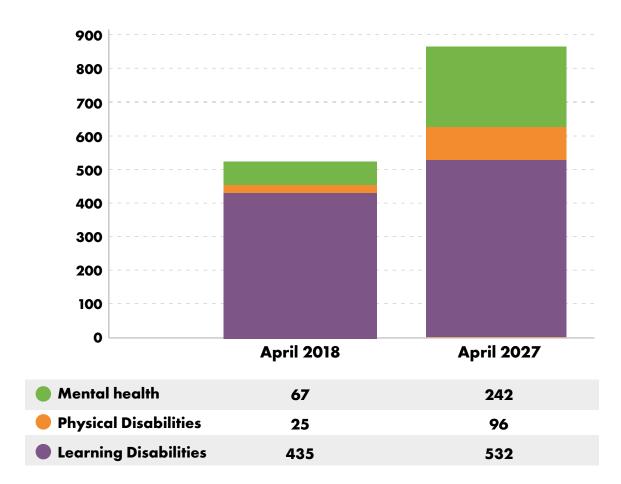
The WAA Community Services Framework consists of 75 providers across the different services. For those services that require CQC registration the majority, (77%) were rated as 'good'; with 2 providers rated as 'outstanding.' 10 providers are rated as 'requires improvement.'

Alongside our commitment to quality, our Commissioning and Quality Assurance teams continue to collaborate closely with WAA providers through ongoing communication, visits and access to training to support providers to improve quality of their services.

We will continue to work closely with our Social Care Providers to drive quality improvement through our 'See, Hear and Act' approach through which we gather and triangulate intelligence from multiple sources to identify any quality themes or concerns. Where concerns are identified we undertake quality assurance activity to understand these in more detail and this could include a visit to the provider to validate the intelligence. Where necessary support improvements through Service Improvement Plans (SIP). Significant concerns are escalated to Service Escalation Panel (SEP) where remedial actions are discussed, agreed and monitored. Remedial actions could include restrictions on admissions to the service until sufficient improvements have been evidenced and sustained. This could be a Voluntary Placement Stop (VPS) where the provider agrees to restrictions on admissions and enables them to have the resources to implement improvements as identified in the SIP.

This collaborative approach benefits the service users whilst building supportive partnership with the providers.

Future Demand



Projection of Individuals Receiving a WCC Commissioned Supported Living Package of Care

The graphs above show the projected demand for Warwickshire County Council (WCC) funded Supported Living packages categorised by service need, spanning from 2018 to 2027. Projections indicate a universal increase in demand, with an aggregate increase of 23% from April 2023 to April 2027. Notably, physical disability and mental health exhibit the most substantial growth rates, increasing by 66% and 40%, respectively, during the period from April 2018 to April 2027. Concurrently, learning disability sees a more modest 11% increase over the same timeline.

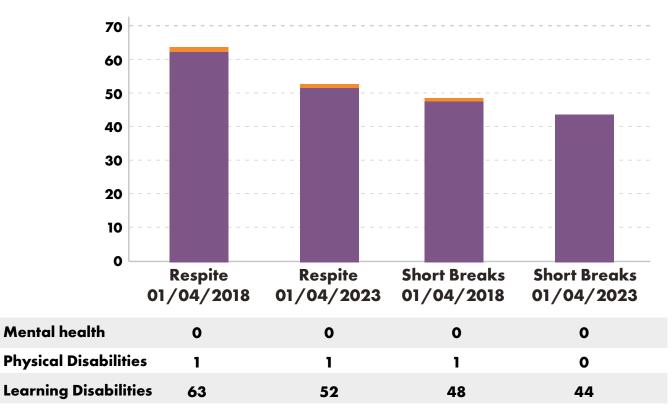
The impact of the COVID-19 pandemic has presented us with a challenge estimating future trends, due to significant drops in occupancy levels during the pandemic and then increased levels of demand over the last 12 months after restrictions were lifted in March 2022. Because of this we will continue to gather information and intelligence regionally and nationally and work with providers to understand trends in demand and we will be engaging with our local providers to come to a view regarding the right level of investment and development for our market through provider forums and mutual aid calls.

Analysis of referrals and sourcing of Supported Living reveal the following challenges in Warwickshire:

- **Geographical Preferences** Sourcing Supported Living in the southern or rural areas of the county.
- Sourcing smaller packages of support The majority of referrals entail low-level customer needs, translating to a demand for a relatively modest number of hours per week, typically less than 35 hours.
- 16- 18-Year-Old Support Requirement Sourcing Supporting living packages for individuals aged 16 to 18 years old.

Overnight Respite/ Short breaks

Number of Indivduals Receiving a WCC Commissioned Respite/Short Breaks Service



The graph above delineates the distribution of Warwickshire County Council (WCC) funded respite packages and short break packages across various Personal Support Reasons (PSR) throughout the documented timeframe.

Respite Care

In 2018, the instances of respite care for individuals with learning disabilities numbered 63, decreasing to 52 in 2023. Concurrently, respite care for physical disabilities held steady at 1 for both periods. Notably, no instances of respite care were recorded for mental health issues in both 2018 and 2023 and we need to assess our current respite offer and demand to understand if this is an area we need to facilitate further development and growth.

Short Breaks

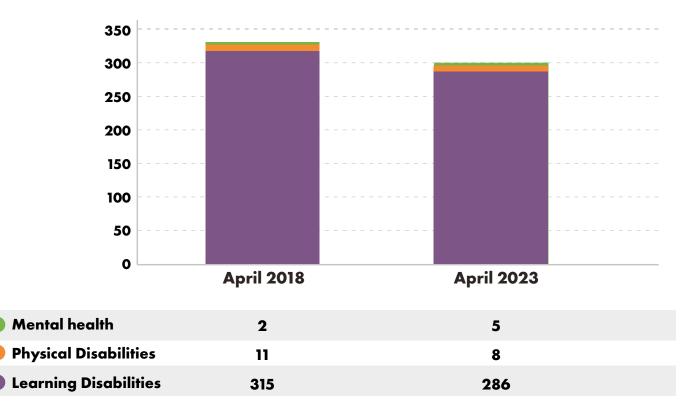
Short breaks for individuals with learning disabilities witnessed a decrease from 48 in 2018 to 44 in 2023. Meanwhile, short breaks for physical disabilities reduced from 1 in 2018 to 0 in 2023. Similar to respite care, no short breaks were recorded for mental health issues in both 2018 and 2023.

Overall Trends

The overall trends underscore an evident reduction in respite care for learning disabilities. Short breaks have witnessed a decline for both learning disabilities and physical disabilities. There is a need to understand whether the need for short breaks is being met through other provision (for example respite or community opportunities) and / or whether there is an unmet demand.







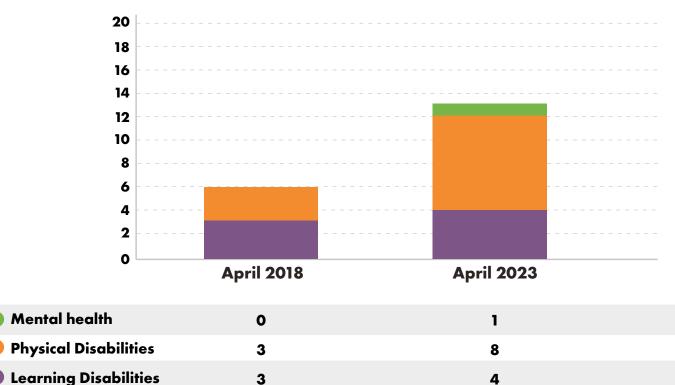
The above graph illustrates the distribution of Warwickshire County Council (WCC) funded Daycare packages, including Complex Needs Day Services, across the Personal Support Reasons (PSR) throughout the documented timeframe. Complex Needs Day Services provide a high level of support for individuals with complex needs, including 1-1 and 2-1 care and support. There is a building base at each of these services which can be utilised.

For individuals with Learning Disabilities, we can see a reduction in commissioned care from 315 in April 2018 to 286 in April 2023. People with Mental Health and Physical Disability needs reveal a lower level of usage of day care services. Additionally, it merits investigation if this demographic remains unrepresented in WCC's data due to the primary recording of the main PSR need. Recognising that individuals can have multiple needs underscores the importance of uncovering the nuances that influence these trends. This scrutiny is pivotal for ensuring the continuous provision of targeted care services.

Given these observations, it is imperative to understand if this is an area we need to facilitate further development and growth. By conducting a thorough analysis and addressing potential gaps in our services, we can ensure that the diverse needs of our community are met effectively, thereby promoting inclusivity and comprehensive care.

Live in care

Number of Indivduals Receiving a WCC Commissioned Live in Care Package of Care



The Graph above illustrates the distribution of Warwickshire County Council (WCC) funded Live-in Support Packages across various Personal Support Reasons (PSR) over the observed period.

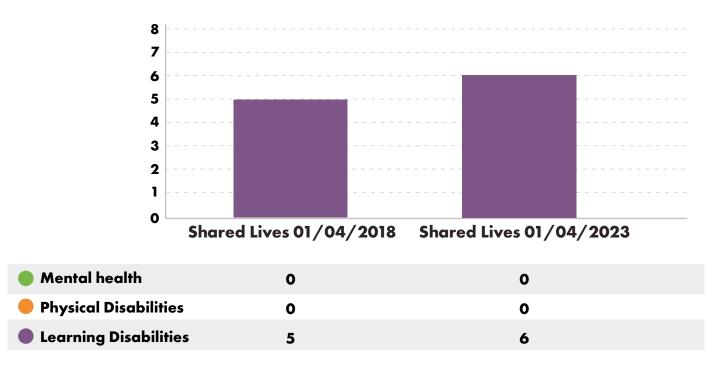
In the Mental Health category, there is a notable progression, with the support engagement incrementing from one individual in April 2018 to three individuals by April 2023. This upswing indicates a rising demand for live-in support within the mental health domain, necessitating a closer examination of the evolving needs and perhaps adjustments in service provision.

Similarly, the Learning Disability category displays a consistent need for support, with four individuals availing services in April 2023. While there isn't a substantial increase in numbers, the sustained demand underscores the significance of continued provisions tailored to the needs of individuals with learning disabilities. The Physical Disability category demonstrates a substantial growth in support requirements, escalating from three individuals in April 2018 to eight in April 2023. This noteworthy surge may reflect an increasing awareness and utilisation of live-in support services by individuals with physical disabilities.

The evolving trends in Live-in Support Packages emphasise the necessity for a flexible and responsive support system. Tailoring services to the growing demand in mental health, sustaining provisions for learning disabilities, addressing the substantial rise in physical disability support, and refining data recording practices for a clearer understanding collectively contribute to an effective and client-centred support framework.



Number of Indivduals Receiving a WCC Commissioned Respite/Short Stay / Short Breaks Service



The Shared Lives scheme in Warwickshire has remained steady over the past five years, with five people with learning disabilities supported as of April 2018 and six by April 2023. There are no people with physical disabilities or mental health needs supported through Shared Lives. This indicates potential areas for future development of the shared lives offer to better address the diverse needs of Warwickshire's adult population.

Summary

The Market Position Statement provides an overview of our approach to market development, our commitment to achieving positive outcomes, strategic intentions, and the financial context within which we operate. Collaboration, sustainability, and innovation are underscored as crucial elements in the provision of care services in Warwickshire.

Moving forward, we will continue working closely with our Health and Social Care partners to integrate services and ensure the delivery of high-quality care and support in the most suitable settings, with a focus on minimising hospital admissions. Technological advancements and innovation will be leveraged to transform commissioned services, enabling service users to receive personalised care. This involves ongoing development of digital platforms and the utilisation of AOssistive Technology (AT) to maximise independence within the residential care setting.

Furthermore, we recognise the importance of our voluntary and community sector partners in addressing social care challenges and meeting the diverse needs of communities. We will actively collaborate with these organisations, fostering innovation and seeking to strengthen partnerships to enhance the well-being of citizens in the years to come.

Useful Contact Details

Micro-commissioning opportunities along with the retender of the main residential care home contract will be advertised on our electronic tendering system, CSW JETS (https://in-tendhost.co.uk/csw-jets/ aspx/Registration), and we would encourage local providers to register on the portal to ensure they are notified of these tendering opportunities.

If you would like to enquire about opportunities to open or consider new services in Warwickshire, please email: marketmanagement@warwickshire.gov.uk

Warwickshire Climate Emergency Warwickshire Climate Emergency – Warwickshire Climate Emergency

Social Care Information and Learning Services is an online learning resource/community dedicated to the Health and Social Care Sector. Social Care **Information & Learning Services** (SCILS)