



Oral Health Week - Day Five

Visit the dentist when the first tooth appears and then as often as your dentist recommends flyer



Note to practitioner:

This flyer can be sent home to parents on day five of your 'Oral Health Week' campaign.

The planning for day five focuses on visiting the dentist.

This flyer provides families with useful information about identifying a dental practice, free NHS entitlements and making visits to the dentist positive.

When planning your Oral Health Week you may wish to contact your local dental practice and invite them to come to your setting to talk to the children and families.

To help reduce printing costs two flyers are provided on each A4 sheet and can be printed back to back and then cut in half, creating two flyers.

Warwickshire Early Years Oral Health



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Visiting the dentist from a very young age helps babies and children to get used to the sights, smells and sounds of the dental practice. At the dental practice, you will be given advice on how to help your child keep their teeth healthy, and to stop them developing tooth decay in the future.

If you do not have an NHS dentist you can call NHS 111, or visit www.nhs.uk/dentist to find a local NHS dentist who is accepting new NHS patients.

All children aged 0 - 18 years are entitled to free dental care, as are pregnant women (up to their child's first birthday).

It is best for children to go to the dentist when they are rested, wide awake and have been recently fed.

Remember, your child will pick up on how you are feeling, so if you get anxious when going to the dentist, it is better to book separate appointments on different days.



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