

Becoming a parent is daunting, exhilarating... a tidal wave effect!

It's easy to doubt our abilities, and whether we're doing things right as a parent.

To help build the knowledge and confidence of parents in Warwickshire, we're offering three FREE online guides.



Understanding your pregnancy – a FREE online guide.

- Facts about labour & birth.
- Build your confidence in becoming a parent.
- Developed by midwives and child psychologists.



Understanding your baby – a FREE online guide.

- Develop your relationship with your new baby.
- Feel more confident as a new parent.
- Developed by health visitors and child psychologists.



There's also a guide
“Understanding your
child” for parents
with infants and
children up to
18 yrs of age.

Start learning today, go to
warwickshire.gov.uk/parentguides
to find your FREE registration codes.

