Please share this bulletin with your networks and relevant providers.





CARING TOGETHER WARWICKSHIRE BULLETIN

July 2023

ISSUE: 5

Welcome to this issue of the Caring Together Warwickshire Bulletin.

Bulletins will be distributed regularly and will showcase updates, events and opportunities specific to all partners who support people with caring responsibilities. This includes, social care, health and community sectors as well as carers themselves.

We encourage all partners to contribute to this bulletin by sending in your news stories and how your service supports Warwickshire's caring residents' health and wellbeing.

We want to hear feedback from those who look after someone as well as partners on what they would like to see in this bulletin going forward.

For general information on support available for adult caring for adults, young and young adult carers and parent carers of children with SEND please visit www.warwickshire.gov.uk/carers.

If you have a suggestion or comment then please email Ranbir Johal, Commissioning Support Officer at Warwickshire County Council at ranbirjohal@warwickshire.gov.uk

Are you carer aware?

Are you carer aware? To further your understanding of what it means to be a carer, we encourage all our partners to set aside some time to take Warwickshire County Council's free CPD accredited online <u>Carer Aware</u> and <u>Young Carer Aware</u> courses estimated completion time is 30 – 40 minutes each).

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EVENTS

Carers Trust Heart of England Awards

Carers Week (5 - 11 June 2023) saw the return of the Carers Trust Heart of England's Carer Awards event on 8 June 2023 at the stunning St Mary's Guildhall in Coventry. The event saw members of the local community come together to enjoy an evening of celebrating carers and those who have gone above and beyond to support in their caring roles.



Businesses, schools, GP's, health teams, voluntary organisations and carers of all ages from across Warwickshire were all presented with prestigious Carer Awards to recognise their extraordinary work in supporting carers. There were also awards for adult, young adult and young carers, all of whom had been nominated several times, though it must be said that all carers are deserving of recognition for their extraordinary selflessness. The winners included:

- Carer of the Year Award Crid Ward
- The Janet Jones-Legg Young Carer of the Year Willow May-Moss
- GP/Health Team of the Year Mary Ann Evans Rapid Response and Hospice at Home Teams
- Business of the Year NFU Mutual
- School of the Year Race Leys Primary School

Trustees, local businesses, councillors, journalists and staff from both Carers Trust Heart of England and Caring Together Warwickshire joined winners for what was the first Carer Awards since 2019, enjoying afternoon tea and dazzling performances by Jazzstrata and Beth Wynn-Davies.

Carers Week Evaluation

For Carers Week 2023 (Monday 5 June – Friday 11 June 2023), Warwickshire County Council promoted a full-comms campaign that focused on several themes, all of which provided support and advice to unpaid carers on a number of relevant topics such as; young carers, parent carers, older carers and working carers. A launch news release, a full social media schedule and internal communications to staff, were scheduled throughout the week.

An outdoor advertising campaign promoting the new service, Caring Together Warwickshire, ran for two weeks from Saturday 10 June through to Saturday 24 June. A mix of roadside and bus advertising was seen by 76 per cent of residents, twice over the two-week campaign and received over 1.5m impacts! In short, the campaign proved to be a success with the residents and unpaid carers of Warwickshire!





Facebook and Twitter provided the biggest number of views and comments from unpaid carers. For working carers and Warwickshire employers, LinkedIn provided business related content that helped to push specific advice and guidance around employment guidance for working carers.







UPDATES

Bridging the Gap – Movement and Visual Arts Kenilworth

Free intergenerational workshop for 18 weeks. For more details, please see below

To book, please call Jenny to book 07946 585978 or email jenny@artsuplift.co.uk.



Bridging The Gap

Movement and visual arts Kenilworth



Dementia friendly

REE intergenerational workshops for 18 weeks

Wellbeing Movement to Music for older people (seated also)

Wellbeing arts and crafts for young people aged 10-18 years









Bridging The Gap

Movement and visual arts Kenilworth

Come and join us for these fun and free movement to music and arts and crafts workshops. Each group will work on a shared theme and come together to share progress. The groups will then come together again in the autumn to share their movement and creations to friends and family at the Kenilworth Centre. Movement to music can be seated if needed.

No experience necessary!



Older People meet
Fridays from 7 July 11am to 12.30pm
Kenilworth library
Contact Jenny to book 07946 585978
jenny@artsuplift.co.uk



Young People's group tbc







Free PPE Equipment

Following a recent stock take, WCC PPE Service has identified a number of products where we have excess stock to likely demand over the next year. We want to see them put to good use and are therefore making them available to commissioned services.

The following products can still be used as PPE within specific product guidelines and are available to children and family services and adult social care provision day centres, community services (such as carer drop ins, dementia cafes etc), domiciliary care, supported accommodation and residential provision.

- Evans Safe Zone cleaning sprays (use by 10/23). Cases of 6. <u>Safety data</u> sheet
- Selgiene Extreme cleaning sprays (no use by date). Cases of 6. <u>Safety data</u> sheet
- Purell Hand Sanitiser 60ml (use by 10/23) Cases of 12
- Ecolab Skinman Hand Sanitiser 500ml (use by 02/25) Cases of 20 <u>Safety</u> <u>data sheet</u>
- Type IIR masks (use by 11/23) Case of 1000
- FFP3s (various types and use by dates)
- Fit test kits
- FFP2s (use by 8-11/23)
- Type II masks
- Clinical waste bags (yellow, orange and tiger stripe)
- Yellow pedal bins (kitchen bin size)
- Cardboard boxes (packs of 10, c.0.5mx0.5mx0.5m)

If you are interested in having any of these products, please contact CV19PPE@warwickshire.gov.uk, with the product(s) and the number of cases you want. These will then be delivered within Warwickshire free of charge. Please note that we will be distributing these as full cases, and we are not offering any other PPE at this stage. Stock will be allocated strictly on a first come first serve basis.

We also have a number of other products that MUST NOT be used as PPE, but may still be of use in situations where PPE isn't required but extra coverage may be of use. These products are available to any community or voluntary organisation or charities. The products are:

- Sanitiser (5l, 500ml, 250ml, 60ml)
- Gloves: S (nitrile, boxes of 100)
- Coveralls
- Gowns
- Wipes (packs of 100)
- Visors
- Goggles
- Disposable face coverings

If your charity or community organisation is able to use these items, or has any queries about them, <u>please fill in this form</u> with details of the items they are interested in, including quantities. We will then confirm what will be supplied and delivery will be arranged.

If you have any questions, please contact Natasha Coveney (natashacoveney@warwickshire.gov.uk) who will be happy to help.

Innovation Fund Update

Warwickshire County Council has made available funding for local organisations to support carers in the community with carer-led projects and activities. Carers Trust Heart of England administrated this on behalf of the council as part of the Caring Together Warwickshire Service. The funding was released from January 2023 to March 2023 and we had 19 bids awarded from £500 up to £3000. The funding was used to support all age carers and included groups, day services, peer mentoring and befriending services, activities such as sport, music, gardening which gave carers a break from caring. To date 178 carers (89 adult carers, 34 parent carer and 55 young carers) have been supported by this fund by projects that have been evaluated so far. The outcomes achieved by carers include:

- Supporting carers to access breaks from caring role
- Reducing loneliness and social isolation
- Supporting carers to be more active in the community
- Improving carer wellbeing

This is some of the feedback from carers who participated in projects and activities by local organisations:

Carers4Carers - "I joined the group in its early days. It's a wonderful way of meeting other carers, finding out lots of useful information and getting support from others during sometimes difficult times. Thank you!"



Warwickshire Young carers - "I had lots of fun and looked forward to going to these sessions as I don't get to do the things we did very often. I am sad now that it's come to an end and would love to do it all over again."



Parenting Project - "In need of another adult to speak to. Support getting out of the house and the possibility of interacting with local activity groups/single parent groups to share experiences and make new connections/friendships in order to feel less isolated."

Innovation Fund 2023: Caring for the Carers

AmbaCare Solutions have used the funds provided by the Innovation Fund to run a dementia day care centre where carers can leave their loved ones and have some respite for themselves. More information is available here: https://api.warwickshire.gov.uk/documents/WCCC-684757548-579

Free Kids Meals

Please see the information below regarding places where children can eat free or at reduced rates over the school holidays.



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

RILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

VOLSHISH

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED ...

M&S and Farmhouse Inns

Copyright of MONEY SAVING CENTRAL

OPPORTUNITIES

Working Together to Safeguard Children Consultation

Working Together to Safeguard Children is multi-agency statutory guidance that sets out expectations for the system that provides help, support and protection for children and their families. The current version was last substantially updated in 2018, with factual updates being made in 2020. A consultation on a wide-ranging update to existing guidance is now open and will close on 6 September 2023. Updates include a new 'shared endeavour' chapter at the start of the guidance and a set of expectations of multi-agency working, including practice principles for strategic and middle leaders plus frontline practitioners.

More information is available here.

Calling All Crafty Carers

Do you enjoy crochet or knitting? If so, we're calling on you to get involved with our exciting Yarn Bombing project. Simply send your crochet/knitting before the end of August 2023 and we'll make sure it's used to decorate our beautiful garden at the Penny Collard Centre. The address can be seen below.



Caring Together Warwickshire Focus Groups

Please see the poster below with regards to joining Caring Together Warwickshire's focus groups to help design their website.



Your opinon matters! Join Our Website Focus Group

Do you have an eye for detail? Do you enjoy using the internet? Are you someone who likes to access websites for the information you are looking for? If so, we need your help. We're looking at organising a series of focus groups, both in person and online to help us develop our website.

We're interested in hearing:

- · What content you would like to see on the site
- Your ideas on how to make the site more user friendly
- · Your thoughts on the websites design
- What features you would like to see added

If you can spare a few hours to make a difference, please email comms@carerstrusthofe.org.uk to register your interest in attending one of our focus groups.



Contact us: contactus@carerstrusthofe.org.uk www.carerstrusthofe.org.uk 02476 632972



Childcare Survey - we need to hear from you!

We need to hear from as many parents/parents to be as possible about their childcare requirements so that we understand the future needs of Warwickshire families. Please encourage/help all the families you are working with who will need childcare in the next few years. The survey is open until Friday 11 August 2023 and can be accessed here Warwickshire Childcare Survey.

NEWS

Carers Portfolio

The carers portfolio has now moved out of the Warwickshire County Council Maintaining and Promoting Independence Team and into the Warwickshire County Council Out of Hospital Team, which is managed by Integrated Lead Commissioner; Katherine Herbert.

Carer's Leave Act 2023

Informal carers and those with a caring responsibility now have a statutory right to 5 days of unpaid leave as a result of a new law that was passed in Parliament in May 2023. All employers should be supporting working carers to balance work and caring. To find out more about this new law, Carers Leave Act 2023 visit https://bills.parliament.uk/bills/3199

SPOTLIGHT

Young Carers

Young Carers from Caring Together Warwickshire joined Coventry Young Carers to take part in Frist Aid Training at Coventry University. The Young

Carers learnt many aspects of First Aid including putting someone in the Recovery Position and CPR. They joined 3rd Year Paramedic Student Ambassadors to learn about the amazing aspirational opportunities the University can offer.



Junior & Senior Young Carers groups have enjoyed getting creative painting rocks for Young carers week & hiding them around their local areas to raise awareness...alongside playing air hockey, table football, getting crafty, & playing games inside & out...all having some well-deserved time out & making new friends.





GET INVOLVED

CONTRIBUTOR: WCC

CONTACT: Ranbir Johal - ranbirjohal@warwickshire.gov.uk

Caring Together Warwickshire website

We now have a new name for the All-Age Carers Service, **Caring Together Warwickshire.**

The Caring Together Warwickshire service (provided by Carers Trust Heart of England) has set up a website,

https://www.caringtogetherwarwickshire.org.uk.

Here you can find updates about the service and information and support for all carer age groups. This is a work in progress and will have new features as the website develops.

If you wish to be involved in the development of this website, please contact us at peoplestrategyandcommissioning@warwickshire.gov.uk.

Submitting Information for Inclusion in Bulletin

If you would like to submit any information for inclusion in future bulletins, please submit it to ranbirjohal@warwickshire.gov.uk. Please ensure the word limit not exceed 250 words.

THANK YOU







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Wanted to join to learn more about Carers.

Our mailing address is:

Warwickshire County Council
Shire Hall
Warwick, Warwickshire CV34 4RL
United Kingdom

Add us to your address book

Want to change how you receive these emails?
You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

