WARWICKSHIRE COUNTY COUNCIL

Market Position Statement for Care Homes for People with Disabilities, Autistic People and Mental Health Needs

MARCH 2024



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Foreword



As the Portfolio Holder for Adult Social Care and Health, it gives me great pleasure to extend a warm welcome to you as we present our updated Market Position Statement for Care Homes for People with Disabilities, Autistic People and Mental

Health Needs in Warwickshire.

It presents our commissioning intentions and emphasises the importance of collaboration with partners, including the Coventry and Warwickshire Integrated Commissioning Board (ICB) and public, private and voluntary sector providers in developing services that prioritise choice and independence for our citizens.

The Market Position Statement serves as a valuable resource, providing information and identifying opportunities for the market to evolve in a suitable manner while ensuring its diversity and sustainability. The Council plans to work closely with providers to explore service delivery options that meet the challenges of delivering agreed and appropriate outcomes for customers during these challenging times, marked by limited resources, complex needs, increasing demands, and shifting expectations. I hope you will find it both useful and informative.

Cllr Margaret Bell Portfolio Holder for Adult Social Care & Health

Purpose of this Market Position Statement (MPS)

This document contains information and analysis that is of benefit to both current and prospective providers of Care Homes for People with Disabilities, Autistic People and people who have Mental Health needs, within Warwickshire. It summarises supply and demand in the local authority area or sub-region, and signals business opportunities within the care market in that area. It also signals the strategic direction and our future commissioning intentions.

This MPS outlines how Care Homes for People with Disabilities, Autistic People and Mental Health Needs may need to develop and adapt to meet future anticipated need/demand. This includes autistic people, people who have mental health issues, along with people with physical and learning disabilities aged between 18-64. It also sets out the key areas for market development by identifying where there are current or anticipated service gaps.

The test of a MPS is how well it is used by the provider market. Our aspiration for the future includes an interactive web-based version of the MPS, which will enable regular updates to be made and provide the market with up-to-date information that will assist providers when shaping their business decisions.

Our Commitment

We have established a set of commitments that guide our approach to commissioning services at the same time as ensuring positive outcomes for the people of Warwickshire. These commitments reflect the council's dedication to creating a thriving community.

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We will only commission services that contribute to positive outcomes for Warwickshire people.

We will commission services that support a restorative and strength-based approach.

We will work within budget to commission safe and sustainable services that meet people's needs.

We will actively consider how we meet the needs of people with protected characteristics within our commissioning activity.

We will work with providers to baseline the carbon impact of commissioned services and develop plans to reduce carbon emissions from our health and social care contracts.

Our commissioned services will be developed using a robust evidence base, including our place based Joint Strategic Needs Assessments.

We will focus on developing and strengthening relationships with internal and external partners, service providers and people that use our services.

We will utilise their extensive knowledge to coproduce solutions and to plan, commission, and review.

We will support development of the Coventry and Warwickshire Integrated Care System; taking action to maintain, progress and further develop integrated and place-based commissioning arrangements where they secure the best outcomes for our population and reduce health inequalities.

We will evaluate and review the impact of our commissioning activity on the Warwickshire population, ensuring flexibility and continuous improvement.

Adult Social Care Strategy

Our duties and responsibilities are determined by national legislation. The four important pieces of legislation which guide our work are the Care Act 2014, the Mental Capacity Act 2005, Health and Social Care Act, and the Mental Health Act 1983. Additionally, the Government has set out its plans and wide-ranging reforms for health and social care, through 'Build Back Better', 'People at the Heart of Care' and more recently 'Next steps to put People at the Heart of Care'.

We are currently in the process of writing our Adult Social Care Strategy. This document will both articulate what we are currently doing to deliver our Adult Social Care responsibilities and identify areas which we need to strengthen to keep our population safe, well and independent for as long as possible. This section of our MPS will be updated Autumn 2024, once we have finalised this document by engaging with social care staff, providers and customers. Our draft document outlines our strengths and conversely where we should like to strengthen our offer.

Current Strengths

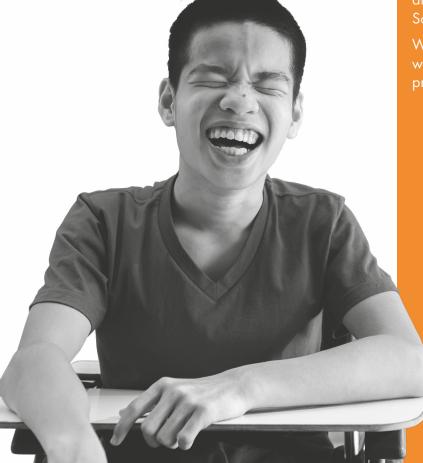
Strength-based practice has been identified as being particularly good in Warwickshire and was highlighted in our recent peer review. This way of working builds on the established assets in people's lives, families and communities to deliver the best outcomes for our customers.

The WCC Learning and Development Team identify training needs amongst staff and work with providers to access the identified and required training. They commission and deliver training for providers and utilise a web-based Learning and Development platform (Scils). This supports transferability of training, reduces re-training and concentrates on personal development needs.

We have started work on improving our information offer and digital interface and we will be looking regionally and nationally at authorities that do this well. If potential customers, friends and relatives can access the information they need easily and can also self-serve to understand what is available to meet their needs, then they might access non statutory community resources to help themselves. This will help people stay well and independent for longer.

Partnership working both with other statutory bodies and within WCC between Adult Social Care and Social Care and Health Commissioning is strong.

We have an integrated Adult Mental Health service with the NHS that results in a joined-up service provision to our customers with Mental Health Needs.



Areas for Development across the wider social care market

We will continue to explore the role technology can play in supporting individuals to remain independent or obtain independence and take advantage of opportunities arising from the rapid advancements in technology.

During Covid and since its decline we have seen an increase in sustained care post hospital discharge, as such we are developing short term recovery and reablement support, both bedded and within the community, to help people to reduce their long-term needs for care and support.

We will continue to work closely with Housing Authorities in the county to progress the development of Housing with Care schemes to create good quality, affordable housing options as alternatives to residential care for those with some care needs.

We will seek to encourage the development of a diverse market and promote opportunities for providers in the third sector, particularly social and microenterprises that can develop and offer alternatives to traditional support services. We will also look at ways of maximising community-based services and the voluntary sector to deliver services that support, and compliment commissioned services. In line with Warwickshire's Health and Wellbeing Strategy, we will take a Health in All Policies approach to make health everyone's business, in particular helping people to improve their mental health and wellbeing and reducing inequalities in health outcomes and the wider determinants of health. It is recognised that all staff and services have a role to play in supporting good health and wellbeing. A Making Every Contact Count (MECC) approach is being rolled out across the Council and commissioned partners to deliver key messages and signposting to health and wellbeing support.

A Healthy Ageing Joint Strategic Needs Analysis (JSNA) has now been published which will outline the priorities for preventing ill health in later life.

Care Homes for People with Disabilities, Autistic People and Mental Health needs

Care Homes for People with Disabilities, Autistic People and Mental Health needs provide specialised residential support for individuals with disabilities, including physical and learning disabilities and individuals with mental health issues including neurodiversity e.g., autism. These homes aim to offer a secure and supportive environment tailored to the specific needs of younger adults. Warwickshire's care homes contribute to promoting independence and providing a high quality of life for individuals with needs.

Mental Health Provision

Individuals with mental health issues may experience a range of mental health conditions, from anxiety and depression to more severe disorders. Access to timely and appropriate mental health services remains a key concern, with potential barriers including stigma, limited resources, and geographical disparities. The preferred model of support puts an emphasis on local provision. We want to develop a range of accommodation with support options to enable people to exercise choice and control and, to provide flexible support as required allowing individuals to choose where and with whom they live.

Furthermore, raising awareness about mental health, reducing stigma, and promoting early intervention are essential components of a comprehensive strategy. Warwickshire Adult Social Care must work collaboratively with Care Home providers and key stakeholders to enhance mental health awareness, ensuring that individuals, families, and communities are equipped to recognise, understand, and respond to mental health challenges effectively

Learning Disabilities

For people with learning disabilities, residential care homes offer vital support tailored to their diverse needs. These homes prioritise personalised assessments and individualised assistance to empower residents to reach their full potential.

While nationally, there's a growing emphasis on supported living and specialised options, ensuring person-centered care delivery aligns with principles like Right Support, Right Care, and Right Culture, we are committed to enabling people with learning disabilities to have autonomy in choosing their living arrangements and companions. Collaboration with care home providers and housing providers is integral to offering a diverse range of accommodation options with appropriate support services.

For people with the most complex behaviours, we will encourage the development of specialist services with a skilled workforce to work with individuals. Please refer to our Market Position Statement for Transforming Care.

Physical Disabilities

Individuals aged 18-64 with physical disabilities can sometimes rely on specialised care homes for comprehensive support. These homes prioritise accessibility, personal assistance, and tailored environments to empower residents in their daily lives. Accessible housing, transportation, and assistive technologies are key to enhancing their independence and quality of life.

Our plans include creating environments within these homes that cater to the specific needs of individuals with physical disabilities or sensory needs, promoting independence and well-being.



Autism

Autism is a lifelong developmental condition which affects how people communicate with others and perceive the world.

Autistic people often have significant sensory differences which can lead to being overwhelmed by pattern, colour, sound, smell, texture and taste, which in turn can lead to increased anxiety exhibited in behaviours that can challenge. It is paramount to ensure that any housing location, size and environment is designed with the residents' needs at the heart. Examples of good practice documents are listed below:

- a) the Department of Health and Social Care document 'Building the Right Support Action Plan' link here.
- b) Access to and Use of buildings: Approved Document link here.
- c) NHSE have put together a checklist which can be used by developers to ensure the housing schemes being developed are fit for purpose:
- The NDTi summary on these considerations is available here
- The full housing report, including a checklist, developed by NDTi on behalf of the Local Government Association (LGA) and the Association of Directors of Adult Services (ADASS) is available here
- A NICE endorsed checklist for Autism-Friendly Environments is available here

Whilst Autism is, for some, associated with everyday challenges, it may also be associated with cognitive strengths and talents.

Early intervention plays a pivotal role in enhancing outcomes for autistic people. Timely diagnosis and targeted support, contribute to the development of essential life skills and overall well-being.

Promoting awareness, understanding and acceptance is key to creating environments where autistic people can thrive, and Warwickshire to be a place where our communities are more inclusive and welcoming for autistic people, supported appropriately by co-designed, commissioned services.

Commissioning Intentions

While the data in table 'Forecasted Demand for Disabilities Care Homes' indicates that the overall demand for care home placements is increasing within these figures, variations emerge across different areas of need. Specifically, commissioned placements for individuals with Learning Disabilities are experiencing a decline, contrasting with an increase in care home placements for people with mental health and physical disability needs.

There are, therefore, significant opportunities for us to work with providers, customers and families to co-design and deliver new provision which meets needs and is affordable. We would want to discuss with providers how to plan for a local care home market that is able to meet the changing needs of individuals over time.

The rise in the number of physically disabled people and people with mental health needs, requiring a care home placement has increased significantly since 2020 and population and service user data suggests this will continue to rise at least as far as 2027. As well as new developments, we would want to explore opportunities for existing age 65+ provision to create opportunities for older working age adults to access those residential services through changes in age registration.

In Priority 3 of our Coventry and Warwickshire Joint Strategy for Autistic people 2021-2026 we aim to develop the market for community and accommodationbased support for autistic people (including short breaks, respite, supported living and residential services) ensuring a personalised approached which promotes independence, autonomy and self-care.

 We will continue developing targeted policies for Warwickshire's 18-64 age group, focusing on healthcare, social care, along with care home and housing provision. Our aim is to ensure their ongoing fulfilment, addressing diverse needs like learning disabilities, autism, mental health, physical disabilities, and sensory needs.

- 2. We will continue to work in collaborative manner with stakeholders, including service providers and the community with regular reviews, active user feedback solicitation, and strategic planning to optimise Warwickshire's adult social care's efficiency and responsiveness.
- **3.** We are committed to prioritising the development of diverse housing and care models tailored to meet the needs of individuals with learning disabilities and autism. This commitment involves supporting providers in creating accommodation that aligns with both national and local environmental standards, while adhering to Care Quality Commission current best practice (Right Support, Right Care, Right Culture) for housing provision. By fostering innovation in housing with care schemes and emphasising supported living arrangements, we aim to enhance the quality and accessibility of services while addressing local demand. Additionally, we prioritise promoting community-based accommodation options, aiming to empower individuals with personalised care and expanded choices for independent or shared living arrangements. This commitment to diversity and inclusivity is further reinforced by our focus on developing commissioning and contracting mechanisms that ensure the delivery of high-quality services across various housing and residential care models.
- 4. We remain committed to understanding why we place people outside Warwickshire. Our objective is to understand whether this is a result of complex needs or increasing needs beyond Warwickshire's capacity. Collaborating with providers and our operational teams, we aim to gain deeper insights into service gaps and promptly communicate these observations to the market. Through ongoing collaboration with key stakeholders, our focus is on ensuring we effectively address the diverse needs of Warwickshire's citizens, enabling them to reside within their local environment.
- 5. We will commission based on evidence of escalating demand or a lack of supply. We are committed to collaborating with providers to understand gaps in provision while developing appropriate solutions by assessing the total available provision and its distribution across the county.

- 6. We will be commissioning services that support the council to manage its budgets within available resources while ensuring that the accommodation can enable all of our residents to live in a secure and safe environment that will cater for their present and future needs by creating an environment that is accessible and sensory-friendly. We would also like to explore opportunities for joint Warwickshire capital projects with providers, which would create capacity for services that are more affordable for social care funded customers.
- 7. We are committed to supporting the care market in adopting appropriate digital solutions to improve the quality and safety of care for their residents. When supporting people or giving advice, we will ensure assistive technology is always considered, especially where it can aid mobility to communication devices, navigation assistance, hearing aids, and smart home technology, to empower individuals with disabilities for active community participation and inclusion to support the quality of care and safety for customers.
- 8. We are committed to acting decisively to tackle climate change and the biodiversity crisis. Taking action now, so that we are a County with a sustainable future, is one of the key strategic priorities in the Council Plan. We have already started work towards our goals of reducing carbon emissions to net zero across the Council by 2030 and to support us as a County to do the same by 2050 or earlier. We will be working with care home providers to assess and reduce the environmental impact of care homes, with a view to agreeing a protocol/ambition which would then form part of our contracts from September 2026.
- **9.** We are committed to working in partnership with colleagues in the ICB to promote and develop Enhanced Health in Care Homes (EHCH) schemes and initiatives that benefit care homes. To date initiatives have included: NHS Data Security and nhs.net emails; Digital Transformation Fund; NECSU Capacity Tracker; Remote Monitoring; and Assistive Technology. Outcomes of these initiatives for younger adult providers includes greater data security, more effective communication with health and social care partners, and supporting the provision of effective data to manage the market and access capacity. This supports providers in having more time and resource to provide effective care for their residents and helps ensure that residents are placed in the right place to meet their needs. Digitisation work has included promoting and supporting the rollout of digital monitoring tools, adopting digital social care records (DSCR), sensor-based falls prevention and detection technologies, and other technologies based on local need and what works for providers. Where possible Warwickshire will also support providers with access to relevant funding and training and support to make the best use of these technologies.
- **10.** We will continue to work with providers to improve health and wellbeing and prevent ill health, including mental health, taking into consideration the recommendations of appropriate JSNA.

Respite

 For our respite commissioning intentions please refer to the Working Age Adults Market Position Statement.

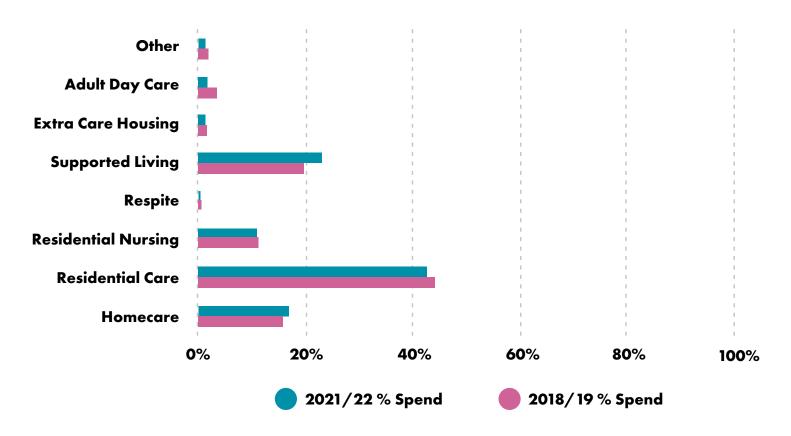
Resources

Adult Social Care Spending

This section specifically examines Adult Social Care expenditure for packages of care. It excludes expenses related to staffing or any other areas and does not incorporate income, including contributions made by eligible clients towards their care costs. This approach is designed to facilitate comparisons with other Local Authority Market Position Statements. The total spends for adult social care services increased from £126m in 2018/19 to £155m in 2021/22, representing a £29m increase and a 23% growth in gross expenditure. Working Age Adults Residential Care accounted for 19% of the total spend in 2021/22. Working Age Adults Residential Nursing Care accounted for 3% of the spend in 2021/22.

We have several statutory responsibilities, including setting a balanced budget. We recognise the need to remain within budget, but also to help maintain the quality, sustainability, and accessibility of adult social care services in Warwickshire.

Adult Social Care Percentage Spend on Commissioned Services



Workforce

The staffing vacancies across all job roles in care homes, including nursing homes, in Warwickshire was 11.3% in December 2022. This increase is in line with the national vacancy rate, which stood at 10.9% in 2021/22.

Furthermore, the staff turnover rate in the sector is high, standing at 40.7%, with 48% of those leaving their job but staying in the sector and moving to another organisation. The average sickness rate for staff across care homes in Warwickshire is 10.6 days per year, which is higher than the national average of 8.4 days per year. The workforce in the sector is predominantly female, with males making up 15% compared to 17% nationally. The average age of a person working in the sector in Warwickshire is 43 years old, compared to the national average of 44 years old.

Recruitment remains a persistent challenge within the sector. The allure of higher-paying jobs in other sectors, such as health services and large retailers/supermarkets, makes it difficult to attract and retain skilled workers. To overcome this obstacle, it is important to focus on enhancing the offer to prospective care workers and WCC would want to join with providers and the Warwickshire Integrated Care Board initiatives that promote the rewards of working in the care industry, such as making a positive impact on people's lives.

Warwickshire and its Population

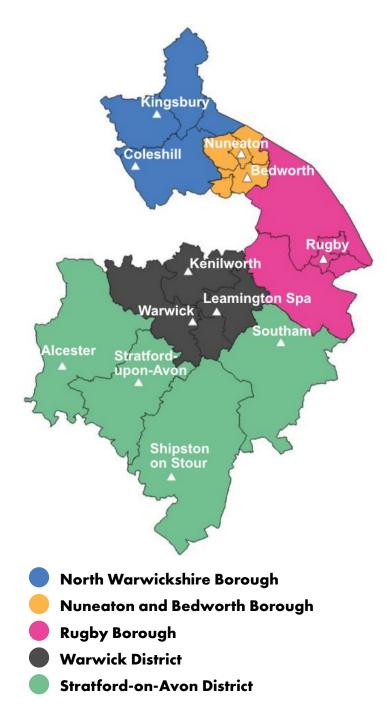
The county of Warwickshire is located in the West Midlands region. According to mid-2021 population figures published by the Office for National Statistics (ONS), the population of Warwickshire was 599,153. Based on recent growth rates, ONS estimates that the current population in 2023 has risen to around 623,000.

Warwickshire is at the heart of Britain's transport network and several key strategic routes pass through the county. Warwickshire currently has a two-tier Local Authority system in place with an upper-tier County Council and five lower-tier district and borough councils as follows:

- North Warwickshire
- Nuneaton and Bedworth
- Rugby
- Warwick
- Stratford-on-Avon

The population of Warwickshire is diverse, with a mix of urban and rural areas. In terms of demographics, the largest age group is those aged 45-64, followed by those aged 65 and over. There is a relatively low percentage of young people under the age of 16, which suggests that the population is ageing. The population is predominantly White British, with ethnic minorities making up a smaller proportion of the population.

It is estimated that the population in Warwickshire will continue to grow over the coming years. The current projected growth rate suggests that the population of Warwickshire will reach around 677,000 by 2041.



Population aged 18-64, projections to 2040

	2020	2025	2030	2035	2040
Population aged 18-64, projected to 2040	341,000	351,400	359,000	366,200	374,400
People aged 18-64 predicted to have a mental health problem, projected to 2040	24,560	25,325	25,841	26,369	26,948
Total population aged 18-64 predicted to have a learning disability, projected to 2040	8,446	8,550	8,763	8,966	9,178
People aged 18-64 predicted to have a moderate or severe Learning Disability, projected to 2040	1,887	1,950	2,009	2,061	2,113
*People aged 18-64 predicted to have a moderate personal care disability, by age, projected to 2040	13,854	14,414	14,451	14,414	14,756
* People aged 18-64 predicted to have a severe personal care disability, by age, projected to 2040	3,045	3,150	3,172	3,183	3,260

Source: Projecting Adult Needs and Service Information (PANSI)

*Personal care disability encompasses challenges related to essential activities such as getting in and out of bed, moving in and out of a chair, dressing, personal hygiene, feeding, and toilet use.

The table above outlines anticipated changes in the population aged 18-64 and various related health indicators up to the year 2040. The total population in this age group is expected to steadily increase from 341,000 in 2020 to 374,400 in 2040. Additionally, the number of individuals aged 18-64 with a learning disability is expected to increase from 8,446 in 2020 to 9,178 in 2040, with individuals with moderate or severe learning disabilities is expected to increase from 1,887 in 2020 to 2,113 in 2040. Furthermore, projections indicate varying trends in personal care disabilities. The number of individuals with moderate personal care disabilities is projected to remain relatively stable, with a minor increase from 13,854 in 2020 to 14,756 in 2040. Conversely, those with serious personal care disabilities are expected to experience a gradual increase from 3,045 in 2020 to 3,260 in 2040. These projections highlight the evolving landscape of healthcare needs within the adult population and emphasise the importance of proactive planning and resource allocation in the years ahead.

Mental Health

Of significant concern is the projected prevalence of mental health problems, which is expected to rise from 24,560 individuals in 2020 to 26,948 individuals by 2040. Additionally, the number of individuals aged 18-64 with moderate or severe learning disabilities is expected to increase from 1,887 in 2020 to 2,113 in 2040.

The Coventry and Warwickshire Joint Strategic Needs Assessment (JSNA) reveals the profound impact of poor mental health in the region, emphasising pervasive challenges faced by local services. In specific demographics, accessing mental health services becomes difficult, requiring critical efforts to address barriers and ensure broader resource utilisation. Anticipated increases in mental health issues pose substantial challenges to the health system, emphasising the need for preventive strategies. The aftermath of the pandemic has intensified mental health concerns, particularly among young people and women. Recognising this, integrating mental health into recovery plans is crucial, underscored by national and local documents, including The Five Year Forward View for Mental Health and the NHS Long Term Plan, and the National Suicide Prevention Strategy

Autistic People Projections to 2040

AUTISTIC SPECTRUM DISORDERS - ALL PEOPLE	2023	2025	2030	2035	2040
People aged 18-24 predicted to have autistic spectrum disorders	439	445	499	518	500
People aged 25-34 predicted to have autistic spectrum disorders	763	766	743	772	835
People aged 35-44 predicted to have autistic spectrum disorders	719	751	813	838	813
People aged 45-54 predicted to have autistic spectrum disorders	754	738	739	804	865
People aged 55-64 predicted to have autistic spectrum disorders	795	811	795	745	753
Total population aged 18- 64 predicted to have autistic spectrum disorders	3,471	3,511	3,588	3,677	3,766

Source: Projecting Adult Needs and Service Information (PANSI)

The above table provides predictions for the prevalence of autism in different age groups between the years 2023 and 2040. The table provides the total population aged 18-64 in Warwickshire with autism, which is expected to grow from 3,471 in 2023 to 3,766 in 2040. These predictions highlight a changing landscape in the prevalence of autism among different age groups, with variations over the years.

Overall, the understanding of autism prevalence is evolving, and the prevalence can vary depending on factors such as age and diagnostic criteria. These insights can be valuable for healthcare planning and support services.

Warwickshire's Overall Health Outcomes

Warwickshire's overall health outcomes are above the national average; however, these outcomes vary among its residents. In more deprived regions, individuals experience shorter lifespans and spend a substantial portion of their lives in poor health. Contrarily, in less deprived areas of the county, males anticipate living over nine years longer, while females expect to live five years longer than their counterparts in the more deprived regions.

Notably, people are facing an extended duration of poor health in their extended lives, with men enduring 17.6 years and women 19.3 years in suboptimal health. These discrepancies in health outcomes are avoidable and closely tied to living and work conditions, alongside lifestyle choices encompassing smoking, alcohol consumption, nutrition, and physical activity.

While many individuals continue to enjoy a healthy, active, and independent lifestyle in their later years, some face an escalating risk of frailty, falls, longterm medical conditions, dementia, terminal illnesses, dependency, and disability, as they age. Furthermore, individuals from certain ethnic minority groups and lower socio-economic backgrounds are more likely to experience inequalities in ageing well.

	WARWICKSHIRE	WEST MIDLANDS	ADULT SOCIAL CARE SERVICE USERS 2022/23	DISABILITY CARE HOMES SERVICE USERS	DISABILITY CARE HOMES SERVICE USERS 2022/23 (ACCOUNTING FOR UNDECLARED)
Asian, Asian British or Asian Welsh (%)	6.3	13.3	3.0	3.0	3.3
Black, Black British, Black Welsh, Caribbean or African (%)	1.3	4.5	0.6	1.7	1.9
Mixed or Multiple ethnic groups (%)	2.3	3	0.5	0.4	0.5
White (%)	89.1	77	85.5	84.2	93.4
Other ethnic group (%)	1.0	2.1	0.5	0.9	1.0
Undeclared (%)			9.9	9.8	

Diversity of Population

Warwickshire is less diverse than the West Midlands region and England as a whole. The majority of the population in Warwickshire identifies as White, accounting for 89.1% of the population.

Our care records systems show that our Disabilities care home population appears to have a different ethnic composition compared with the West Midlands. However, the ethnicity of 10% of our residents in care homes is undeclared. Because of this, work needs to be undertaken in this area to understand more accurately what the real diversity of care is in Warwickshire, and we will seek to work with providers and local communities to help ensure the care provided meets the specific needs of the wider community.

For additional information please use the links provided below.

Warwickshire Insights

Projecting Adult Needs and Service Information (PANSI), Oxford Brookes University Institute of Public Health (other data sources are available) **PANSI**

Mental Health Provision

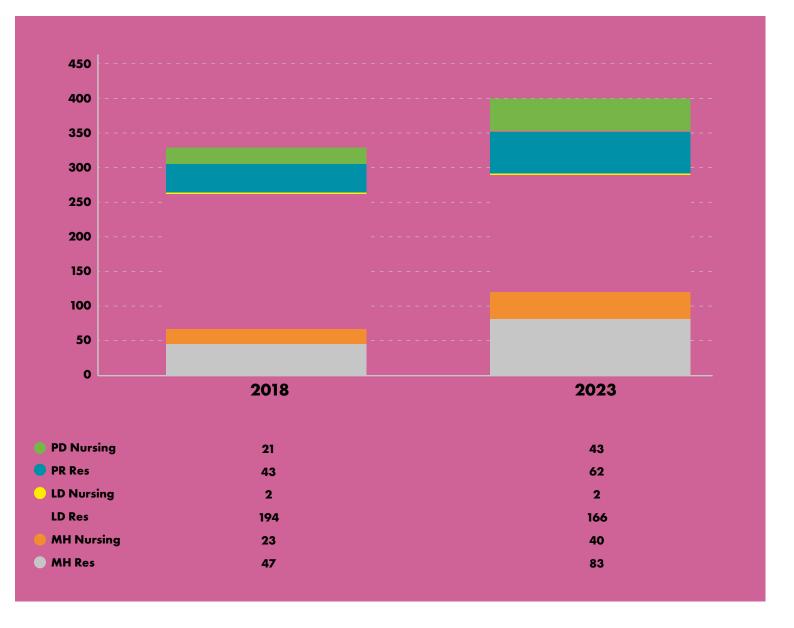
The number of clients receiving WCC funded packages has shown a substantial increase over the five-year period. In residential care, the number of clients increased from 47 in April 2018 to 83 in April 2023, reflecting a 77% rise. In nursing care, the number of clients increased from 23 in April 2018 to 40 in April 2023, indicating a 74% increase.

Learning Disabilities

For service users with learning disabilities, the trend has been different when compared to service users with mental health illnesses, with a decrease in the number of clients receiving WCC funded packages of residential care due to an increased focus on supported living provision. In residential care, the number of clients decreased from 194 in April 2018 to 166 in April 2023, representing a 14% decline. In nursing care, the number of WCC funded clients remained unchanged at 2 clients in both April 2018 and April 2023.

Physical Disabilities

For people with physical disabilities, the number of individuals receiving WCC funded packages increased over the five-year period. In residential care, the number of residents increased from 43 in April 2018 to 62 in April 2023, marking a 44% rise. In nursing care, the number of clients increased from 21 in April 2018 to 43 in April 2023, indicating a significant 105% increase.



Out of County Placements

	APR-18	APR-19	APR-20	APR-21	APR-22	APR-23
Residential Packages	;					
Mental Health	11	11	14	16	13	18
Learning Disability	3	4	5	4	4	5
Physical Disability	1	2	2	2	2	3
Total	15	17	21	22	19	26
Nursing Packages						
Mental Health	0	1	5	9	8	6
Learning Disability	0	1	1	0	0	0
Physical Disability	0	3	4	4	3	3
Total	0	5	10	13	11	9

Out of county placements are when people who need social care services are placed in a different local authority area than the one, they live in or are from. There are different reasons for out of county placements, depending on the type and level of care needed, the availability and quality of local services, and the preferences and well-being of Individuals. The table above shows the number of out of county placements for residential and nursing packages for 18–64-year-old care homes in Warwickshire from April 2018 to April 2023. The highest number of out of county placements for both residential and nursing packages of care were made for mental health service users. Because of this we will continue to work with our providers to ensure that we have sufficient local residential specialist beds to meet the needs of our population.

Future Demand

$\begin{array}{c} 500\\ 450\\ 400\\ 50\\ 250\\ 200\\ 50\\ 0\\ 2020 202 202 202 202$

Forecasted demand for disability care homes by allocated social care team

PD Nursing	44	45
PR Res	47	75
😑 LD Nursing	3	4
LD Res	188	165
MH Nursing	33	48
MH Res	68	101

The graph above shows the projected demand for 18-64 care beds in Warwickshire by service need from 2020 to 2027. Both nursing and residential beds are expected to increase in demand, with overall nursing beds rising by 13% and overall residential beds by 21%. Physical disability and mental health have the highest growth rates for nursing beds, while mental health has the highest growth rates for residential beds.

Learning disability is the only disability type with a projected decline in residential bed demand. No disability type has a projected decline in nursing bed demand. The impact of the COVID-19 pandemic has presented us with a challenge estimating future trends, due to significant drops in occupancy levels during the pandemic and then increased levels of demand over the last 12 months after restrictions were lifted in March 2022. Because of this we will continue to gather information and intelligence regionally and nationally and work with providers to understand trends in demand and we will be engaging with our local providers to come to a view regarding the right level of investment and development for our market through provider forums and mutual aid calls.

Understanding demand – location and need

	RESIDENTIAL CARE						NURSING CARE				
	NORTH WARKS	NUNEATON & BEDWORTH	RUGBY	WARWICK	STRATFORD	NORTH WARKS	NUNEATON & BEDWORTH	RUGBY	WARWICK	STRATFORD	
Beds per 1000 (18- 64 years age group)	1.88	1.5	0.69	0.73	0.88	0	0.25	0.1	2.11	0.11	
Percentage of admittable vacant beds (from NHS capacity tracker 13/11/23)	12.50	2.50	4.26	4.97	4.48	0.00	0.00	0.00	6.70	0.00	

Sources – For 'Beds per 1000 (18-64 years age group - https://data.warwickshire.gov.uk/ population – For 'Percentage of admittable vacant beds' - Data downloaded from NHS Capacity Tracker on 13/11/23 and divided by total number of CQC registered beds).

While the average number of vacant beds suggests sufficient supply to meet demand, the current supply and demand varies considerably across the county in terms of bed capacity. Comparing information on vacancies with demand and the size of the local population, it is apparent that for residential bed provision North Warwickshire and Nuneaton and Bedworth have more beds per 1000 of the 18-64 population than other districts and boroughs, and a higher percentage of vacant beds.

We are also seeing similar trends for nursing provision. North Warwickshire, Nuneaton and Bedworth, Stratford and Rugby supply is more limited with these areas having a notably lower number of beds per 1000 of the 18 -64 population when compared to Warwick, which has the highest percentage of vacant beds in comparison to those districts and boroughs. Self-funders in People with Disabilities Care homes adds complexity to the challenges of forecasting future demand for services faced by local authorities. These individuals privately pay for their care instead of relying on government-funded support and the challenge arises from factors including a lack of reporting. This complexity can significantly impact our ability to predict future demand accurately and ensure that Warwickshire's care market possesses the necessary capacity.

To address this, we are committed to fostering collaboration with care providers. Through close cooperation, we aim to enhance our understanding of the self-funder population within our region and work with providers to shape the market to meet needs.

Care Home Provision in Warwickshire

		RESI	IDENTIAL	CARE		NURSING CARE				
	NORTH WARKS	NUNEATON & BEDWORTH	RUGBY	WARWICK	STRATFORD	NORTH WARKS	NUNEATON & BEDWORTH	RUGBY	WARWICK	STRATFORD
Number of locations	11	18	5	8	10	0	1	1	7	1
Number of CQC registered beds	72	120	47	67	67	0	20	7	194	8
CQC rated 'Oustanding'	0	0	0	0	0	0	0	0	0	0
CQC rated 'Good'	9	12	5	7	8	0	1	1	5	1
CQC rated 'Requires improvement'	1	3	0	1	2	0	0	0	2	0
CQC rated 'Indaequate'	0	1	0	0	0	0	0	0	0	0
CQC not yet rated	1	2	0	0	0	0	0	0	0	0

Source - Care Quality Commission, Care Directory with filters – October 2023

The majority of locations across the County were rated "Good" with one home in Nuneaton & Bedworth being rated as 'inadequate' and a further nine across all district and boroughs being rated as 'requires improvement'.

Alongside our commitment to quality, our Commissioning and Quality Assurance teams continue to collaborate closely with residential care providers through ongoing communication, visits and access to training to support providers to improve quality of their services.

We will continue to work closely with our Social Care Providers to drive quality improvement through our 'See, Hear and Act' approach through which we gather and triangulate intelligence from multiple sources to identify any quality themes or concerns. Where concerns are identified we undertake quality assurance activity to understand these in more detail and this could include a visit to the provider to validate the intelligence. Where necessary support improvements through Service Improvement Plans (SIP). Significant concerns are escalated to Service Escalation Panel (SEP) where remedial actions are discussed, agreed and monitored. Remedial actions could include restrictions on admissions to the service until sufficient improvements have been evidenced and sustained. This could be a Voluntary Placement Stop (VPS) where the provider agrees to restrictions on admissions and enables them to have the resources to implement improvements as identified in the SIP.

This collaborative approach benefits the service users whilst building supportive partnership with the providers.

Changes in Disability Care Home Provision January 2017- December 2023

Warwickshire has seen a decrease in capacity in the past few years for Disability Care homes. CQC registrations of new and closing homes in Warwickshire for these during the period 2017-23 (excluding reregistrations) indicate that the market is decreasing for residential care and increasing slightly for nursing care. There has however, been an increase in nursing beds in Warwickshire compared to residential beds which have seen an overall reduction of 36 beds compared to an increase of 20 new nursing beds. The increases in nursing beds can be seen in Nuneaton & Bedworth with the biggest decrease in residential beds being found in Warwick. Overall, Warwickshire has seen a net decrease of 16 beds with 64 new beds and 80 closed beds.

		TOTAL		NURSING ONLY			
DISTRICT AND BOROUGH	NUMBER OF NEW BEDS	NUMBER OF CLOSED BEDS	CHANGE	NUMBER OF NEW BEDS	NUMBER OF CLOSED BEDS	CHANGE	
North Warwickshire	16	15	1	0	0	0	
Stratford	0	12	- 12	0	0	0	
Nuneaton & Bedworth	32	8	24	20	0	20	
Warwick	0	30	-30	0	0	0	
Rugby	16	15	1	0	0	0	
Warwickshire	64	80	-16	20	0	20	

Source: CQC database as of 1 December 2023



Overnight Respite

Overnight respite services for adults aged 18-64 play a crucial role in providing essential temporary relief to individuals with mental health challenges, physical disabilities, and learning disabilities. These services aim to offer a respite for both caregivers and care recipients, providing a valuable break from the daily challenges associated with mental health conditions, physical disabilities, and learning disabilities. For further information regarding our commissioning intentions please refer to the Working Age Adults Market Position Statement.

Summary

The Market Position Statement provides an overview of our approach to market development, our commitment to achieving positive outcomes, strategic intentions, and the financial context within which we operate. Collaboration, sustainability, and innovation are underscored as crucial elements in the provision of care services in Warwickshire.

Moving forward, we will continue working closely with providers and our Health and Social Care partners to integrate services and ensure the delivery of highquality care and support in the most suitable settings, with a focus on minimising hospital admissions. Technological advancements and innovation will be leveraged to transform commissioned services, enabling service users to receive personalised care. This involves ongoing development of digital platforms and the utilisation of Assistive Technology (AT) to maximise independence within the residential care setting.

Furthermore, we recognise the importance of our voluntary and community sector partners in addressing social care challenges and meeting the diverse needs of communities. We will actively collaborate with these organisations, fostering innovation and seeking to strengthen partnerships to enhance the well-being of citizens in the years to come.

Useful Contact Details

Micro-commissioning opportunities along with the retender of the main residential care home contract will be advertised on our electronic tendering system, CSW JETS (<u>https://in-tendhost.co.uk/csw-jets/</u> <u>aspx/Registration</u>), and we would encourage local providers to register on the portal to ensure they are notified of these tendering opportunities.

If you would like to enquire about opportunities to open or consider new services in Warwickshire, please email: <u>marketmanagement@warwickshire.gov.uk</u>

Warwickshire Climate Emergency

Social Care Information and Learning Services is an online learning resource/community dedicated to the Health and Social Care Sector. <u>Social Care</u> <u>Information & Learning Services (SCILS)</u>

<u>NHS England</u> A national framework to deliver improved outcomes in all-age autism assessment pathways: guidance for integrated care boards.