

INTELLIGENCE BULLETIN

167. Hypertension Profiles



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Summary

High blood pressure is one of the leading risk factors for premature death and disability, and can lead to stroke, heart attack, heart failure, chronic kidney disease and dementia. Conditions caused by high blood pressure cost the NHS over £2 billion every year.

By reducing the blood pressure of the nation as a whole, £850 million of NHS and social care spend could be avoided over 10 years. International comparisons show that there is significant scope for improvement. For example, in Canada, 7 out of every 10 adults with high blood pressure are both diagnosed and managed to recommended levels whereas in England only in 4 out of 10 is achieved.

Public Health England's blood pressure and National Cardiovascular Intelligence Network (NCVIN) teams have today launched local hypertension profiles. These come in the simple format of a downloadable PDF, and show how each local authority and Clinical Commissioning Group (CCG) is doing in detecting and treating high blood pressure by comparing its performance with that of similar organisations, the rest of its region and with the England average.

Key Facts -

CCG	Estimated number of people with hypertension	Number of people diagnosed with hypertension	Proportion diagnosed with hypertension
Coventry & Rugby	111,300	64,900	58.3%
South Warwickshire	70,500	40,800	57.9%
Warwickshire North	47,200	29,200	61.9%
England			55.8%