

Please share this bulletin with your networks and relevant providers.



CARING TOGETHER WARWICKSHIRE BULLETIN

June 2023

ISSUE: 4

Welcome to this issue of the **Caring Together Warwickshire Bulletin**.

Bulletins will be distributed regularly and will showcase updates, events and opportunities specific to all partners who support people

with caring responsibilities. This includes, social care, health and community sectors as well as carers themselves.

We encourage all partners to contribute to this bulletin by sending in your news stories and how your service supports Warwickshire's caring residents' health and wellbeing.

We want to hear feedback from those who look after someone as well as partners on what they would like to see in this bulletin going forward.

For general information on support available for adult caring for adults, young and young adult carers and parent carers of children with SEND please visit www.warwickshire.gov.uk/carers.

If you have a suggestion or comment then please email Ranbir Johal, Commissioning Support Officer at Warwickshire County Council at ranbirjohal@warwickshire.gov.uk

Are you carer aware?

Are you carer aware? To further your understanding of what it means to be a carer, we encourage all our partners to set aside some time to take Warwickshire County Council's free CPD accredited online Carer Aware and Young Carer Aware courses (estimated completion time is 30 – 40 minutes each).

IN THIS MONTH'S ISSUE...

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EVENTS

Carers Week (5 – 11 June 2023)

This year Carers Week is 5 – 11 June 2023 and the theme is recognising and supporting carers in the community.

Warwickshire County Council are using Carers Week to celebrate carers and reach out to them with information about support services, and highlight how important caring is.

We would encourage all Warwickshire partners to show support for carers and get involved with Carers Week. We would appreciate if you would let us know of any such plans or relevant news stories by contacting jayaulum@warwickshire.gov.uk (Jay Aulum – Communications Officer). For more details please click [here](#).

UPDATES

Help and advice for Warwickshire carers

If you fall into one of the following categories, help and advice is available to you:

- If you are under 18 and help to look after a family member
- If you look after someone who cannot cope with everyday tasks due to an illness, frailty or a disability
- If you care for a child or young person with special educational needs/disability

You don't have to do it alone. For more information, please go to www.warwickshire.gov.uk/carers or call 0800 197 55 44.

Following a full-packed Carer's Week, Warwickshire County Council will be pushing out a two-week outdoor advertising campaign across Warwickshire to reinforce the support available to residents with a caring responsibility. Adverts will be shown on Warwickshire buses and billboards. Anyone needing support will be signposted to Caring Together Warwickshire and the cares pages on the Council's website. If you do spot an advert, then please

take a photo and send it onto us at

peoplestrategyandcommissioning@warwickshire.gov.uk.

Here 4 Each Other

A new carers' support group online via Zoom. For carers looking after someone living with dementia. Non-judgemental space to share experience and learn from others in a similar situation.

First Tuesday of every month, 7.00pm to 8.00pm.

Click this link to join session – [Carers' Support Group Zoom Link](#)

For more information please call 07974 727223 or click [here](#).

Carers Trust Heart of England Carer Awards

Nominations are now closed for the Carers Trust Heart of England Carers Awards. The ceremony will be held in Coventry on 8 June 2023 by invitation only to celebrate those carers and organisations who have been selected from the various award categories including Carer of the Year Award and JIL-Award for Young Carer. Best of luck to all the nominees.

Young Carers

The Carers Trust Heart of England have continued with their excellent support for young carers and have held the following activities in recent weeks:

- In recognition of Mental Health Awareness week, young carers created Zen Beach and Beach Gardens to support with their mental health and wellbeing.



- Warwickshire Wildlife Trust visited a group session to promote plants and flowers that would attract bees and pollination. Various herbs and flowers were planted for young carers to take home.



- The young carers had a great time celebrating the King's Coronation with afternoon tea.



OPPORTUNITIES

Movement to music CPD training

For activity co-ordinators or care staff.

Join Lucy Knight as she delivers a movement to music session with residents of Lanesborough House Care Home in Coleshill. Learn about running your own movement to music sessions with older people or people living with dementia through some theory sessions and a free resource pack, or gain some more ideas.

The learning aims are:

- To provide an introduction to the benefits of movement with older people and people living with dementia in a care home setting
- To equip the learner with movement exercises and approaches to enable you to run your own session within a care home setting
- To provide resources and materials to enable the learner to plan fun and engaging sessions

Monday 26 June, 10am to 3pm at Lanesborough House in Coleshill.

To book a place please call 07946 585978 or email jenny@artsuplift.co.uk.

Website - www.artsuplift.co.uk/arts-for-dementia-warwickshire/

For more details please click [here](#).

NEWS

Need help or advice about the cost of living

Across Warwickshire, Citizens Advice Warwickshire (funded by Warwickshire County Council) are offering a new service that provides advice and help if you are worried about the cost of living.

Please contact 0808 250 5715 (Mondays to Fridays, 9am – 5pm)

Our out-of-hours service will continue on Monday evenings from 5pm-7pm, for people who are unable to contact us during the day, through our Freephone number: 0800 995 6047.

For further information, please click [here](#).

For more general information about cost of living please visit www.costoflivingwarwickshire.co.uk/.

Working Together Charter for Warwickshire SEND

This charter was co-produced with several partners including Warwickshire Parent Carer Voice. The charter will help to assess how well we all work together and how to potentially improve that process to achieve the best possible outcomes. We would like to encourage partners to make a commitment to the Working Together Charter for Warwickshire. For further details please contact samcraven@warwickshire.gov.uk.

Working Together Charter for Warwickshire SEND

Working Together in Participation

Participation involves children, young people and their families, education, health and care services, decision makers, and partner organisations working together

Commitment

We are committed to the principles of effective participation – guiding the design, development and experience of services

This is underpinned in the legal framework of the Children and Families Act 2014, the SEND Code of Practice 2015, the United Nations Convention on the Rights of the Child 1989, The Care Act 2014, and NHS Act 2006, which all champion the participation of families in decision making

Welcome and Care

We will:

- create a welcoming and caring space
- introduce everyone, their role and why they are there
- provide clear purpose for involvement
- outline the commitment needed
- ensure everyone's well-being to nurture confidence and self-esteem
- consider when, where and how activities take place, thinking about the needs and availability of those involved
- always consider "who needs to be involved?" and make contact at the earliest opportunity



Communicate

We will:

- communicate clearly and honestly
- facilitate discussion and listen to understand, rather than listen to respond
- respond constructively and always with kindness and compassion
- maintain confidentiality as agreed and be clear about what can be shared
- provide information that is easy to understand in accessible formats
- be transparent about what we are doing and why



Developing and nurturing each of these commitments to build

TRUST



Value and Include

We will:

- keep children, young people and their families central to everything we do
- embrace differences and treat everyone with respect, acknowledging different perspectives
- support each other to enable participation
- ensure that everyone gets the information they need when they need it
- listen and value everyone's contributions and work towards shared solutions
- ensure that spaces feel safe for everyone
- ask "who have we missed?" and give them the opportunity to be heard



Work in Partnership

We will:

- co-produce how children, young people and families will be involved before we start
- give equal value to the contributions from both lived experience and professional training, evaluating evidence together
- have a 'can do' approach that focuses on understanding and finding solutions
- show willingness to engage with difficult conversations
- understand that the outcome may be a compromise reached through shared understanding and the decisions explained clearly
- acknowledge the contributions of partners including use of logos with consent



Warwickshire County Council and Coventry and Warwickshire Integrated Care Board recognise Warwickshire Parent Carer Voice and IMPACT (Young People's Forum for SEND) as the strategic partners for children, young people and family voice

Signatures:

Nigel Minns

Nigel Minns
Warwickshire County Council

Tracey Pilcher

Tracey Pilcher
Coventry & Warwickshire
Integrated Care Board

Elaine Lambe

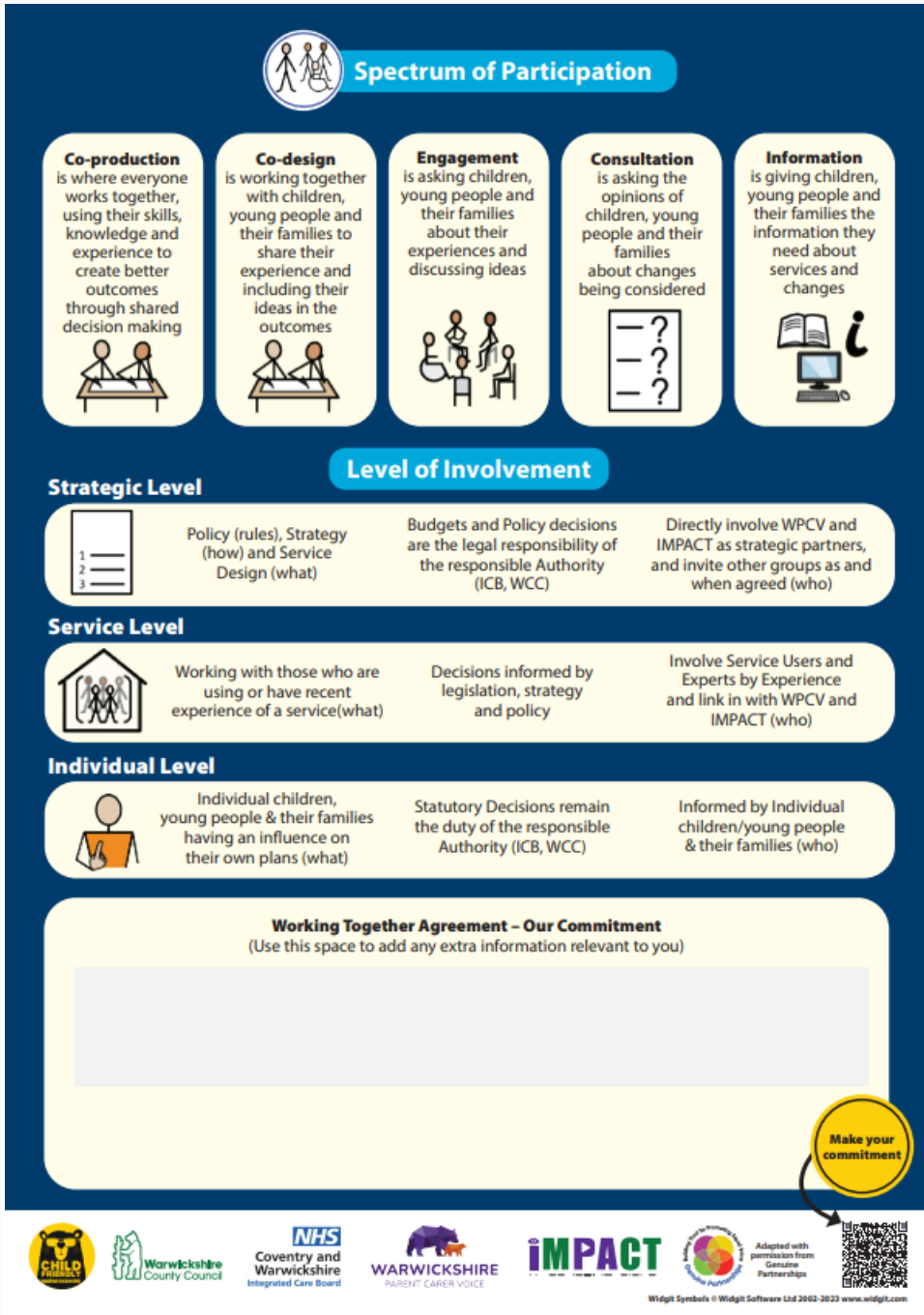
Elaine Lambe
Warwickshire Parent Carer Voice

Sam Craven

Sam Craven on behalf of IMPACT
(Young People's Forum for SEND)



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Closure of Community Meals Service from 1 June 2023

From 1 June 2023 the community meals service provided by Apetito Ltd will be closed. We ask all providers and partners to discontinue referrals and signposting to the service. Please support customers who may be affected, and should they require additional advice, advise them to contact 01926 410410 as soon as possible.

SPOTLIGHT

Free digital resources for carers

Caring for a loved one who is ill, disabled or older can be valuable and rewarding, but without the right support, caring can have an impact on your health, your job, your finances and your social life.

Register for free digital resources and get the help you need. Carers UK in collaboration with NHS England to give carers in Warwickshire access to wide range of digital tools and essential resources that may help make their caring situation easier.

To access these resources, please visit www.carersdigital.org and use free access code DPCN9155.

For more information, please click [here](#) or use this [link](#).

Celebrating two years of Warwickshire Parent Carer Voice

As Warwickshire Parent Carer Voice (WPCV) approach their second birthday, it is with great appreciation that Warwickshire County Council recognise the forum's commitment and dedication to work alongside us to represent the voices of parent carers and their children. They have worked hard to build relationships and networks across health, education and social care, offering constructive challenge and being part of developing solutions at a strategic level.

The forum welcomes any parent carer, living in, or accessing services for their child aged 0-25 with SEND in Warwickshire, whether they have a diagnosis or not. If you would like to join WPCV, please complete the online membership form [here](#).

For more information, please click [here](#).

GET INVOLVED

CONTRIBUTOR: WCC

CONTACT: Ranbir Johal - ranbirjohal@warwickshire.gov.uk

Caring Together Warwickshire website

We now have a brand new name for the All-Age Carers Service, **Caring Together Warwickshire**.

The Caring Together Warwickshire service (provided by Carers Trust Heart of England) has set up a website,

<https://www.caringtogetherwarwickshire.org.uk>.

Here you can find updates about the service and information and support for all carer age groups. This is a work in progress and will have new features as the website develops.

If you wish to be involved in the development of this website, please contact us at peoplestrategyandcommissioning@warwickshire.gov.uk.

Submitting Information for Inclusion in Bulletin

If you would like to submit any information for inclusion in future bulletins, please submit it to ranbirjohal@warwickshire.gov.uk. Please ensure the word limit not exceed 250 words.

THANK YOU



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Wanted to join to learn more about Carers.

Our mailing address is:

Warwickshire County Council
Shire Hall
Warwick, Warwickshire CV34 4RL
United Kingdom

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