CARING TOGETHER WARWICKSHIRE BULLETIN – ISSUE 10 (JUNE 2024)



Welcome to this issue of the Caring Together Warwickshire Bulletin. For general information on support available for carers and young carers, please visit <u>www.warwickshire.gov.uk/carers</u>.

Carers Week (10 June 2024 to 16 June 2024)

Carers Week is an annual campaign from the Carers Trust Heart of England to raise awareness of caring, highlight the challenges unpaid carers face, and recognise the contribution they make to families and communities. Warwickshire County Council and Carers Trust will be celebrating carers throughout the week through a series of events, promotions and social media messages, all part of a wider campaign to raise awareness of services for unpaid carers across the county.

The Carers Trust defines a carer as anyone who looks after a family member or friend who has a disability, mental or physical illness, addiction, or who needs extra help as they grow older. Caring can be challenging for some and can have an impact on relationships and health to finances and work. It is estimated that 11% of people in Warwickshire will have a caring responsibility of this kind and many don't realise support is available for them. The theme for this year is 'putting carers on the map'.

Some of the events planned by Carers Trust for Carers Week include a <u>Walk for Carers</u> on 9 June 2024. For further information about this and other events, please visit the <u>Caring Together</u> <u>Warwickshire website</u>.

For more information about carers week, please visit www.carersweek.org.

For general carer information, please visit <u>www.caringtogetherwarwickshire.org.uk</u> and <u>https://www.warwickshire.gov.uk/carers</u>.

If anyone would like to participate in promoting Carers Week, please email peoplestrategyandcommissioning@warwickshire.gov.uk.







OFFICIAL - Sensitive

The Carer Awards

Carers Trust will be hosting their annual Carer Awards Ceremony on Thursday 13 June 2024 at Warwick School.

This year's Carer Awards will be that little bit more special as Carers Trust celebrates its 50th anniversary. The Carer Awards will mark the beginning of these celebrations which will go on throughout the year, with so many fantastic memories and milestones to reflect upon!

The Carer Awards is an opportunity for the local community to come together to celebrate the selfless work of not only carers but also the businesses, educational organisations and fundraisers that have gone above and beyond to help support carers and those they care for.

For information including award categories and how to cast your vote, please click here.



Palliative and End of Life Care Strategy Launch

Coventry and Warwickshire Integrated Care System have developed their first Palliative and End of Life Care Strategy for Coventry and Warwickshire, which is formally partnered by both Warwickshire County Council and Coventry County Council.

The strategy is an overview of how health and social care will work together with our communities across Coventry and Warwickshire to improve the lives of people with palliative and end of life care needs and those who look after them. We have asked people with palliative and end of life care needs, their carers, those who live in Coventry and Warwickshire, as well as our partners in health and social care, what we should focus on to improve the care and support we provide. We have discussed all areas of palliative and end of life care, including activities aimed at improving the understanding of the importance of planning for the end of life across our communities, provision of care, and bereavement care. A programme of engagement sessions were delivered in the summer of 2023 to seek insight and feedback along with a formal engagement period in July 2023.

The detailed Palliative and <u>End of Life Care Strategy: Delivery Plan</u>, will hold us accountable for the improvements we will make over the next five years.

Carer Survey

The provisional results of the 2024 Carer Survey have been received. The results show improvements across the board on all Adult Social Care Outcomes Framework measures. Some of the main results can be seen below. The response rate was significantly better than previously (31% compared to 13% previously). More details on national and nearest neighbours comparisons will be available when the full and final results are published later this year.

	2024 Submission Provisional	2022 Submission			
	Warwickshire	Warwickshire	West Mids	England	Change
Carer reported quality of life	7.0	6.4	7.2	7.36	0.6
Proportion of carers who reported that they had as much social contact as they would like	24.2%	21.6%	29.4%	28.0%	2.6%
Overall satisfaction of carers with social services	37.9%	36.4%	34.6%	36.3%	1.5%
Proportion of carers who report that they have been included or consulted in discussion about the person they care for	63.7%	48.8%	61.0%	64.7%	14.9%
Proportion of carers who find it easy to find information about services.	54.1%	42.0%	54.8%	57.7%	12.1%

Together with Autism Conferences

Warwickshire County Council are organising 3 Together with Autism conferences. These conferences provide an opportunity for information sharing, peer networking, and learning. The conferences are targeted at anyone with an interest in autism. The locations and dates of the conferences are:

- Saturday 29 June 2024: North Learnington School, CV32 6RD
- Saturday 14 September 2024: Meadow Park School, Coventry CV3 4BD
- Saturday 9 November 2024: North Warwickshire and South Leicestershire College, Hinckley Rd, Nuneaton CV11 6BH

These will be all day events taking place 9.45am – 4.00pm and will be open to members of the public and services to attend without charge. These conferences will include speakers, topical workshops and information stands to showcase local support and services for the autistic community and families.

If you would like to attend or be involved by hosting a workshop or having an information stand, please email <u>charlottecourtney@warwickshire.gov.uk</u>.

Carer Friendly Employer Program

It is estimated there are 100,000 unpaid carers living in Warwickshire.

More than one in seven people in any workplace are carers. On average 600 people a day leave work to care because of these pressures. If unsupported, many working carers also face being tired, stressed, and struggling to manage their own health as well.

Without the right support, 1 in 6 carers give up work or reduce their working hours to care, but many will be your most skilled and experienced staff.

The Carer Friendly Employer Award is designed to support employers towards building a positive and inclusive workplace for all staff who are or will become carers.

To find out more, please click <u>here</u>.



Coventry and Warwickshire Integrated Care System

Save the dates!

Together with Autism Conferences 2024



For professionals, parents and carers of autistic children, autistic adults and for anybody wanting to better understand autism.

Great news! **act** for **autism** have partnered with Coventry and Warwickshire Integrated Care System to bring you three conferences covering all things autism.



Come along to hear great talks, attend dynamic workshops, meet the services and talk to others about their experiences of autism.

Free to attend. Bookings will open six weeks before each event.

9,45am - 4,00pm More details to follow More details to follow For gueries and information: info@actforautism.co.uk

factforautismnow @actforautism_ Xactforautism1

New Act for Millions of Unpaid Carers

The Carer's Leave Act came into effect from 6 April 2024. Securing these new rights for working carers comes as a result of many years of campaigning and has opened up more possibilities for carers who are employed to stay in work and is also one of the things carers say they need to return to work.

A staggering 2.3 million carers across Great Britain could be entitled to these new rights.

More information about the Carer's Leave Act can be found <u>here</u>. In summary, the new Act:

- Covers employees in England, Wales and Scotland.
- Employees are entitled to up to one week's unpaid leave per year if providing or arranging care for someone with a long-term care need.
- This leave can be taken flexibly (in half or full days) for planned and foreseen caring commitments.
- It is available from the first day of employment.
- It provides the same employment protections to employees as other forms of familyrelated leave, including protection from dismissal.



Mobilise

Mobilise work in partnership with Warwickshire County Council to provide a range of free online services to support informal carers including practical and emotional support.

Join other carers for a virtual cuppa!

The Mobilise online, or virtual, cuppa is a free 45 min video call where you can connect with around 12 other people who are also looking after a loved one.

We're entirely focussed on supporting unpaid carers, rather than the person they look after. Every unpaid carer is warmly welcomed to join us, simply choose a time to suit you from our timetable.

For more information, please visit our website: https://support.mobiliseonline.co.uk/warwickshire

Carers Forum Meeting (17 July 2024)

The next carers forum meeting will take place on 17 July 2024 (9.30am to 11.00am) via Microsoft Teams.

The meeting will be an opportunity to share news and updates. We would encourage all invitees to attend if possible.

If invitees have any ideas for potential guest speakers at the forum, please let us know by emailing peoplestrategyandcommissioning@warwickshire.gov.uk.

Are you carer aware?

To further your understanding of what it means to be a carer, we encourage all our partners to set aside some time to take Warwickshire County Council's free CPD accredited online <u>Carer Aware and Young Carer Aware</u> courses (estimated completion time is 30-40 minutes each).



CARER **INFORMATION** FAIR

DO YOU KNOW WHAT HELP IS AVAILABLE TO YOU AS A CARER?

JOIN US AND OUR NETWORK PARTNERS FOR AN INFORMATION DAY ON ALL **AREAS OF CARING; FROM LEGAL TO** WELLBEING, WE'RE HERE FOR YOU.

IF YOU ARE A NETWORK PARTNER AND **WOULD LIKE TO BE PART OF THE DAY.** CONTACT US ON THE DETAILS BELOW.

BROADSTREET RUGBY CLUB 105 RUGBY ROAD, BINLEY WOODS, COVENTRY CV3 2AY

024 7663 2972 contactus@carerstrusthofe.org.uk www.carerstrusthofe.org.uk

Caring 7 Together Warwickshire

CARERS TRUST HEART OF ENGLAND (A COMPANY LIMITED BY GUARANTEE), COMPANY NUMBER: 03206963, CHARITY NUMBER: 1057024

WEDNESDAY **12TH JUNE** 10AM -6PM

CARERS

CELEBRATING 50

TRUST leart of England

Further information and contributing to bulletin

The Caring Together Warwickshire Service (commissioned by Warwickshire County Council and provided by Carers Trust Heart of England) has a website (www.caringtogetherwarwickshire.org.uk) where you can find updates about the service, and information and support for all carer age groups.

Further information about services available for carers can be seen here: https://www.warwickshire.gov.uk/carers.

If you would like to submit any information for inclusion in future bulletins, please submit it to ranbirjohal@warwickshire.gov.uk.



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