

Triple P – Positive Parenting Program Provider Training Available:

Group Teen Triple P Provider Training Course

The *Group Teen Triple P* Provider Training Course teaches practitioners the consultation skills important to the delivery of *Group Teen Triple P*. In *Group Teen Triple P*, parents participate in an 8 session program (5 x 2 hr group sessions; 3 x 15-20 min telephone consultations) where a broad range of parenting skills and problem contexts are covered. Practitioners learn strategies for teaching parents to develop positive relationships with their teenagers promote their teenager's development and manage problem behaviour in a positive way. Practitioners learn how to deliver and actively teach the 17 Teen Triple P strategies, and how to support families to maintain change and become independent problem solvers over time.

Prerequisites and Recommended Practitioners:

No Triple P pre-requisites apply however it is desirable that practitioners have knowledge of child and adolescent development and psychopathology to undertake this training. *Group Teen Triple P* is best suited to school counsellors/guidance officers, youth workers, youth offending case workers, psychologists, social workers, parent educators, nurses, allied health professionals and family counsellors.

Course Content:

At the conclusion of the course, participants should have skills and knowledge in the following areas:

- Early assessment of teenage problem behaviours, parenting skills and family factors.
- o Core principles of positive parenting and behaviour change
- o Application of key parenting strategies to a broad range of teenagers' target behaviours
- Parent consultation skills for group formats
- o Managing client resistance and group dynamics
- o Referral indicators and procedures within multi-level models of intervention
- Strategies for promoting generalisation and maintenance of behaviour change
- Use of active skills training strategies in a group format
- Telephone support consultations with parents
- Use of consultation resources (parent workbooks and audio visual materials)

Materials you will receive at training:

Each practitioner attending a *Group Teen Triple P* Provider Training course will receive:

- Participant Notes for Group Teen Triple P
- Facilitator's Kit for Group Teen Triple P (includes a Facilitator's Manual, CD Rom of Group Teen Triple P PowerPoint presentations, and a Every Parent's Teen Workbook)
- Every Parent's Survival Guide [DVD/video]

Course Components:

Part 1: Attendance at a 3-day Group Teen Triple P Provider Training Course

Part 2: Attendance at a half-day *Group Teen Triple P* Provider Accreditation session. This accreditation day (scheduled for 2-3 months post training module) allows practitioners to demonstrate knowledge and competence in program delivery. Practitioners are also required to complete a multiple-choice quiz. Upon completion of accreditation requirements practitioners become Accredited *Group Teen Triple P* Providers and gain access to the *Triple P Provider Network*.

Registration Details:			