

# Supporting healthy family relationships



Helping children to feel secure and loved to give them the best start in life.

14,000 children in Warwickshire are impacted by parental conflict



## Healthy relationships

- Respect
- Equality
- Co-operation
- Communication
- Happiness

## Unhealthy relationships

- Frequent arguments
- Unresolved issues
- Feelings of isolation
- Little or no communication
- Fear of how your partner will respond

Recognise the signs and resolve the situation to maintain a healthy relationship

All relationships have tricky moments, it's how they are resolved that matters.

For support and advice visit: [warwickshire.gov.uk/familyrelationships](http://warwickshire.gov.uk/familyrelationships)

