

Elective Home Education - Useful Information

Welcome to our Elective Home Education (EHE) guide, designed to provide you with practical resources, helpful links, and essential information to support your home education journey. If you have any questions that are not answered in this guide, please visit our website at www.warwickshire.gov.uk/homeeducation for further information.

You are also welcome to contact our team directly:

Telephone: 01926 736323

Email: ehe@warwickshire.gov.uk

On our Warwickshire EHE Facebook Page, we share regular updates, information, and events - If you use social media, please give us a 'like' and a follow:

<https://www.facebook.com/profile.php?id=100063481991153>.

Important Information

Parents who home educate are not required to follow the **national curriculum**. However, if you are considering a return to school in the future, you may wish to take this into account. Details of the national curriculum can be found here: www.gov.uk/national-curriculum.

If you are only planning to home educate for a **short period**, BBC Bitesize (www.bbc.co.uk/bitesize) is a useful free resource and revision tool organised by key stage and subject. Also, **Oak National Academy** (www.thenational.academy) was created to support schools and parents during school closures and is currently still available.

PLEASE NOTE

We are not responsible for the content of any external websites. Please carry out your own research to ensure suitability for your child before signing up for any resources.

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Home Educator Web Resources

The below websites offer support, resources and advise for home educators. It is also possible to find local home education groups through social media such as Facebook - some of these may be private, so you will need to make a request to join the group.

Education Otherwise	https://www.educationotherwise.org/
Home Education Advisory Service	www.heas.org.uk
Educational Freedom	educationalfreedom.org.uk
Home Education in the UK	https://home-ed.info/
Home Education UK	https://www.home-education.org.uk/
Ed Yourself	https://edyourself.org/

Online Schools & Structured Learning Courses

For home educators interested in external education provision, there are several online schools and providers that offer virtual learning programmes. These typically require a termly fee or subscription.

Primary & Secondary

Ed Place	https://www.edplace.com/
Twinkl	https://www.twinkl.co.uk/
Kings Inter High (age 7+)	https://interhigh.co.uk/
My Online Schooling (age 6+)	https://myonlineschooling.co.uk/
Wolsey Hall	https://wolseyhalloxford.org.uk/
Cambridge Home School Online	https://www.chsonline.org.uk/
Exemplar Education	https://www.exemplar-education.com/
The Good and the Beautiful	https://www.goodandbeautiful.com/
Homemade Education	https://homemadeeducation.com/faqs/
Queens Online School	https://queensonlineschool.com/about/
Eton Academy	https://www.eton-academy.uk/who-we-are

Secondary Only

Oxford Home Learning	https://www.oxfordhomeschooling.co.uk/
Cloud Learn	https://cloudlearn.co.uk/
Elite Medics (GCSE & A-level)	https://www.elitemedics.co.uk/
Technology Triumphs (GCSE equivalent)	https://www.technologytriumphs.co.uk/
Get Key-Ed Up (iGCSE)	https://www.getkeyedup.co.uk/
Complete Minds Academy (AI powered)	https://www.completemindsacademy.co.uk/

General Education Resources

The websites linked below offer a mix of free and subscription-based educational content for both primary and secondary school age children.

Free Online Resources

BBC Bitesize	https://www.bbc.co.uk/bitesize
Oak Academy	https://www.thenational.academy/
Khan Academy	https://www.khanacademy.org/
Open University – Children’s University	https://www.open.edu/openlearn/education-development/learning/childrens-university-free-online-courses
Oxford Owl	https://www.oxfordowl.co.uk/
The Good and The Beautiful Education Quizzes	https://www.goodandbeautiful.com/ https://www.educationquizzes.com/
Prodigy Maths	https://www.prodigygame.com/main-en/
Times Tables	https://www.timestables.co.uk/speed-test/
Fun Fonix (free worksheets)	https://www.funfonix.com/
Pobble	https://www.pobble.com/
Phonics Play	https://www.phonicsplay.co.uk/resources#
Read Write Inc	https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/
Theatre of Science	https://www.theatreofscience.co.uk/
NASA	https://www.nasa.gov/nasa-at-home-for-kids-and-families
Rolls Royce	https://careers.rolls-royce.com/united-kingdom/stem
Amazon Future Engineer	https://www.amazonfutureengineer.co.uk/
STEM Learning	https://www.stem.org.uk/home-learning/primary
Home Science Tools	https://learning-center.homesciencetools.com/
Fab Science	https://www.fabscience.co.uk/he/
National Geographic	https://www.natgeokids.com/uk/category/discover/
Seterra Ultimate Map Quiz	https://online.seterra.com/en/
Duolingo	https://www.duolingo.com/
Theatre of Music	https://www.theatreofmusic.com
Easy Peasy All-In-One-Home School	https://allinonehomeschool.com/
Maths Genie	https://www.mathsgenie.co.uk/
Mathantics	https://mathantics.com/
Alison Certificate Courses	https://alison.com/certificate-courses#-
Doodle Learning (free version, ages 4-14)	https://doodlelearning.com/for-parents

Subscription-based Online Resources

Maths Watch	https://vle.mathswatch.co.uk/vle/
Times Tables Rockstars!	https://trockstars.com/
Conquer Maths	https://www.conquermaths.com/
Maths Seed (ages 3–9)	https://mathseeds.co.uk/
The Maths Factor	https://www.themathsfactor.com/
123 Maths	https://www.123maths.co.uk/
Mathletics	https://www.mathletics.com/uk/
Seneca Learning (KS2+)	https://senecalearning.com/en-GB/
Cognito (Secondary)	https://cognitoedu.org/home
Reading Eggs	https://readingeggs.co.uk/
Epic Books	https://www.getepic.com/
Mel Science	https://melscience.com/GB-en/
The Curiosity Box	https://curiosity-box.com/
Femtinis	https://www.femtinis.com/
Rosetta Stone	https://www.rosettastone.co.uk/
Tassomai	https://www.tassomai.com/families

Books/Physical Resources

Gather Round Home School
Carol Vorderman
books
Curious Little Monkeys
Usborne Children Selection
Maths No Problem
DK Super Readers

<https://gatherroundhomeschool.com/>
<https://www.waterstones.com/author/carol-vorderman/50716>
<https://clmeducationalresources.com/>
<https://usborne.com/gb/>
<https://mathsnoproblem.com/>
<https://dk.com/collections/dk-super-readers/children>

Tutoring

For home educators who wish to arrange one-to-one tutoring, either in person or online, the following services may be helpful.

Affordable Maths & English Tuition
Learn Laugh Play
GroundMark Learning
£2 Tuition Hub
Stratford Tutor Service
TeachPlus (Atherstone)
Kenilworth Tuition Centre

<https://www.affordableacademicsuccess.com>
<https://llplearningspace.co.uk/>
<http://www.groundmarklearning.com>
<https://the2poundtuitionhub.com/>
<https://qualityteach.co.uk/>
<http://teach-plus.co.uk/>
<https://www.education-support-services.org/>

SEND Support

The resources below are designed to support children with Special Educational Needs and Disabilities (SEND). They include educational materials as well as local groups and initiatives tailored to a variety of needs.

Online Resources

Oaka Books
Colourful Semantics

<https://www.oakabooks.co.uk/>
<https://www.twinkl.co.uk/teaching-wiki/colourful-semantics>

Nessy
(subscription based)
Dyslexia West Midlands (subscription based)

<https://www.nessy.com/en-gb/product/nessy-reading-and-spelling-school>
<https://www.dyslexiawestmidlands.com/dyslexia-classroom>

Local Groups & Activities

Spencer's Retreat
Perkisounds
Free Telescopes
SearchOut Warwickshire

<https://www.spencers-retreat.com/>
<https://perkisound.org/>
<https://scopes4sen.weebly.com/>
<https://searchout.warwickshire.gov.uk/special-educational-needs-disabilities-send>

Local Groups & Activities

Linked below is a variety of local community groups and activities, including several tailored specifically for home-educated children in Warwickshire. These groups offer opportunities for learning, socialising, and fun within a supportive local network.

Groups & Activities

Warwickshire Outdoor Education Network	https://schools.warwickshire.gov.uk/outdoor-education
Midlands Roller Arena (EHE group)	www.midlandsrollerarena.com
Volunteer Friends – Woodcrafting	https://volunteerfriends.org.uk/wood-crafting/
Jump In (EHE Trampolining)	https://www.gojumpin.com/home-educators/
Kayaking – The Leam Boat Centre (EHE)	https://leamboatcentre.com/
Ruby's Yard (kayaking)	https://rubysyard.org/
Rock Climbing (EHE sessions)	https://www.social-climbing.com/events/home-education
Rugby Home Education Club	https://www.facebook.com/groups/4497276353662991/
Tennis Club (owned by EHE family)	https://www.tenniskids.co.uk
Embody Dance	https://embodydance.co.uk/
CrossFit Leamington	https://crossfitleamington.com/class-timetable/
Leamington Football Club EHE Sessions	https://brakes-foundation.classforkids.io/camp/49
Arts in Action EHE Sessions	https://www.artsinaction.co.uk/
TamYouth Tamworth Youth Club	http://www.tamyouth.org.uk/
Singing for Joy	https://www.foundrywood.co.uk/events/
Cook Stars! (sessions for ages 2-17)	https://www.cookstars.co.uk/

Local Organisations

Warwickshire Police Cadets
<https://www.warwickshire.police.uk/police-forces/warwickshire-police/areas/warwickshire-police/ca/careers/volunteers/police-cadets/>

For young people who wish to engage in a programme that offers them an opportunity to gain a practical understanding of policing, develop their spirit of adventure and good citizenship, while supporting their local policing priorities through volunteering.

Warwickshire Scouts
<https://warwickshirescouts.org.uk/>

Offering fun and challenging activities, unique experiences, everyday adventure and life skills.

Girlguiding Warwickshire
<https://www.ggw.org.uk/>

Girlguiding Warwickshire is for all girls to make a positive difference, be happy, safe and fulfil their potential. Warwickshire county holds 11 divisions.

Sea Cadets Leamington & Warwick
<https://www.sea-cadets.org/leamington>

A different kind of adventure. Transforming young people into confident, resilient young people who thrive in a complex world.

Army Cadets Warwickshire & West Midlands (South)
<https://armycadets.com/county/warwickshire-and-west-midlands-south-acf/>

Offering exciting and challenging activities such as fieldcraft, adventure training, first aid, music, sport and shooting etc.

NHS England Youth Cadets
<https://www.england.nhs.uk/ourwork/nhs-cadets-youth-volunteering-programme/>

A youth volunteering programme delivered by St John Ambulance. Young people learn about life in healthcare, develop key skills, boost their self-confidence, and get to explore careers in the healthcare sector through volunteering experiences.

Ideas for Projects & Days Out

Projects

Banjo Robinson	https://www.banjobinson.com/
Post Crossing	https://www.postcrossing.com/
Little Crafters	https://www.littlecraftersboxes.co.uk/
Mud and Bloom	https://www.mudandbloom.com/
Letter Box Lab	https://www.letterboxlab.com/

Days Out

Nature walks	https://www.warwickshirewildlifetrust.org.uk/WildWalks
Warwickshire Museum	https://heritage.warwickshire.gov.uk/museum
RSPB days out	https://www.rspb.org.uk/days-out
Woodlands Trust	https://www.woodlandtrust.org.uk/
National Trust	https://www.nationaltrust.org.uk/
English Heritage	https://www.english-heritage.org.uk/
Shakespeare/Stratford	https://www.shakespeare.org.uk/visit
Bletchley Park	https://bletchleypark.org.uk/
Mary Arden's Farm	https://www.shakespeare.org.uk/visit/mary-ardens-farm/
The Island Trust (sailing residential)	https://www.theislandtrust.org.uk/activities/#HomeEd
Geocaching	https://www.geocaching.com/play
West Midlands Safari (email for discount)	https://www.wmsp.co.uk/
Go Ape (Home Education Days)	https://goape.co.uk/groups/schools/home-education
Twycross Zoo (email for discount)	bookings@twycrosszoo.org
All Things Wild	https://www.allthingswild.co.uk/
Five Acre Farm	https://www.fiveacrefarm.org.uk/
National Space Centre (Leicestershire)	https://www.spacecentre.co.uk/
Ryton Pools (Home Education Days)	https://www.eventbrite.co.uk/e/home-educators-at-ryton-pools-country-park-tickets-682160048067?aff=ebdsoporgprofile

Virtual Museum Visits

Natural History Museum	https://www.nhm.ac.uk/visit/virtual-museum.html
Science Museum	https://www.sciencemuseum.org.uk/virtual-tour-science-museum
Freud Museum	https://www.freud.org.uk/visit/virtual-tour/
The Anne Frank House Online	https://www.annefrank.org/en/museum/web-and-digital/
Van Gogh Museum	https://www.vangoghmuseum.nl/en/visit/enjoy-the-museum-from-home
Louvre Museum	https://www.louvre.fr/en/online-tours
British Museum	https://www.britishmuseum.org/learn/schools/samsung-digital-discovery-centre/virtual-visits

Health & Safety Learning

Fire Safety Education Programme

WFRS: For Warwickshire County Council's Fire & Rescue Service (WFRS) education platform, visit: <https://www.warwickshire.gov.uk/firesafetyeducation>. Interactive games for KS1 and KS2 can also be found by visiting the Education Hub at: <https://apps.warwickshire.gov.uk/fire-education-ks1-ks2>.

StayWise: a free learning platform aimed at pupils aged 3 – 11. The nation's emergency services have teamed up with a range of national safety charities to produce a new website packed full of their collective safety education resources.

StayWise (www.Staywise.co.uk) brings together the educational resources of the emergency services linked to the national curriculum. That means pupils can learn about fire safety as part of a maths lesson or write a set of escape plan instructions in an English lesson.

The National Fire Chiefs Council (NFCC) leads the partnership behind StayWise. Partners include the Royal National Lifeboat Institution, HM Coastguard, the Association of Ambulance Chief Executives, the National Police Chiefs Council, Injury Minimisation Programme for Schools and the Royal Life Saving Society.

The site offers free lesson plans, videos, and activities to help educators teach young people about potentially lifesaving advice within core curriculum subjects.

First Aid

ProTrainings – A free online first aid course aimed at school-age children: “At ProTrainings, we believe that every school-aged child should learn basic first aid skills, but this is difficult and costly. Our answer is to offer a free video online course to all school-aged students in the UK where they can not only learn first aid skills but also learn how to use online training courses which will help improve their ICT skills. On the course, various first aid subjects are covered to encourage children to help someone in need but to also ensure that they keep themselves safe at all time and make sure that they get help.”

“This is open to Home Educated children. All our first aid courses fully meet the latest UK and European Resuscitation Council Guidelines 2021 as per the HSE requirements.”

Community First Aid - For Students

First Aid Training That Can Last a Lifetime

To complete your Student First Aid training, follow these steps:

1. Go to www.studentfirstaid.co.uk/signup
2. Enter your name, username, password and the following class code:
SCH-278-44-057
3. Watch the educational videos & complete the pre-test questions.
4. Complete the final test and pass with an 80% or better (Your school's grading requirements may vary).
5. Complete the hands-on portion if your school is doing a blended First Aid course.
6. Print your Free Student First Aid (VTQ) card online upon course completion.

Course Brought to You by...

 ProTrainings.uk

GroundMark Learning – Project Qualification

Level 2 Higher Project Qualification (HPQ) & Level 3 Extended Project Qualification (EPQ)

GroundMark Learning has partnered with Tutors & Exams (<https://www.tutorsandexams.uk/>) to offer students an all-inclusive package for the completion of the Project Qualification.

The Project Qualification helps students of all abilities and interests to acquire independent learning skills. Learners can use these new skills in their existing study as well as to prepare for higher education and working life.

The Project Qualification gives learners the opportunity to:

- learn more about an area that interests them
- research a subject that might not be available through other qualifications
- develop independent research and project management skills
- develop skills at Level 2 that will help with sixth form or college
- at Level 3, enhance these skills and achieve additional UCAS points
- learn skills that will help in higher education or the workplace
- develop future employability skills

The Project allows students to carry out research on a topic that they have chosen and are interested in. Students can choose their own topic and research and develop it independently, with the support and guidance of a supervisor. They then produce a Written Report, which will vary in length as shown below. We offer the Project at 2 Levels:

- [Level 2 Higher Project](#) (a written report of about 2000-2500 words)
- [Level 3 Extended Project](#) (a written report of about 5000-6000 words)

For further information, visit <https://www.groundmarklearning.com/the-project>.

Exams and Qualifications

If your child wishes to sit exams (i.e. GCSE's), you will need to enter them as a private candidate at an exam centre for the required exam board. You will also need to pay for any exam fees well in advance of when the exam will be sat. Further information regarding entry dates and fees can be found on the main exam board websites:

AQA: <https://www.aqa.org.uk/>

Pearson Edexcel: <https://qualifications.pearson.com/en/home.html>

OCR: <https://www.ocr.org.uk/>

City & Guilds: <https://www.cityandguilds.com/>

Please note other exam boards are available. Most secondary schools are exam centres, but not all will accept private candidates, although independent schools may be more accommodating. There are some independent exam centres which are not in schools, but these tend to be in the bigger towns and cities. The nearest one to Warwickshire is in Coventry: <https://www.tutorsandexams.uk/>.

There are also several online companies who offer IGCSEs (such as InterHigh, Oxford Home Schooling) or Functional Skills. For more information about Functional Skills, please visit <https://www.tutorsandexams.uk/functional-skills-vs-gcses/>.

14-16 Colleges and Courses

Further education colleges can offer courses to home educated 14 to 16-year-olds. Parents should contact the colleges directly to make enquiries.

North Warwickshire and South Leicestershire College

<https://www.nwslc.ac.uk/home-education/>

South Staffordshire College

<https://www.southstaffs.ac.uk/careers/school-leavers/14-16-schools-provision/>

Warwickshire College

<https://wcg.ac.uk/page/3302/options-for-14-16-year-olds>

Warwickshire Trident

<https://wcg.ac.uk/page/97/warwick-trident-college>

WMG Academy for Young Engineers Coventry

<https://coventry.wmgacademy.org.uk/>

Post 16 Information and Support

Shaw Trust

<https://shawtrust.org.uk/targeted-information-advice-and-guidance-midlands/>

Providing support for young people around careers guidance, sixth forms, colleges, apprenticeships. They also provide advice around benefits, health and housing.

Princes Trust

<https://wcg.ac.uk/page/1560/princes-trust-team>

Princes Trust run a 12-week programme in September, January and May which consists of meeting the group, writing contracts on how all members want to be treated, a 4-day residential for team building, fundraising within the community, community projects, work placements, mock interviews and CV writing, and building confidence within the community (supporting foodbanks, working with canal trust, work within elderly care homes etc). They advise that 3 out of 4 attendees move onto either volunteering, employment or further education. This is free of charge.

Barnados

<https://www.barnados.org.uk/what-we-do/supporting-young-people/employment-training-skills>

Barnados train and support over 3,000 young people every year through 20 specialist services. They provide courses, support and careers advice, whether you're interested in construction qualifications or a hairdressing apprenticeship.

If your young person is looking to enter employment, they work with them on an individual basis to find the best training and employment opportunities in their area. Once they are in training or work, Barnados provide ongoing support to make sure it's all working out for you. From help with application forms to interview techniques, Barnardo's is there to offer support every step of the way. As well as providing specific qualifications, employability skills, and career advice and guidance, they also offer apprenticeships programmes.

Career Seekers Direct

<https://www.careerseekersdirect.co.uk/one-to-one-services>

For young people in secondary education and their parents, they offer a range of career related services. Their current career services include: 1-2-1 personal guidance sessions to explain the

options and pathways available and to ensure the 'right' next educational and/or career decisions are reached; career management support sessions to give the best chance of transitioning successfully to the next step. e.g. support with CV writing, interview practice sessions, support completing apprenticeship or UCAS application forms; a range of work experience services to support the career decision journey, develop knowledge of employers and increase skills and confidence for the workplace.

New Meaning

<https://newmeaning.training/locations/warwickshire/>

New Meaning help young people explore who they are, guide them through their learning, and support them in gaining an income. They run programmes including a Construction Skills Programme, Achieve Life Skills Programme and a Work and Study Programme. For more details, email alex.cooper@newmeaning.co.uk.

Apprenticeships

You can also explore apprenticeship opportunities, and the following official Government link is a great place to start: <https://www.gov.uk/apply-apprenticeship>.

Other Support Available From the Local Authority & Other Agencies

The Family Information Service (FIS)

www.warwickshire.gov.uk/children-families

A free service for all families living in Warwickshire. They provide advice, support and signposting in a variety of areas. You can visit their website to explore their services and we recommend signing up to their informative newsletters. For direct support, you can also contact them by phone on **0800 408 1558**.

Family Support Worker Helpline

Warwickshire offers a dedicated Family Support Worker (FSW) Helpline, available Monday to Friday. You can speak directly with an experienced FSW by calling **01926 412412** for advice on a range of parenting topics, including sleep, eating, toileting, behaviour, routines, and boundaries. If needed, you can also request support from a Family Support Worker, who may work with you and your family for a short period through a tailored support plan.

There are also a number of **free** online parenting courses to support with understanding children's behaviours and sleep, raising and supporting teenagers etc. These can be accessed through:

<https://www.eventbrite.co.uk/o/warwickshire-parenting-support-71623337213>.

Warwickshire County Council Children with Disabilities Team

Offers free 30-minute consultations for families and professionals seeking additional advice and support for children with disabilities. These sessions can cover a range of topics including behaviour, routines, toileting, and more. They can be booked through: <https://www.eventbrite.co.uk/o/warwickshire-children-with-disabilities-team-family-support-workers-74459582923>.

Compass (Warwickshire School Health & Wellbeing) – Connect For Health

<https://www.compass-uk.org/services/warwickshire-school-health-wellbeing-service/>

A school nurse-led service that supports children, young people and their families. They are very keen to work with and support Home Educating families. They deliver key elements of the Healthy Child programme (<https://www.gov.uk/government/collections/healthy-child-programme>), working to identify and meet the health and wellbeing needs of the school-age population and give individuals the best possible start in life. For more information, visit their website or call the team on **03300 245 204**.

Warwickshire SENDIAS

<https://www.warwickshiresendiass.co.uk/>

Support parents and carers of all Warwickshire children with special educational needs and disabilities, from 0 - 25 years of age. It is a free, confidential and impartial service for parents and carers, children and young people up to 25 years. Warwickshire SENDIASS offers independent support for parents and families who have children and young people with a SEND. We also provide this independent advice directly to young peoples aged 16 to 25 years with a SEND. For further information, please visit the website linked above. To get in touch, call on **01788 593159** or email at **warwickshiresendiass@barnados.org.uk**.

Children's Community Autism Support Service

<https://cwmind.org.uk/cass-children-and-young-people/>

For children and young people (up until their 19th birthday) who are on the neurodevelopmental waiting list for an autism diagnosis, or who have previously received a diagnosis but require support, and their families. CCASS cannot work with anyone who is accessing CAMHS RISE for therapeutic work or have current involvement from social care/early help or a family support worker. Offering low level support, focusing on understanding, communication, sensory integration, processing, behaviour, self-esteem, and daily routines and activities. Helping children, young people and families with setting goals related to management of the young person's neurodevelopmental needs and achieving them to improve the lived experience of the child.

National Autistic Society

<https://www.autism.org.uk/>

Autism West Midlands

<https://www.autismwestmidlands.org.uk/>

A leading charity in the West Midlands for people on the autism spectrum.

North Warwickshire & Coventry Dyslexia Association

<https://www.justdyslexic.org.uk/>

Charity organisation for parents of Dyslexic children in North Warwickshire.

South Warwickshire Dyslexia Association

<https://www.swdyslexia.org/>

Entrust Care Partnership

<https://entrustcarepartnership.org.uk/>

Meeting the needs of disabled children, young people, adults and their families and carers through the provision of short breaks activities, support, training, advice and brokerage. Tailoring services which are bespoke to the individual.

Coventry & Warwickshire Partnership NHS Trust – Dimensions Tool

<https://dimensions.covwarkpt.nhs.uk/Dimensions-Landing.aspx>

A free online tool providing personalised information to support an individual's well-being and mental health. The Dimensions report it creates provides information that is relevant to the ratings made on each of the Dimensions. It can be used to find selfcare, local support groups and telephone helplines, as well as services offered through various organisations and the NHS.

The Dimensions of Health and Wellbeing was designed by two clinicians working in Coventry and Warwickshire Partnership Trust, Gemma Cartwright and Heather Moran. They worked with Daniel Kinney from CWPT's IT, to turn those ideas into a tool for use by the general public and professionals. The Dimensions tool was developed in consultation with service users, parents and carers, local professionals, referrers and clinicians.

Young Minds

<https://www.youngminds.org.uk/>

The UK's leading charity fighting for children and young people's mental health. Their ethos is to see a world where no young person feels alone with their mental health, and all young people get the mental health support they need, when they need it, no matter what.

Papyrus UK – Hopeline Text and Email Service

<https://www.papyrus-uk.org/>

HOPELINEUK Suicide Prevention Advisors play a very important role in not only taking calls from those at risk of suicide and concerned others, but they also run an invaluable text and email service. These services can be used by anyone who is experiencing thoughts of suicide, and also by those who are worried about somebody in their lives who may be at risk of suicide. They also offer a debriefing service, if you have had recent experience of suicide and want to talk about it.

Flourish

<https://www.youcanflourish.co.uk/aboutflourish>

Based in the Leamington Spa/Warwick area, Flourish help girls aged 11-18 tackle the root causes of low self-esteem and mental wellbeing. They provide group programmes and a mentoring service. Flourish is a Christian charity for the benefit of the whole community, working through parents, schools and local agencies. They help girls of any background who may be struggling with things like anxiety, self-harm and low self-esteem.

Kooth

<https://www.kooth.com/>

A free, safe and anonymous platform providing support and online counselling for young people. Commissioned by Warwickshire County Council.

MindJam

<https://mindjam.org.uk/>

MindJam offers emotional support and guidance for children and adolescents. Their aim is to support children who suffer anxiety, stress, social issues or have other emotional needs. They provide support through experienced mentors who are trained in working with neurodivergent individuals, including autistic young people and other conditions such as PDA, ADHD, anxiety, trauma and PTSD. They use gaming, coding and game creation, digital music and digital art, as a platform to develop positive play, problem solving and social and technical skill development, through friendly, positive and low-demand sessions.

Loudmouth

www.surveymonkey.com/r/warkseheresources



Child Exploitation Resource specifically for home educated pupils, created in collaboration with LoudMouth Education

To access, please select the link below and follow instructions.

<https://www.surveymonkey.com/r/warkseheresources>

