



A glance at Bupa Cash Plan 100.

Here's an overview of the everyday health expenses you can claim money back on. You or the sponsor can change your membership level once in any benefit year, should your cash plan allow. For full terms and conditions, please read this overview of benefits in conjunction with the membership guide and table of cover.

Membership type	Individual*			Family*			Eligibility	Cash back % or instance limit
	Level 1	Level 2	Level 3	Level 1	Level 2	Level 3		
Dental	Up to £50	Up to £100	Up to £150	Up to £50 each	Up to £100 each	Up to £150 each	Per member covered	100%
Optical	Up to £50	Up to £100	Up to £150	Up to £50 each	Up to £100 each	Up to £150 each	Per member covered	100%
Hospital in-patient	£15 per instance	£30 per instance	£45 per instance	£15 each per instance	£30 each per instance	£45 each per instance	Per member covered	Up to 20 days/ nights in total per benefit year
Hospital day-case								
Therapies (includes physiotherapy, osteopathy, chiropractic and acupuncture)	Up to £100	Up to £200	Up to £300	Up to £100 each	Up to £200 each	Up to £300 each	Per member covered	100%
Chiropody/podiatry	Up to £50	Up to £100	Up to £150	Up to £50 each	Up to £100 each	Up to £150 each	Per member covered	100%
Consultations	Up to £75	Up to £150	Up to £225	Up to £75 each	Up to £150 each	Up to £225 each	Per member covered	100%
Birth and adoption	£100 per instance	£200 per instance	£300 per instance	£100 per instance	£200 per instance	£300 per instance	Main member only, one year qualifying period applies	Per child born/ adopted
Prescriptions	Up to £20	Up to £25	Up to £30	Up to £20 collectively for all members	Up to £25 collectively for all members	Up to £30 collectively for all members	Individual* – main member only Family* – collectively for all members	100%
Personal accident cover	Up to £12,000 per member, per event			Up to £12,000 per member, per event			Main member (and partner if covered)	Per member, per event
Bupa Cash Plan Helpline	✓	✓	✓	✓	✓	✓	All members aged 16 and over	Not applicable

*Individual membership is for the main member only. Family membership is for the main member, your partner and up to four child dependants.

To find out more

0345 606 6003

Lines are open Monday to Friday 8am to 6pm and Saturday 8am to 1pm. We may record or monitor our calls.

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