

Dates available for accreditation:

Monday 13th September Full day

### Booking:

Please contact Sam Thomas via email: [samthomas@warwickshire.gov.uk](mailto:samthomas@warwickshire.gov.uk) or phone: 01926 742096 to register and book your slot for your accreditation session.

### Late cancellation

This training is free, however, a charge of £125 will apply if any participant allocated a place does not sign in on the day or cancels within 5 working days.

An exemption from this penalty will be permitted if the person allocated the place ensures a colleague attends the course in their place.



## LEVEL ONE & TWO SMOKING CESSATION

Skills Training and  
Accreditation

Intensive One-to-One  
Interventions

**NOW OFFERED VIRTUALLY**

*Working for  
Warwickshire*



## LEVEL ONE & TWO SMOKING CESSATION

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# Intensive One-to-One Interventions

## Now Offered Virtually

Smoking Cessation training aims to support stop smoking services and practitioners to provide high quality stop smoking interventions based on the most up-to-date evidence available.

It is aimed at both practitioners who are newly appointed as well as those who are more experienced, as a refresher.

Level 1 accreditation will equip you to offer very brief advice support. Level 2 accreditation will allow you to offer more intensive one to one smoking cessation support in Warwickshire.

In response to the current COVID 19 restrictions, we are pleased to be able to offer you a more flexible and accessible way of completing the Level 1 & 2 training and achieving your accreditation.

## How will it work?

We will be providing an interactive one-day Microsoft Teams knowledge and skills training with access to some of the pre-recorded materials after the session (for revision purposes)

### Pre course Preparation

You need to complete the following before the Live Level 1 & 2 Microsoft Teams

#### Training session:

- NCSCT training module 'Core knowledge and Practice Skills Assessment' this can be accessed here: [elearning.ncsct.co.uk/england](http://elearning.ncsct.co.uk/england) (don't worry if you don't pass this the first time, you can have multiple attempts).

## Do I Need Special Equipment?

To be able to complete the Live Level 1 & 2 Microsoft Teams Training you will access to a laptop, computer or tablet, and a private space to be able to practise the pre-quit consultation.

The practise session will take place in the afternoon, at this point you would have acquired a lot of the skills, knowledge, confidence and can put it into practise. Participants will have the option of practising with the camera on or off. Alternatively, a recorded pre-quit role-play session can be uploaded via a mobile device.

It's also optional to print your advisor handbook for your preparation that will be sent in advance of the training day.

The course will cover the following content (which mirrors as closely as possible the face-to-face training you would have received in a 1-day course):

- Introduction to the course (4 min video)
- Accreditation process L 1 & 2 certification (4 min video)
- Introducing course materials (5 min video)
- Recommended reading and modules to compliment the Level 1 & 2 training (there are five different website links provided in this section for your pursuit)
- Medication (there are eight short videos to watch within this section) (64 min total)
- Very Brief Advice (12 min includes NCSCT video)
- CO Monitoring (6 min video)

- Behavioural Support (There are eight short videos to watch within this section) (96 min total including an exercise)
- How to Use Pharmoutcomes short videos
- Local Services information

The NCSCT has some extra resources on Smoking and Pregnancy, Smoking and Mental Health. These will not be covered in great details on the training day.

## What happens next?

Please contact Sam Thomas via email: [samthomas@warwickshire.gov.uk](mailto:samthomas@warwickshire.gov.uk) or phone: 01926 742096 to register and book your slot for your accreditation session.

### You will then receive:

An agenda for the training day (For the quit date and next steps – links to a pre-recorded video will be added). Participants are expected to watch these short videos after the training day as part of accreditation and need to notify Sam Thomas when you have completed watching them

### Advisor handbook

An email invitation to access the Live Level 1 & 2 Microsoft Teams Training

Following the training you'll be able to access the pre-recorded videos via google classroom (so please send details of a google/gmail address), if you don't have one, not to worry individual links will be sent to you.

When you have completed the course work and accreditation session, you will be sent your Certificate of Accreditation electronically.