

Please share this bulletin with your networks and relevant providers.



# CARING TOGETHER WARWICKSHIRE BULLETIN

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**November 2023**

**ISSUE: 7**

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Welcome to this issue of the **Caring Together Warwickshire Bulletin**.

Bulletins will be distributed regularly and will showcase updates, events and opportunities specific to all partners who support people

with caring responsibilities. This includes social care, health and community sectors as well as carers themselves.

We encourage all partners to contribute to this bulletin by sending in your news stories and how your service supports Warwickshire's caring residents' health and wellbeing.

We want to hear feedback from those who look after someone as well as partners on what they would like to see in this bulletin going forward.

For general information on support available for adult caring for adults, young and young adult carers and parent carers of children with SEND please visit [www.warwickshire.gov.uk/carers](http://www.warwickshire.gov.uk/carers).

If you have a suggestion or comment then please email Ranbir Johal, Commissioning Support Officer at Warwickshire County Council at [ranbirjohal@warwickshire.gov.uk](mailto:ranbirjohal@warwickshire.gov.uk)

### **Are you carer aware?**

**Are you carer aware? To further your understanding of what it means to be a carer, we encourage all our partners to set aside some time to take Warwickshire County Council's free CPD accredited online Carer Aware and Young Carer Aware courses (estimated completion time is 30 – 40 minutes each).**

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# IN THIS MONTH'S ISSUE...

## Events

- **Carers Rights Day – Your Rights: Today, Tomorrow and in the Future**
- **Co-Production in Action – Putting People at the Heart of Care and Support – Webinar (15 November 2023)**

## Updates

- **New Campaign Launched - 'There's no place like home' – support patients to recover well**
- **UTI Prevention Information for Carers**

## Opportunities

- **The Carers Challenge 2023**
- **Commitment to Carers Bi-Monthly Lunch and Learn - Tuesday 21 November 2023, 1:30pm - 2:30pm**
- **Palliative and End of Life Care Strategy – Stakeholder Engagement**

## News

- **New Carers UK research on unpaid carers and poverty**

## Spotlight

- **talkdementia.uk**

## Get Involved

- **Caring Together Warwickshire website**
- **Submitting Information for Inclusion in Bulletin**

## EVENTS

### **Carers Rights Day – Your Rights: Today, Tomorrow and in the Future**



Carers Rights Day 2023 will be on 23 November 2023. The theme this year is 'Your Rights: Today, Tomorrow and in the Future'. Carers Rights Day is hosted nationally by Carers UK. Warwickshire County Council also supports this campaign along with our commissioned service; Caring Together Warwickshire provided by Carers Trust Heart of England and our partners.

We would like to invite all our partners to take part in the campaign to raise awareness of the rights of carers to support. To help with this, please see the links below:

- [Carers UK Carers Rights Day webpage](#)
- [Key messages for the campaign](#)
- [Social media copy to use](#) (or feel free to use your own)
- [Carers support information leaflet](#)

Please review and let us know of any activities you are planning to have to mark Carers Rights Day 2023 that we can promote to partners and carers.

If you have any queries about this campaign please contact Jay Aulum, Communications Officer, via email – [jayaulum@warwickshire.gov.uk](mailto:jayaulum@warwickshire.gov.uk).

For general information on carers support please visit the website [www.warwickshire.gov.uk/carers](http://www.warwickshire.gov.uk/carers) or email [peoplestrategyandcommissioning@warwickshire.gov.uk](mailto:peoplestrategyandcommissioning@warwickshire.gov.uk).

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## **Co-Production in Action – Putting People at the Heart of Care and Support – Webinar**

Wednesday 15 November 2023 (2.00pm – 4.00pm)

Perspectives from regional and local councils, social care providers and experts by experience with a focus on people with a learning disability and autistic people.

Organised jointly with [East of England](#) and [West Midlands ADASS](#)

Partners in Care and Health is delighted to showcase a range of ADASS regions and council emerging practice with experts by experience to develop better ways of co-producing service change. You will hear from outstanding providers, [Gettalife](#), Curators for Change and Working Together for Change, experts by experience and councils.

This is a virtual MS Teams webinar.

[To book your place click here.](#)

## **UPDATES**

### **New Campaign Launched - 'There's no place like home' – support patients to recover well**

The Trust is launching a campaign with Foundation Group partners', George Eliot Hospital NHS Trust, Worcester Acute Hospitals NHS Trust and Wye Valley NHS

Trust, which will focus on the importance of patients being discharged from hospital as soon as they are medically fit.

Research highlights that being in familiar surroundings aids recovery. Therefore, the campaign highlights how keeping a patient (particularly the elderly) in hospital for longer than necessary can cause serious harm. Recovering at home / a person's place of residence supports improved health and wellbeing outcomes.

For more information about the 'There's no place like home' campaign and the services to support patients and their relatives following hospital discharge visit: <https://api.warwickshire.gov.uk/documents/WCCC-684757548-620> and <https://www.swft.nhs.uk/looking-after-me/There-s-no-place-like-home>.

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## UTI Prevention Information for Carers

As a carer it's important to know the signs and symptoms of a urinary tract infection (UTI).

The UK Health Security Agency (UKHSA) together with NHS England (NHSE), are running a joint campaign to raise awareness of UTI (urinary tract infection) prevention, symptom recognition and treatment including advice on how and when to seek help.

This campaign is targeted at:

- Older adults (65 years +) who are at higher risk of the impacts of urinary tract infections
- Paid and unpaid carers

For further information about UTI prevention, please click [here](#)

## OPPORTUNITIES

### **The Carers Challenge 2023**

The Carers Challenge 2023, led by ADASS President Beverley Tarka, Carers Trust and Carers UK, aims to inspire new ways to support unpaid carers.

As part of the challenge, social care teams and their partners in integrated care systems and communities are being invited to put forward examples of what they're doing to improve support for carers. Initiatives could include providing better access to breaks, supporting more carers to come forward for help or awareness-raising campaigns.

The aim is to bring these examples together into one online storehouse of great ideas that anyone working in care can use to improve support for carers.

Register to take part before 9 December 2023 via this link

<https://www.adass.org.uk/carers-challenge-2023>

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### **Commitment to Carers Bi-Monthly Lunch and Learn - Tuesday 21 November 2023, 1:30pm - 2:30pm**

We would like to invite you to register for our next Commitment to Carers Bi-Monthly Lunch & Learn Webinar - Tuesday 21 November 2023, 1:30pm - 2:30pm.

These lunch and learn webinars aim to bring together carers and professionals from across the country in an informal atmosphere to collaborate, learn, and drive the NHS Long Term Plan commitment to carers.

You can watch previous sessions on our Commitment to Carers workspace on [Future NHS Collaboration Platform](#).

This month we are pleased to welcome Trevor Clower, an unpaid carer, to share his journey and significant years of experience running Carers Roadshows across South Yorkshire and the Midlands, which aim to give carers a true working voice.

The Carers Roadshows form a co-production of various local originations offering support for the local communities, to inform & advise vulnerable people struggling with Health, Mental Health & Social Care issues. Additionally, the roadshows capture conversations which produce a Street to Strategy Data Flow for the decisions makers to consider & use.

You can register for this webinar via this link [Commitment to Carers Bi-Monthly Lunch & Learn | NHS England Events](#)

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## **Palliative and End of Life Care Strategy - Stakeholder Engagement**

The draft Palliative and End of Life Care Strategy (PEoLC) strategy is an overview of how health, social care and third sector providers will work together with communities across Coventry and Warwickshire. This is to ensure the improvement of lives of people with palliative and end of life care needs and those who look after them.

If you would like to give feedback, please use the QR code below to access a short survey. Alternatively, please email [cwicb.clinicaltransformation@nhs.net](mailto:cwicb.clinicaltransformation@nhs.net).





## NEWS

### **New Carers UK research on unpaid carers and poverty**

[Carers UK](#) has released new research which finds that thousands of unpaid carers continue to struggle financially and are being forced into poverty because of the cost-of-living crisis and a benefit system that is unfit for purpose.

For information about Warwickshire's cost-of-living support, please click [here](#).

## SPOTLIGHT

### **talkdementia.uk**

We provide advice and support for carers of loved ones living with dementia in South Warwickshire. Please visit our friendly cafes in Shipston, Wellesbourne and Tysoe plus our monthly café in Compton Verney.

For further information, please contact us on 01295 688376 or [talkdementia.uk@gmail.com](mailto:talkdementia.uk@gmail.com).



**Advice & Support for Carers  
of Loved ones living with Dementia  
in South Warwickshire**

**For advice and support please  
visit our weekly dementia  
friendly cafes in Shipston,  
Wellesbourne and Tysoe  
• plus our monthly cafe  
in Compton Verney**



**Voluntarily working alongside medical  
professionals and charities, we can offer  
additional support to dementia carers locally  
through our own personal experiences of  
caring for a loved one living with dementia -  
we completely understand the many  
challenging emotions & difficulties**

**Paul & Heather Dowler - 01295 688376**

**email: [talkdementia.uk@gmail.com](mailto:talkdementia.uk@gmail.com)**

A graphic of a single water drop falling into a pool of water, creating ripples. The background is a light blue gradient.

**Visit our website - [talkdementia.uk](http://talkdementia.uk)  
Please contact us for more information**

## GET INVOLVED

**CONTRIBUTOR: WCC**

**CONTACT: Ranbir Johal - [ranbirjohal@warwickshire.gov.uk](mailto:ranbirjohal@warwickshire.gov.uk)**

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### **Caring Together Warwickshire website**



We now have a new name for the All-Age Carers Service, **Caring Together Warwickshire.**

The Caring Together Warwickshire service (provided by Carers Trust Heart of England) has set up a website,

<https://www.caringtogetherwarwickshire.org.uk>.

Here you can find updates about the service and information and support for all carer age groups. This is a work in progress and will have new features as the website develops.

If you would like to promote your service for carers on the website, please contact us at [hello@caringtogetherwarwickshire.org.uk](mailto:hello@caringtogetherwarwickshire.org.uk).

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## Submitting Information for Inclusion in Bulletin

If you would like to submit any information for inclusion in future bulletins, please submit it to [ranbirjohal@warwickshire.gov.uk](mailto:ranbirjohal@warwickshire.gov.uk). Please ensure the word limit not exceed 250 words.

**THANK YOU**



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Wanted to join to learn more about Carers.

**Our mailing address is:**

Warwickshire County Council

Shire Hall

Warwick, Warwickshire CV34 4RL

United Kingdom

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