

PLACE BASED NEEDS ASSESSMENT

NUNEATON CENTRAL

APPENDICES

Warwickshire Joint Strategic Needs Assessment

March 2019

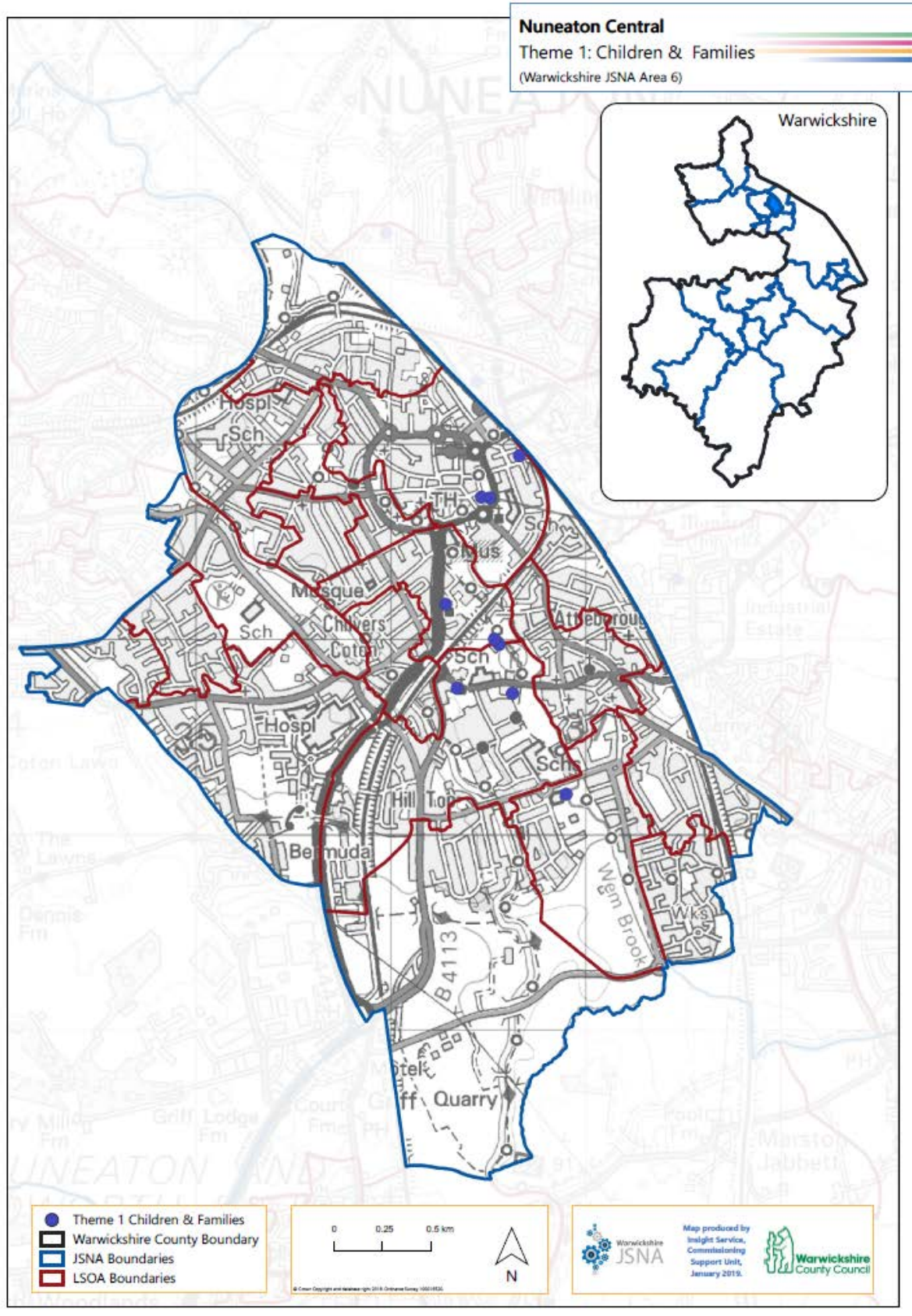


CONTENTS

Appendix A – Community Assets.....	3
Theme 1 – Children & Families	3
Theme 2 – Young People	5
Theme 3 – Older People	7
Theme 4 – Community Venues & Meeting Points	10
Theme 5 – Community Organisations and Social Groups	12
Theme 6 – Leisure & Recreational Activities	14
Theme 7 – Advice & Support	17
Theme 8 – Community Cafes & Food	20
Theme 9 – Health & Wellbeing	22
Theme 10 – Education & Learning	25
Appendix B – JSNA Survey Results	27
Appendix C – JSNA Stakeholder Engagement Report	34

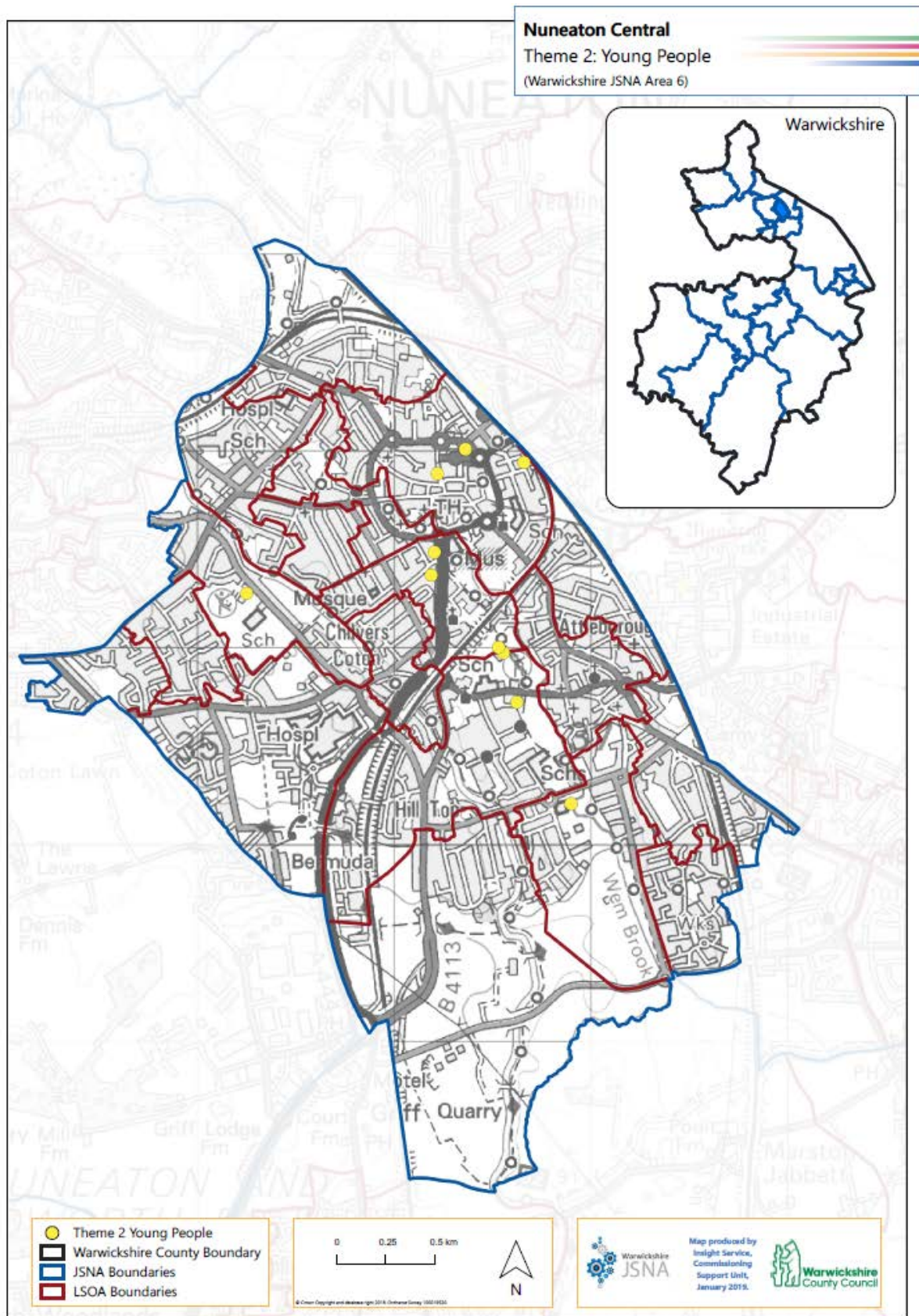
APPENDIX A – COMMUNITY ASSETS

Theme 1: Children & Families



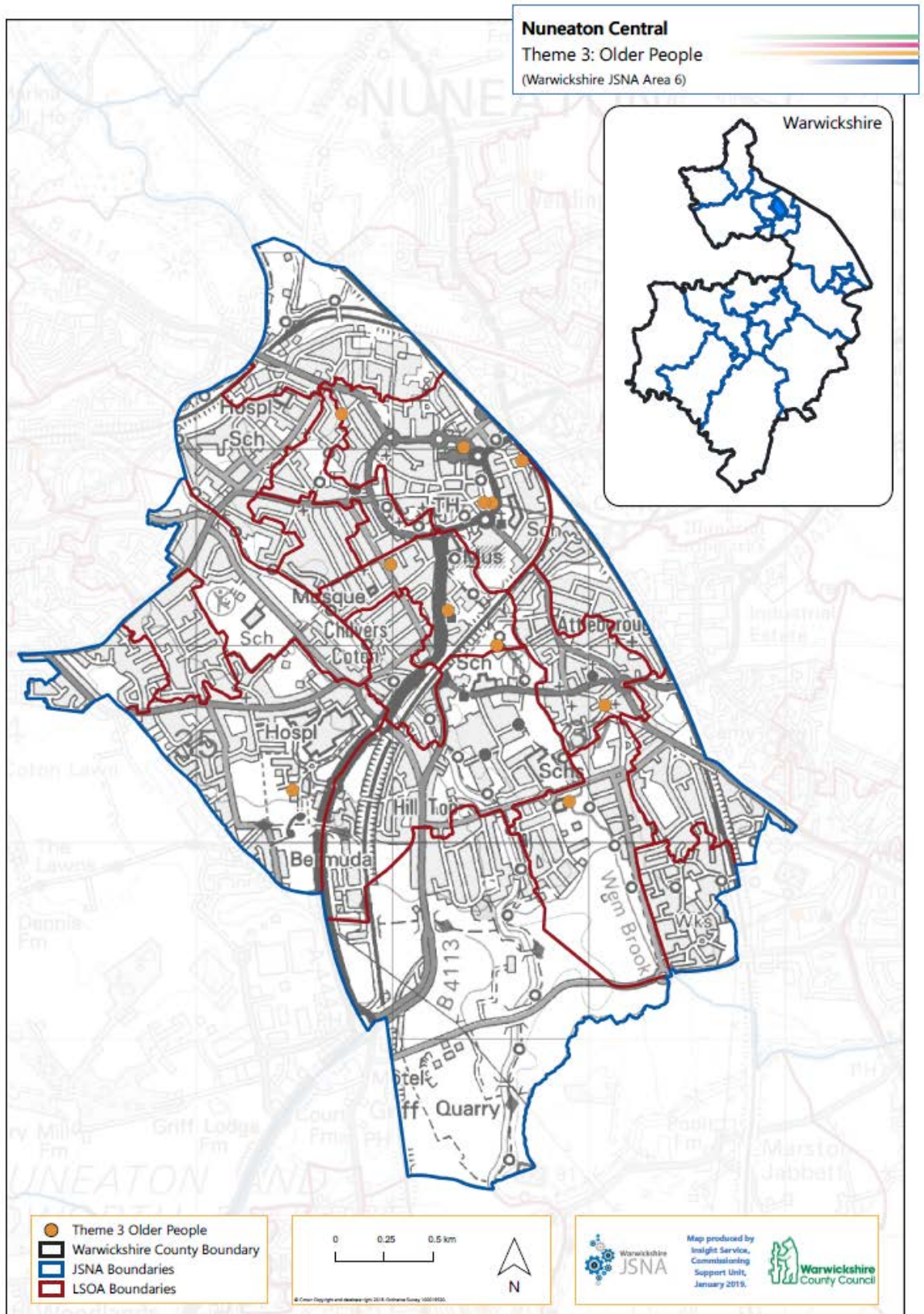
Organisation / location	Activities, classes, event
St Nicholas Parish Church Hall	Places of Welcome - a drop-in café - with food provisions for those who face poverty - every Friday between 7am – 9am (for school children and parents) The Baby Hub – Meeting every Monday, 10.30am – 1.30pm and Thursday, 10 – 11.30am Choir - boys and girls aged 7 to 16 years Children’s Contact Centre - safe space where children can meet the parents they don't live with. http://stnicolaschurch.org.uk/whatson/
Fitter Futures Warwickshire	Warwickshire Countywide Physical Activity/Healthy Lifestyles 12 week programmes and weight management programmes for young people aged 12-16 and adults aged 16+ https://fitterfutureswarwickshire.co.uk/
Nuneaton Library	Children’s and young adults groups and activities: Rhyme Time – Fun songs and rhymes for 0-2 year olds Story Stomp – Fun with stories and rhymes for 2-4 year olds Book Magic – free family fun for children of all ages Stories and crafts: a different theme every week. Code Club – free after school coding clubs for children aged 9-11. Lego Club – creative themed sessions for children to build and create with Lego. https://www.warwickshire.gov.uk/nuneatonlibrary
Pingles Leisure Centre	A wide range of activities to suit all ages and abilities. Swimming pools, swimming lessons, crèche, outdoor tennis courts. https://www.everyoneactive.com/centre/pingles-leisure-centre/
The Pingles Stadium	Nuneaton Harriers Athletic Club: 8-lane 400m floodlit all-weather running track and clubhouse. Welcome athletes of all standards, from fun runners through to international level competitors. There is a large and vibrant young athletes section. Holiday activities Footgolf and pitch& putt https://www.thepinglesstadium.com/
All Saints Church Chilvers Coton	Little Saints – play group for carers and their children Messy Church for families – activities, celebration and meal https://www.allsaintscoton.org/
Nuneaton Club 4 Young People	Activities: Youth Club, Boxing, Table Tennis, Karate http://ncyp.co.uk/youngpeopleclub/activities.htm
Our Lady Of The Angels RC Church	Toddler Group (0 – school age). Nuneaton and District Catholic Fellowship (NDCF) - The local NDCF branch organises pilgrimages, trips, social events and many different activities for those with physical, learning and sensory difficulties and their families, supporting children and adults alike. https://www.ourladyoftheangels.co.uk/
Wembrook Community Centre	Wild Earth Youth Group 11-15 year olds Young Carers Youth club http://www.wembrookcommunitycentre.org.uk/

Theme 2: Young People



Organisation / location	Activities, classes, event
Nuneaton Club For 4 People	Activities: Youth Club, Boxing, Table Tennis, Karate http://ncyp.co.uk/youngpeopleclub/activities.htm
Fitter Futures Warwickshire	Warwickshire Countywide Physical Activity/Healthy Lifestyles 12 week programmes and weight management programmes for young people aged 12-16 and adults aged 16+ https://fitterfutureswarwickshire.co.uk/
Pingles Stadium	Nuneaton Harriers Athletic Club: 8-lane 400m floodlit all-weather running track and clubhouse. Welcome athletes of all standards, from fun runners through to international level competitors. There is a large and vibrant young athletes section. Footgolf and pitch& putt Circuit Training https://www.thepinglesstadium.com/
Pingles Leisure Centre	A wide range of activities to suit all ages and abilities. Swimming pools, swimming lessons, crèche, outdoor tennis courts. https://www.everyoneactive.com/centre/pingles-leisure-centre/
Jubilee Sports Centre	Hosts a range of different activities including a gym, group exercise classes and a multi-purpose sports hall (badminton, volleyball, football, indoor cricket net sessions and roller discos. Outside, a floodlit 3G all-weather pitch suitable for hockey and five-a-side football, as well as a cricket pitch and a BMX track. https://www.everyoneactive.com/centre/jubilee-sports-centre/
Warwickshire CAVA	Talent Match - designed to help 18-24 year olds from Coventry, Nuneaton and North Warwickshire who have limited or no paid work experience in the last year. https://www.wcava.org.uk/talent-match
Wembrook Community Centre	The Centre is open for the benefit of local residents and for many years has provided both youth work and other vital community activities during the day time and the evenings. Job Club http://www.wembrookcommunitycentre.org.uk/
Sycamore Counselling Service	Confidential one to one counselling. A team of counsellors work with adults, children and young people with a variety of issues which include: anxiety, depression, parenting, addiction, stress, bullying, relationships and bereavement. Anger management workshops. www.sycamorecounselling.org.uk
Positive Impact for Young People	a not for profit youth organisation, offering exciting, engaging and educational alternative provisions and youth clubs in Warwickshire including The Bakery https://bakerynuneaton.org.uk/ http://www.pifyp.co.uk
The Gurkha's Corner	Activities delivered at the Gurkha hub who will support ex-AF Gurkha soldiers and their families with health and fitness sessions such as yoga and advice from HLN etc. Also English classes, support with benefits advice, activities for young people, partnership work with the Police, NBBC and others to engage with Gurkha/Nepalese community on a regular basis.

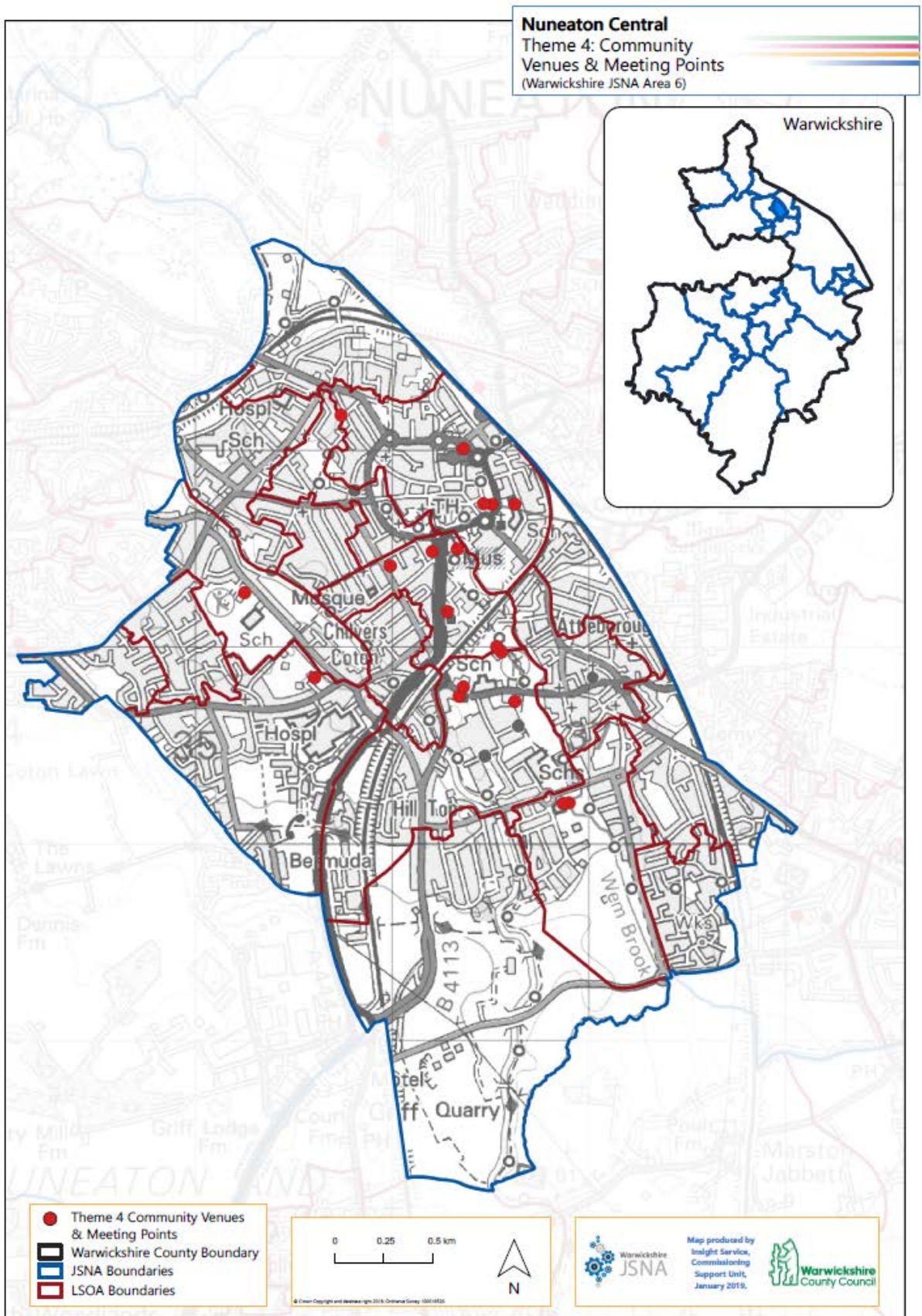
Theme 3: Older People



Organisation / location	Activities, classes, event
St Nicholas Parish Church Hall	<p>Places of Welcome: drop-in café with food provisions for those who face poverty</p> <p>Compass: evening meal with foods provisions for those who face poverty</p> <p>Pilates and yoga</p> <p>Over 50s Club: Lunch followed by activities including guest speakers, exercise class, craft activities, bingo. Days out, theatre trips and meal organised as part of the programme of events.</p> <p>U3A Bridge club and U3A Circle Dancing www.u3anuneaton.org.uk</p> <p>Yoga</p> <p>SWANS - A singing workshop for people living with dementia, brain injuries and their carers.</p> <p>http://stnicholaschurch.org.uk/whatson/</p>
Fitter Futures	<p>Fitter Futures is a 12 week physical activity programmes for adults aged 16+</p> <p>www.fitterfutureswarwickshire.co.uk</p>
Nuneaton Library	<p>Offer books, talking books, large print, DVDs, newspapers and magazines, spoken word playaways, Asian reading material, Warwickshire Local Studies Collection, Music and drama collection, Books on Prescription collection – mental health self-help books, eBooks and CDs.</p> <p>Computers with printing and scanning</p> <p>Local studies and family history service.</p> <p>Groups and activities:</p> <p><u>Silver Surfers</u> – free computer and tablet help sessions for people aged 50 plus. Thursdays, 14:00 – 16:00. Drop-in, no need to book.</p> <p><u>Family History Group</u>. Every fourth Wednesday of the month, 10:30 – 12:30.</p> <p><u>Nuneaton Bookworms</u> reading group,</p> <p><u>Stitch Up!</u> An informal club for crochet, knitting and hand sewing of all kinds. Beginners to advanced levels welcome. Tuesdays, 12:30 – 14:30.</p> <p>https://www.warwickshire.gov.uk/nuneatonlibrary</p>
Newtown Centre	<p>Community Centre managed by Warwickshire CAVA. Hosts a range of activities including health & wellbeing sessions and social eating</p> <p>People’s Pantry: meals Wednesdays 11.00-13.00</p> <p>www.wcava.org.uk</p>
Pingles Stadium	<p>Nuneaton Harriers Athletic Club: 8-lane 400m floodlit all-weather running track and clubhouse. Welcome athletes of all standards, from fun runners through to international level competitors.</p> <p>Footgolf and pitch& putt</p> <p>Walking 4 Life</p> <p>Indoor Bowls</p> <p>Fitness Run Group</p> <p>https://www.thepinglesstadium.com/</p>
Wembrook Community Centre	<p>Wembrook Community Centre is run by a community organisation in Nuneaton and Bedworth and has used National Lottery funding to offer a range of activities and events for older residents in the area.</p> <p>There is also a small, secure garden area with wooden benches and raised beds for growing garden produce.</p> <p>http://www.wembrookcommunitycentre.org.uk/</p>
Warwickshire Age UK (Attleborough Baptist	<p>Dementia Day Opportunities - The service offers support in a day care setting which aims to assist independent living in the community for as</p>

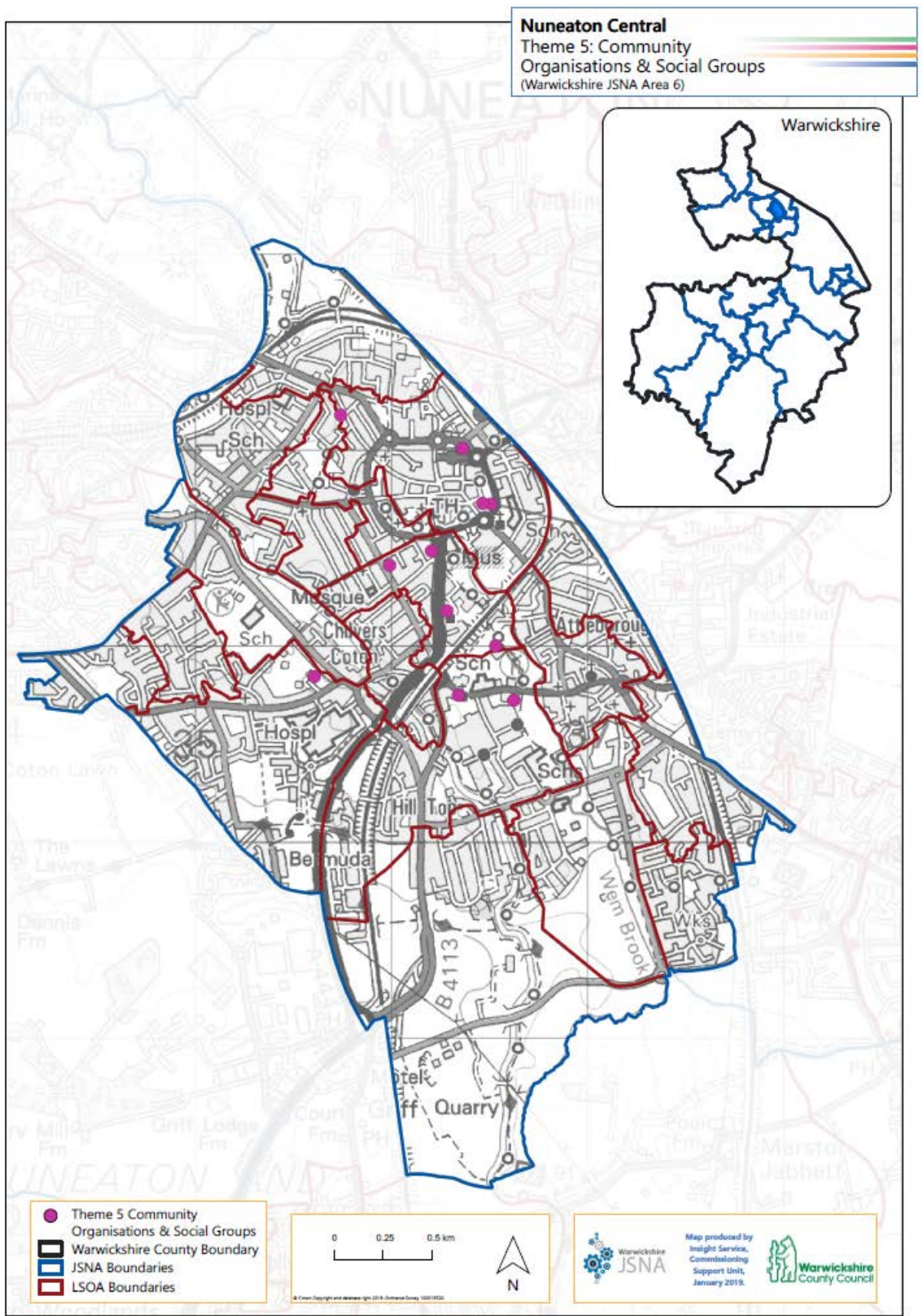
Church)	<p>long as possible through opportunities to:</p> <ul style="list-style-type: none"> - Help keep the memory at optimum levels - Socialise with others in similar circumstances -Join in group activities and have fun <p>Activities include reminiscence therapy, music and movement, arts and crafts.</p> <p>https://www.ageuk.org.uk/warwickshire/our-services/dementia-day-opportunities/</p>
Our Lady of the Angels RC Church	<p><u>Senior Social Group</u> - a group for the retired members of the parish. It meets alternate Tuesday mornings (during school term time) in the Parish Hall.</p> <p><u>Our Lady's Gardens</u> - Volunteer group to maintain garden and cemetery</p> <p><u>The St. Vincent de Paul Society (SVP)</u> - A group of parishioners who, in the spirit of St Vincent, give practical help to the needy.</p> <p>https://www.ourladyoftheangels.co.uk/</p>
Edward Street Community Centre	<p>Elders Ladies Day Support - Mon / Hot community meal - Tues lunchtime</p>
The Rowan Organisation	<p>The Rowan Organisation is a leading provider of Direct Payments, Personal Budgets and Personal Health Budgets support services in England and Wales. Provide person-centred support services to disabled people, older people, people with learning disability, people with mental ill-health, families and carers. www.therowan.org</p>
Hatters Space – The Alz Lunch Time Club	<p>The Alz Lunch Time Club is a peer support group for people with dementia, their carers and ex-carers. They provide information and have fun activities. Drinks and refreshments are provided. They meet monthly on the First Monday of each month, 11.30am to 1.30 pm.</p>

Theme 4: Community Venues & Meeting Points



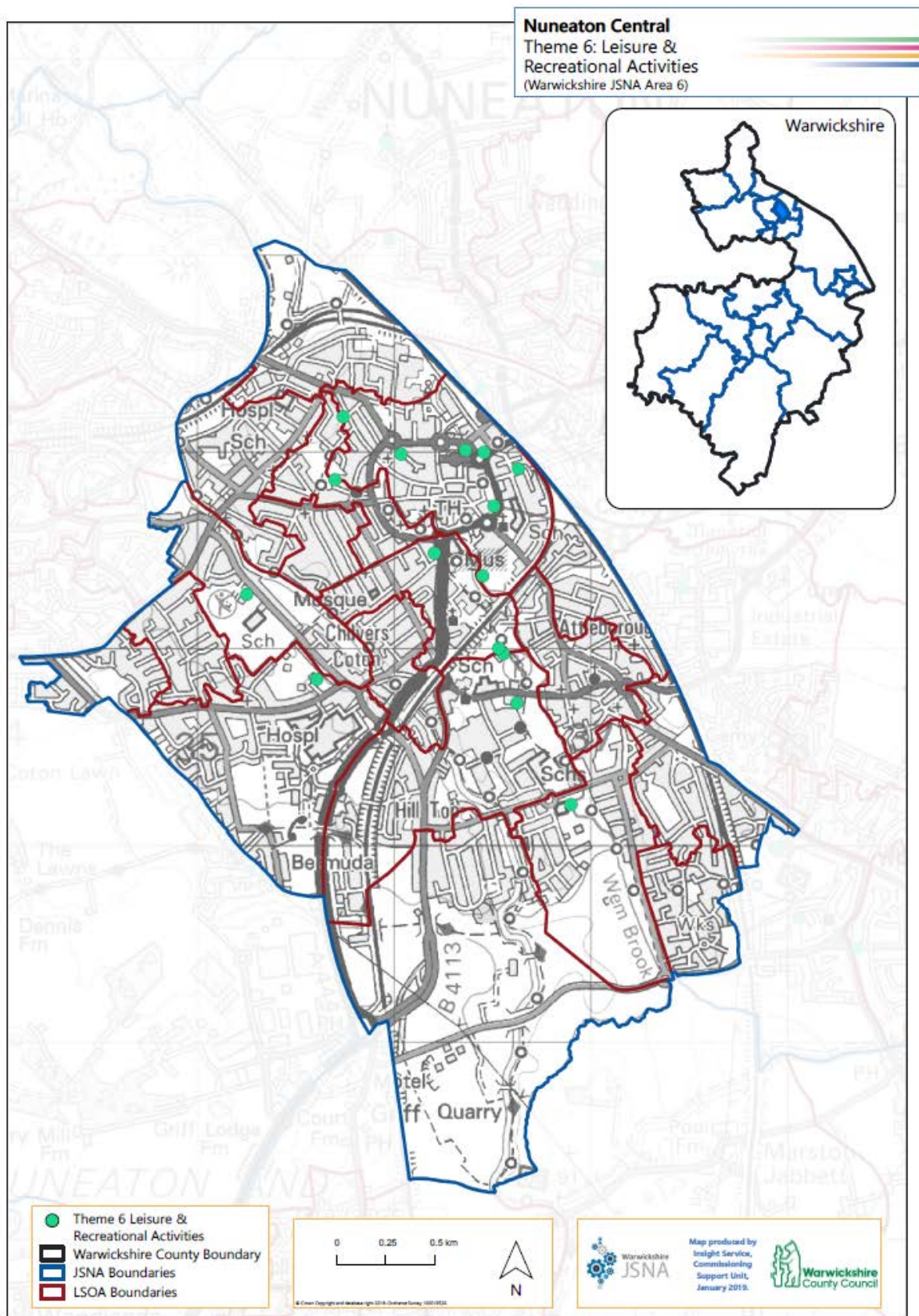
Organisation / location	Activities, classes, event
Griff and Coton Sports Club	Venue hire https://griffandcoton.org/
St Nicholas Parish Church Hall	Various rooms and facilities for hire http://stnicolaschurch.org.uk/roomhire/
Nuneaton Library	https://www.warwickshire.gov.uk/nuneatonlibrary
Newtown Centre	Community Centre managed by Warwickshire CAVA. Hosts a range of activities including health & wellbeing sessions and social eating https://www.wcava.org.uk/newtown-centre
Pingles Leisure Centre	Pingles Leisure Centre in Nuneaton offers a wide range of activities to suit all ages and abilities. Cardio and Strength equipment, swimming pools, swimming lessons for both children and adults, exercise studio hosts classes, crèche, and outdoor tennis courts. https://www.everyoneactive.com/centre/pingles-leisure-centre/
Pingles Stadium	https://www.thepinglesstadium.com/
Jubilee Sports Centre	https://www.everyoneactive.com/centre/jubilee-sports-centre/
All Saints Church Chilvers Coton	https://www.allsaintscoton.org/
Nuneaton Club 4 Young People	http://ncyp.co.uk/youngpeopleclub/activities.htm
Wembrook Community Centre	http://www.wembrookcommunitycentre.org.uk/
George Eliot High School	http://www.george-eliot.warwickshire.sch.uk/school-facilities
King Edward VI College	https://kecnuneaton.ac.uk/about/facility-hire/ .
Hatters Space Community Centre	Safe and appropriate facilities which are available for hire by local agencies, groups and individuals within the objectives of the Early Intervention Service. http://www.hatters-space.co.uk/
Edward Street Day Centre	Community Organisation with Sports Hall 120, Edward Street, Nuneaton, CV11 5RD
The Gurkha's Corner	Function room
Our Lady Of The Angels RC Church	https://www.ourladyoftheangels.co.uk/
Nuneaton Museum & Art Gallery	Community meeting room and museum https://www.nuneatonandbedworth.gov.uk/info/
Nuneaton Heritage Centre	The Centre is available to hire to groups or individuals http://www.nuneatonheritagecentre.org.uk/

Theme 5: Community Organisations & Social Groups



Organisation / location	Activities, classes, event
Griff And Coton Sports Club	Cricket ground and teams Bowls facilities and bowling club Netball Club Manor Park Rugby Football Club Bedworth Radio Controlled Car Club https://griffandcoton.org/
St Nicholas Parish Church Hall	Drop-in Café, Compass - Evening meal for those who face poverty. Pilates & Yoga, Over 50s Club, U3A Bridge club, U3A Circle Dancing GKR Karate, The Baby Hub, SWANS http://stnicolaschurch.org.uk/
Nuneaton Library	Children's and young adults groups and activities: Rhyme Time, Story Stomp, Book Magic,. Code Cllub, Lego Club Other groups and activities: Silver Surfers , Family History Group. Nuneaton Bookworms reading group, Stitch Up! https://www.warwickshire.gov.uk/nuneatonlibrary
Newtown Centre	Community Centre managed by Warwickshire CAVA. Hosts a range of activities including health & wellbeing sessions and social eating. https://www.wcava.org.uk/newtown-centre
Nuneaton Harriers	Nuneaton Harriers Athletic Club is based at the Pingles Stadium in Nuneaton where there is 8-lane 400m floodlit all-weather running track and clubhouse. https://www.nuneatonharriers.org.uk/
All Saints Church Chilvers Coton	https://www.allsaintscoton.org/
Nuneaton Club 4 Young People	Youth Club, Boxing, Table Tennis, Karate http://ncyp.co.uk/youngpeopleclub/activities.htm
Hatters Space Community Centre	A Warwickshire County Council establishment, administered through its Early Intervention Service. Its purpose is to provide safe and appropriate facilities which are available for hire by local agencies, groups and individuals within the objectives of the Early Intervention Service. http://www.hatters-space.co.uk/
Edward Street Community Centre	Community Organisation with Sports Hall
The Gurkha's Corner	The function room at the venue is used as place where yoga sessions are held, as well as English lessons. Activities delivered at the Gurkha hub who will support ex-AF Gurkha soldiers and their families with health and fitness sessions such as yoga and advice from HLN etc, English classes, Support with benefits advice, Activities for young people, Partnership work with the Police, NBBC and others to engage with Gurkha/Nepalese community on a regular basis.
Our Lady Of The Angels Rc Church	Senior Social Group - a group for the retired members of the parish. Toddler Group Our Lady's Gardens - Volunteer group to maintain garden and cemetery Nuneaton and District Catholic Fellowship (NDCF) - For disabled children, particularly those with mental health problems The St. Vincent de Paul Society (SVP) - A group of parishioners who, in the spirit of St Vincent, give practical help to the needy. https://www.ourladyoftheangels.co.uk/

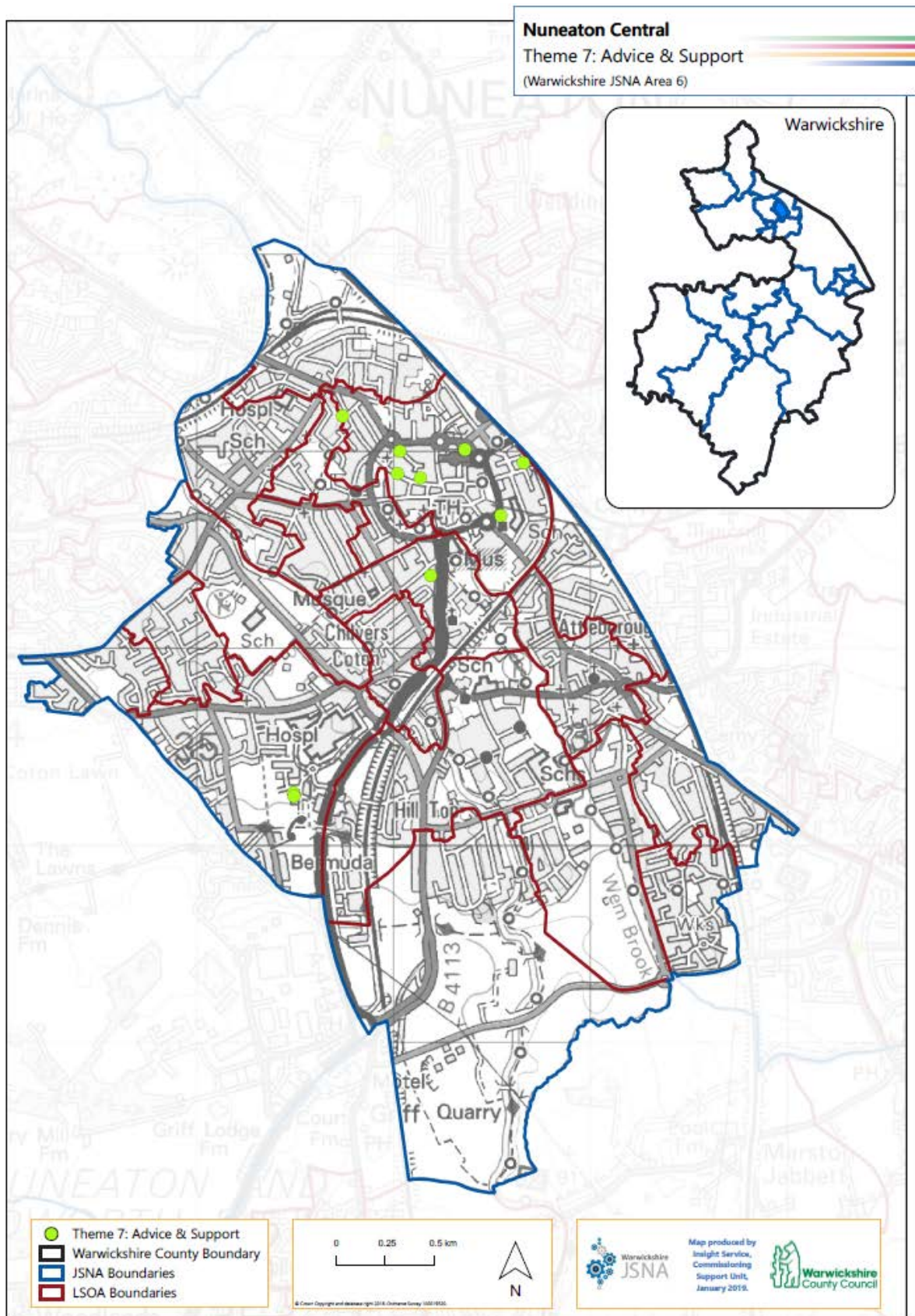
Theme 6: Leisure & Recreational Activities



Organisation / location	Activities, classes, event
Jubilee Sports Centre	Hosts a range of different activities including a gym, group exercise classes and a multi-purpose sports hall (badminton, volleyball, football, indoor cricket net sessions and roller discos. Outside, a floodlit 3G all-weather pitch suitable for hockey and five-a-side football, as well as a cricket pitch and a BMX track. https://www.everyoneactive.com/centre/jubilee-sports-centre/
Griff And Coton Sports Club	Cricket ground and teams Bowls facilities and bowling club Netball Club Manor Park Rugby Football Club Bedworth Radio Controlled Car Club https://griffandcoton.org/
St Nicholas Parish Church Hall	Pilates – Every Monday, 7pm – 8pm U3A Circle Dancing – Every other Thursday, 1 – 2.30pm YOGA – Every Wednesday, 12.30 – 1.30pm GKR Karate – Every Thursday, 6.15 – 8.15pm http://stnicolaschurch.org.uk/
Fitter Futures Warwickshire	Warwickshire Countywide Physical Activity/Healthy Lifestyles 12 week programmes and weight management programmes for young people aged 12-16 and adults aged 16+ https://fitterfutureswarwickshire.co.uk/
Newtown Centre	Community Centre managed by Warwickshire CAVA. Hosts a range of activities including health & wellbeing sessions and social eating https://www.wcava.org.uk/newtown-centre
Pingles Leisure Centre	Pingles Leisure Centre in Nuneaton offers a wide range of activities to suit all ages and abilities. Cardio and Strength equipment, swimming pools, swimming lessons for both children and adults, exercise studio hosts classes, crèche, and outdoor tennis courts. https://www.everyoneactive.com/centre/pingles-leisure-centre/
Pingles Stadium	Nuneaton Harriers Athletic Club is based at the Pingles Stadium in Nuneaton where there is 8-lane 400m floodlit all-weather running track and clubhouse. https://www.thepinglesstadium.com/
Nuneaton Club 4 Young People	Activities: Youth Club, Boxing, Table Tennis, Karate http://ncyp.co.uk/youngpeopleclub/activities.htm
Wembrook Community Centre	Wembrook Community Centre is run by a community organisation in Nuneaton and Bedworth and has used National Lottery funding to offer a range of activities and events for older residents in the area. There is also a small, secure garden area with wooden benches and raised beds for growing garden produce. http://www.wembrookcommunitycentre.org.uk/
The Fitness Centre	Fully-equipped gym Personal Training and Boxing facilities https://www.thefitnesscentrenuneaton.co.uk/
Empire Gym	Part of Nuneaton and Bedworth Leisure Trust http://www.theempiregym.co.uk/about
Hatters Space Community Centre	A Warwickshire County Council establishment, administered through its Early Intervention Service. Its purpose is to provide safe and appropriate facilities which are available for hire by local agencies, groups and

	<p>individuals within the objectives of the Early Intervention Service. http://www.hatters-space.co.uk/</p>
The Gurkha's Corner	<p>The function room at the venue is used as place where yoga sessions are held, as well as English lessons. Activities delivered at the Gurkha hub will support ex-AF Gurkha soldiers and their families with health and fitness sessions such as yoga and advice from HLN etc, English classes, Support with benefits advice, Activities for young people, Partnership work with the Police, NBBC and others to engage with Gurkha/Nepalese community on a regular basis.</p>
Pauls Land	<p>Play area. Multi-use games area. Hub site for football and cricket Multi pitch (6 football) and 1 cricket square Used weekends for football and cricket https://www.nuneatonandbedworth.gov.uk/directory_record/7538/pauls_land</p>
Nuneaton Recreation Ground, Pool Bank St.	<p>Play area. Multi-use games area Outdoor Gym https://www.nuneatonandbedworth.gov.uk/directory_record/7533/nuneaton_recpool_bank_st</p>
Riversley Park	<p>Play area. Sand https://www.nuneatonandbedworth.gov.uk/directory_record/7586/riversley_park</p>

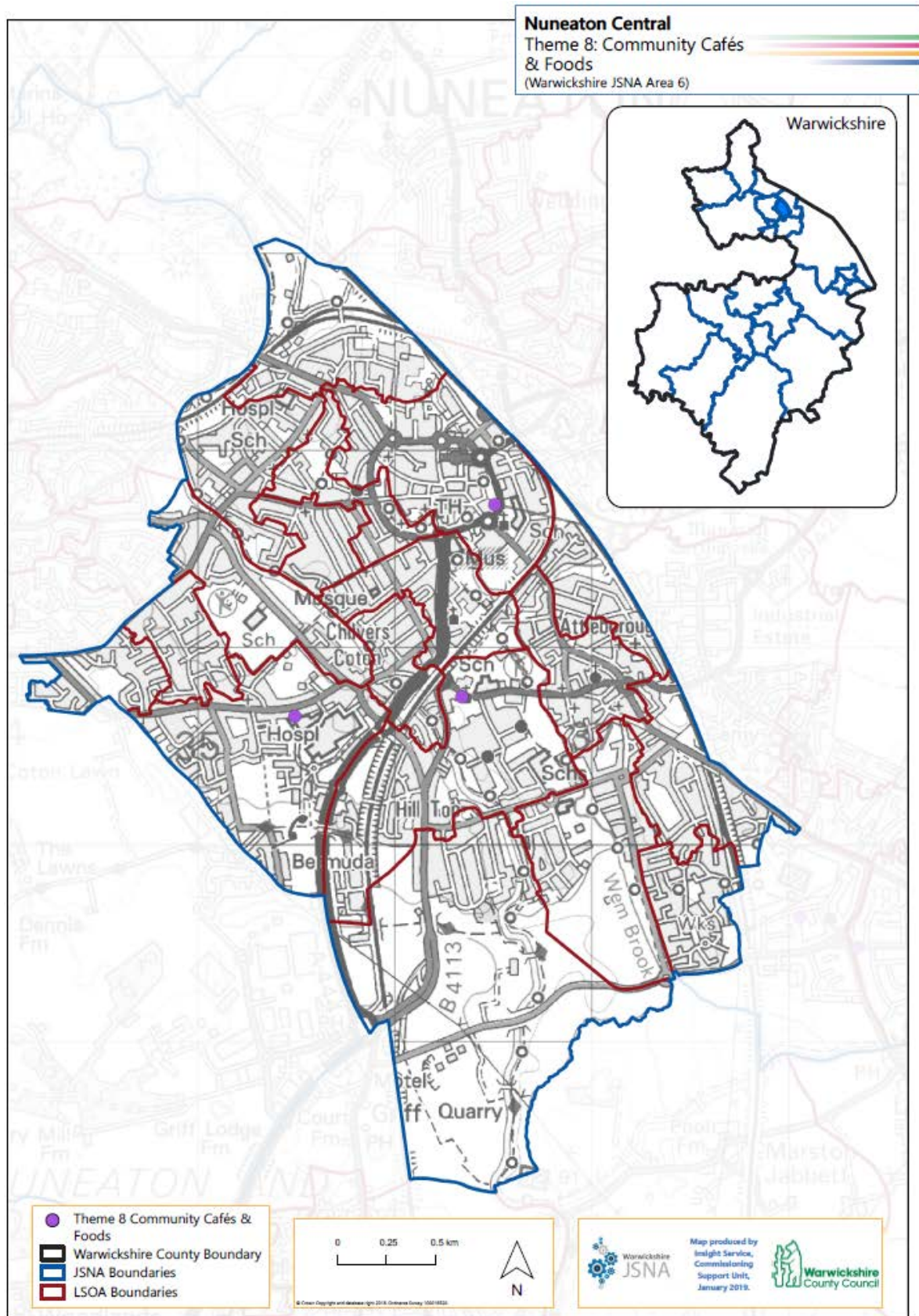
Theme 7: Advice & Support



Organisation / location	Activities, classes, event
Together For Mental Wellbeing	<p>Benefits, Debt Management, Appeals / Tribunals, Landlord issues, Support to budget effectively, Support to understand and write letters, Support to understand tenancy issues, Peer support – to provide emotional support. For anyone, aged 16+ with a learning disability, physical disability, sensory disability or mental health problem.</p> <p>Together works in partnership with BID Services to deliver short term (up to one year) housing related support across Warwickshire for people with disabilities. www.together-uk.org/warwickshirehousing-related-support</p>
The Rowan Organisation	<p>The Rowan Organisation is a leading provider of Direct Payments, Personal Budgets and Personal Health Budgets support services in England and Wales. Provide person-centred support services to disabled people, older people, people with learning disability, people with mental ill-health, families and carers. www.therowan.org</p>
Guideposts Carers Support Service	<p>Providing carers with a wide range of support services. The Carer support workers can help you talk through your situation, look at possible options about the services you need, help you care and plan the way forward. https://www.carersuk.org/help-and-advice/get-support/local-support/guideposts-carer-support-service</p>
Fitter Futures	<p>12 week physical activity programmes for young people aged 12-16 and adults aged 16+ https://fitterfutureswarwickshire.co.uk/</p>
Citizens Advice	<p>Provide an information-only service at 23e Abbey Street on a wide range of subjects including Universal Credit, welfare benefits, disability issues, debt, consumer matters, employment, housing, relationships, legal issues, health, education and much more. Also provide outreach services at Camp Hill and within the town hall on certain days. http://www.brancab.org.uk/nuneaton_citizens_advice_bureau.html</p>
P3 drop-in Navigator Centre, 128 Abbey St, Nuneaton	<p>P3's drop-in 'Navigator' advice centres are available to anyone in the community who needs advice or support, as well as helping people access other services to improve their situation or circumstances. In addition, county-wide floating support service for adults over the age of 25 who need support to manage and maintain their accommodation if it is at risk. www.p3charity.org</p>
The Health Store, Hatters Space Community Centre	<p>A free confidential drop-in centre offering health and welfare advice for all young people under the age of 25. information and advice on a wide range of subjects including:</p> <ul style="list-style-type: none"> - Health: smoking, eating healthily, stress, substance misuse, puberty, periods, hygiene. - Contraception: Contraception clinic offering the pill, contraceptive injection, contraceptive patch, the implant (rod), pregnancy testing, general sexual health advice, free condoms, chlamydia testing. - Relationships: friends, parents, partners, sexuality, cyber bullying, staying safe. - Money: benefits, budgeting, debts, grants, jobs. - Accommodation & Housing: finding, keeping and paying for your home, homelessness, Doorway advisor available on Thursday evenings. - Education, Employment and Training: job searches, application forms,

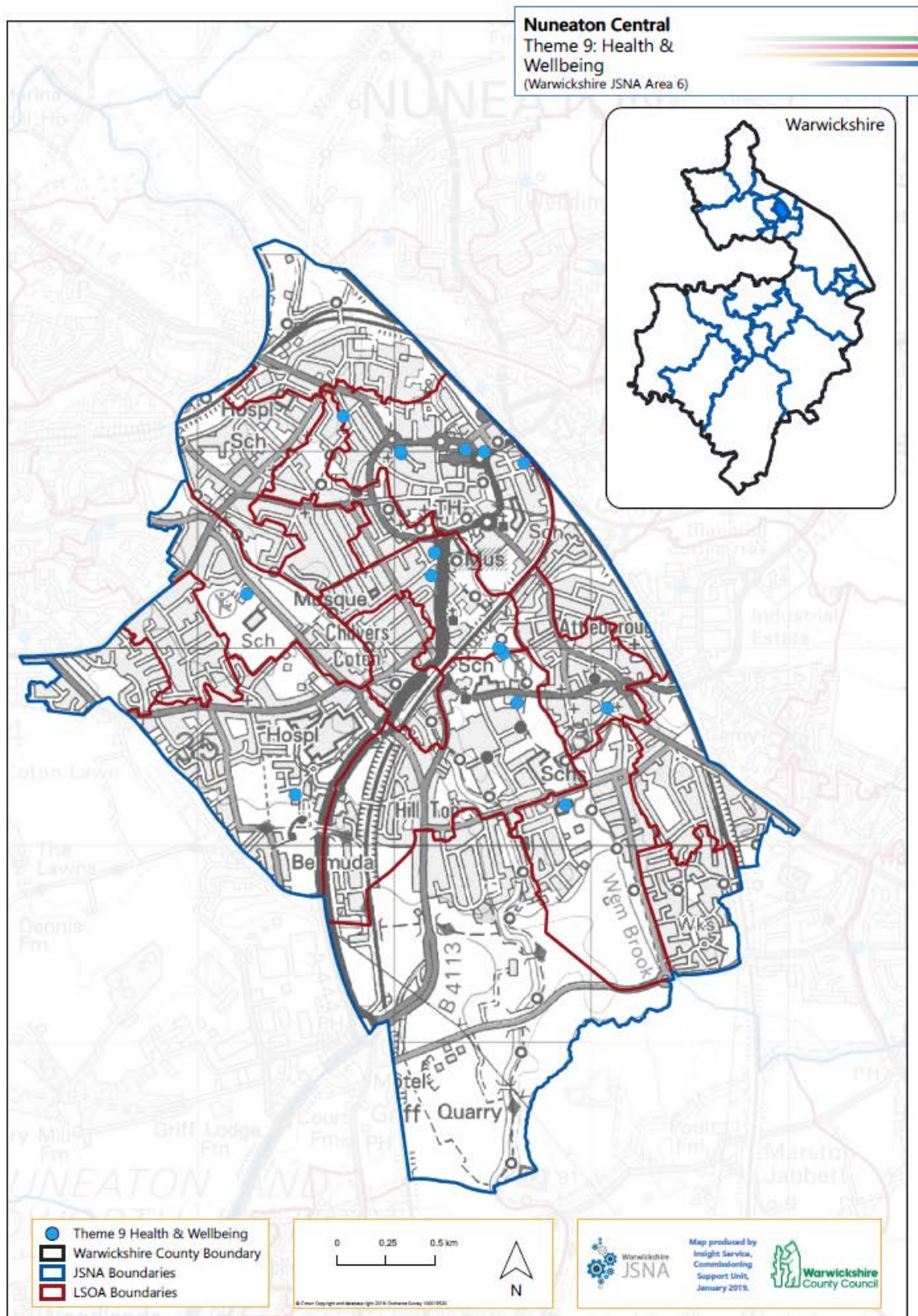
	<p>CV writing, finding education and training courses.</p> <p>Also Offer: A selection of books, leaflets, relationships and sex education resources to takeaway. Free Wi-Fi so you can access and download documents.</p> <p>http://www.health-store.org.uk/</p>
Sycamore Counselling Service	<p>Confidential one to one counselling. A team of counsellors work with adults, children and young people with a variety of issues which include: anxiety, depression, parenting, addiction, stress, bullying, relationships and bereavement. Anger management workshops.</p> <p>www.sycamorecounselling.org.uk</p>
Independent Support Solutions , Powell House, Church Street, Nuneaton	<p>Support and opportunities for adults with learning disabilities.</p> <p>Day Activities and Support: provide support to - access community facilities such as leisure centres, swimming, horse-riding, shopping, community events and adult learning and education; find out about and take part in community groups and projects; pursue a new hobby; improve independent living skills in your own home(budgeting, cleaning, food shopping and how to stay safe at home); explore voluntary and/or paid work.</p> <p>Offer a free information, advice and signposting service to any adult with a learning disability and/or their carers</p> <p>https://www.nwcommunityhubs.com/nuneaton-hub</p>
ConnectWELL – Social Prescribing Project (CAVA)	<p>Referrals received from GP Practices (The Grange, Old Mill and Queens Road) and Bedworth Place Based Team; Crisis Team; Learning Disabilities Team - Social Care and Support WCC; North East Older People’s Team - WCC; North Warwickshire CMHT & Wellbeing Team; People Group; St Cross Discharge Team; and Warwickshire Dietetics Service.</p> <p>https://www.wcava.org.uk/connectwell</p>
Nuneaton Wellbeing Hub (Mind)	<p>Peer led drop in sessions - Tues & Thur 5pm - 8pm</p> <p>Walk in sessions - Tues 1pm - 4pm</p> <p>Pathfinder 1-1 support (by appointment)</p> <p>Grow 1-1 support (by appointment)</p> <p>https://wbw.cwmind.org.uk/nuneaton-bedworth/</p>

Theme 8: Community Cafés & Foods



Organisation / location	Activities, classes, event
League Of Friends George Eliot Hospital	The League of Friends provides a cup of tea and comfort for patients and visitors. Tea bars can be found in the corridor leading up to the main entrance to the hospital and on the ground floor of the maternity unit. http://www.geh.nhs.uk/about-us/league-of-friends/
St Nicholas Parish Church Hall	Drop-in Café - with food provisions for those who face poverty - every Friday between 7am – 9am (for school children and parents) and 9am – 12pm (for adults) Compass - Evening meal with food provisions for those who face poverty. Every Wednesday between 7pm – 8.30pm Over 50s Club – Every other Tuesday, 12 – 2.30pm. Lunch from 12 noon, followed by activities. http://stnicolaschurch.org.uk/whatson/
All Saints Church Chilvers Coton	Morning Celebration - Breakfast, Celebration, Activity, Songs and prayer. Winter Night Shelter - Every winter local churches work together to provide overnight accommodation for some of the most disadvantaged in our community. Between 1st December and 28th February each year the Nuneaton Winter Night Shelter provide a bed, a hot evening meal and breakfast for 10 homeless people every night. Messy Church - For Families - Activities, Celebration and Meal https://www.allsaintscoton.org/

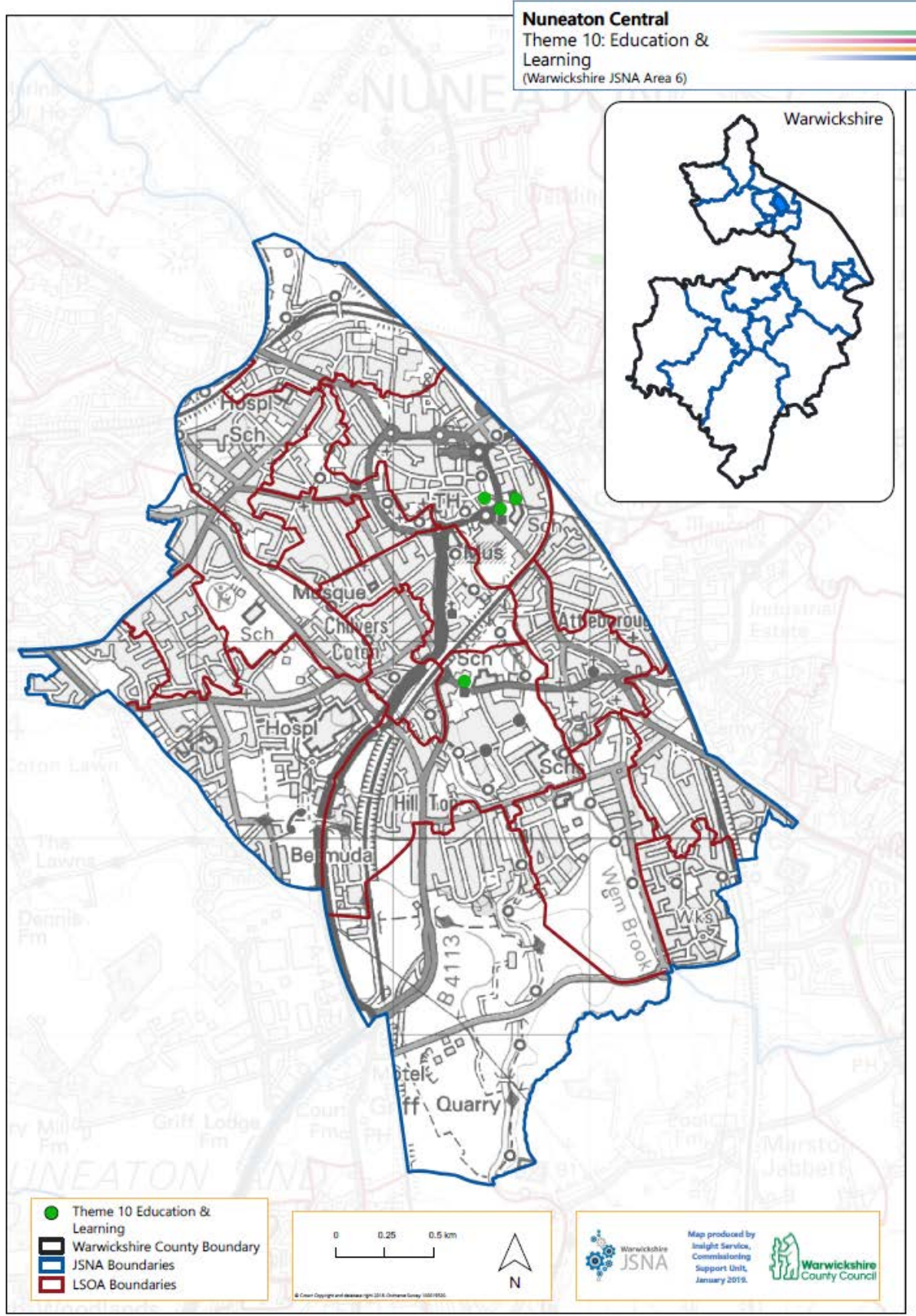
Theme 9: Health & Wellbeing



Organisation / location	Activities, classes, event
Together For Mental Wellbeing	<p>Benefits, Debt Management, Appeals / Tribunals, Landlord issues, Support to budget effectively, Support to understand and write letters, Support to understand tenancy issues, peer support – to provide emotional support.</p> <p>For anyone, aged 16+ with a learning disability, physical disability, sensory disability or mental health problem.</p> <p>Together works in partnership with BID Services to deliver short term (up to one year) housing related support across Warwickshire for people with disabilities. www.together-uk.org/warwickshirehousing-related-support</p>
Fitter Futures Warwickshire	<p>Warwickshire Countywide Physical Activity/Healthy Lifestyles 12 week programmes and weight management programmes for young people aged 12-16 and adults aged 16+.</p> <p>www.fitterfutureswarwickshire.co.uk</p>
ConnectWELL – Social Prescribing Project (CAVA)	<p>Referrals received from GP Practices (The Grange, Old Mill and Queens Road) and Bedworth Place Based Team; Crisis Team; Learning Disabilities Team - Social Care and Support WCC; North East Older People's Team - WCC; North Warwickshire CMHT & Wellbeing Team; People Group; St Cross Discharge Team; and Warwickshire Dietetics Service.</p> <p>https://www.wcava.org.uk/connectwell</p>
Pingles Leisure Centre	<p>Pingles Leisure Centre in Nuneaton offers a wide range of activities to suit all ages and abilities. Cardio and Strength equipment, swimming pools, swimming lessons for both children and adults, exercise studio hosts classes, crèche, and outdoor tennis courts.</p> <p>https://www.everyoneactive.com/centre/pingles-leisure-centre/</p>
Pingles Stadium	<p>Nuneaton Harriers Athletic Club is based at the Pingles Stadium in Nuneaton where there is 8-lane 400m floodlit all-weather running track and clubhouse.</p> <p>https://www.thepinglesstadium.com/</p>
Jubilee Sports Centre	<p>Hosts a range of different activities including a gym, group exercise classes and a multi-purpose sports hall (badminton, volleyball, football, indoor cricket net sessions and roller discos. Outside, a floodlit 3G all-weather pitch suitable for hockey and five-a-side football, as well as a cricket pitch and a BMX track.</p> <p>https://www.everyoneactive.com/centre/jubilee-sports-centre/</p>
Nuneaton Club 4 Young People	<p>Activities: Youth Club, Boxing, Table Tennis, Karate</p> <p>http://ncyp.co.uk/youngpeopleclub/activities.htm</p>
George Eliot High School	<p>Community Accessible Sports Hall (Pay and Play) facilities are available to hire to local community groups, businesses and for private parties and functions. The School's sports facilities include extensive playing fields, tennis courts, rugby pitches, football pitches and cricket pitches.</p> <p>http://www.george-eliot.warwickshire.sch.uk/school-facilities</p>
The Fitness Centre	<p>Fully-equipped gym</p> <p>Personal Training and Boxing facilities</p> <p>https://www.thefitnesscentrenuneaton.co.uk/</p>
Empire Gym	<p>Part of Nuneaton and Bedworth Leisure Trust</p> <p>http://www.theempiregym.co.uk/about</p>

<p>Warwickshire Age UK (Attleborough Baptist Church)</p>	<p>Dementia Day Opportunities - The service offers support in a day care setting which aims to assist independent living in the community for as long as possible through opportunities to:</p> <ul style="list-style-type: none"> - Help keep the memory at optimum levels - Socialise with others in similar circumstances -Join in group activities and have fun <p>Activities include reminiscence therapy, music and movement, arts and crafts.</p> <p>https://www.ageuk.org.uk/warwickshire/our-services/dementia-day-opportunities/</p>
<p>The Health Store, Hatters Space Community Centre</p>	<p>A free confidential drop-in centre offering health and welfare advice for all young people under the age of 25. information and advice on a wide range of subjects including:</p> <ul style="list-style-type: none"> - Health: smoking, eating healthily, stress, substance misuse, puberty, periods, hygiene. - Contraception: Contraception clinic offering the pill, contraceptive injection, contraceptive patch, the implant (rod), pregnancy testing, general sexual health advice, free condoms, chlamydia testing. - Relationships: friends, parents, partners, sexuality, cyber bullying, staying safe. - Money: benefits, budgeting, debts, grants, jobs. - Accommodation & Housing: finding, keeping and paying for your home, homelessness, Doorway advisor available on Thursday evenings. - Education, Employment and Training: job searches, application forms, CV writing, finding education and training courses. <p>Also Offer: A selection of books, leaflets, relationships and sex education resources to takeaway. Free Wi-Fi so you can access and download documents.</p> <p>http://www.health-store.org.uk/</p>
<p>The Gurkha's Corner</p>	<p>Health and fitness sessions such as yoga and advice from healthy living network</p>
<p>Nuneaton Wellbeing Hub (Mind)</p>	<p>Peer led drop in sessions - Tues & Thur 5pm - 8pm Walk in sessions - Tues 1pm - 4pm Pathfinder 1-1 support (by appointment) Grow 1-1 support (by appointment)</p> <p>https://wbw.cwmind.org.uk/nuneaton-bedworth/</p>
<p>Sycamore Counselling Service</p>	<p>Confidential one to one counselling. A team of counsellors work with adults, children and young people with a variety of issues which include: anxiety, depression, parenting, addiction, stress, bullying, relationships and bereavement. Anger management workshops.</p> <p>www.sycamorecounselling.org.uk</p>

Theme 10: Education & Learning



Organisation / location	Activities, classes, event
Nuneaton Library	<p>Books, talking books, large print, newspapers and magazines, spoken word playaways, Asian reading material, Warwickshire Local Studies Collection, music and drama collection, Books on Prescription collection – mental health self-help books, eBooks and CDs., Sorted! book collection – help for children, young people and parents with common problems and situations, Micro:bits for loan – start coding with tiny programmable computers , computers with printing and scanning, Local studies and family history service</p> <p>Children’s and young adults groups and activities: Rhyme Time – Fun songs and rhymes for 0-2 year olds and their parents and carers. Thursdays, 11:00 – 11:30. Story Stomp – Fun with stories and rhymes for 2-4 year olds and their parents and carers. Thursdays, 9:45 – 10:15. Book Magic – free family fun for children of all ages and their accompanying adults. Stories and crafts: a different theme every week. Sundays, 11:30 – 12:00. Code Club – free after school coding clubs for children aged 9-11. Wednesdays, 16:30 – 17:30. Lego Club – creative themed sessions for children to build and create with Lego. Alternate Saturdays, 14:00 – 15:30. Other groups and activities: Silver Surfers – free computer and tablet help sessions for people aged 50 plus. Thursdays, 14:00 – 16:00. Drop-in, no need to book. Family History Group. Every fourth Wednesday of the month, 10:30 – 12:30. Nuneaton Bookworms reading group, Stitch Up! An informal club for crochet, knitting and hand sewing of all kinds. Tuesdays, 12:30 – 14:30."</p> <p>https://www.warwickshire.gov.uk/nuneatonlibrary</p>
Independent Support Solutions -(Learning Disability & Advocacy)	<p>Support and opportunities for adults with learning disabilities.</p> <p>Day Activities and Support: provide support to - access community facilities such as leisure centres, swimming, horse-riding, shopping, community events and adult learning and education; find out about and take part in community groups and projects; pursue a new hobby; improve independent living skills in your own home(budgeting, cleaning, food shopping and how to stay safe at home); explore voluntary and/or paid work.</p> <p>Offer a free information, advice and signposting service to any adult with a learning disability and/or their carers</p> <p>https://www.nwcommunityhubs.com/nuneaton-hub</p>
Nuneaton Heritage Centre	<p>The centre is open all day Tuesday, and on Thursday and Saturday mornings. A Family History advisor is also available at the centre on Tuesday afternoons. Entry is free. Victorian School Experience - available for booking by any school, gives children an insight into the fascinating and alien world of our ancestor's schooldays.</p> <p>http://www.nuneatonheritagecentre.org.uk/</p>
King Edward VI College	<p>In addition A Levels, vocational qualifications and GCSEs, offers adult courses in Counselling, Foundation Art, HNC in Film and Media and HNC in Business.</p> <p>https://kecnuneaton.ac.uk/</p>

Background

Two surveys, one aimed at residents living in Warwickshire the other aimed at professionals working in Warwickshire were launched on 1st June 2018. A download of responses was taken on the 16th November 2018 and forms the basis for this analysis.

Professional Survey

A total of 115 responses have been received for the Professional Survey of which 5% (6) were from professionals working in Nuneaton and Bedworth Borough and two specifically in the Nuneaton Central JSNA Area.

Residents Survey

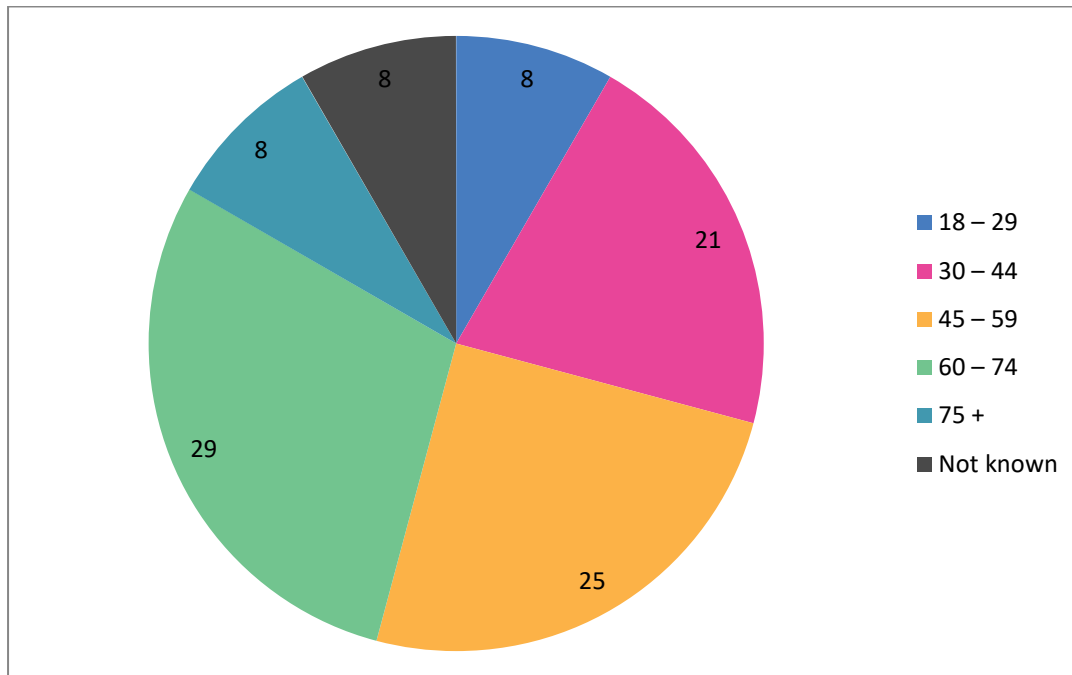
A total of 574 responses were received for the Residents Survey of which 15.5% (89) were from residents living in Nuneaton & Bedworth Borough and 4.2% (24) specifically from residents living in Nuneaton Central. Analysis of response from residents living in the Nuneaton Central JSNA area follow.

Nuneaton Central JSNA Area – Residents Survey Analysis

Profile of respondents

The majority of responses were from males (n=14, 58%) with 7(29%) responses from females and the remaining respondents either preferring not to say or not answering. Thirty seven percent of respondents (n=9) were 60 or over (Figure 1).

Figure 1 – Percentage of survey responses by age group



Of the 24 responses received just over half (54%) were from households described as Couples (Married/ Civil Partnership/ Cohabiting/ Other) with or without children (Figure 2).

The majority of respondents categorised themselves as White - English/ Welsh/ Scottish/ Northern Irish / British (58%, n=14) with a further 33% (n=8) categorising themselves as Asian or Asian British – Indian. The remaining 8 respondents either didn't answer or preferred not to say. There was an even division of respondents from different religions with 21% (n=5) of respondents saying they were Christian, 21% saying they were Sikh and 13% (n=3) saying they were Muslim. The remaining respondents said they had no religion (25%, n=6) or did not answer (21%, n=5).

Almost half of respondents (n=11) said they had a long standing illness. The majority (46%, n=11) of respondents described themselves as wholly retired from work (Figure 3).

Figure 2 Percentage of responses by household type

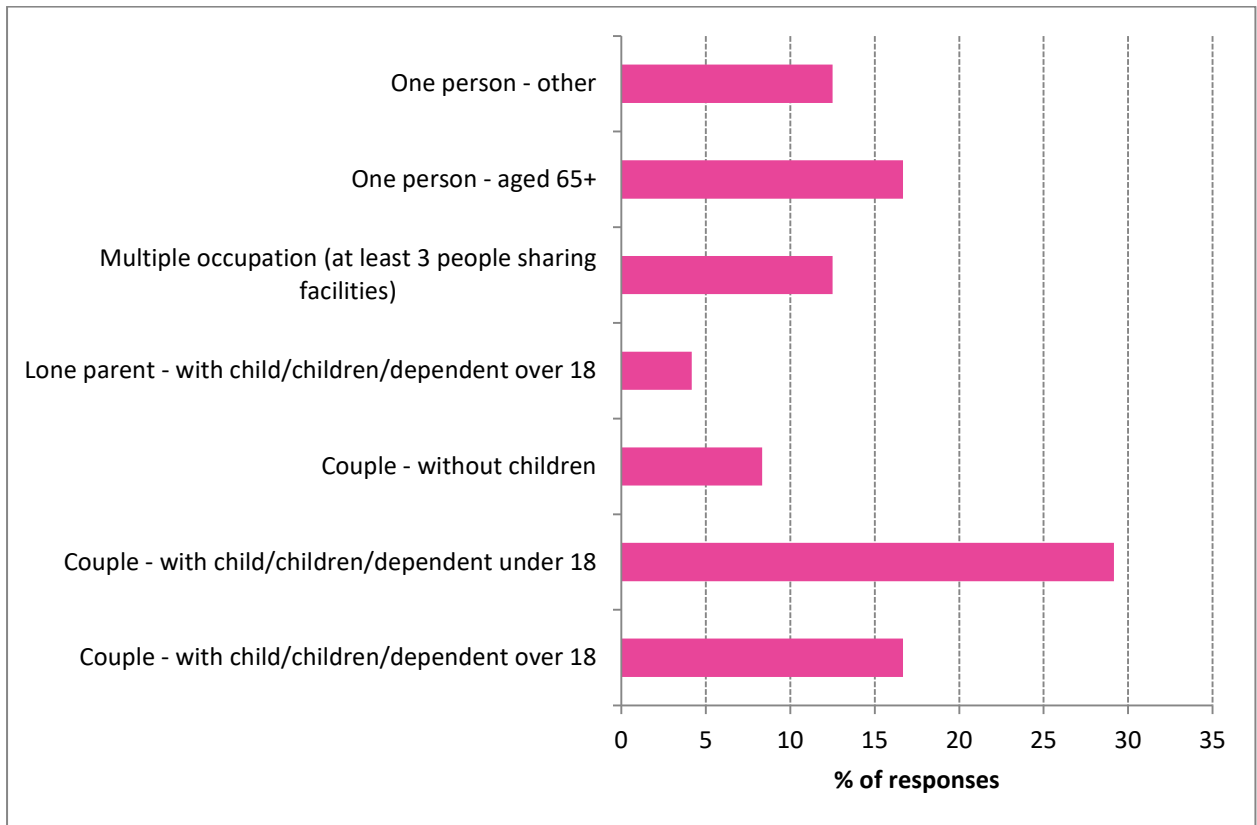
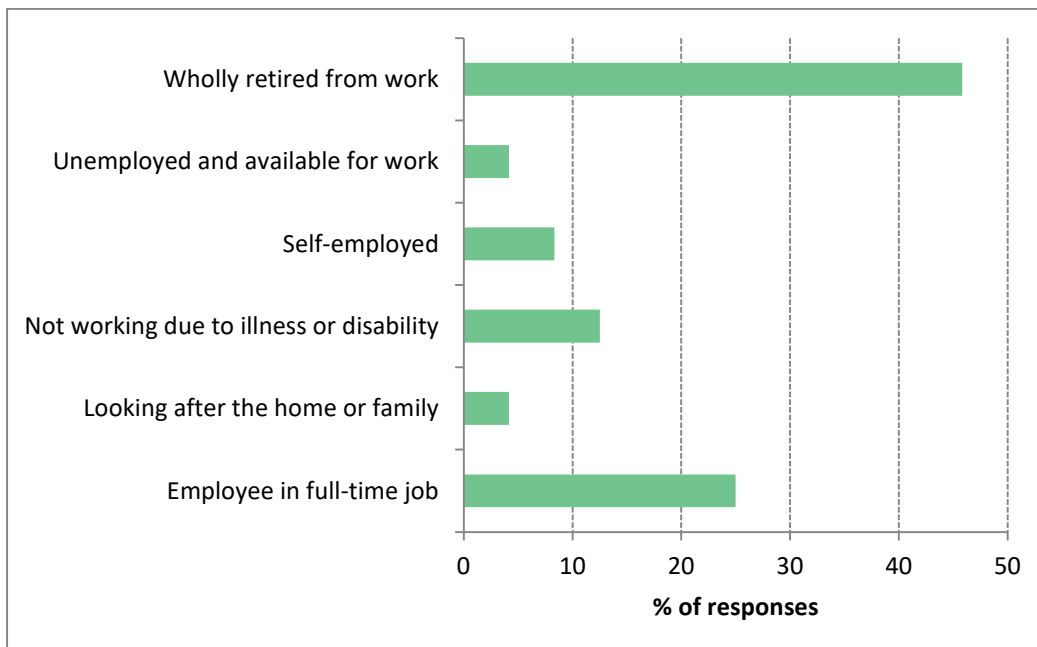


Figure 3 Percentage of responses by employment status



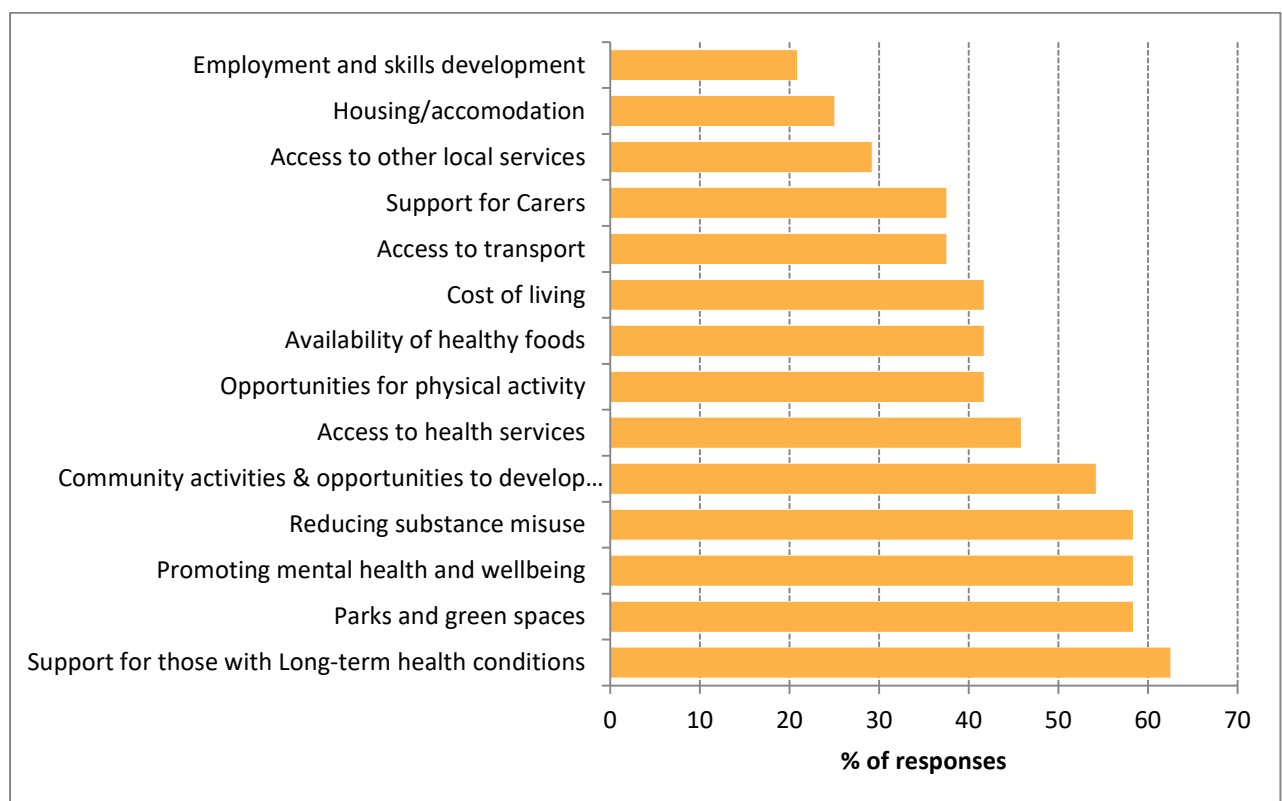
Health & Wellbeing

Residents were asked which they felt are priority areas for health and wellbeing in their local area. They were given a variety of options and were able to select each that applied (Figure 4).

The five responses that had the highest percentage of responses were:

- Support for those with Long-term health conditions (63%, n=15)
- Parks and green spaces (58%, n=14)
- Promoting mental health and wellbeing (58%, n=14)
- Reducing substance misuse (58%, n=14)
- Community activities & opportunities to develop social networks (55%, n=13)

Figure 4 Percentage of respondents choosing the listed areas as a priority for health and wellbeing in the local area



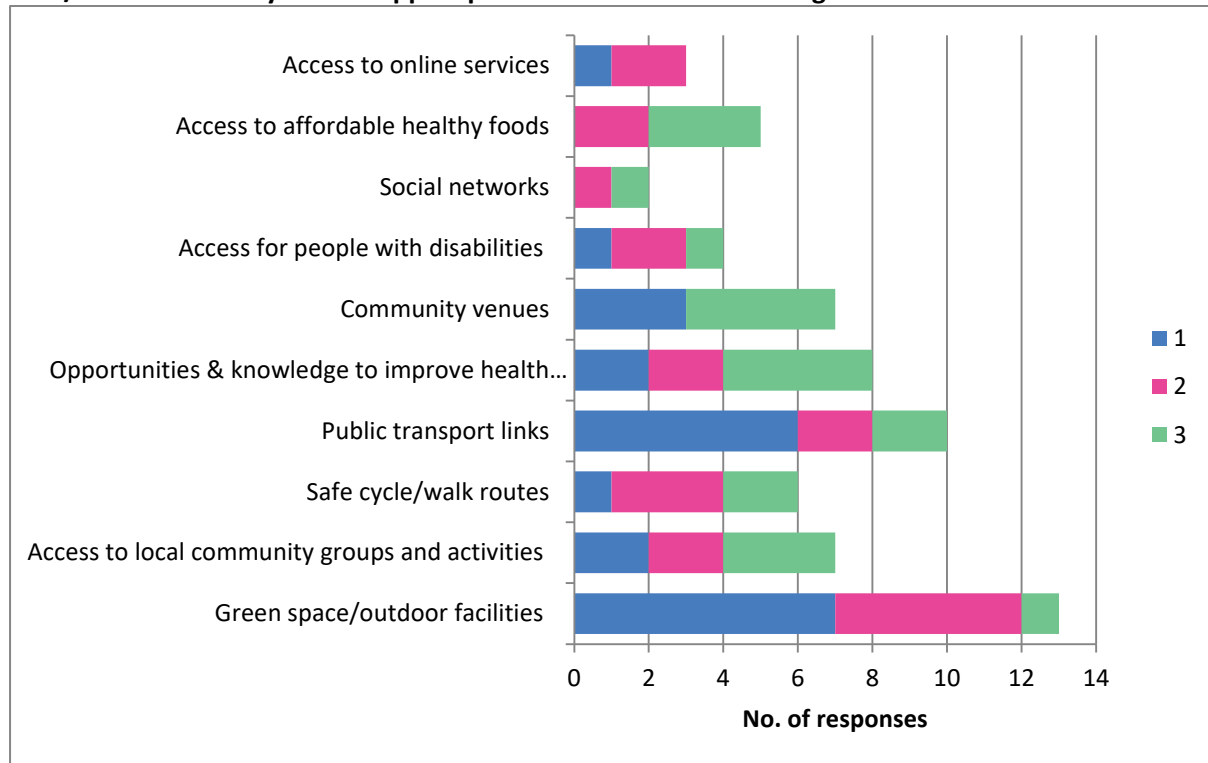
Local area/local community

Residents were asked to identify the top 3 things they valued about the local area/local community which supports positive health and wellbeing (Figure 5).

Green space and outdoor facilities was listed by the most respondents (54%, n=13) respondents as being one of the top three things they valued about the local area which supported positive health and wellbeing with 7 respondents ranking this as the thing they valued most. Public transport links was the next most common response with 42% (n=10) of respondents giving this as one of the top three things they valued with 6 respondents ranking this as the thing they valued most.

Social networks and access to online services were valued by the fewest number of respondents, 2 and 3 respondents respectively.

Figure 5 Responses to the question “What are the top 3 things that you value about the local area/local community which support positive health and wellbeing?”



Improving health & wellbeing in the local area

A further open text question was asked what 3 things could be better in your local area to improve health and wellbeing. The comments have been themed and are presented in Table 1. Areas for improvement that were mentioned most frequently were:

- A cleaner environment
- More outdoor activities and facilities
- Quicker and easier access to health services
- Better health and well-being awareness

Residents were also asked what local activities/events they would like to see in the area. Responses are presented in Table 2.

Table 1: Responses to question “What three things could be better in your local area to improve health and wellbeing?”

<i>Things that could be better to improve health and wellbeing</i>	<i>No. of responses</i>
Environment	
Cleaner streets/ environment (incl dog mess)	4
Improved neighbourhood - litter, antisocial behaviour etc.	1
Maintaining and safe green spaces	1
Better facilities	1
Improved local policing	2
Communication	
Better Communication	1
An up to date directory of local groups, clubs and societies to join.	1
Community	
More involvement of the community	1
A community centre that works and gives local people events, learning, and help advice	1
Free transport to community venues/ Community transport	2
Increase funding for current youth groups and community organisations	1
Lifestyle	
Exercise classes / Groups to join to improve health and wellbeing	2
More Activities/ activities for young people	2
More outdoor programmes/ Outside Gym facilities	4
Free football training	1
Better cycling routes	1
Stop the avalanche of junk food leaflets delivered.	1
Stricter rules on alcohol (introduce alcohol free zones like in other towns and cities)	1
Carers	
Better access to support for carers	1
More places to go with the person you care for where they can be looked after whilst you do a health-related activity (e.g. gym, healthy cooking class)	1
Cheaper travel for carers who often have to do journeys not for their own benefit but for the cared for person	1
Health Services	
Quicker/easier access to Health Services/doctors	3
Health checks	2
Better Health & Wellbeing awareness	3
Better, more accessible services for autistic adults and children	1
Education	
Courses free for residents	1
Housing	
More social housing	1

Table 2: Responses to “What local activities/events would you like to see in your area?”

Responses
Community fun days
Community involvement in decisions affecting the Town and not lip service to decisions that have already been agreed upon and in some cases implemented.
Support for the local theatre group.
Dilapidated buildings why do they hang about so long while the Council is unable to make decisions.
We almost had a good shopping area but there were so many in house arguments that what we got was too little and too late.
Stop trying to make the Town into a second rate clone of other Towns/Cities make NBBC different and somewhere that people want to come and shop and live.
Community meeting at a regular time
Farmers and craft markets
Health and Fitness classes that are affordable and easily accessible
Access to amenities for the less able and terminally ill
Better use of empty public buildings
A serious improvement in provisions for health and well being
A fairer share between South and North Warwickshire
Heathy living and cooking courses for local residents
Help and advice clinics
Access to outdoor Gym
Job advice workshops
Exercise classes at affordable prices
Coffee and chat mornings for residents a place for people to meet their neighbours
Film cinema/ book club/ night
Craft courses /Activities for adults
Painting /art course workshop for adults at reasonable price for local residents
Gardening/allotment club for local residents
Holistic therapies for those residents in need
Budgeting advice
CAB coffee morning
Honestly shops and fair share food
I need a companion to do things with in the local area
More adult education based around history / the arts.
Discussion groups on current affairs.
More arts and crafts activities.
Community involvement in local Britain in Bloom campaign eg ‘It’s Your Neighbourhood.’
More old people activation
Unsure. Free family activities perhaps

PLACE BASED NEEDS ASSESSMENT

NUNEATON CENTRAL

STAKEHOLDER ENGAGEMENT

Warwickshire Joint Strategic Needs Assessment 2018

Report produced by Public Health Warwickshire



Main Nuneaton Central Stakeholder Event 12th September

A stakeholder event was held at All Saints Church Hall on 12th September 2018. A presentation was given outlining some of the key data for Nuneaton Central followed by table top discussions on the data – overall impressions, what’s missing and emerging issues. This was followed by table top discussions focussing on:

- Deprivation (home ownership, child poverty, financial inclusion) and Regeneration (planning and transport)
 - Mental health and wellbeing
 - Children and young people (early years, education, young mothers) SoH can support with engagement with young mothers group
 - Living with long term conditions – self management, CVD, COPD, support for families, presenting too late, screening uptake is low
- Feedback from the event is presented below.

Recorded feedback is presented below:

Overall Impressions

- More information needed on carers, especially those not registered or recognised. Adult carers - lack of support and information. Carers of people with mental health diagnosis as well as with no diagnosis. Lack of signposting and social isolation
- More information needed about suicides - linking to age, gender, aspirations
- Communications - gaps in community service
- Why has there been no change and improvement in the stats? What prevention measure are in place in what areas and what is working/making a difference. Interested in trends. Need to benchmark to assess effectiveness of interventions.
- Early education intervention - pre-birth planning / support with parents
- Transient residents - no sustainability in residents lives
- Better education input needed
- Substance use/abuse data needed - drugs and alcohol
- Pharmacy data - type of medication most prescribed, e.g. methadone, antidepressants etc
- Very little employment, unemployment and claimant data available

- Screening take-up data needed
- Off the radar?
- Crime data - recorded and unreported crime and antisocial behaviour, as well as related behaviours relating to this. Could be helpful.
- Data shows a hi level impersonal picture of Nuneaton Central. Need to capture residents views of data , but how do we reach them/involve them enough to work out solutions together. Design services together with the residents but respect those that don't wish to engage.
- There's a sense of a depressive response to services by some of the residents and it's a struggle to engage with people. Depression rates are underrated. Can we break down the data to understand for e.g. why people are depressed?
- Not enough extra care housing. Better communication needed to prevent future poverty - make the geography fit the community.
- Things missed - underweight children (Hilltop and Caldwell)
- School entry skills, e.g. reading, writing, speech and language (Middlemarch, Hilltop and Caldwell), related to reduced time spent with parents.
- Lack of positives - unable to see how positives are working e.g. obesity
- Data around eviction, rent arrears, homelessness etc. Effects universal credit.
- Local differences within localities
- Air quality and less access to green space.
- Lower level of car ownership, so local hubs are important for family support and issues - links to food banks, suicide prevention work and P.H.I.L
- Children's centre closures.
- Inappropriate emergency admissions
- Mental Health And Wellbeing
- Everything impacting on mental health and wellbeing - wider determinants
- Organisations (not all) do have links to services but they are not always easy to follow as signposts.
- Community development workers mapping assets in communities will be shared but difficult to keep live.
- Referral times - People can't always chose times for appointments etc. MIND can support people in between referral and their appointment.
- Cross over from CAMHS to adult
- Community links - support service would be useful and helpful. Young people need support especially around the time of school transition.
- Manor Court Baptist Church - fresh start groups (dependencies) about to launch - One to one mentoring/buddying service.
- ROSA - offer friendship groups (clients only).
- GP signposting to charities/3rd sector support. Springfield Mind support GP practices, something that needs replicating
- WCAVA have a mental health directory
- GEH - Looking at high intensity users. Need to know who is being targeted so that the appropriate support can be provided - the correct support at the right time!

- It was noted that there appears that there is more going on in NW than in Nuneaton.
- Positive feedback from Recovery College sessions
- Crisis Team - Lack of weekend provision and thresholds too high. Stigma resulting in waiting until crisis point is reached - links also to lack of awareness and how to access support needed before crisis (lack of communication and gaps in crisis intervention).
- Training of staff in A&E required as well as 24/7 mental health crisis support in A&E (not currently available at GEH).
-
- Alcohol - services available won't support a person until they are sober. Both drugs and Alcohol need addressing.
- Social workers are often unable to meet very severe needs so hospitals are then contacted. If there was more support there would be less crisis. There's a big gap between first degree and 2nd degree mental health services and a large volume of low level mental health issues that won't be dealt with by current services. So training for grass roots organisations would be really beneficial.
- Some prevention work isn't getting through to some communities e.g. Gurkhas and veterans. There is a gap in local support for veterans. Coventry is currently the closest.
- There are inappropriate admissions because of the lack of capacity in services, and a requirement for social prescribing. IAPT (telephone assessment) is not always suitable and there is quite often a long waiting list.
- Dementia - concerns that dementia will reach critical mass within 10 years. Dementia Action Alliance and Dementia Friendly Communities needs to be publicised more. Diagnosis can be difficult to get but can be useful.
- Perinatal and postnatal mental health - All mums receive antenatal and postnatal contacts discussing mental health. Sophia (pregnancy loss support). New parents returning to work also require support and understanding.
- Utilise and build on Year of Wellbeing.
- Deprivation
- Long standing deprivation generated from the impact of the loss of industry in the north.
- Underpinning themes - mental health and homelessness.
- School attainment aligns with life expectancy - Was making progress in schools but it is now more difficult due to academies. How do we influence and build relationships and engage with them. Need to start 'making a dent' in schools to influence future generations. Family centred approach through schools needed to tackle deprivation. Raise awareness of the importance of education etc.
- Majority of jobs available are low skilled. No large industry apart from MIRA - perceived barriers to access these jobs.
- Skill gap in IT e.g. coding.
- Problems with the ability to influence how schools are supporting young people with employment opportunities.
- There is a gap in support for carers. Support for the young but then cuts off.
- Healthy Living Network - project with schools and parents/carers etc. Head teachers bought in to the project - links with gathering data.

- Report produced by the Insight Service 47
- Good idea to change the ethos of schools to community centres for mixed use.
- Coventry MEAC model? (DWP Jane Holmes)
- Worcester - Scheme aimed at young people. Good outcomes for improving educational attainment and aspirations (Rachel Kirkwood, SWFT)
- Link between risky behaviours and deprivation. Community workers need to be supported by the JSNA.
- Neighbourhood watch - raises awareness. Expanded to other issues - environment and PCHO's work and building relationships.
- Community forums used to bring back work. Where are apprenticeships/volunteering available? Need to raise awareness. Make the unemployed aware that volunteering can count towards a job search as well as supporting the community. Have an employment one to one support service (Freddi, CWPT link in with Paula).
- Mixed age group community events - need to map as there is a gap in awareness of activities and groups taking place. Need a reciprocity of information and need to link social prescribing with all events, which will need the GPs to buy into it. ACVA or AGE UK (swft) need a coordinated approach
- Data from police and community safety on prevention work - do we have links?
- Need to understand the need for long term sustainability.
- Air Quality, Pollution and green spaces:
- Cycling and walking - establish community walking networks and groups using the outdoor gym equipment.
- Maintaining access to canals
- Promote use to residents
- Criminal abuse and crime happening in parks so need to improve community safety. Why are people committing crime? Link to alcohols and drug abuse
- Children And Young People
- Emerging mental health concerns for children and young people and for those with Mental health issues that work. (Sue R to follow up)
- From a GP perspective - improve signposting and information to services.
- Sure Start - removal of service has had an effect on the community and it's sense of belonging.
- How can we promote the benefits of volunteering for young people and source suitable opportunities that young people would be interested in.
- Report produced by the Insight Service 48
- Lack of affordable childcare in the area.
- Communication with young people - how do we do this? Use of social media? Are we using the correct channels to reach young people?
- "Chat health" - now in schools and proving very successful. Could this be expanded to reach young people?

- Could we extend 'Preparing for Life Skills' that looked after children might experience to help prepare for independent work - encourage young people to volunteer.
- Community development now focusing on older people. WCC Parenting Programmes - how can we promote them and should we have young people at the meetings.
- Learning lessons from promotion of 'Tour of Britain'. Feel good factor from something happening in Nuneaton.
- Promote positive facilities already happening.
- Daily Mile initiative in schools - getting children active and mobile. Can lead to good conversations on wellbeing with the children.
- National organisation 'Transforming Lives for good' - Nuneaton, Abbey Ward, Manor Court Baptist Church - Yvonne Mead.
- Libraries working with families to help children prepare for school.
- Underweight children and exclusion rates (prisons) missing from data.
- Sycamore counselling service, 5-18 yr. olds. Nuneaton based. Steady rise in self referrals. Issues include Anxiety, anger, stress and social media. 6 schools contracted. Engages and influences family factors.
- Young Offender Scheme - Doreen Sadler - numbers have dropped
- Limited children services at GEH. Many parents can't get to UHCW because of lack of transport.
- Long Term Conditions
- Keeping people out of hospital and keeping them independent and in their own homes with proper support in place - frail and elderly pathways need investment in a different way. Dependence on good will of family, friends and carers. Support and education is needed for carers.
- Hospitals are a place of safety for many who don't actually need a bed for medical treatment.
- Quality needs to be kept high amongst statutory and private providers of care. For private care that is being charged for it is reasonable to have a certain expectation and be able to make demands.
- Different models of care for the elderly need to be looked at - more innovative, cohesive, engaged.
- Report produced by the Insight Service 49
- People are frightened by the idea of screening. There is a stigma attached to the service and diagnosis. People are afraid to ask for help because of pride or a potential diagnosis. Sometimes the information is too clinical and not really 'accessible' for most. They can be given too much, too fast and go away not really understand anything they have been told, and pride won't let them enquire further. (Buddie/peer system)
- There's a struggle and a lack of ability to sustain community based providers (finance, volunteers, members and information). More strength and potential in 'Social' health groups.
- Promotion and independence - how much information is given on hospital discharge about community based (VCS) services.
- Appropriate services for younger people with long term conditions
- Value to active signposting such as social prescribing - Buddy/peer system? Buddie and navigators already in place

- Access to Physiotherapy/appropriate exercise - needs to be easier to access and more sustained activity. More signposting to Fitter Futures and widening of referral pathway.
- Why do people ignore and present symptoms so late? How can this be promoted and where? - Information in pharmacies, surgeries, community centres etc. There is a lack of understanding around diagnosis and the management of it, especially with BME communities, including travellers. Culturally sensitive - correct information needs to come from trusted sources rather than just from word of mouth.
- Lack of and limited bus services - even for those living in central Nuneaton
- Type 2 diabetes - ethnicity, lifestyle, access to certain foods. Link to locally accessible food outlets / fast food / access to healthy alternatives. NB. some supermarkets (Tesco) offer free healthy snacks to children whilst parents shop e.g fruit.
- Lower income families may be buying food that lasts longer or can be frozen, rather than buying fresh food that has a limited shelf life. More education is needed at school around healthy food options. (learned behaviour from peers).
- Are 'Professionals' prepared to support 'real' communities properly - hospital, centric education
- There is an acceptance of life as it is with a lot of residents - low aspirations, lack of ambition and enthusiasm to progress.
- Social media - how it is used. Can cause language barriers. Digital by default!
- Mental health reactive care vs proactive support - what is commissioned
- Access to psychological support - waiting times, accessibility and data referrals
- There is a need for a central directory of knowledgeable services to make active - Social prescribing
- 999 call out data - correlation between hospital admissions and obesity (all the secondary impact and conditions could link back to healthy weight management).

Other Stakeholder Engagements - Plan

Event	Location	Date	Time	Target Population	Resources	Follow-up
Launch of Men in Sheds	George Eliot Hospital	6/9/2019		Vulnerable men	Hard copies of surveys and QR cards	Mike and members of Localities Team attended with QR cards which were promoted well to all attendees. Successful - with a lot of interest in the survey. Mike has met with Doreen as a follow up and discussions held about wider promotion of the resources throughout the GEH now and an event with the GEH Patient Interest Groups.
Carers Event in Nuneaton	Bedworth Ex-Servicemens Club	18/9/2019	30 minute session into the day	Carers	Use hard copies of survey and QR cards	Led by the Localities Team, Rina Sarna and Carers Trust. Very well attended by people with dementia and their carers and Q cards were made available to attendees by Chris Florance. We did not hold a specific session with attendees about the survey though because there was already a lot going on in support of carers. Successful though in promoting awareness of the survey.
Weddington and St Nicholas community forum	Ambleside Club, Nuneaton	10/9/2019	7pm - 9pm	Local residents	QR cards	Cards provided to approx 40 residents attending the forum. Mike spoke at the forum about the importance of the survey to raise awareness.
United Against dementia event	Abbey Community Centre Nuneaton	20/9/2019	5pm - 8pm	BME community	QR cards and survey forms	This was an event arranged by EQuIP to raise awareness about dementia. Mike spoke at the event to inform people about the JSNA survey and its purpose and how people could get involved. There was a lot of interest in this. The audience of approx 35 people were predominantly older generation Sikh men and women. QR cards given out but Mike promised also to deliver hard copy survey forms to the Abbey Centre and the Attleborough Gurdwara as a follow up.

Whitestone and Bulkington community forum	Bulkington Working Mens Club		7pm - 9pm	Local residents	QR cards	Cards provided to approx 25 residents attending the forum and Mike spoke at the forum about the importance of the survey to raise awareness.
Open Arts Trail featuring events across N&B but including Greenmoor Road Allotments visitor centre	Greenmoor Road Allotments	23/9/2019	All day		Hard copies of surveys and QR cards	Mike will arrange for cards to be available at locations on the trail.
Mental health services drop in session	Newton house	24/9/2019	10-12	MH Service users	Hard copies of surveys and QR cards	
Attleborough Matters – Public meeting in the evening to discuss local issues with county councillor	Attleborough Sports and Social Club	7/11/2019			Hard copies of surveys and QR cards	
Alz Club Open Day		1/10/2019		Alz SU's and carers	QR cards and survey forms.	The Localities Team will be at the event and arrangements to promote the survey and forms are in hand. Two forms were completed at the event.
Nuneaton networking event	Nuneaton Town Centre	23/10/2019	12pm - 2pm	Community groups, volunteers, local activists, committee members, community workers	Hard copies of surveys and QR cards	Chris Florance and Maxine Tuffin to attend this event

Retailers Matter Dementia Awareness Event	Nuneaton Town Hall	25/11/19	9.30am - 12 pm	volunteers	As above.	This event is targeting retailers in Nuneaton Town Centre to support them in making their premises more dementia-friendly. Unsure of how many will be at the event but we will have a facility to promote information about the survey. On the day turnout was very low so no take up of information about the survey by retailers.
Health Watch Warwickshire annual conference (county- wide attendance)		18/10/19	9.30am – 12.30pm			
Love Instead of Hate event (County-wide attendance)	County-wide	20/10/19			hard copies of surveys and QR cards	
Visits to Attleborough Gurdwara	Nuneaton	19/10/2019	12 - 2pm	Sikh communities		
Visit to Nuneaton Mosque	Nuneaton	TBA	TBA	Muslim population in Nuneaton		
AGM of the N&B Dementia Action Alliance (open to public)	Nuneaton & Bedworth	11/10/2019		Dementia SUs and Carers/family		Rina Sarna and Mike Slemensek are arranging the event.

Nuneaton & Bedworth Borough Council & Nuneaton & Bedworth Safer Communities Partnership (NABSCOP)

The Nuneaton Central JSNA report has been shared with officers at N&B Borough Council and NABSCOP partners. The following comments were provided:

Crime:

- Further analysis of crime data - we need to understand if there is a correlation between the fear of crime and reduced street lighting. Also need to be aware of the historical issues in Pool Bank Recreational Park. An action here could be for NABSCOP partners to commission a report by the Police Architectural Liaison Officer to look at how this area could be improved and for the South Warwickshire Partnership Board (SWPB) to consider the impact on the fear of crime that reduced street lighting hours has had on local communities.
- The other thing is to make sure that there are links with the Gypsy & Traveller team in regards to the specific actions for them

General:

- Can we have a clearer understanding on the overall approach to social prescribing as there are differences of opinion amongst partners (and possibly within WCC) in terms of what this means.
- Travel links to the UHCW will be an issue reflected across most JSNA areas where local people are reliant on public transport

Housing:

- Other than the specific recommendations in respect of evictions, homelessness and social housing supply in Nuneaton Central much of the recommendations are obviously health and wellbeing actions for mainly statutory and third sector partners. This said we all recognise that Housing is one of the wider determinants of health and wellbeing, and we will all have a role in this respect indirectly.
- There could be more emphasis on property standards/warmth/SAP rating etc. in this locality as unfortunately this isn't one of the recommendations. It was felt that this links in nicely with some, in fact quite a lot of the concerns.

Sycamore House - Sycamore Counselling drop-in visit

The following points emerged through discussion with service users. They are not specifically tailored to Nuneaton Central but might be useful nonetheless.

- Crisis teams - it was felt that support was lacking; service users experienced feelings of rejection when engaging with the service; service users felt that staff thought they were seeking attention.
- IAPT - IAPT wasn't seen as particularly helpful by the group; one service user highlighted an incident where he didn't feel supported or understood by the clinician he was in contact with via the phone - possible that this is an isolated case but could also be indicative of a wider communication issue?
- Housing - none of the service users present were assigned to a support worker
- Keyring - one service user noted that they had struggled to get in contact with the service
- Sycamore counselling - the service was viewed very positively, particularly the fact that longer term support was provided
- Service thresholds - service users felt they were often caught in between services, either too complex or not complex enough to meet thresholds
- End of life care - one service user is receiving end of life care, I think for liver disease, at George Eliot. She felt that she was receiving poor care and that there was a lack of compassion shown towards her.
- Mind received positive feedback from the group