

Social and Emotional Difficulties training and resources for Warwickshire education settings

BASELINE TRAINING

Warwickshire County Council (WCC) and Health have been working collaboratively with schools and Warwickshire Parent Carer Voice to develop a training model to support provision for Special Educational Needs and Disabilities (SEND) in education settings. This information is focused on training for **Social and Emotional Difficulties**.

Training	Resource (Universal)	Awareness (Universal)	Learning	Training (Targeted)	Specialist	Network support
What information/training looks like	Information that is available on public websites that can be accessed by anyone	E-learning - approx. 1-2 hrs long	Half day training that is instructor led	1 or 2 days training	Accredited qualification by an external body targeted training	
Social and Emotional Difficulties	Beacon House	Mood	Understanding Today's Children	Solihull Approach	Lost at School pilot project	Designated Teachers Network Meeting/ Specialist Teaching Service termly twilight sessions
	UK Trauma Council	Attachment				
	Every Mind Matters - NHS	Introduction to Adverse Childhood Experiences				
		Understanding Attachment				
		Understanding Trauma				
	Challenging behaviour					

The following pages provide booking information for the above training as well as bespoke Social and Emotional Difficulties training available for education settings.



Click here to visit the Local Offer

Bespoke Social and Emotional Difficulties training for Warwickshire education settings

Course	Facilitated by	Course Length	Cost	Course outcomes	How to book training
An introduction to Attention Deficit Hyperactivity Disorder (ADHD)	WCC - Educational Psychology Service	Half day Twilight	EPS subscription or at agreed price	Develop an increased understanding of ADHD and related needs and consider the reasons for (function of) challenging behaviour.	eps@warwickshire.gov.uk
Behaviour as Communication	WCC - Educational Psychology Service	Half day	EPS subscription or at agreed price	Consider means of supporting schools with interpreting pupil behaviour.	eps@warwickshire.gov.uk
Behaviour Policy Development	WCC - Educational Psychology Service	Workshop / Twilight	EPS subscription or at agreed price	Reflect on existing behaviour policy, identify helpful content and consider how to implement strategic change in ethos and approach across the education setting.	eps@warwickshire.gov.uk
Domestic Abuse	WCC - Educational Psychology Service	3 hrs	EPS subscription or at agreed price	Introduction to domestic abuse within the context of adverse childhood experiences. Consider the impact of domestic abuse upon children and families from a psychological perspective. Explore what schools and settings can do to support children affected by domestic abuse.	eps@warwickshire.gov.uk
Inclusive Solutions	WCC - Educational Psychology Service	1 day	EPS subscription or at agreed price	Take away a deeper understanding of core values surrounding inclusion. Review a series of theoretical approaches to understanding behaviour and their application to inclusion in schools. Consider a range of strategies to approach challenging and distressed behaviour and receive an introduction to Solution Circles as a supportive and practical staff problem-solving tool.	eps@warwickshire.gov.uk
Poverty and Education	WCC - Educational Psychology Service	1 hr	EPS subscription or at agreed price	Reflect upon and explore how poverty impacts on emotions, mental health and wellbeing as well as the impact on participation at school and on learning. Consider how schools can address some of the barriers created by poverty and the cost-of-living crisis.	eps@warwickshire.gov.uk
Social Skills and Facilitating Interventions	WCC - Educational Psychology Service	3 hrs	EPS subscription or at agreed price	Further understanding of social skill development and why children may experience social difficulties. Explore how to promote social skills through the graduated response and targeted programmes and consider practical steps to facilitate social skill interventions.	eps@warwickshire.gov.uk

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Course	Facilitated by	Course Length	Cost	Course outcomes	How to book training
The voice of the child - Psychological approaches to gaining pupil views	WCC - Educational Psychology Service	Twilight	EPS subscription or at agreed price	A psychological approach to gaining pupil views. Suitable for all school staff from Reception to Key Stage 4.	eps@warwickshire.gov.uk
Understanding teenage brain development and implications for learning and behaviour	WCC - Educational Psychology Service	3 hrs	EPS subscription or at agreed price	Understand changes which occur in the brain during adolescence and how this provides a 'window of opportunity' to shift the course of development. Consider strategies to build a resilient adolescent brain, with a focus on children looked after/previously looked after. Explore programmes to teach young people about their own brain development.	eps@warwickshire.gov.uk
Zones of Regulation training	WCC - Educational Psychology Service	3 hrs	EPS subscription or at agreed price	Develop an understanding of self-regulation and explore why young people may experience difficulties with this. Identify ways to build self-regulation and build an understanding of the Zones of Regulation curriculum.	eps@warwickshire.gov.uk
An introduction to Emotion Coaching	WCC Virtual School and / or WCC - Educational Psychology Service	3 hrs	Free to Designated Teachers via Virtual School (DT are able to access 2 days of free training per year) or EPS subscription or at agreed price	Understand why emotion coaching is important for children and your educational setting. Learn about the physiological basis of emotions and the importance of self-regulation. Learn the five steps of emotion coaching and apply to a practice scenario.	eps@warwickshire.gov.uk Virtual School
An introduction to Gang Exploitation	WCC Virtual School and / or WCC - Educational Psychology Service	3 hrs	Free to Designated Teachers via Virtual School (DT are able to access 2 days of free training per year) or EPS subscription or at agreed price	Gain a psychologically informed understanding of gang exploitation. Explore attachment aware and trauma informed ways of responding and supporting children and young people with these needs.	eps@warwickshire.gov.uk Virtual School
Building Resilience	WCC Virtual School and / or WCC - Educational Psychology Service	3 hrs	Free to Designated Teachers via Virtual School (DT are able to access 2 days of free training per year) or EPS subscription or at agreed price	Develop an understanding of resilience theory and explore known protective factors across child development. Take away a practical tool to use in intervention planning to nurture resilience.	eps@warwickshire.gov.uk Virtual School
Introduction to Attachment	WCC Virtual School and / or WCC - Educational Psychology Service	3 hrs	Free to Designated Teachers via Virtual School (DT are able to access 2 days of free training per year) or EPS subscription or at agreed price	Understand what attachment theory is and the implications of differing attachments. Consider the impact of attachment on child development and on the brain, and consider ways to support children and young people displaying attachment needs.	eps@warwickshire.gov.uk Virtual School
Introduction to Trauma	WCC Virtual School and / or WCC - Educational Psychology Service	Half day	Free to Designated Teachers via Virtual School (DT are able to access 2 days of free training per year) or EPS subscription or at agreed price	Understand what developmental trauma is, including early abuse and neglect, and the impact this has on the brain and other biological responses. Take away considered strategies to support children who have experienced developmental trauma.	eps@warwickshire.gov.uk Virtual School

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Course	Facilitated by	Course Length	Cost	Course outcomes	How to book training
Domestic Abuse Training	WCC - Safeguarding Training Programme	Half day	£40	Learn more about the domestic abuse and how you can support the children and families you work with who may be at risk. This three-part training delivered in half a day offers practitioners the time to consider how to recognise and respond to domestic abuse. With 1 in 5 children being exposed to domestic abuse, this training offers additional skills to see the different ways children and families experience abuse. Informed by the new Domestic Abuse Act 2021, the training focuses on many aspects including coercive and controlling behaviour and how to support and engage with children and families.	Safeguarding Training Programme
Protective Behaviours	WCC - Safeguarding Training Programme	1 day	£90 per person or whole school training - price on application	All schools using Protective Behaviours would ideally have all staff trained in the approach to consistently apply the ethos in all work with children when considering; safeguarding, supporting emotional wellbeing, applying trauma informed practice and promoting safe relationships.	Safeguarding Training Programme
Nurture Inclusion Training	WCC- Specialist Teacher Service	Delivered over four half days or a whole staff twilight training session	£2100	This bespoke Warwickshire nurture training replaces the three day 'Theory and Practice of Nurture Groups' course that was previously delivered. Aimed at Senior Leadership Teams, teachers and teaching assistants (session delivered to between 4-8 members of staff).	Send and Inclusion Training Brochure
SEMH (Social, Emotional, Mental Health) topics	WCC- Specialist Teacher Service	Twilight	Free to subscribing schools or £20 to non-subscribing schools	Discuss several topics of Social Emotional and Mental Health with a Specialist Teacher.	Send and Inclusion Training Brochure
Domestic Abuse	Virtual School	3 hrs	Free to Designated Teachers via Virtual School (DT are able to access 2 days of free training per year)	Introduction to Domestic Abuse within the context of adverse childhood experiences. Consider the impact of domestic abuse upon children and families from a psychological perspective and explore what schools and settings can do to support children affected by domestic abuse.	Virtual School
Inclusive Solutions	Virtual School	Full day	Free to Designated Teachers via Virtual School (DT are able to access 2 days of free training per year)	Develop an understanding of resilience theory. To explore known protective factors across child development. To introduce a practical tool that can be used in intervention planning to nurture resilience.	Virtual School

Booking information - Social and Emotional Difficulties training for Warwickshire education settings

	Course	Facilitated by	Course Length	Cost	Course outcomes	Link to book
Awareness	Mood	NHS	1-2 hrs	Free	Understand the definitions and explore the symptoms, warning signs and risk factors of stress, anxiety, low mood and depression. Receive an introduction to a cognitive behavioural model of how mood difficulties may be maintained over time and take away strategies that can be used to support a child or adolescent with a mood difficulty. Understand when and how to access specialist services.	CWRise Primary Mental Health Service
	Attachment	NHS	1-2 hrs	Free	An introduction to attachment theory. Consider what is meant by attachment difficulties and attachment disorders, why attachment is important and the impact it can have on development. Explore risk and protective factors and take aware strategies for helping children to build relationships and feel secure. Understand when and how to access specialist services.	CWRise Primary Mental Health Service
	Introduction to Adverse Childhood Experiences	Safeguarding Training Programme	50 mins	Free	All practitioners in Warwickshire will have the opportunity to access more learning in relation to adverse childhood experiences so that they can understand the impact on a child's development and response to stress. This course has been developed by the Early Intervention Foundation.	Safeguarding Training Programme
	Understanding Attachment	Safeguarding Training Programme	1 day	£44	The introduction to attachment theory (key concepts, phases, and timing of attachment development), the quality of an attachment (the Strange Situation, types of attachment), developments in attachment theory, attachment and the Solihull Approach, epigenetics, and attachment. To make the best use of all elements of the course, it is an advantage to have completed the Solihull Approach two day foundation training.	Safeguarding Training Programme
	Understanding Trauma	Safeguarding Training Programme	13-module course, estimated to take up to 3 ¾ hours to complete, it is not necessary to complete in one sitting	Free to schools with a Warwickshire postcode	This course has been developed by Solihull Approach to help practitioners understand what trauma is and how it might affect children and adults. All professionals with a work-based Warwickshire postcode can access this course free of charge through the integrated training partnership with Public Health. It can be completed on a stand-alone basis and does not need to be completed in conjunction with other Solihull Approach courses.	Safeguarding Training Programme
	Challenging Behaviour in children aged 3-11 years	NHS	1-2 hrs	Free	An introduction to attachment theory. Develop a greater understanding of the theory and potential causes for challenging behaviours. Receive support to look at how your setting manages challenging behaviours and explore approaches and strategies for managing these.	CWRise Primary Mental Health Service
	Challenging Behaviour in children aged 12 +	NHS	1-2 hrs	Free	An introduction to attachment theory. Develop a greater understanding of the theory and potential causes for challenging behaviours and how they may be displayed in adolescents. Receive support to look at how your setting manages challenging behaviours and explore approaches and strategies for managing these.	CWRise Primary Mental Health Service

Booking information - Social and Emotional Difficulties training for Warwickshire education settings

	Course	Facilitated by	Course Length	Cost	Course outcomes	Link to book
Learning	Understanding Today's Children	Safeguarding Training Programme	Half day	Free	This course aims to ensure delegates understand the origins of behaviour and how this can present but also gives strategies to effectively support this in the setting too. It aims to explore the overlap between ASD, ADHD, trauma, and attachment and how all children can be supported in school.	Safeguarding Training Programme
Training	Solihull Approach	Safeguarding Training Programme	2 days	Free	The two day Solihull Approach foundation training aims to increase knowledge and understanding of emotional health and wellbeing for practitioners working across all areas of children and family services.	Safeguarding Training Programme
Specialist	Lost at School	WCC (pilot)	15-week Programme	TBC	The pilot is being introduced to 35 schools in 2022-23 and uses a model for understanding challenging behaviours called Collaborative and Proactive Solutions (CPS) developed by psychologist Dr Ross Greene, the author of The Explosive Child and Lost at School. Based on over 30 years of experience and research, the model works with children and young people to identify and solve the problems that are causing the behaviour. Beyond every concerning behaviour there is a need or expectation a young person is struggling with. The young person is then supported to develop the skills they need to overcome the challenges they face.	sendchange@warwickshire.gov.uk

Network Meetings	Designated Teachers - virtualschool@warwickshire.gov.uk
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Specialist Teaching Service	Termly twilight sessions - melindatwells@warwickshire.gov.uk
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Free online resources	
<u>Beacon House</u>	Support individuals and teams to develop their trauma informed practice through training, supervision and consultation.
<u>UK Trauma Council</u>	Support professionals, communities and policy makers through developing resources, guidance and training in responding to traumatic events that impact on children and young people.
<u>Every Mind Matters - NHS</u>	Expert advice and practical tips to help people look after their mental wellbeing and make them part of their daily routine.