

Dementia Connect in Warwickshire

Dementia Connect is a dedicated service to support anyone living with dementia or caring for someone with dementia, providing personalised advice and practical and emotional support, helping you and your loved ones at all stages of dementia.

Dementia Connect is available online and advisors are available over the phone for a chat and to answer any questions or talk through any difficulties you may have regarding Dementia, this can include:

- Understand more about how dementia affects you or your loved ones
- Small changes you can make at home to help someone with dementia
- Equipment that can help with daily tasks and maintaining independence
- Support to look after your physical and mental health
- Advice on latest Government Covid 19 guidance
- Connecting with others through technology and take part in online activities from the comfort of your own home
- Other services and support available locally

Please contact **Dementia Connect** today by phone or email.

Call: 0333 150 3456

(Calls charged at standard local rate)

Email: dementia.connect@alzheimers.org.uk

OPENING TIMES:

Monday to Wednesday: 9 am – 8 pm

Thursday to Friday: 9 am – 5 pm

Saturday to Sunday: 10 am – 4 pm

Find out more about **Dementia Connect** at:
alzheimers.org.uk/dementiacconnect

Dementia Connect is delivered across Warwickshire by Alzheimer's Society and is free of charge.



'Just to say thank you for your support... we appreciated your guidance and contributions'

Person with Dementia using
Dementia Connect service in Warwickshire



Dementia Talking Point: A helpful online community, available day or night, where people affected by dementia can ask questions or share how they feel.

Find out more at: www.warwickshire.gov.uk/dementia

If you are caring for a family member or friend

Providing care to someone who could not cope without you can be hard. The Carer Wellbeing Service provides emotional and practical support to help you if you care for someone and can help you to maintain your own health and wellbeing.

The Carer's Response Emergency Support Service (CRESS) can provide emergency cover should you need to leave the person you care for. The service is available for all carers, including those caring for a person with dementia.

Website: www.carerstrusthofe.org.uk/warwickshire-carer-wellbeing-service/

Call: 02476 632972 (opt 2)

Email: carerssupport@carerstrusthofe.org.uk

OPENING TIMES:

Monday to Friday: 9 am to 6.30 pm

Saturday: 9 am to 1 pm

Further information for carers is also available at www.warwickshire.gov.uk/carers

For more information about dementia and services that can support you, please visit Warwickshire's Living Well with Dementia website: warwickshire.gov.uk/dementia

Both of the services have been commissioned by Warwickshire County Council as part of its commitment to support people living with dementia and carers. Both services are available across Warwickshire to support you and welcome you to get in touch.

Remember, you are not alone and support is a phone call or email away.