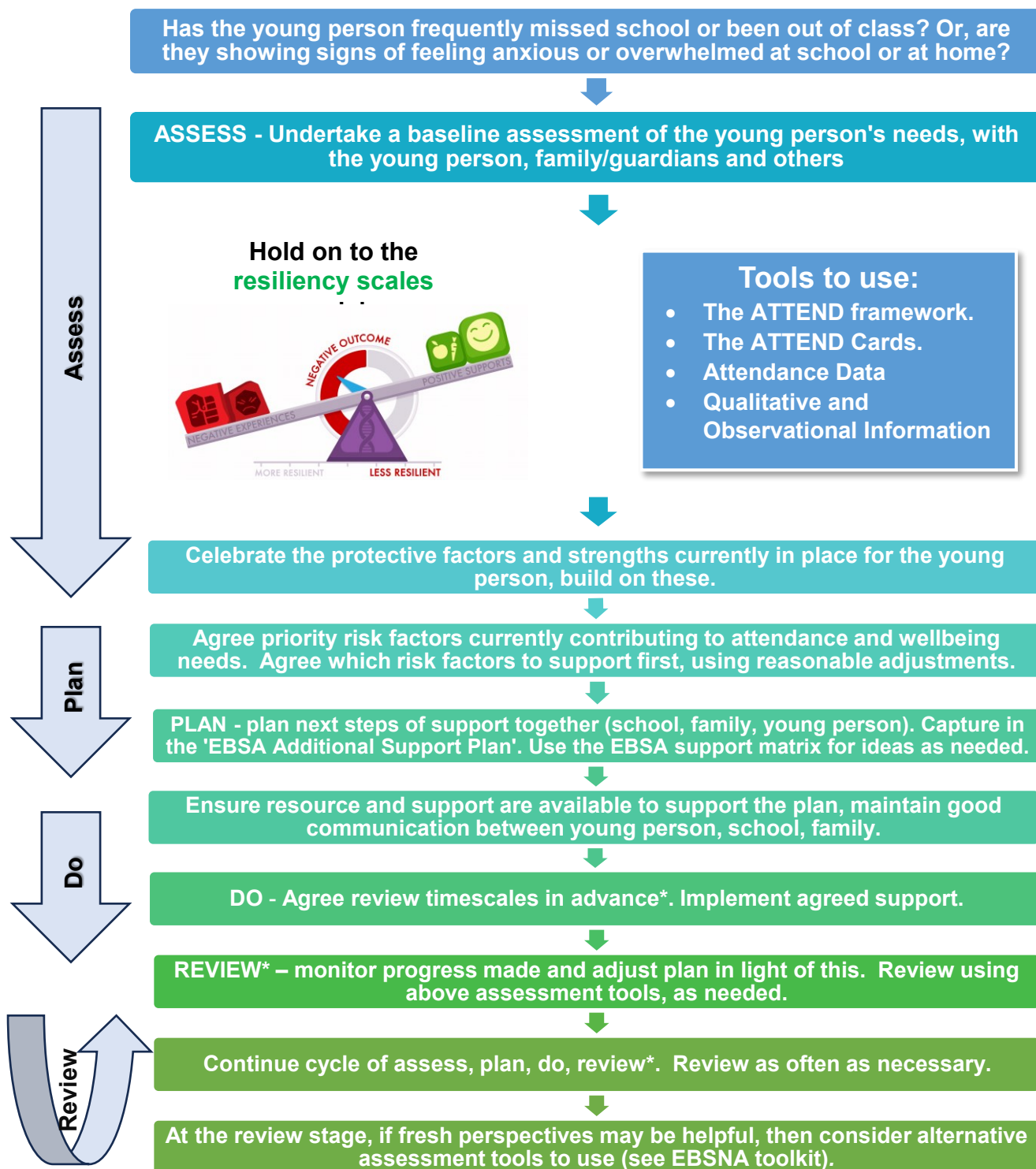


EBSNA Assessment flowchart - exploring a young person's barriers to attendance



* Review arrangements – a reminder

The effectiveness of the plan should be regularly monitored and reviewed. Adjustments should be made as required but based upon the CYP's progress and response to the support provided.

It should be agreed **who** will attend the reviews and **how often** these should be. *This will be different for every CYP.* Greater frequency, for example fortnightly, is recommended initially to make a positive start and to respond to any teething problems. Use our [EBSNA additional support plan](#) for this.

Discretion and flexibility are required when agreeing review timescales. For example:

1. **Some CYP need time to consolidate progress.** If they have made positive steps forward by a review date, but it is felt that they need another week or two to repeat and embed these steps of progress, then this should be supported.
2. **Some CYP need support to simplify and adapt plans sooner, to protect their wellbeing.** If it is evident they are becoming overwhelmed and struggling to cope, prior to a review date, the review timescales can be adjusted and brought forward. Flexibility is needed to safeguard a CYP's mental health and wellbeing.

