

Activities & Support in Stratford District for people with dementia and their carers



Council Tax Help

Are you, or someone in your household, living with:

- a degenerative brain disorder such as Alzheimer's
- other kinds of dementia
- a learning disability
- a severe stroke
- severe or chronic mental illness

and are entitled to one of the following benefits:

- Employment Support Allowance
- Severe Disablement Allowance
- increased Disability Pension
- Personal Independence Payments (PIP)
- Income Support that includes a disability premium
- the care component of high or middle rate Disability Living Allowance
- Constant Attendance Allowance
- Incapacity Benefit

then you may be entitled to a Council Tax discount



and save money off your Council Tax bill

For more information please contact Revenues on



01789 260990



revenues@stratford-dc.gov.uk

Dementia Cafés and other activities for people with dementia

ALCESTER

Alcester Café

Free drop in dementia café providing information and support.

Tuesdays and Fridays 10.30am - 12.30pm

Jubilee Centre, off St Faith's Road, B49 6AG

Contact Carole Zambonini 01789 488088

www.alcesterdementiacafe.org.uk

Alcester (Dementia) Day Care

Day care for people with dementia. Booking required.

Mondays and Thursdays 9.30am - 3.30pm

Baptist Church Hall, Henley Street, B49 5AJ

Contact Carole Zambonini 01789 488088 or 07756 438356

info@alcesterdaycare.org.uk

www.alcesterdaycare.org.uk

BIDFORD-ON-AVON

Bidford Dementia Café

Mondays 10.30am - 12.30pm (except Bank Holidays)

Westholme Court, Westholme Road, B50 4AL

Contact Wendy Lancaster 07713 648716

secretarybdc@btinternet.com

COMPTON VERNEY

Alzheimer's Society Dementia Café

Second Tuesday of month 10.30am - 12.30pm

Compton Verney Art Gallery, CV35 9HZ

Contact Charmaine Bird 02476 652602

Entry to Compton verney and refreshments are free. A free shuttle bus will take Dementia Café attendees from the car park to the Gallery entrance.

Dementia Cafés and other activities for people with dementia

HARBURY

Connections Café

Third Wednesday of month 2.00pm till 4.00pm

Tom Hauley Room, (behind the Church), Church Street, CV33 9EY

Contact Jill Baker 01926 612483 jillbaker2015@outlook.com

or Janice Montague 01926 612340 janelmont@gmail.com

HENLEY-IN-ARDEN

Age UK Dementia Day Opportunities

Private day care for people with a dementia diagnosis. Booking required.

Tuesdays and Thursdays 10.00am - 3.00pm.

Daily charge £45 plus £5 lunch

Dell Court, Cherry Orchard, B95 5FW

Contact Maureen Wiginton, Dementia Day Ops Team Leader

07780 684383

SHIPSTON-ON-STOUR

Down Memory Lane

An enjoyable singing experience for those with memory problems.

(Refreshments provided). Third Friday of month 2.00pm - 3.30pm

Community Lounge Stour Court, Old Road, CV36 4HF

Contact Dave Hollingworth 01608 654444 or

Barbara Smith 01608 662433

Active Memory Group

Activities for people with memory problems and their carers.

First and third Thursday of month 10.00am - 12.00 noon

St Edmund's Church, CV36 4AP

Contact Alyson Spence 01608 661703

Dementia Cafés and other activities for people with dementia

SOUTHAM

Southam Dementia Café

Last Wednesday of month 2.30pm - 4.00pm

Galanos House, Banbury Road, CV47 2BL

Contact Galanos House 01926 812185

STRATFORD-UPON-AVON

Alzheimer's Society Dementia Café

Third Tuesday of month 10.30am - 12.30pm

St Andrew's Church Hall, Shottery, CV37 9HQ

Contact Charmaine Bird 02476 652602

Café WRAP

Fridays 2.00pm - 4.00pm

Bishopton Community Centre, Drayton Avenue, CV37 9PB

Contact WRAP office 01789 778431

Mobile for wheelchair assistance 07803 729894

wrap1@hotmail.com

Dementia Wellbeing Café (Springfield Mind)

Saturdays 10.30am - 12.30pm

Stratford Methodist Church, Old Town, CV37 6BG

Contact Tracey Brisband 01789 298615

tracey.brisband@springfieldmind.org.uk

Dementia Cafés and other activities for people with dementia

STRATFORD-UPON-AVON - continued

WRAP Day Care Provision

Offers a positive and stimulating experience for your loved one while you take a break. Prior attendance at Café WRAP is necessary.

Fridays 11.00am - 1.00pm

Bishopton Community Centre, Drayton Avenue, CV37 9PB

Contact WRAP office 01789 778431

wrap1@hotmail.com

STUDLEY

Studley Allotments Demetia Project

Dunstall Allotments, Redditch Road, Studley B80 7AU

Contact studleydementiaproject@gmail.com

WELLESBOURNE

Café WRAP Wellesbourne

Wednesdays 2.00pm - 4.00pm

Wellesbourne Village Hall, School Road, CV35 9NH

Contact Heather Brown muttiebrown@yahoo.co.uk 01789 841419 or

WRAP Office 01789 778431

Support for carers

ALCESTER

Alcester Café Carers Group

Carers meet whilst their loved ones are looked after in a separate room. First Friday and Third Tuesday of month 11.00am - 12.00 noon
Jubilee Centre, off St Faith's Road, B49 6AG
Contact Carole Zambonini 01789 488088
www.alcesterdementiacafe.org.uk

Keeping in Touch, for carers whose partner has died or gone into long term care. Held at Alcester Café (in separate room to café)
First and Third Friday of month 10.30am - 12.00 noon
Jubilee Centre, off St Faith's Road, B49 6AG
Contact Carole Zambonini 01789 488088
www.alcesterdementiacafe.org.uk

Warwickshire Carer Wellbeing Service Carer Clinic

First & Fourth Tuesday of month and First, Second & Fourth Friday of month 10.30am - 12.30pm
Alcester Café, Jubilee Centre, off St Faith's Road, B49 6AG
Contact 02476 101 040 (Option 4)
carerssupport@carerstrusthofe.org.uk

BIDFORD ON AVON

Warwickshire Carer Wellbeing Service Carer Clinic

Second Monday of month (except Bank Holidays)
10.30am - 12.30pm
Bidford Dementia Cafe, Westholme Court,
Westholme Road, B50 4AL
Contact 02476 101 040 (Option 4)
carerssupport@carerstrusthofe.org.uk

Warwickshire Carer Wellbeing Service Carer Clinic

Third Tuesday of month 8.00am - 12.00 noon
Bidford Medical Centre, Stratford Road, B50 4LX
Contact 02476 101 040 (Option 4)
carerssupport@carerstrusthofe.org.uk

Support for carers

COMPTON VERNEY

Warwickshire Carer Wellbeing Service Carer Clinic

Alzheimer's Society Dementia Café, Compton Verney Art Gallery,
CV35 9HZ

Second Tuesday of month 10.30am - 12.30pm

Contact 02476 101 040 (Option 4)

carerssupport@carerstrusthofs.org.uk

KINETON

Carers 4 Carers

Kineton Village Hall, Mill Street, CV35 0LB

Fourth Friday of month 10.30am - 12.00 noon

We can look after the person you care for in our Companionship Group alongside the meeting.

Contact Gillian Grason Smith 01926 640203 / 07947 893504

kcarers4carers@gmail.com

www.carers4carersonthefosse.org.uk

SHIPSTON-ON-STOUR

Warwickshire Carer Wellbeing Service Carer Clinic

St Edmunds Active Memory Group, St Edmunds Church, Shipston

First & Third Thursday of month 10.00am - 11.30am

Contact 02476 101 040 (Option 4)

carerssupport@carerstrusthofs.org.uk

Stour Valley Carers Group

Third Friday of month 10.30am - 12.00 noon

Ellen Badger Hospital, CV36 4AB

Contact Carol Ruthven 01608 662706 or

Lizzy Feather 01608 686013

Also supported by Warwickshire Carer Wellbeing Service

Support for carers

SOUTHAM

Warwickshire Carer Wellbeing Service Carer Clinic

Tithe Lodge Library, High St, Southam, CV47 0HB

First Monday of month 9.00am - 12:30pm

Contact 02476 101 040 (Option 4)

carerssupport@carerstrusthofe.org.uk

STRATFORD-UPON-AVON

Warwickshire Carer Wellbeing Service Carer Clinic

Stratford Hospital, Nicol Unit

Third Wednesday of month 10.00am - 12:30pm

Contact 02476 101 040 (Option 4)

carerssupport@carerstrusthofe.org.uk

Warwickshire Carer Wellbeing Service Carer Clinic

Café WRAP, Bishopton Community Centre,

Drayton Avenue, CV37 9PB

Weekly on Fridays 2.00pm - 4.00pm

Contact 02476 101 040 (Option 4)

carerssupport@carerstrusthofe.org.uk

Warwickshire Carer Wellbeing Service Carer Clinic

Second Tuesday of the month 2.00pm - 4.00pm

1st, 2nd and 4th Wednesday of the month 9.00am - 1.00pm

Briar Croft, Alcester Road, CV37 6PH

Contact 02476 101 040 (Option 4)

carerssupport@carerstrusthofe.org.uk

Support for carers

STUDLEY

Warwickshire Carer Wellbeing Service Carer Clinic

Let's Talk Hub Studley, Village Hall

Third and fourth Monday of month 2.00pm - 4.00pm

WELLESBOURNE

Oscars Carers Group

Second Monday of the month

Wellesbourne Village Hall, School Road, CV35 9NH

Contact Heather Brown 01789 841419

Warwickshire Carer Wellbeing Service Carer Clinic

Wednesdays 2.00pm - 4.00pm

Wellesbourne Information Hub, Wellesbourne Village Hall,
School Road, CV35 9NH

Contact 02476 101 040 (Option 4)

carerssupport@carerstrusthofe.org.uk

Alzheimers Society Warwickshire Dementia Navigators

For people with or without a dementia diagnosis and their families. Navigators provide information and advice, practical and emotional support and signposting to support services.

Contact 01926 888 899 or email SouthWarks@alzheimers.org.uk

Support for people looking after a loved one

If you are caring for a loved one with the early stages of dementia this programme can help.

It provides practical support and advice.

For details of the next course please contact the Warwickshire Reminiscence Action Project (WRAP) on 07803 729894 or email wrap1@hotmail.co.uk



Warwickshire's Living Well with Dementia website

An online service providing a full range of information about dementia and the support and services available locally in Stratford District and across Warwickshire.



www.warwickshire.gov.uk/dementia

A banner for 'Care Companion' with a blue background. On the left, there is a white box containing text. On the right, there is a photograph of an elderly person with white hair lying in bed, holding a tablet computer. The 'Care Companion' logo, consisting of two interlocking white and blue shapes, is at the top left of the banner.

Care Companion

A free online resource for those looking after a loved one.

Available from summer 2018 at www.carecompanion.org.uk

More information from GP surgeries and Warwickshire Carers' Wellbeing Service

Books on Prescription (BOP)

Books on Prescription can help you manage your health and wellbeing with self-help books, eBooks and CDs. There are titles for people who have dementia, are caring for someone with dementia or want to find out more information about dementia. If you are already a library member, BOP books are available to borrow without a prescription. If you are not a library member, health and social care professionals can prescribe the BOP service:

There are 10 libraries in Stratford upon Avon:
<https://www.warwickshire.gov.uk/findalibrary>



For more information, please visit:
www.warwickshire.gov.uk/booksonprescription

Fitter Futures Warwickshire

If you have a diagnosis of dementia (in the early-mid stage) you can benefit from the Physical Activity/Healthy Lifestyles on Referral Service.

The service offers a 12 week programme of physical activity at various venues across Warwickshire.

You can choose from a combination of activities at a variety of settings:

- sessions at a local leisure facility
- personalised sessions at home or in a community venue
- group activities in your local community e.g. walking groups

You will be supported by a Physical Activity Specialist who will develop the programme for you and offer support and encouragement to help you become more active.

There is a cost to the programme which is discounted where possible.

You can come along to sessions by yourself or with a carer. Carers may also be able to participate - please ask the person who refers you for more details.

For more information please contact Fitter Futures Warwickshire:

Telephone: 02476 400 594

E-mail: fitterfutures@nbleisuretrust.org

Website: www.fitterfutureswarwickshire.co.uk

Please ask your GP practice, pharmacy, healthcare or social care professional to refer you to the service.



Booklet produced by Stratford-on-Avon District Council Communities Team. Telephone 01789 260108 or email socialinclusion@stratford-dc.gov.uk

Working in partnership to create dementia friends
www.dementiafriends.org.uk

Information correct at May 2018
but subject to change.

For the latest information visit

www.stratford.gov.uk/healthcare/dementia-friendly.cfm

