

Remember  
you can  
claim online



# Claim money back towards these everyday health expenses\*



Optical



Prescriptions



Dental

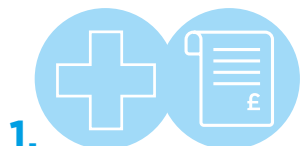


Therapies



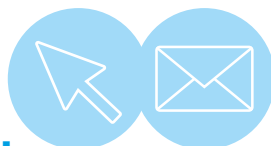
Consultations

## Three easy steps to claiming<sup>†</sup>



1.

Have your treatment, pay for it yourself and keep your receipt.



2.

Complete your claim form online at **[bupa.co.uk/cashplanclaim](https://bupa.co.uk/cashplanclaim)**. Alternatively, download your claim form and post it with a copy of your receipts where applicable.



3.

Bupa will pay the money directly into your nominated bank account.

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To find out more please call

 **0345 606 6003**

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Lines are open Monday to Friday 8am to 6pm and Saturday 8am to 1pm.  
Bupa may record or monitor their calls.

\*For a full list of benefits, benefit limits and terms and conditions associated with your cover please refer to your table of cover and membership guide.

†You will need to provide any additional information or proof to support your claim if Bupa make a reasonable request for you to do so. For full details on how to make a claim please refer to your membership guide.

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