

Activities & Support in Stratford District for people with dementia and their carers



Council Tax Help

Are you, or someone in your household, living with:

- a degenerative brain disorder such as Alzheimer's
- other kinds of dementia
- a learning disability
- a severe stroke
- severe or chronic mental illness

and are entitled to one of the following benefits:

- Employment Support Allowance
- Severe Disablement Allowance
- increased Disability Pension
- Personal Independence Payments (PIP)
- Income Support that includes a disability premium
- the care component of high or middle rate Disability Living Allowance
- Constant Attendance Allowance
- Incapacity Benefit

then you may be entitled to a Council Tax discount



and save money off your Council Tax bill

For more information please contact Revenues on

 01789 260990

 revenues@stratford-dc.gov.uk

Dementia Cafés and other activities for people with dementia

ALCESTER

Alcester Café

Free drop in dementia café providing information and support.

Tuesdays and Fridays 10:30am - 12:30pm

Jubilee Centre, off St Faith's Road, B49 6AG

Contact Carole Zambonini 01789 765971

www.alcesterdementiacafe.org.uk

Alcester (Dementia) Day Care

Day care for people with dementia. Booking required.

Mondays 9:30am - 3:30pm

Baptist Church Hall, Henley Street, B49 5AJ

Contact Carole Zambonini 01789 765971 or 07841 699765

carole@highfieldltd.co.uk

www.alcesterdaycare.org

BIDFORD-ON-AVON

Bidford Dementia Café

Free drop in dementia café providing information and support.

Mondays 10:30am - 12:30pm (except Bank Holidays)

Westholme Court, Westholme Road, Bidford-on-Avon B50 4AL

Contact Wendy Lancaster 07713 648716

wendylancaster@btinternet.com

COMPTON VERNEY

Compton Verney Dementia Friends Café

First Tuesday of month 10:30am - 12:30pm

Compton Verney Art Gallery, CV35 9HZ

Contact Heather or Paul on 01295 688376

or email talkdementia@mail.com or visit website www.talkdementia.uk

Entry to Compton Verney requires a day pass or membership - carers enter free. A free shuttle bus will take Dementia Cafe attendees from the car park to the Gallery entrance.

Dementia Cafés and other activities for people with dementia

HARBURY

Connections Café

Third Wednesday of month 2:00pm till 4:00pm

Tom Hauley Room, (behind the Church), Church Street, CV33 9EY

Contact Jill Baker 01926 612483 jillbaker2015@outlook.com

or Janice Montague 01926 612340 janellmont@gmail.com

HENLEY-IN-ARDEN

Age UK Warwickshire Dementia Day Opportunities

Service for anyone with a diagnosis of dementia.

Tuesdays and Thursdays 9:30am - 3:30pm

£45 including lunch / £10 for those financially assisted through social care. Lunch is charged at £6

Dell Court, Cherry Orchard, B95 5FW

To arrange a visit contact Maureen Wigington, Dementia Day Ops

Team Leader, 07780 684383

Memory Lane Café

Second and fourth Tuesday of month 2:00pm - 4:00pm

St Nicholas Church Hall, Beaudesert Lane, B95 5JY

Off road parking & disabled access.

Contact: Malcolm Aldridge 07767 354456

SHIPSTON-ON-STOUR

Shipston Dementia Friends Café

2nd, 3rd & 4th Tuesday of each month. 10.30am - 12.30pm

Shipston Lodge, Armistice Close, Shipston-on-Stour, CV36 4QG

Contact Heather or Paul on 01295 688376

or email talkdementia@mail.com or visit website www.talkdementia.uk

Dementia Cafés and other activities for people with dementia

SOUTHAM

Café Muse

A music café for people affected by dementia or social isolation.
4th Thursday of month 11:00am - 2:00pm (includes lunch),
Galanos House Community Hub, Banbury Road, CV47 2BL.
Places must be booked in advance on 01789 267567.

STRATFORD-UPON-AVON

Stratford-upon-Avon Sporting Memories Club

For those living with dementia or who just want to share sporting memories. Mondays 10:00am -12:00noon.
Stratford Sports Club, Swan's Nest Lane, CV37 7LS
Contact annetubb@stratfordsport.co.uk

Café WRAP

Fridays 2:00pm - 4:00pm
Bishopton Community Centre, Drayton Avenue, CV37 9PB
Contact WRAP office 01789 261061
Mobile for wheelchair assistance 07803 729894
wrap1@hotmail.com

Café Muse

A music cafe for people living with dementia and carers.
2nd Thursday of month 11:00am - 2:00pm (includes lunch).
Stratford Play House, Rother Street
Places must be booked in advance on 01789 267567

VASA Memory Club / Carer Respite

For those with mild to moderate dementia. Activities based around individual skills. £35 including light lunch
Tuesday and Wednesday 10:00am - 3:00pm
Briar Croft, Alcester Road, Stratford-upon-Avon, CV37 6PH
Contact Janis 01789 777986 or Janis@vasa.org.uk

Dementia Cafés and other activities for people with dementia

TYSOE

Tysoe Dementia Friends Café

Fridays 10:00am - 12:00noon

Tysoe Village Hall, Main Street, Middle Tysoe, CV35 0SE

Contact Heather or Paul on 01295 688376

or email talkdementia@mail.com or visit website www.talkdementia.uk

STUDLEY

Studley Allotments Dementia Project

Dunstall Allotments, Redditch Road, Studley B80 7AU

Contact studleydementiagarden@vasa.org.uk

07828 848672

WELLESBOURNE

Wellesbourne Dementia Friends Café

Wednesdays 2:00pm - 4:00pm

Wellesbourne Village Hall, School Road, CV35 9NH

Contact Heather or Paul on 01295 688376

or email talkdementia@mail.com or visit website www.talkdementia.uk

VASA Memory Club / Carer Respite

For those with mild to moderate dementia. Activities based around individual skills. £35 including light lunch

Mondays and Thursdays 10:00am - 3:00pm

Ettington Lodge, Grantham Road, Wellesbourne, CV35 9AJ

Contact Janis 01789 777986 or Janis@vasa.org.uk

Oscar's Dementia Friendly Garden

Open every day from 9:30am - 5:00pm.

Wellesbourne Allotments, Kineton Road, CV35 9NE

Contact Heather or Paul on 01295 688376

or email talkdementia@mail.com or visit website www.talkdementia.uk

Support for carers

ALCESTER

Alcester Café Carers Group

Carers meet whilst their loved ones are looked after in a separate room. First Friday and Third Tuesday of month 11:00am - 12:00 noon
Jubilee Centre, off St Faith's Road, B49 6AG
Contact Carole Zambonini 01789 765971
www.alcesterdementiacafe.org.uk

Keeping in Touch, for carers whose partner has died or gone into long term care. Held at Alcester Café (in separate room to café)
First and Third Friday of month 10:30am - 12:00 noon
Jubilee Centre, off St Faith's Road, B49 6AG
Contact Carole Zambonini 01789 765971
www.alcesterdementiacafe.org.uk

KINETON

Carers4Carers

Kineton Village Hall, Mill Street, CV35 0LB
Fourth Friday of month 10:30am - 12:00 noon
We can look after the person you care for in our Companionship Group alongside the meeting but you must book a place in advance. Please get in touch prior to attending the group for the first time.
Contact Gillian Grason Smith 01926 640203 / 07947 893504
kcarers4carers@gmail.com
www.carers4carersonthefosse.org.uk

SHIPSTON-ON-STOUR

Support Group for All Carers

Every second Wednesday 10:30am - 12:30pm
Shipston Lodge Nursing Home, Armistice Close,
Shipston on Stour CV36 4QG
Contact Janis 01789 777986 or Janis@vasa.org.uk

STRATFORD-UPON-AVON

Carers Café

Saturdays 11:00am - 12:00 noon

Fred Winters Centre (access from Guild St), CV37 6QY

Contact Janis 01789 777986 or Janis@vasa.org.uk

WELLESBOURNE

Support Group for All Carers

Second Monday of month 2:00pm - 4:00pm

Wellesbourne Village Hall, School Road, CV35 9NH

Contact Janis 01789 777986 or Janis@vasa.org.uk

DISTRICT WIDE

Carers Trust Heart of England Warwickshire Carer Wellbeing Service

Ensures that carers are supported in every way possible so that they are able to take on this vital role while maintaining their own wellbeing.

Contact 02476 101040 (Option 4)

carerssupport@carerstrusthofe.org.uk

WRAP Resource Centre

WRAP has over 80 trigger boxes, each themed with a series of objects that trigger memory through stimulation of the senses.

They are available for care professionals and family carers to borrow.

For more details contact Lynda on 01789 261 061.

Dementia Connect in Warwickshire

The service can support anyone affected by dementia.

The service provides personalised advice and practical and emotional support at all stages of dementia.

Contact 0333 150 3456 or email dementia.connect@alzheimers.org.uk



Care Companion

A free online resource for those looking after a loved one. Offering recommended resources, an online diary and address book with contacts relevant for you.

www.carecompanion.org.uk

Support for people “looking after a loved one” with dementia

The LAALO Programme

If you are caring for a loved one with the early stages of dementia this FREE programme can help.

It provides practical support and advice.

For details of the next course please contact the Warwickshire

Reminiscence Action Project (WRAP) on 07803 729894

or email wrap1@hotmail.co.uk



Warwickshire's Living Well with Dementia website

An online service providing a full range of information about dementia and the support and services available locally in Stratford District and across Warwickshire.



www.dementia.warwickshire.gov.uk

Warwickshire Special Dental Service

Provides dental care for people of any age who have additional needs that make it difficult for them to access a family dentist.

For all enquiries contact 01926 317778

Books on Prescription (BOP)

Books on Prescription can help you manage your health and wellbeing with self-help books, eBooks and CDs. There are titles for people who have dementia, are caring for someone with dementia or want to find out more information about dementia. If you are already a library member, BOP books are available to borrow without a prescription. If you are not a library member, health and social care professionals can prescribe the BOP service:

There are 10 libraries in Stratford-on-Avon District.

<https://www.warwickshire.gov.uk/findalibrary>



For more information, please visit:

www.warwickshire.gov.uk/booksonprescription

Blue Badge for Hidden Disabilities

From August 2019 people with hidden disabilities (including dementia) can apply for a blue badge. You can apply online www.gov.uk/apply-blue-badge. To apply by post forms can be printed from Warwickshire County Council's website.

www.warwickshire.gov.uk/bluebadges

Dementia support in Warwickshire



- available 24 hours a day, 7 days a week



NHS Mental Health Access Hub - available 24/7

If you need advice and / or support for an urgent issue such as if a person with dementia is at immediate risk or displaying behaviours that are hard to manage, please call:

Freephone: 08081 966 798

However, if the person with dementia is already receiving services from Coventry and Warwickshire Partnership Trust and it is between 9am and 5pm Monday to Friday, please call the NHS Dementia Service Duty Worker for your local area instead of the Mental Health Access Hub:

- Rural North Warwickshire and Nuneaton and Bedworth: **0300 200 2008**
- Rugby: **01788 513700**
- Warwick and Stratford-on-Avon: **01926 450660**
- Coventry: **024 7670 7968**





Warwickshire County Council (WCC) – Adult Social Care - available 24/7

Please call WCC Customer Services between 9.00am and 5.00pm (4.30pm on Fridays)

Telephone: 01926 410410

An emergency duty social worker is available out of the office hours above. Please call: **01926 886922**

Mental Health Matters emotional and mental health helpline - available 24/7

The helpline can support you if you are a carer and your mental health is being affected by your caring responsibilities. If you are feeling low, anxious or stressed, socially isolated and/or finding it difficult to cope, support is available.

Telephone: 0800 616 171

Free phone number for mobiles to call: 0300 330 5487

Online web chat: www.mhm.org.uk/helpline-webchat

NHS 111 or 999 - available 24/7

You should call **NHS 111** if you need medical help quickly but it is not a life-threatening emergency.

You should call **999** if there is an immediate medical emergency.



Booklet produced by Stratford-on-Avon District Council Communities Team. Telephone 01789 260108 or email socialinclusion@stratford-dc.gov.uk

Working in partnership to create dementia friends
www.dementiafriends.org.uk

Information correct at February 2022
but subject to change.

For the latest information visit

www.stratford.gov.uk/healthcare/dementia-friendly.cfm

