

Information for young people (10-18 years old)

Warwickshire County Council, Public Health wants to find out what young people think about social media.

When we say social media, we mean apps such as Facebook, Snapchat and Instagram and messaging apps like Facebook Messenger, WhatsApp and Skype.

What are trying to find out and why

We know lots of young people use social media. Sometimes this can be a great experience or it can cause problems. In England there has been some research to find out what young people think about social media and how it has affected them and we want to explore this locally.

So we want to find out what you think about social media and how it's affecting you, good or bad.

All of your answers are anonymous (we won't know who said what or what your name is or where you live).

Need to find out more or get some help or advice



Chat Health for Young People

If you are 11 – 19 years old you can text a school nurse on 07507 331 525 Monday to Friday from 9am to 5pm.

You can message outside these times, but you will get a reply during opening hours. All chats are confidential. You can message for advice on all kinds of health issues, including:

- sexual health

- emotional health
- bullying
- healthy eating

Messages are charged at your usual rates.

ChatHealth for Parents & Carers

If you are the parent of carer of a school aged child, you can text a school nurse on 07520 619 376 Monday to Friday from 9am to 5pm.

You can message outside these times, but you will get a reply during opening hours. All chats are confidential. You can message for advice on all kinds of health issues, including:

- general health
- child development
- behaviour
- toileting advice
- emotional health and wellbeing

Stop speak support - <https://www.stopspeaksupport.com/#>